



ACP Well-being Champions and Chapter Leaders can use these interventions to meet the specific needs of their local chapter members and promote internist well-being and professional fulfillment in their communities. These interactive events and discussion resources focus on advocacy efforts. For example, these materials could inform didactic facilitated discussion sessions, informal chats, and social media posts.



Webinar Recordings:

- [ACP Advocacy in Action and Tips for the Busy Physician](#) - how ACP advocates for physicians on a national level (60 min).
- [American Association of Suicidology Interview](#) - a recorded Livestream with well-being Champion Tiffany Leung talking about a Scoping Review and opportunities on National Physician Suicide Awareness Day (17 min).



Calls to Action:

- [Envisioning a Better Health Care System for All](#) - short article with call to action for health care system reform.
- [Better is Possible: ACP's Vision for the U.S. Health Care System](#) - a call to action that challenges the U.S. to implement systematic health care reforms (4 min).
- [Contact your federal lawmakers](#) in the House and Senate and urge them to support the bipartisan [Lorna Breen Health Care Provider Protection Act](#) to promote evidence-based strategies to help prevent suicide, burnout, and substance use disorders among health care professionals.



Journal Articles:

- A [Survey to Assess the Need for a National Registry to Track Physician Suicide](#). Psychiatr Q (2020).
- [Seeking and Implementing Evidence-Based Physician Suicide Prevention](#). JAMA Intern Med (2020).



National Academy of Medicine Consensus Study and PPTs:

- [Taking Action Against Clinician Burnout: A Systems Approach to Professional Well-Being](#)



Tool Kits:

- [Patients Before Paperwork](#) - an ACP initiative designed to reinvigorate the patient-physician relationship by challenging unnecessary practice burdens.
- New Theater of Medicine [FIVE DAYS TO FRIDAY](#) - a play about physician suicide, burnout, and wellness. With a complement talk-back about solutions and change.
- [ACP's Better Vision for Health Care Tool Kit](#) - ACP's comprehensive series of policy papers that outline a vision of a better health care system for all (LeaderNet Login required).
- [COVID-19 Action Tool Kit](#) - to advance policies at the state level as they relate to the Coronavirus (COVID-19) pandemic.
- [Stabilizing Health Insurance Markets Tool Kit](#) - to advance policies at the state level that will help ensure continued health coverage and essential benefits, strengthen and expand Medicaid, and stabilize the health insurance market.
- [Reducing Firearm-Related Injuries and Deaths Tool Kit](#) - to advance legislation in your states that would keep guns away from persons most at risk of harming themselves and others.
- [Vaccine Exemptions Tool Kit](#) - to advance policies at the state level that eliminate any existing exemptions, except for medical reasons, from their immunization laws and/or oppose legislation to expand exemptions.
- [Climate Change Tool Kit](#) - resources to help reduce energy use and greenhouse gas emissions in your practice.

For advocacy tool kit questions, please contact ACP's [Legislative Action Center](#) or consult the [ACP advocacy page](#).



Newsletters:

- [ACP Advocate Archives](#) - a bi-weekly e-newsletter that provides ACP members with news about public policy issues affecting internal medicine and patient care.
- [ACP Supports National Physician Suicide Awareness Day](#)