Kentucky Chapter
Scientific Meeting
2017

Friday, September 29, 2017
University of Louisville Event and Conference Service Center at Shelby Campus
Louisville, KY

Register Online Today!

Fostering Excellence in Internal Medicine
This live activity has been approved for 7.75 CME credits.
Meeting Highlights

- Two SEP modules
- Doctor’s Dilemma®
- Updates in Pulmonary Medicine, Hospital Medicine, and Women’s Cardiovascular Disease
- Special Presentation by ACP Senior Vice-President for Governmental Affairs and Public Policy, Bob Doherty
- Resident and Medical Student Poster Competition

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Kentucky Chapter of the American College of Physicians, being held Friday, September 29, 2017, at the University of Louisville Event and Conference Service Center at Shelby Campus in Louisville.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Kentucky Chapter’s rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at kychapter.acponline.org.

I look forward to seeing you in Louisville.

Sincerely,

Philip F. Bressoud, MD, FACP
ACP Governor, Kentucky Chapter
Schedule at a Glance

Fostering Excellence in Internal Medicine

Friday, September 29, 2017

7:30–8:00 a.m.
Registration and Breakfast

8:00–10:00
ABIM SEP Module #1: Hospital Medicine

9:00–10:00
First Poster Session

10:15–11:15
Second Poster Session

10:15–12:15
ABIM SEP Module #2: Gastroenterology

10:15–11:45
Doctor’s Dilemma®

12:15–1:15 p.m.
Lunch/Awards

1:30–2:30
Update on ACP
Bob Doherty

2:30–3:15
Concurrent Sessions
Help! I Just Saw a Breast Cancer Survivor
Elizabeth Riley, MD, FAAP, FACP

Update in Pulmonary Medicine
Jesse Roman, MD

3:15–3:30
Break

3:30–4:15
Concurrent Sessions
Heart Disease—Does Sex Matter? An Overview of Cardiovascular Disease in Women
Gretchen Wells, MD, PhD

Obesity Management for the Internist
Ryan Hurt, MD, PhD, FACP

4:15–5:00
Concurrent Sessions
Evidence-Based Strategies to Combat Physician Burnout
Christopher Simmons, MD, PhD

Update in Hospital Medicine
Adam Gray, MD

5:00–7:00
Alumni Reception
Faculty

Ryan Hurt, MD, PhD, FACP, is an Assistant Professor of Medicine at the Mayo Clinic in Rochester, MN. He completed his undergraduate degree at Hamline University followed by a Master’s in biology at Murray State University in Kentucky. He subsequently completed his MD and PhD at the University of Louisville (UofL) followed by internal medicine residency and chief residency at UofL. His major areas of interest, both clinically and in research, are nutrition, obesity, smoking cessation, and addiction medicine. He is currently the director of the Home Parenteral and Enteral nutritional program at the Mayo Clinic. In addition, he continues to teach residents and students and has won numerous teaching awards. He also has several grants to study smoking cessation strategies as well as nutrition in the obese and has been invited to lecture both nationally and internationally.

Christopher Simmons, MD, PhD, completed both his MD and PhD training at the University of Kentucky College of Medicine. He went on to complete a combined residency in Internal Medicine and Pediatrics and will be staying on as the Chief Resident for the Department of Pediatrics in 2017–2018. During his residency training he earned a Certificate in Medical Education and has interests in clinical reasoning, physician leadership skills, palliative care, and physician burnout. He is currently working to revise standards regarding feedback to resident physicians to include assessment of their well-being as well as demonstrated elements of joy in clinical practice. Additional projects he is involved in include curricula on Leading From Where You Stand and Direct Observation at the Bedside. He is the creator and moderator of Burnproof.org, an online platform designed to disseminate curricular and quality improvement proposals as well as FOAMed materials, including lectures and curated links from around the Web.

Elizabeth Riley, MD, FAAP, FACP, oversees all multidisciplinary cancer clinics at the University of Louisville (UofL). She has clinical expertise in breast medical oncology and served as Director of that program from 2011–2013. She is also an Associate Professor of Medicine and the Associate Division Director for the Medical Hematology/Oncology Division at the James Graham Brown Cancer Center at the UofL. In 2011, she became an Elected Fellow of the American College of Physicians. Dr. Riley has more than 9 years of experience conducting clinical trials on cancer and interacting with collaborators in the design and implementation of transdisciplinary studies. Her original work most notably includes improving compliance to oral anti-estrogens, improving screening rates, and utilization of mobile mammography. In addition, she has served on the ASCO Health Disparities Advisory Group, which involves improving awareness among the oncology community as well as addressing policy and advocacy for health disparities on a regional and national level.

Jesse Roman, MD, is Professor of Medicine and Pharmacology/Toxicology, Chair of the Department of Medicine, Chief of Medical Service of University of Louisville Hospital, and Distinguished University Scholar at the University of Louisville (UofL) Health Sciences Center. He received his MD from the University of Puerto Rico School of Medicine in 1983. After undergoing training in Internal Medicine at the San Juan VA Medical Center, he joined the Pulmonary & Critical Care Medicine Fellowship Program at Washington University School of Medicine in St. Louis, Missouri. In 1991, Dr. Roman joined the faculty at Emory University as Assistant Professor of Medicine, and in 2009 joined the UofL. He is board-certified in Internal Medicine and Pulmonary Medicine. Dr. Roman served as Pulmonary Section Chief at the Atlanta VA from 1994–2000 and as Associate Division Director from 1997–2001. He became Director of the Emory Division of Pulmonary, Allergy and Critical Care Medicine in 2003. He was also the co-founder and Director for Research of the Emory Interstitial Lung Diseases Program. In 2007, Dr. Roman was named AVP and Founding Director of the Emory Center for Respiratory Health. In 2009, Dr. Roman became Professor and Chairman of the Department of Medicine at the UofL. Dr. Roman has written extensively in the area of lung tissue remodeling and inflammation and the role of extracellular matrices in the control of cellular functions, with over 200 original papers, book chapters, and review articles. His research has been continuously funded by federal and nonfederal organizations, including the National Institutes of Health, Department of Veterans Affairs, Department of Defense, private foundations, and industry. He has held permanent and ad hoc memberships in several VA, National Institutes of Health, and private foundation study sections. Dr. Roman served as Past Chair of the Data Safety and Monitoring Board Assembly and the Scientific Advisory Committee of the American Thoracic Society, and is currently Chair of its Health Equality Committee. He also served as Past President of the Southern Society for Clinical Investigation and is on the board of the American Lung Association–Midland States, the Association of Professors of Medicine, and the Pulmonary Fibrosis Foundation.

Adam Gray, MD, attended the University of Kentucky for undergraduate studies. He received his medical degree from Ross University School of Medicine in Edison, NJ. Dr. Gray then completed residency training and chief residency training at the University of Kentucky. He stayed on as faculty and is a hospitalist at both the University of Kentucky and the VA. In addition to patient care, he enjoys teaching. He is the director for the internal medicine and acting internship clerkship and leads the internal medicine resident board review.
**Gretchen Wells, MD, PhD,** is the Thomas Whayne Professor of Women's Heart Health at the Gill Heart Institute at the University of Kentucky. She holds an MD and PhD from the University of Alabama School of Medicine in Birmingham, AL. Prior to coming to Kentucky, she was Professor of Internal Medicine/Cardiology at Wake Forest School of Medicine in Winston-Salem, North Carolina, where she also served as Dean of Admissions. She is a 2011 Hedwig von Ameringen ELAM fellow.

**Robert Doherty** is the Senior Vice President of Governmental Affairs and Public Policy for the American College of Physicians (ACP), the largest physician specialty society and second largest medical organization in the United States. ACP represents 148,000 internal medicine physicians and medical student members. Mr. Doherty has more than 37 years of health policy experience and is an accomplished presenter at health conferences. From 1979 to 1998, Mr. Doherty worked in the governmental affairs department of the American Society of Internal Medicine and, with the merger of ASIM and ACP in June 1998, joined the ACP as Senior Vice President for Governmental Affairs and Public Policy. He has senior staff management responsibilities for ACP’s Division of Governmental Affairs and Public Policy, located in Washington, DC. Mr. Doherty has authored or co-authored many policy-related papers for the Annals of Internal Medicine, ACP’s flagship peer-reviewed journal. He also writes and hosts The ACP Advocate Blog, which won the 2009 Best Health Policy/Ethics Blog in an award program sponsored by Epocrates. Mr. Doherty serves on the Board of Trustees of URAC, a leading health care accreditation organization and on the Steering Committee for Stand For Quality. He is also a past-chair of the Policy Steering Committee for the e-Health Initiative. Mr. Doherty is a magna cum laude graduate of The American University in Washington, DC with a degree in political science.

**Philip F. Bressoud, MD, FACP,** is an Associate Professor of Medicine at the University of Louisville (UofL) School of Medicine and is the current Governor of the Kentucky Chapter of the American College of Physicians. Dr. Bressoud received his medical degree in 1989 and completed his residency in internal medicine at the UofL. He served as Chief Medical Resident at UofL prior to joining the faculty in 1994. Dr. Bressoud is board-certified in internal medicine and certified in clinical informatics. He is the lead physician for the UofL Physicians electronic medical records project and serves on the Allscripts TouchWorks national Physician Advisory Board. His clinical expertise is in adult primary care and is the executive director for Campus Health Services for the UofL.
Meeting Information

Resident/Fellow Members’ and Medical Students’ Activities
Clinical vignettes, posters, and research papers prepared by Resident/Fellow Members and Medical Students will be presented at the meeting. Winners will receive $500 towards travel expenses and be eligible for entrance into the national competition held during Internal Medicine Meeting. Contact Megan Milburn at kyacpstaff@gmail.com for information about entering the Resident/Fellow Members’ Competition. Deadline for submissions is September 12, 2017.

Learning Objectives
At the conclusion of this activity, the participant will be able to:
• Apply updated knowledge of internal medicine to clinical practice.
• Improve clinical practice by incorporating major new developments in subspecialty medicine.
• Describe recent advances in hospital medicine, gastroenterology, and pulmonary medicine.
• Recognize the changing landscape of governmental healthcare policy.

Who should attend?
• General internists
• Subspecialty internists
• Family practitioners
• Fellows in subspecialty training
• Hospitalists
• Allied health practitioners
• Residents
• Medical students interested in internal medicine

CME Accreditation
Joint Provider Statement
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Louisville and the Kentucky Chapter of the American College of Physicians. The University of Louisville is accredited by the ACCME to provide continuing education for physicians.

Designation Statement
The University of Louisville Office of Continuing Medical Education & Professional Development designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credit[s]™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Pre-courses: ABIM SEP Module Sessions for Maintenance of Certification

**Friday, September 29, 2017**

**8:00–10:00 a.m.**
**Session #1: Hospital Medicine**

**10:15–12:15 p.m.**
**Session #2: Gastroenterology**

**SEP Faculty**

Philip F. Bressoud, MD, FACP, Governor, ACP Kentucky Chapter; Executive Director, Student Health Services, Department of Medicine, Associate Professor of Medicine, University of Louisville, Louisville

**SEP Learning Objectives**

- Participate in group discussion to determine answers to multiple-choice questions.
- Apply updated knowledge of internal medicine to clinical practice.
- Understand recent advances in internal medicine.
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM’s Maintenance of Certification.

**SEP CME Accreditation**

The University of Louisville Office of Continuing Medical Education & Professional Development designates this live activity for a maximum of **7.75 AMA PRA Category 1 Credit(s)**™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Who Should Attend the SEP Pre-course?**

- Internists participating in the ABIM Maintenance of Certification Program
- General internists
- Family practitioners
- Subspecialty physicians

**SEP Note**

The Kentucky Chapter will provide you with a learner’s copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM’s Maintenance of Certification program, you also must order the module* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM’s Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit www.abim.org/online.
Questions?
If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Megan Milburn by telephone at 859-583-9712 or e-mail to kyacpstaff@gmail.com.

Hotel Accommodations
We have reserved a block of rooms at the following rates until 8/31/2017. When making your reservation, be sure to mention that you will be attending the ACP Kentucky Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 502-429-9070

Single/Double: $139

Homewood Suites by Hilton
9401 Hurstbourne Trace
Louisville, KY 40222

The ACP Kentucky Chapter has reserved a section of tickets on Saturday, September 30, 2017 for Churchill Downs and the University of Louisville Football Game. Please email Megan Milburn at kyacpstaff@gmail.com to indicate your interest/attendance and for more information.

Satisfaction Guarantee
The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Notice of cancellation must be made in writing (fax, mail, or e-mail).
Received by 12/15/17 • Full Refund
12/16/17 • Refund less than $25 Admin fee
After 3/28/18 • No Refund

Contact Us
BY INTERNET
(Credit Card only)
Visit us on the Web
www.acponline.org/chapters

BY MAIL
Make check or money order payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

BY FAX
(Credit Cards only)
215-351-2799

BY PHONE
Call 800-523-1546, ext. 2600,
or 215-351-2600
(M–F, 9 a.m.–5 p.m. ET)
Kentucky Chapter Registration Form

ACP # (found on mailing label)

Name □ MD □ DO □ OTHER

Address

City State ZIP

Daytime Phone Fax E-mail

□ Please check here to indicate a permanent change to your preferred address for all College mailings.

□ Please exclude me from receiving mailings from the meeting exhibitors.

□ Check here if you are disabled and require assistance. Please notify the Kentucky Chapter in writing before your course. We’ll be glad to help.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

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<th>Categories</th>
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<td>□ Nonmember Allied Health Professional</td>
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*Nonmember Residents cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600 in order to get the correct registration rate.

**Nonmember Students: This meeting registration is free for ACP Medical Student Members. Join Now!

Please note: Members whose dues are not paid by July 1 for the current fiscal year will receive the nonmember registration rate.

SEP Module

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Please indicate your attendance at the following:

☐ BKFST—Breakfast, 7:30–8:00 a.m.
☐ LUNCH—Lunch, 12:15–1:15 p.m.
☐ RECEP—Reception, 5:00–7:00 p.m.

Grand Total $ ____________

Payment Options

☐ Check enclosed.  
(Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐ VISA ☐ MasterCard ☐ Discover ☐ American Express

Card # __________________ __________________________

Exp. Date ______ / ______ Security Code _______ ________

(3- or 4-digit number found on front or back of card)

Signature: ______________________________________ __________