

Program Library & Checklist

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Cancer

- Breast Cancer: New Reasons for Hope
- Cancer and Nutrition
- Cancer Related Fatigue
- Living with Cancer
- Living with Prostate Cancer
- Lung Cancer: Improving Survival
- Preventing Colon Cancer

Diabetes

- Diabetes: Avoiding Complications
- Diabetes: Prevention
- Diabetes: Treatments
- Foot Inspection *
- Giving Yourself Insulin *
- How to Prepare for Your Diabetes Doctor Visit *
- How to Use Your Insulin Pen *
- Hypoglycemia *
- Managing Your Diabetes
- Prediabetes and Proper Diet *
- Prediabetes: An Overview *
- Prediabetes: Increasing Activity *

Health and Wellness

- Caring for a Loved One
- Considering Other Choices

Healthy Aging

- Advance Directives: Making Family Health Decisions
- Alzheimer's Disease: Hope and Help
- Healthy Aging
- Men's Health: Advice to Baby Boomers
- Osteoporosis: Strength for Life
- Women's Health: Advice to Baby Boomers

Healthy Living

- Alcohol & Drug Addiction
- Controlling Stomach Acid Reflux
- Managing Chronic Pain
- Nutritional Needs: Prescription for Health
- Physical Activity: Improving Your Health
- Stop Smoking Today
- Tests That Can Save Your Life
- Understanding Obesity: The Key to Effective Weight Loss

Heart Health & Stroke

- AFib Hospital Discharge *
- After a Heart Attack: Preparing for Your First Doctor's Visit After Hospital Discharge *
- Avoiding Hospital Readmissions: Heart Attack
- Avoiding Hospital Readmissions: Heart Failure
- Basic Facts About Atrial Fibrillation *
- Controlling High Blood Pressure
- Deep Vein Thrombosis: Are you at Risk
- Healthy Living After a Heart Attack
- Heart Disease: Women at Risk
- Heart Failure: Beating the Odds
- Improving Your Cholesterol
- Irregular Heartbeats: Restoring the Rhythm
- Living With Heart Disease
- Medications After a Heart Attack *
- Medications that Help Prevent Blood Clots *
- Stroke Care: Every Minute Counts
- Stroke Recovery
- Stroke: The Road to Recovery
- Taking Your Own Blood Pressure *
- VTE Signs and Symptoms
- VTE Treatment

Hospital Safety

- Hospital Acquired Infections: What You Need to Know
- Patient Safety: Protecting Yourself in the Hospital
- Put Your Hands Together
- Speak Up: Patient Safety & Advocacy
- Staying Safe in the Hospital
- Proper Hand Hygiene
- Your Surgery: Before During and After

How Medications Work

- How Medications Work: Beta blocker
- How Medications Work: Cholesterol Absorption Inhibitor
- How Medications Work: Diabetes Drugs that Get Insulin Up and Moving
- How Medications Work: Diuretic
- How Medications Work: Fat-Regulating Agent
- How Medications Work: Fibrate
- How Medications Work: Insulin Introduction
- How Medications Work: Metformin for Blood Sugar Control

Assigned by _____ Date _____

Received by _____ Date _____

How Medications Work (continued)

- How Medications Work: Prescription Vitamin B
- How Medications Work: Resin
- How Medications Work: Starch Blockers for Type 2 Diabetes
- How Medications Work: Statin
- How Medications Work: TZD Drugs for Type 2 Diabetes
- Speak Up: Antibiotics - Know the Facts

Medication Education

- Going Home On Blood Thinners
- Managing Side Effects of Anti-Inflammatory Medications
- Taking Antibiotics Properly
- Taking Medications Safely
- Taking Opioid Medication: Oral Dosage *

Mental Health

- Depression: Treatments That Work
- Treating Depression

Orthopedics

- Your Joint Replacement Journey

Patient Safety

- Questions Are the Answer

Respiratory

- Asthma: One Breath at a Time
- COPD: Coming Up for Air
- How to Use a Powder Inhaler (Disc Style) *
- How to Use a Powder Inhaler (Egg Style) *
- How to Use an Inhaler With a Spacer *
- How to Use an Inhaler Without a Spacer *
- Living Well with COPD
- Nasal Congestion and Controlling Your Allergies
- Preventing Flu and Pneumonia

Your Care at Home

- Your Care at Home: After a Heart Attack
- Your Care at Home: After Cardiac Catheterization
- Your Care at Home: After Surgery
- Your Care at Home: Caring for Your Urinary Catheter
- Your Care at Home: Checking Blood Sugar
- Your Care at Home: Colostomy Care
- Your Care at Home: Ileostomy Care

Your Care at Home (continued)

- Your Care at Home: Infection Control
- Your Care at Home: Managing Heart Failure
- Your Care at Home: Managing Your Medicine
- Your Care at Home: Pneumonia
- Your Care at Home: Preventing Falls
- Your Care at Home: Taking Blood Thinners
- Your Care at Home: Taking Insulin
- Your Care at Home: Urostomy Care

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* Denotes programs developed by the ACP.