



North Carolina
Chapter

2021 VIRTUAL



ANNUAL SCIENTIFIC SESSION

FEBRUARY 19-20, 2021

This continuing medical education activity is sponsored
by the American College of Physicians

2021 ANNUAL MEETING OVERVIEW

INVITATION, ACTIVITY DESCRIPTION AND TARGET AUDIENCE

North Carolina Chapter Governor Lacy C. Hobgood, MD, FACP, FAAP, joins Program Co-chairs **David Tolentino, DO, Robin King-Thiele, DO, and Nancy Finnigan, DO** in inviting all Chapter members to our first ever 2021 Virtual Annual Scientific Session! This meeting is designed for general internists, subspecialty internists, family physicians, fellows in subspecialty training, allied health practitioners, residents, and medical students interested in internal medicine. The purpose is to improve diagnosis and treatment skills and provide updates on inpatient and outpatient medicine. This is the only forum for internal medicine physicians in the state to convene, confer with colleagues, and update knowledge and skills. Back by popular demand: Earn MOC credits!

EDUCATIONAL OBJECTIVES

At the conclusion of this educational activity, participants should be able to:

- Learn tangible strategies to craft the career in medicine one desires as a way to create physician well-being and prevent physician burn-out.
- Updates on Thrombophilia diagnosis and management.
- Recognize short and long term concerns with delays in care secondary to COVID-19.
- Understand the common clinical manifestation and clinical course for patients with COVID-19 infection.
- To develop a differential diagnosis for a patient with fever, maculopapular rash, and sensory neuropathy.

CME ACCREDITATION

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MOC STATEMENT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.0 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

DISCLOSURE

The American College of Physicians adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty

relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental drugs or devices are incorporated in their presentations. Speakers will also state when off-label or experimental drugs or devices are incorporated in their presentations.

MEETING HIGHLIGHTS

- Back by popular demand: Maintenance of Certification (MOC) credits will be provided;
- Presentation of the 2020/2021 Laureate and Volunteerism Awards will be presented;
- See the latest from the training programs at the Residents and Students Poster Competition;
- Posters by Early Career Physicians will again be on display;
- Internal medicine residency training programs will compete in a Doctor's Dilemma;
- Enjoy breaks in the virtual exhibit area, which will feature products and services of interest to physicians and their practices.

MEETING REGISTRATION: REGISTER BY JANUARY 31 AND SAVE!

The registration fee for ACP member physicians is \$75. The fee for non-member physicians is \$150, and for allied health professionals fees are \$75-\$150. Emeritus or retired members, residents and medical students may attend free of charge. Registration fees include the two days of meeting sessions, as well as the CME certificate and electronic copy of the course handouts. Register securely online at <https://cvent.me/vv1vAL>, or complete the form in this brochure and return it via fax or mail. After January 15, registration fees will increase. Please note that refunds of registration fees will not be made after Friday, February 12. Refunds, less \$25, will be made for cancellations received prior to that date. No-shows will be billed.

QUESTIONS

If you have any questions about the 2021 Virtual Annual Scientific Session, or need assistance, please contact the NC-ACP office at (919) 719-4172 or (800) 722-1350, or send an email to **Megan Eberle**, meberle@ncmedsoc.org.

Here's what your colleagues said about the 2020 Annual Scientific Session:



"I look forward to this conference every year to update my clinical skills, keep up to date with new recommendations, to network with others across the state and to prevent burnout in the daily job."

"Great meeting with balanced, informative topics! Will plan to attend next year as well!"

"My favorite medical meeting. Excellent lectures. Brings older and younger physicians together. Makes me feel that the future of IM is good."

"This was my first year attending and was awesome! Very high quality speakers. Left me energized and with new ideas!"
-Lynn Bowlby, MD.

SCHEDULE

FRIDAY, FEBRUARY 19

12:55pm-2:30pm	General Session
12:55pm-1:00pm	Welcome, Introductions and Conference Overview - Lacy Hobgood, MD, FACP, FAAP , Chapter Governor, and David Tolentino, DO, FACOI, FACP Program Co-Chair, Robin King-Thiele, DO Program Co-chairs, and Nancy Finnigan, DO, FACP Program Co-Chair
1:00pm-1:50pm	Panel Discussion - Sitting in Front of the Computer
1:00pm-1:15pm	Musculoskeletal Issues - Thomas Motyka, DO
1:15pm-1:30pm	Behavioral Med on Zoom Burn Out - Antonio Cusi, MD
1:30pm-1:45pm	Neurologist on Migraine - Matthew Banks, DO
1:45pm-1:50pm	Panel Q&A
1:50pm-2:05pm	Advocacy Update - Sue Ann Forrest
2:05pm-2:15pm	Break and Networking Opportunity with Exhibitors
2:15pm-4:45pm	Inpatient Session
2:15pm - 2:45pm	Clotting Disorders - Samer Kasbari, MD
2:45pm - 3:15pm	Stroke - Mayank Singhal, MD
3:15pm - 3:45pm	Break and Networking Opportunity with Exhibitors
3:45pm - 4:15pm	Kidney Lecture with a COVID Element - Mark Baldwin, DO
4:15pm - 4:45pm	Unintended Consequences of COVID - John Retzliff, DO
4:45pm - 5:30pm	Keynote Speaker Presentation on Wellness - Marion McCrary, MD
5:30pm - 6:15pm	<i>Student Doctor's Dilemma</i>

SATURDAY, FEBRUARY 20

7:55am - 10:00am	Outpatient Session
7:55am-8:00am	Introductions
8:00am-8:30am	Vaccine hesitancy, update, and review or internists - Asif Zia, MD
8:30am-9:00am	How to practice Sports Medicine in a virtual/telemedicine COVID world - Ken Barns, MD
9:00am-9:30am	Telemedicine in the Post COVID Era - Darren J. Sommer, DO, MBA, MPH
9:30am-10:00am	Psych Disorder and Covid - Michael Lang, MD
10:00am-10:30am	Break and Networking Opportunity with Exhibitors
10:30am - 11:30am	General Session
10:30am - 11:30am	Chief Resident Presentations (10 minutes each):
10:30am-10:40am	The Evolving Imitator - Darryl Chang, MD (ECU)
10:40am-10:50am	Undifferentiated Encephalopathy, a Clinical Conundrum - Anand Dwivedi, MD (WFU)
10:50am-11:00am	Acute Lymphoblastic Leukemia Masquerading as Acute Renal Failure - Joshua Hudson, MD (UNC)
11:00am-11:10am	Recurrent hypoxic respiratory failure secondary to granulomatosis with polyangiitis. - Micheal Anyirah, Jr., DO (Harnett Health)
11:10am-11:20am	Case presentation: 57 yo female with rash and liver injury - Matthew Labriola MD (Duke)

SCHEDULE (continued)

11:20am-11:30am	Tissue did not resolve the issue: Left scratching our heads after brain biopsy - Jamie Campbell, DO (Atrium Health)
11:30am-11:45am	Presentation of Chapter Awards/Presentation of Resident Poster Winners
11:45am-12:00pm	Poster Winners Presentation
12:00pm-12:15pm	NC Chapter Business Meeting
12:15pm	Meeting Adjourn
12:15pm-1:00pm	<i>Resident Doctor's Dilemma</i>

Ancillary Sessions:

FRIDAY, FEBRUARY 19

12:00pm-12:55pm	Candid Conversations in Lupus: Navigating Advances in Diagnosis and Treatment to Provide Optimal Care for Each Patient - Kenneth C. Kalunian, MD
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Session Description:

This activity has been designed to meet the educational needs of internal medicine physicians, family and general medicine physicians, rheumatologists, dermatologists, nephrologists, OB/GYNs, and other clinicians involved in the management of patients with lupus.

Upon completion of this activity, participants should be better able to:

- Identify systemic lupus erythematosus (SLE) as a heterogeneous autoimmune disease with a wide range of clinical and serological manifestations that can affect any organ
- Employ appropriate criteria to confirm a diagnosis of SLE, recognizing the clinical utility of available classification systems
- Utilize evidence-based tools to monitor disease activity in individual SLE patients in daily clinical practice and guide treatment decisions
- Describe current treatment options for SLE according to mechanism of action, efficacy, safety, and impact on patient symptoms/quality of life
- Develop treatment plans for individual patients with SLE to control disease activity and prevent or minimize disease flares, drug toxicity, and organ damage
- Effectively communicate and collaborate with SLE patients and other care providers to understand and address the needs of each patient and maximize treatment adherence, quality of life, and survival outcome

Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Penn State College of Medicine and PVI, PeerView Institute for Medical Education. Penn State College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Physician Credit Designation: The Penn State College of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



SATURDAY, FEBRUARY 20

12:15pm-1:15pm	Overcoming Challenges in the Diagnosis and Management of Axial Spondyloarthritis: New Insights and Implications for Clinical Practice - Abhijeet Danve, MD, FACP, FACR
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Session Description:

In this program, an expert in rheumatology discusses practical strategies for identifying and managing axial spondyloarthritis (axSpA) in clinical practice.

Upon completion of this activity, participants should be better able to:

- Identify axial spondyloarthritis (axSpA) in patients with inflammatory back pain via assessment of medical history, musculoskeletal symptoms and findings, and extra-articular manifestations and comorbidities
- Apply classification criteria and diagnostic tests into clinical practice to support early detection of axSpA
- Assess efficacy and safety data related to novel biologic options for axSpA, recognizing the potential clinical impact on the management of patients who do not respond well to traditional pharmacologic therapies
- Employ treatment plans for individual patients with axSpA in accordance with current evidence, expert recommendations, and patient needs and preferences
- Recognize the importance of collaborating with rheumatologists to provide optimal treatment and longitudinal support for patients with axSpA

Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Medical Learning Institute, Inc. and PVI, PeerView Institute for Medical Education. The Medical Learning Institute, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

Physician Credit Designation: The Medical Learning Institute, Inc. designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PROGRAM FACULTY

David L. Tolentino, DO, FACOI, FACP - Program Co-Chair
Associate Dean for Clinical Affairs & Associate Professor of Internal Medicine, Campbell University

Robin L. King-Thiele, DO, FACOI - Program Co-chair
Associate Dean for Postgraduate Affairs & Designated Institutional Official (DIO) GME programs, Campbell University

Nancy Finnigan, DO, FACP - Program Co-chair
Designated Institutional Official (DIO) GME programs, Lake-land Regional Medical Center & Associate Professor, Campbell University

Mark Baldwin, DO
Professor and Chair, Department of Internal Medicine
Pacific Northwest University of Health Science

Matthew Banks, DO
Neurologist
Cape Fear Valley Medical Center

Kenneth P. Barnes, MD
Sports Medicine Specialist
Alamance Regional Medical Center

Antonio Cusi, MD
Psychiatrist
Coastal Carolina Neuropsychiatric Center, PA

Sue Ann Forrest
Director, Legislative Relations
North Carolina Medical Society

Samer Kasbari, MD, MS
Hematologist
Southeastern Medical Oncology Center

Michael Lang, MD
Psychiatrist
Vidant Health

Marion McCrary, MD, FACP
Physician
Duke Signature Care

Thomas Motyka, DO
Chair and Associate Professor of Osteopathic Manipulative Medicine, Associate Professor of Internal Medicine, Osteopathic Program Director
Campbell University

John E. Retzloff, DO
Internal Medicine Specialist
Sacred Heart Medical Group

Mayank Singhal, MD
Hospitalist
Cape Fear Valley Medical Center

Darren J. Sommer, DO, MBA, MPH
Founder and CEO
Innovator Health

Asif Zia, MD
Infectious Disease Specialist
Harnett Health
Wound Care and Hyperbaric Center at

Chief Resident Presenters

Micheal Anyirah, Jr., DO
Harnett Health

Jessica Campbell, DO
Atrium Health

Darryl Chang, MD
Brody School of Medicine, East Carolina University

Anand Dwivedi, MD
Wake Forest School of Medicine

Joshua Hudson, MD
University of North Carolina School of Medicine

Matthew Labriola, MD
Duke University Hospital

Americans with Disabilities Act

The NC-ACP is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this program, please contact Megan Eberle at (919) 833-3836 or meberle@ncmedsoc.org no later than 10 business days before the date of the activity.



North Carolina Chapter

NC-ACP REGISTRATION FORM

Register securely online! Go to <https://cvent.me/vv1vAL>

Name: _____ Degree(s): _____

Address: _____

City/State/Zip: _____

Daytime Phone: _____ Email: _____

1. REGISTRATION (Check one category that best applies.)

ACP Categories

Prior to 1/15 After 1/15

- Master/Fellow/Member Physician.....\$75\$125
- Resident/Medical Student Member.....\$0\$0
- Emeritus/Retired Physician Member\$0\$0
- Affiliate Member (Allied Health Professional).....\$50\$100

Non-ACP Categories

Prior to 1/15 After 1/15

- Nonmember Physician.....\$150\$200
- Nonmember Resident/Medical Student.....\$0\$0
- Nonmember Allied Health Professional\$100\$150

2. ADDITIONAL ACTIVITIES

- Medical Student Doctor's Dilemma
- Ancillary Session: PeerView Session - Friday
- Ancillary Session: Maestro360 - Friday
- Resident Doctor's Dilemma - Saturday
- Ancillary Session: Maestro360 - Saturday
- Ancillary Session: PeerView Session - Saturday

3. PAYMENT: TOTAL FEES: \$_____ No refunds after February 12.

Enclosed is check # _____ for \$ _____ payable to NC-ACP OR Visa MasterCard American Express

Name as it appears on Credit Card: _____

Account #: _____ Security Code: _____ Exp Date: _____

Billing Address, if different from above: _____

Please [register online](#), or mail or fax this form to: NC-ACP, PO Box 27167, Raleigh, NC 27611 or FAX (919) 833-2023