



Medicine in Motion: Advancing Medicine Through Equity

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In partnership with:

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A multichapter group of Well-being Champions designed the Medicine in Motion program, an annual event focused on diversity, equity, and inclusion (DE&I).

Objectives

- Learn and engage with experts who provide perspectives on creating an inclusive health care environment. Panel discussions include distinguished panelists and moderators and focus on topics related to diversity, equity, inclusion, and gender equity.
- Perform an environmental scan to identify gaps in diversity, equity, or inclusion, and then identify short- and long-term goals and steps to achieve them.
- Promote active and lasting collaborations through the formation of work affinity groups based on shared interests and approaches.

Impact

- More than 100 attendees with 14 ACP chapters represented, as well as physicians from diverse specialties.
- The event also attracted nonphysician members of the care team, including informaticians, psychologists, nurses, and social workers.
- Projects and initiatives from this event include a podcast focused on DE&I, a book of case studies on DE&I initiatives, and a collection of video clips of DE&I perspectives in medicine.
- Building a virtual community for the continued development and engagement of work affinity groups toward advancing medicine through DE&I, including international collaborations, collaborations between chapters, and collaborations with other professional organizations and disciplines.

Lessons Learned

- Multichapter Well-being Champion partnership can amplify the impact and creativity of an initiative to catalyze further initiatives that promote DE&I in medicine and creating a more inclusive health care environment.
- Hosting the event on an academic medical campus reduced venue spending, and highlighting local businesses supportive of DE&I efforts enhanced the event and contributed to lower costs.
- This would ideally be a one-day event with panels as well as a dedicated half day for networking and interactive work leading to concrete collaborations.

Get involved!

Contact our program by visiting www.acponline.org/physician-well-being, e-mailing us at ACPwellbeing@acpprograms.org, and engaging with us on social media using [#physicianwellbeing](https://twitter.com/physicianwellbeing).

