Meeting Site: Sheraton Omaha
655 N. 108th Ave.
Omaha, NE

October 26-28, 2016

MEETING REGISTRATION:
https://ww2.eventrebels.com/er/Registration/
StepRegInfo.jsp?ActivityID=16829&StepNumber=1

- Pre-registrations must be received by October 1, 2016. After that date, you must register on-site and there is an additional $50 fee — save money by registering now.
- CANCELLATIONS WITHIN 72 HOURS OF THE MEETING WILL BE CHARGED FOR FOOD AND CREDIT CARD FEES.

Reservations: 605-496-0850
Rooms Released: September 26, 2016
PROGRAM SCHEDULE:

Wednesday, October 26

12:00 pm  NE Council Meeting - Rose Room
            - Devin Fox, Vice-Governor
1:30 pm  Registration Begins
2:00 pm  Introduction to Diagnostic Bedside Ultrasound - Dodge I
            - Jason Lambrecht & Chris Smith
2:45 pm  Break
3:00 pm  Enhancing Your Bedside Evaluation Using Point-of-Care Ultrasound
            - Jason Lambrecht, Russ Cowles, Chris Smith, Tabatha Matthias
            The equipment used during this session is provided by SonoSite.
4:30 pm  Break
4:45 pm  NE Student/Resident/ECP Poster Session - Regency
5:45 pm  Doctor’s Dilemma - Dodge I
            - Devin Fox, Moderator
6:30 pm  ECP Social - Student/Resident Winners Announced

Attend this meeting and receive MOC points and CME credits.
PROGRAM SCHEDULE:

Thursday, October 27

7:00 am    Registration Begins
7:45 am    Welcome - Marvin Bittner, Governor - Dodge I
8:00 am    Morning Session Begins - Lance Schupbach, Moderator - Dodge I
8:00 am    Hospice and Palliative Care SEP Module - Part I - Dodge I
            -Lisa Mansur
9:30 am    ECP Oral Presentation - Dodge I
9:50 am    Break
10:20 am   ACP: Fostering Excellence and Professionalism in Medicine - Dodge I
            -Sue Hingle
11:05 am   Diabetes Update - Dodge I
            -Shannon Wakeley
11:50 am   Lunch - Looking for Value, In All the Right and Wrong Places - Dodge II, III
            -Bob Doherty
1:00 pm    Afternoon Session Begins - Jason Lambrecht, Moderator - Dodge I
1:00 pm    Apps and Medicine: Exploring the Utilization of New Technologies in a Mobile Health World - Dodge I
            -Nathan Anderson
1:45 pm    Have I Got a Case For You! - Dodge I
            -Carleigh Koenck
2:05 pm    Billing! - Dodge I
            -Rachel Bonnema & Lance Schupbach
**PROGRAM SCHEDULE:**

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>2:55 pm</td>
<td>Break - Dodge II &amp; III</td>
<td>Dodge II &amp; III</td>
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<td>3:25 pm</td>
<td>Management of Hepatitis C in 2016 - Dodge I</td>
<td>Dodge I</td>
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<td>- Sandeep Mukherjee</td>
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<td>4:10 pm</td>
<td>Internal Medicine - Hospital Based SEP Module - Part I - Dodge I</td>
<td>Dodge I</td>
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<td>- Rebecca Runge</td>
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<td>5:40 pm</td>
<td>Adjournment</td>
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<td>6:00 pm</td>
<td>Awards Banquet - Dodge II &amp; III</td>
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**Friday, October 28**

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:00 am</td>
<td>Morning Session Begins - Bill Shiffermiller, Moderator - Dodge I</td>
<td>Dodge I</td>
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<tr>
<td>8:00 am</td>
<td>Internal Medicine - Hospital Based SEP Module - Part II - Dodge I</td>
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<td>- Kevin Rummel</td>
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<td>9:30 am</td>
<td>Removing the Nonsense: Electronic Physician Documentation - Dodge I</td>
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<td>- Marvin Bittner and Justin Birge</td>
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<td>10:15 am</td>
<td>Break</td>
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<td>10:45 am</td>
<td>Cost Conscious and High Value Care: Mutually Exclusive, or Complementary Aims? - Dodge I</td>
<td>Dodge I</td>
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<td>- Chad Reade and Sarah Richards</td>
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<td>11:30 am</td>
<td>Town Hall &amp; Business Meeting - Dodge I - Marvin Bittner and Tom Tape</td>
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<td>12:00 pm</td>
<td>Lunch - Cool Hand Luke Got It Right - The Importance of Physician/Patient Communication - Dodge II &amp; III</td>
<td>Dodge II &amp; III</td>
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<td>- Sue Hingle</td>
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<td>1:30 pm</td>
<td>Afternoon Session Begins - Bill Shiffermiller - Dodge I</td>
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**Program Schedule:**

1:30 pm  The Facts...and Only the Facts: Medical Marijuana - Dodge I  
- Jason Lambrecht

2:15 pm  SEP Module - Hospice & Palliative Care - Part II - Dodge I  
- Lou Lukas

3:45 pm  Meeting Adjourned

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“Declare the past, diagnose the present, foretell the future.”

- Hippocrates

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**FACULTY:**

**Nathan Anderson, MD** - is an Assistant Professor of Medicine as a hospitalist and outpatient internist at the University of Nebraska Medical Center. Dr. Anderson graduated from Nebraska Wesleyan University, with high distinction, with a B.S. in Biochemistry and Molecular Biology. He completed medical school, his residency training, and a chief residency in Internal Medicine at UNMC. During his residency, Dr. Anderson was the recipient of the Resident Internist Award, resident elect into Alpha Omega Alpha, and was awarded a Waxman Scholarship for participation in clinical procedural training at national ACP. Outside of work, Nate enjoys spending time with his wife and family, and enjoys playing tennis, and golf.

**Justin R. Birge, MD** - is ABIM certified in internal medicine. He is currently a hospitalist and medical director of inpatient informatics at CHI Health (Omaha, NE). He graduated from Creighton University School of Medicine in 2008 and trained as a categorical and chief resident in Internal Medicine at Abbott Northwestern hospital (Minneapolis, MN). He is Epic-certified in physician build and analytics.
Martin J. Bittner, MD FACP - is an Associate Professor of Internal Medicine and of Medical Microbiology and Immunology at the Creighton University School of Medicine. He is also Adjunct Associate Professor at the University of Nebraska Medical Center. Dr. Bittner received his M.D. from Harvard University and joined the Creighton faculty in 1981. He did his Internal Medicine Residency at the University of Michigan Medical Center in Ann Arbor. He completed an Infectious Diseases Fellowship at the University of Minnesota in Minneapolis. He is a Fellow of the American College of Physicians, of the Infectious Disease Society of America, and of the Society for Healthcare Epidemiology of America. Dr. Bittner is board certified in Internal Medicine and Infectious Diseases. Dr. Bittner has received many teaching award nominations from medical students at Creighton University and the University of Nebraska Medical Center. He is Governor of the chapter. He is Past President of the Metro Omaha Medical Society and editor of its bimonthly magazine. Since 2001, he has been repeatedly honored as one of the ‘Best Doctors in America’.

Rachel Bonnema, MD FACP - is an associate professor in the Department of Internal Medicine at the University of Nebraska Medical Center (UNMC) in Omaha, NE. Dr. Bonnema received her medical degree from the University of South Dakota in 2003. She completed her internal medicine residency in the Women’s Health Track at the University of Pittsburgh Medical Center where she also completed a General Internal Medicine fellowship with a concentration in Women’s Health and received a master’s degree in medical education. Since taking a faculty position at UNMC seven years ago, Dr. Bonnema has become an associate program director of the internal medicine residency at UNMC. Dr. Bonnema also serves as the course director for the Women’s Health elective for 4th year medical students, internal medicine residents, and obstetric/gynecology residents. She continues to develop curricula and deliver lectures on a local, regional, and national level in the areas of women’s health, behavioral medicine, and communication skills. Her clinical work is primarily based in the Olson Center, a women’s health clinic at UNMC.

Russell L. Cowles III, MD FACP - is a staff hospitalist at Nebraska Methodist Hospital in Omaha. He is passionate about improving efficiency of patient care and has lead several care improvement programs both at Methodist Hospital and within the CHI Health system (Bergan Mercy Medical Center and Lakeside Hospital) - where he formerly served as Lead Hospitalist. Dr. Cowles is currently spear-heading the Hospitalist Point-of-Care Ultrasound initiative at Methodist Hospital.

“Education is the kindling of a flame, not the filling of a vessel.”
— Socrates

“Education is not the filling of a pail, but the lighting of a fire.”
— W.B. Yeats

“Self-education is, I firmly believe, the only kind of education there is.”
— Isaac Asimov
Robert B. Doherty, is Senior Vice President of Governmental Affairs & Public Policy for the American College of Physicians, the largest physician specialty society and second largest medical organization in the United States. ACP represents 137,000 Internal Medicine physicians and medical students. Mr. Doherty has more than 33 years of health policy experience and is an accomplished presenter at health conferences. From 1979 to 1998, Mr. Doherty worked in the Governmental Affairs Department of the American Society of Internal Medicine, and with the merger of ASIM and ACP in June, 1998, joined the ACP as Senior Vice President for Governmental Affairs and Public Policy. He has senior staff management responsibilities for ACP’s departments of legislative affairs, public policy, regulatory affairs, and public affairs.

Devin J. Fox, MD FACP - serves as the Chief Medical Officer of Creighton University Medical Center in Omaha and as the Assistant Dean for Patient Safety and Quality at the Creighton University School of Medicine. He graduated from the University of Nebraska Medical Center, and did his residency and chief residency in Internal Medicine at Creighton. He practiced General Medicine in the outpatient and inpatient settings for 12 years prior to transitioning to his administrative roles. He teaches and rounds on the inpatient Hospital Medicine service at Creighton. He serves on a number of hospital and system committees, including the Clinical Practice Committee, the Patient Safety and Quality Committee, and the Pharmacy and Therapeutics Committee, and he chairs the system Bioethics Committee. He is active in community service and philanthropy in the Omaha area, having served on the Board of the Nebraska AIDS Project, staffing clinics at the Sienna Francis House, and currently is the Board Chairman of the BlueBarn Theater in Omaha.

Susan Hingle, MD FACP – is former Chair of the Board of Governors of the American College of Physicians (ACP) and now serves as Chair-Elect of the ACP Board of Regents. Dr. Hingle has been a Fellow of the ACP since 2001. In 2006 she was honored with ACP’s prestigious Walter J. McDonald Award for Young Physicians. Additionally, in 2011, 2012 and 2013, she was awarded the John Tooker Evergreen Award for Chapter Management and Innovation. Dr. Hingle is former Governor of the ACP’s Illinois Downstate Chapter. Nationally, she has served on the ACP Executive Committee, Education and Publications Committee, Governance Committee, Credentials Committee, Chapters Subcommittee, Clinical Skills Subcommittee, Volunteerism Subcommittee, ACP Women’s Task Force, Young Physicians Task Force and Council of Associates. Board-certified in internal medicine, Dr. Hingle is a general internist, a Professor of Clinical Medicine at the South Illinois University School of Medicine, who serves as Vice-Chair of Education for the Department of Medicine, Director of Faculty Development, Year 3 Curriculum Director, Internal Medicine Clerkship Director and Associate Residency Program Director. She has received several teaching awards included the Golden Apple Award, the Excellence in Teaching Award, and the Leonard Tow Humanism in Medicine Award. She earned a bachelor’s degree from Miami University and a medical degree from Rush University Medical College. She completed an internal medicine residency at Georgetown University Medical Center, where she served as Chief Resident of Internal Medicine. She is married to Kevin Hingle and has two sons.

Carleigh B. Koenck, MD - is a graduate of Creighton University School of Medicine, and a current resident of Internal Medicine at the Creighton University Medical Center in Omaha, Nebraska. She oversees the training of medical students and junior residents in Internal Medicine. She is a member of the prestigious Alpha Omega Alpha Honor Society, research contributor, and an active volunteer in the Omaha Community. She embodies her Jesuit education through her dedication to serving others, especially the underserved in the Omaha community. She has a strong interest in dermatologic and rheumatologic disorders.
Jason E. Lambrecht, MD PharmD - joined ACP while he was a medical student at the UNMC. As a student, he was appointed by the presiding State Governor at that time, Dr. Thomas Tape, to serve as the student member representative. He completed his Internal Medicine residency at Creighton University in 2013. He is currently Board Certified in Internal Medicine and resides at Creighton University Medical Center, practicing as a hospitalist and assistant clinical professor in the department of internal medicine. Through the years, he has remained committed to ACP, attending Leadership Day on an annual basis and contributing to ACP’s Political Action Committee. Recent local leadership roles include the Metro Omaha Medical Society Young Physician’s Chair and editorial board advisor for the MOMS bulletin. His background also includes receiving his Doctor of Pharmacy Degree from Creighton University with post-doctoral residency training in drug informatics and fellowship in outcomes research. Currently, his interests lie in developing his skills in ultrasound, focusing on ultrasound and the physical exam. He is also very interested in medical student and resident education.

Lou Lukas, MD - is an Associate adjunct professor of Family Medicine at the University of Nebraska Medical Center and the Medical Director of Palliative Medicine at Nebraska Methodist Health system. She is board certified in Family medicine and Hospice and Palliative Medicine, and attended medical school at UNMC, family medicine residency at Lehigh Valley Health System, the Robert Wood Johnson Clinical Scholars Program at the University of Michigan, Palliative Medicine Education and Practice (PCEP) at the Harvard Medical School. Prior to relocating to Nebraska she was the CMO for Hospice of the Chesapeake in Annapolis Maryland, a large not- for-profit hospice serving 500 patients daily. In this position she developed the role of palliative care providers in hospital systems and across the community. She has published the outcomes of an outpatient palliative medicine program that was developed with a $500,000 grant from the Pool Foundation of Allentown, PA. She has also been involved in research and evaluation of primary care practice changes models and methods, using mind-body techniques to deal with symptoms and coping at end-of-life.

Lisa I. Mansur, MD FACP - is a graduate of the University of Kansas School of Medicine-Wichita where she also completed her internal medicine residency. Dr. Mansur was the chief resident in Wichita and from there she completed a pulmonary and critical care fellowship at the University of Utah, School of Medicine. Dr. Mansur is Board certified in Internal, Pulmonary, Critical Care, Sleep and Palliative Care Medicine. She is a fellow of the American College of Chest Physicians and the American College of Physicians. Dr. Mansur has practiced in Lincoln for the last 12 years of her 20+ year career. About 7 years ago she started the Palliative Care program at the Bryan Health System. Dr. Mansur has a clinic (Lisa I Mansur, MD PC) in Lincoln, she is the Medical Director at Tabitha Hospice, and the Medical Director for Clinic With a Heart.
FACULTY:

Tabatha Matthias, DO – is an Assistant Professor in the Department of Internal Medicine at the University of Nebraska Medical Center where she serves as a academic hospitalist and co-director of the point of care ultrasound program for internal medicine. Dr. Matthias received her osteopathic medical degree from the Kansas City University of Medicine and Biosciences and her masters degree in business and healthcare leadership at Rockhurst University in 2006. She was active duty in the US Army while completing an internal medicine residency in 2009 at Tripler Army Medical Center in Honolulu, HI. Her research and scholarly interests include point of care ultrasound and using simulation to teach and assess internal medicine residents.

Sandeep Mukherjee, MD - is Chief of Gastroenterology and Professor of Medicine at CHI Health Creighton University Medical Center. His clinical and research interests are in viral hepatitis and fatty liver disease.

Chad Reade MD - is a practicing traditional general internist with Methodist Physicians Clinic as part of the Methodist Health System in Omaha, Nebraska. After graduating from the University of Nebraska Medical Center with high distinction in 2007, he went on to complete his residency and an additional chief resident year at UNMC. In addition to helping coordinate an outpatient rotation for UNMC internal medicine residents and hosting residents and students, he participates in the Methodist Physicians Clinic quality committee and the Methodist Hospital executive committee. In his spare time he volunteers at Bridge to Health Clinic in north Omaha and recreationally does triathlon to retard his steady march toward obesity. And of course not a single one of those things hold a candle to the joy he gets from being a husband and father.

Sarah E. Richards, MD - is an Assistant Professor in the Division of General Internal Medicine at the University of Nebraska Medical Center as well as Medical Director of Patient Experience for Nebraska Medicine. She completed her medical school and residency training at UNMC. She is a practicing hospitalist and leads the hospitalist rotation for internal medicine residents. Her interest areas include teaching and assessing evidence-based skills to medical students, residents and faculty that are geared toward improving the patient experience and providing high value cost-conscious care.

TOP THINGS TO DO IN OMAHA AREA

http://travel.usnews.com/Omaha_NE/Things_To_Do/
**FACULTY:**

**Kevin Rummel, MD** - is originally from Goodland, Kansas and attended Kansas State University where he first ignited an interest in medicine. There he shadowed a general surgeon and worked in undergraduate research in cellular biology. After graduating with honors in biology, he went on to attend medical school at the University of Kansas School of Medicine where his met his future wife. He went on to do his internal medicine residency in Omaha, Nebraska at the University of Nebraska Medical Center and upon completion, with new wife Daisy, joined Inpatient Physician Associates at Bryan Health in Lincoln, Nebraska and has provided inpatient care as a hospitalist for nearly 7 years. He continues to have interests in academia and acts as Director of Education and Quality for IPA. He has completed a quality project for the society of hospital medicine and organizes a monthly education and quality bulletin. He has also given educational lectures for the Lincoln family practice residency, works with physicians, nurses, and pharmacists to improve drug safety and encourage cost-effective care, and has served as a physician representative on readmission and electronic order set committees at Bryan Health.

**Rebecca Runge, MD** - is a hospitalist at Methodist Hospital in Omaha, Nebraska. She serves as the Medical Director for the Chest Pain Unit and Inpatient Stroke Champion for Methodist’s Chest Pain and Stroke Centers, respectively. Dr. Runge also volunteers as a preceptor for UNMC Internal Medicine residents as well as nurse practitioner and physician assistant students from UNMC and Creighton University. She completed her Internal Medicine-Pediatrics residency at the University of Nebraska Medical Center in 2010 and served as Chief Resident in Internal Medicine there in 2010-2011. She is a graduate of the University of Iowa Roy J. and Lucille A. Carver College of Medicine.

**Lance E. Schupbach, MD FACP** - is an Internist in private hospital medicine practice in Lincoln, Nebraska, and a volunteer educator for the Lincoln Medical Education Foundation and UNMC Internal Medicine junior clerkship.

**William A. Shiffermiller, MD FACP** – is currently VPMA Nebraska Methodist Hospital and in private practice with Methodist Physicians Clinic Healthwest Internal Medicine and volunteer Assistant Professor of Internal Medicine at UNMC.
Christopher J. Smith, MD - completed medical school and internal medicine residency at the University of Nebraska Medical Center. He served as a chief resident and is now a hospital medicine faculty at UNMC, where he is co-director of the point-of-care ultrasound program for General Internal Medicine. His research interests include medical education, point-of-care ultrasound, and care transitions of hospitalized patients.

Thomas G. Tape, MD, FACP - is Chair of the ACP Board of Regents. Dr. Tape joined ACP in 1985 and became a Fellow of the College in 1991. He has also served as ACP Governor for the Nebraska Chapter from 2008-2012, Chair of the Board of Governors in 2012-2013, and Chaired the Health and Public Policy Committee from 2013-2015. He also currently serves on the High Value Care Task Force. Dr. Tape is an academic physician who is board-certified in internal medicine. He is Professor and Chief of General Internal Medicine as well as Vice-chair for Clinical Affairs of the Department of Internal Medicine at the University of Nebraska Medical Center (UNMC). Dr. Tape received his BA from Dartmouth College in 1977 and an MD from Washington University in St. Louis in 1981. His residency in Internal Medicine and research Fellowship in General Internal Medicine were both completed at the University of Rochester (New York). Immediately after finishing his training in 1986, he joined the Internal Medicine faculty at UNMC. His work at the medical center blends teaching, research, patient care and administration. His research has focused on better understanding how physicians make diagnostic and therapeutic medical decisions.

Shannon Wakeley, MD - completed a degree in Exercise Science at the University of Nebraska, Lincoln. She then attended medical school at UNMC. Following medical school she completed her Internal Medicine residency at the University of California, Davis in Sacramento. She then returned to UNMC and completed her Endocrinology Fellowship July 2010. She enjoys spending time with her family, running, hiking, and travel.
**Enhancing Your Bedside Evaluation Using Point-of-Care Ultrasound**

**Background**
Point-of-care Ultrasound (POCUS) refers to the use of portable ultrasound technology to make diagnostic and therapeutic decisions in real-time at the patient’s bedside. POCUS can be used by general internists and sub-specialists to accurately diagnose, monitor, and treat a wide-spectrum of disease processes. The introduction of smaller, hand-carried ultrasound (HCU) machines has led to a rapid expansion in the use of POCUS in recent years, including practicing physicians, residency programs, and medical schools. POCUS has the potential to transform the way internists provide patient care by providing real-time visual data to rapidly inform clinical decision-making, while encouraging a “return to the bedside” and more direct patient contact.

**Attendees**
Attendees of the workshop will get an overview of point-of-care ultrasound, including key clinical practice applications. After a brief multi-media introduction session, attendees will engage in hands-on learning, acquiring ultrasound images on live-models with the guidance of trained facilitators. Introduction of point of care exams will include basic cardiac, lung, abdomen, and vascular areas. If you are interested in learning how it can fit into your practice, this session is for you!

**MOC Statement:**
Successful completion of this CME activity enables the participant to earn up to 13.5 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

**CME Accreditation Statement:**
The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 13.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.