Virginian Chapter
Annual Meeting and Clinical Update 2018

March 16–17, 2018
Omni Hotel
Richmond, Virginia

Register Online Today!

Fostering Excellence in Internal Medicine
This live activity has been designated for 12.25 CME credits and 12.25 MOC points.
Meeting Highlights

- 12.25 of Maintenance of Certification points will be available
- Fulfill your requirements for 2 hours of Opioid CME for Virginia licensure (this part of the program can be attended as a stand alone session).
- Clinical Pearls in GI and Rheumatology
- Cardiology, Pulmonology and Nephrology session on difficult pre-ops
- Updates in atrial fibrillation, menopause management, telemedicine, maintenance of certification, and obesity management
- An ever popular session on the "Best Journal Articles of 2017"

Dear Colleague,

Join me and your colleagues in internal medicine at the next Annual Meeting and Clinical Update of the Virginia Chapter of the American College of Physicians, being held March 16–17, 2018, at the downtown Omni Hotel in Richmond.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with Virginia Chapter’s rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits and MOC points, this conference is about making personal contacts and getting involved in your chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

This year we are offering 2 hours of CME on pain management and opioid prescribing that can be attended as a stand alone session. This session will fulfill the controlled substances CME requirements of the Virginia Board of Medicine.

To ensure your place at this invaluable meeting, register now by visiting us online at vachapter.acponline.org.

I look forward to seeing you in Richmond!

Sincerely,

William E. Fox, MD, FACP
ACP Governor, Virginia Chapter
Schedule at a Glance

Fostering Excellence in Internal Medicine

Friday, March 16, 2018

7:00 a.m.
Registration and Continental Breakfast

7:45
Welcome
William E. Fox, MD, FACP
Lisa Ellis, MD, MACP
Sorin Laza, MD, FACP

8:00
“Don’t Miss a Beat”–Challenging Cases in Atrial Fibrillation
Kenneth Ellenbogen, MD, FACC, FHRS

8:45
Pre-Op Clinical Triad: “Easy Answers to Difficult Questions in Cardiology, Nephrology, and Pulmonology”
Cardiology–Kenneth Ellenbogen, MD, FACC, FHRS
Pulmonology–Sammy Pedram, MD
Nephrology–Todd Gehr, MD

9:30
Clinical Pearls in GI
David Johnson, MD, MACG, FASGE, FACP

10:15
Break

10:45
Menopause Management: “Where Do We Stand?”
Joann Pinkerton, MD

11:30
Making Sense of MOC
Yul Ejnes, MD, MACP

12:15 p.m.
Lunch and Town Hall Meeting
Lunch provided. The Town Hall is an opportunity for members to voice their opinions and raise questions on College issues.

1:15
Treatment in Pulmonary Disease in 2018: What’s New?
Alpha A. Fowler III, MD

2:00
Let’s Get Wired: Telehealth Best Practices
Karen Rheuban, MD

2:45
Break

3:00
Steadying the Effort in Patients With Tremor
Karen Thomas, DO

3:45
Evidence-based Treatment of Obesity in Primary Care
Scott Kahan, MD, MPH

4:30
Best Papers of 2017 That Changed My Practice–Inpatient and Outpatient
Alan Dow, MD, MSHA, FACP
Jon Sweet, MD, FACP

5:20
Awards Reception
Join us for a wine/appetizer reception where the Chapter’s 2018 Laureate, Paul Florentino Volunteerism, Early Career Physician and Community Teaching awards will be presented
Saturday, March 17, 2018

7:00 a.m.
Registration/Breakfast
  1. Student Breakfast
  2. Early Career Physician and Advancement to Fellowship
  3. General Breakfast

7:45
Diabetes Management: How Can We Do Better?
Lori Sweeney, MD, FACP

8:30
Common Challenges in Hair and Nail Disorders
Kimberly Salkey, MD

9:15
Break

9:30
Psychiatry for the Nonpsychiatrist
James Levenson, MD

10:15
Clinical Pearls in Rheumatology
Adam Q. Carlson, MD

10:45
Break

11:00
Pain Management–The Good, the Bad, and the Ugly
Tapering and Discontinuation of Opioids in Chronic Non-Cancer Pain–Rachel Waller, MD, FACP
Opioid Epidemic–Mishka Terplan, MD, MPH, FACOG, FASAM
The Psychology of Pain–Mary Wells, PhD

1:00
Adjourn
Meeting Information

Faculty

Adam Q. Carlson, MD, Assistant Professor of Medicine, Clinical Rheumatology, University of Virginia, Charlottesville

Alan Dow, MD, MSHA, FACP, Assistant Vice President of Health Sciences for Interprofessional Education & Collaborative Care, Seymour and Ruth Perlin Professor of Medicine and Health Administration, Virginia Commonwealth University, Richmond

Kenneth Ellenbogen, MD, FACC, FHRS, Kontos Professor of Cardiology, Division of Cardiology Chair, Director, Cardiac Electrophysiology, Virginia Commonwealth University, Richmond

Lisa Ellis, MD, MACP, Chief Medical Officer, Medical College of Virginia Physicians and VCU Health Ambulatory Clinics; Associate Professor Internal Medicine and Obstetrician–Gynecologist, Virginia Commonwealth University, Richmond

Yul D. Ejnes, MD, MACP, Chair Emeritus, ACP Board of Regents; Clinical Associate Professor of Medicine, Alpert Medical School of Brown University; Member, American Board of Internal Medicine Board of Directors, Cranston, RI

Alpha A. (Berry) Fowler III, MD, Professor of Medicine, Division of Pulmonary Disease and Critical Care Medicine, Department of Internal Medicine, Director, VCU Johnson Center for Critical Care and Pulmonary Research, Virginia Commonwealth University, Richmond

William E. Fox, MD, FACP, Governor, ACP Virginia Chapter; Private Practice, Charlottesville

Todd Gehr, MD, Professor of Medicine, Vice-Chairman of Internal Medicine and Chairman of the Division of Nephrology, Virginia Commonwealth University, Richmond

David Johnson, MD, MACG, FASGE, FACP, Professor of Medicine and Chief of Gastroenterology, Eastern Virginia School of Medicine, Norfolk

Scott Kahan, MD, MPH, Director, National Center for Weight and Wellness; Medical Director, George Washington University-based Strategies to Overcome and Prevent (S.T.O.P) Obesity Alliance, Washington, DC

Sorin Cristian Laza, MD, MHA, FHM, FACP, Hospitalist and Chief of Medicine Sentara Martha Jefferson Hospital, Charlottesville

Simon Lehtinen, MD, FACP, Assistant Professor, Department of Medicine University of Virginia Health System Physicians Charlottesville

James L. Levenson, MD, Rhona Arentstein Professor of Psychiatry, Virginia Commonwealth University, Richmond

Sammy Pedram, MD, FCCP, Assistant Professor of Medicine, Pulmonary & Critical Care Medicine, Virginia Commonwealth University School of Medicine, Richmond

Joann Pinkerton, MD, Medical Director of Midlife Health Center, Professor of Obstetrics and Gynecology, Vice Chair of Academic Affairs, University of Virginia, Charlottesville

Karen Rheuban, MD, Professor of Pediatrics, Senior Associate Dean for CME, External Affairs Director, UVA Center for Telehealth, Charlottesville

Kimberly S. Salkey, MD, Associate Professor, Department of Dermatology Virginia Commonwealth University School of Medicine, Richmond

Lori B. Sweeney, MD, FACP Endocrinology & Metabolism, Quality Management Physician, Hunter Holmes McGuire VA Medical Center, Richmond

Jon M. Sweet, MD, FACP, Associate Professor of Medicine, Virginia Tech Carilion School of Medicine, Roanoke

Mishka Terplan, MD, MPH, FACOG, FASAM, Professor, Departments of Obstetrics & Gynecology and Psychiatry, Associate Director, Addiction Medicine, Director, MOTIVATE Clinic, Virginia Commonwealth University, Richmond

Karen M. Thomas, DO, Diplomate, ABPNDirector, Comprehensive Parkinson’s Disease & Movement Disorders Program, Sentara Neurology Specialists; Associate Professor of Clinical Neurology, Eastern Virginia Medical School, Virginia Beach

Rachel R. Waller, MD, FACP, Assistant Professor, Division of General Internal Medicine Medical Director, ACC Primary Care Resident Clinic, Virginia Commonwealth University Hospital System, Richmond

Mary Wells, PhD, Director, Medical Psychology Department, Sheltering Arms Rehabilitation Associates, LLC, Richmond

Eileen West, MD, FACP, Medical Director, Inova Women’s Comprehensive Health Center, Falls Church; Associate Professor of Medicine, Virginia Commonwealth University, Richmond

Program Committee

Lisa Ellis, MD, MACP, Co-Chair
Sorin Laza, MD, FACP, Co-Chair
Simon Lehtinen, MD, FACP
Eileen West, MD, FACP
William E. Fox, MD, FACP

Chapter Awards

It is with distinct pleasure that the Virginia Chapter will present its 2018 Laureate Award. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The award will be presented during the reception immediately following the program on Friday.

Other awards to be presented are Young Internist, Community Teaching, and Paul Florentino Volunteerism Award.
Meeting Information

Resident/Fellow Members’ and Medical Students’ Activities

Clinical vignettes, posters, and research papers prepared by Resident/Fellow Members will be held on Thursday, March 15, 2018, at Virginia Commonwealth University. The top winners will be eligible for entrance into the national competition held during Internal Medicine 2019 and be given a stipend to cover travel costs. A call for abstracts went out in August and the deadline for submission was October 15, 2017. If you would be interested in attending this session, please indicate on the registration form; further information as to the exact meeting location and program schedule will be sent to you.

Our Medical Student program will be held on Saturday, March 17, 2018, at the Omni Hotel. This is an all-day event with speakers, abstract presentations, residency panels, and a “Medical Jeopardy” competition. The charge for medical students to attend this program is $25, which will be refunded upon checking in at the registration desk at the meeting. We invite students to attend both days. Please indicate on the registration form whether you will be attending just Saturday or both Friday and Saturday.

Early Career Physicians’ Activities

The Early Career Physicians (defined as 16 years or less out of medical school) will be getting together for a social on Friday evening following the awards reception (place TBD). Please indicate on the registration form if you would like to attend this event.

Learning Objectives

At the conclusion of this activity, the participant will be able to:

• Apply updated knowledge of menopause management, pulmonary disease, diabetes, and pain management to clinical practice.
• Improve clinical practice by incorporating major new developments in atrial fibrillation, pulmonology, tremors, and obesity.
• Understand recent advances in Maintenance of Certification changes as well as the latest in telehealth.
• Understand recent developments in GI, psychiatry, and rheumatology.

CME Accreditation and MOC Points

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 12.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.25 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Who should attend?

• General internists
• Subspecialty internists
• Family practitioners
• Fellows in subspecialty training
• Hospitalists
• Allied health practitioners
• Residents
• Medical students interested in internal medicine
Hotel Accommodations

We have reserved a block of rooms at the following rates until Tuesday, February 20, 2018. When making your reservation, be sure to mention that you will be attending the ACP Virginia Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling 1-800-THE OMNI (1-800-843-6664).

Single/Double: $175
Omni Hotel
100 S 12th Street
Richmond, VA 23219

Registration Information

Each chapter is responsible for determining registration deadlines, on-site fees, and cancellation fees.

All registrations must be received by February 15, 2018 or a late registration fee of $20 will be added. This includes on-site registrations. Save money by registering now!

Note:
The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Contact Us

BY INTERNET
(Credit Card only)
Visit us on the Web
www.acponline.org/chapters

BY MAIL
Make check or money order payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

BY FAX
(Credit Cards only)
215-351-2799

BY PHONE
Call 800-523-1546, ext. 2600, or 215-351-2600
(M–F, 9 a.m.–5 p.m. ET)
Virginia Chapter Registration Form

Richmond, Virginia ● March 16–17, 2018

ACP # (found on mailing label)

Name □ MD □ DO □ OTHER

Address

City State ZIP

Daytime Phone Fax E-mail

☐ Please check here to indicate a permanent change to your preferred address for all College mailings.

☐ Please exclude me from receiving mailings from the meeting exhibitors.

☐ Check here if you are disabled and require assistance. Please notify the Virginia Chapter in writing before your course. We’ll be glad to help.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Full registration includes the opioid session on Saturday. If you want to attend ONLY the opioid session, please register where indicated (Code RM1861A).

<table>
<thead>
<tr>
<th>Categories</th>
<th>Register by February 15, 2018</th>
<th>After February 15, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ ACP Member</td>
<td>$325</td>
<td>$345</td>
</tr>
<tr>
<td>☐ ACP Resident/Fellow Member *</td>
<td>$25 (refundable at meeting)</td>
<td>$45 (refundable at meeting)</td>
</tr>
<tr>
<td>☐ ACP Medical Student Member *</td>
<td>$25 (refundable at meeting)</td>
<td>$45 (refundable at meeting)</td>
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<tr>
<td>☐ Nonmember Physician</td>
<td>$380</td>
<td>$400</td>
</tr>
<tr>
<td>☐ Nonmember Resident*</td>
<td>$25 (refundable at meeting)</td>
<td>$45 (refundable at meeting)</td>
</tr>
<tr>
<td>☐ Nonmember Medical Student*</td>
<td>$25 (refundable at meeting)</td>
<td>$45 (refundable at meeting)</td>
</tr>
<tr>
<td>☐ Nonmember Allied Health Professional</td>
<td>$350</td>
<td>$370</td>
</tr>
<tr>
<td>RM1861A</td>
<td>Register by February 15, 2018</td>
<td>$65</td>
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<tr>
<td>☐ Opioid Session only—Saturday, March 17, 11 a.m.–1 p.m.</td>
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*Member/Non-Member Resident/Fellows-in-Training, and Students: This meeting registration is free. The registration fee will be returned to you upon registration at the meeting. If you are a “no show”, this money will be forfeited. If you are not an ACP Student member, you can Join Now! It’s free!

Please note: Members whose dues are not paid by July 1 for the current fiscal year will receive the nonmember registration rate.

To help us go “green” we are making our presentations available online only on the Chapter Web site.
Please indicate your attendance at the following:

☐ RF-AB—Resident/Fellow Abstract competition—March 15, 2018, 9:00 a.m.–5:00 p.m.

☐ BR-01—Continental Breakfast—March 16, 2018, 7:00–7:45 a.m.

☐ LN-01—Lunch—March 16, 2018, 1:15–2:00 p.m.

☐ RCP—Reception—March 16, 2018, 5:20–7:00 p.m.

☐ BR-02—Continental Breakfast—March 17, 2018, 7:00–7:45 a.m.

☐ MS-CU—Medical Student Attending Clinical Update—March 16, 2018, 7:00 a.m.–5:20 p.m.

☐ MS-SP—Medical Student Attending Student Program—March 17, 2018, 7:00 a.m.–4:00 p.m.

☐ ECP-01—Early Career Physicians Social—March 16, 2018, 7:00–9:00 p.m. (Location TBD)

Will you serve as a judge for the resident/medical student abstract competition on Thursday, March 15 (VCU campus)? ________

Food options:

☐ Vegetarian______________________________

☐ Vegan _________________________________

☐ Other (specify) __________________________

Grand Total $ _______________