



ACCP[®]

American College of Physicians
Leading Internal Medicine, Improving Lives

Wisconsin
Chapter

2019

SCIENTIFIC MEETING

FOSTERING EXCELLENCE IN
INTERNAL MEDICINE



SEPTEMBER 6-7, 2019

WILDERNESS HOTEL AND GLACIER
CANYON CONFERENCE CENTER
WISCONSIN DELLS, WISCONSIN

This event has been designated for a maximum of 15.5 CME credits.

Program Co-Chairs: *Bipin Thapa, MD, MS, FACP and
Thomas D. Shiffler, MD, FACP*

MEETING HIGHLIGHTS

1. The Well-Being Paradox
2. Mediterranean Diet, Low Fat Diet, Low Carb Diet, Ketogenic Diet and Other Diets
3. Pecha Kucha on Updates in: Primary Care, Hospital Medicine, Perioperative Medicine
4. Rheumatology
5. Effective Communication Strategies to Make the Most of Each Patient Encounter
6. Clinical Pearls: Endocrinology
7. Wait, What Did You Say? (Adult ADHD)
8. How to Pick the Right Antibiotic Course for Common Infections: A Case - Based Approach
9. Greatest Hits: 5 Studies Guaranteed to Rock Your World
10. Social Determinants of Health Care

Dear Colleague,

I invite you to join me and your colleagues in internal medicine at the next scientific meeting of the Wisconsin Chapter of the American College of Physicians, being held September 6-7, at the Wilderness Hotel and Glacier Canyon Conference Center.

This meeting is not just for ACP members. I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning up to 15.5 CME credits, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national public health issues affecting the practice and teaching of internal medicine.
- Greet old friends, meet new friends, and develop a network of colleagues in your area.

Between scientific sessions, please visit the College table. You will find information on new ACP programs, products, and services. There's always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, complete the registration form at the back of this brochure and send it in today. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

I look forward to seeing you in Wisconsin Dells.

Sincerely,

Noel N. Deep, MD, FACP
ACP Governor, Wisconsin Chapter



SCHEDULE AT A GLANCE

FOSTERING EXCELLENCE IN INTERNAL MEDICINE

FRIDAY, SEPTEMBER 6, 2019

7:30am

Registration Desk Opens

8:00 - 10:00am

Self-Evaluation Process (SEP) Module
2019 Update in Hospital Medicine

*Ankur Segon, MD and
Yogita Segon, MD*

10:15am - 12:15pm

Self-Evaluation Process (SEP) Module
2019 Update in Internal Medicine

*Ann M. Maguire, MD, MPH, FACP and
Theresa Maatman, MD, FACP*

11:00am - 2:00pm

Governor's Council Meeting
(Lunch Included)

12:30 - 2:30pm

Getting it Right: Cases to Improve
Diagnosis (Lunch Included)

*Ann M. Maguire, MD, MPH, FACP and
Theresa Maatman, MD, FACP*

2:00 - 2:10pm

Opening Remarks and Introduction of
College Representative

*Noel N. Deep, MD, FACP, Governor,
Wisconsin Chapter, American College
of Physicians*

2:10 - 2:25pm

College Update for Residents, Fellows
and Medical Students

Robert M. McLean, MD, FACP

2:30 - 5:00pm

Edwin L. Overholt Residents'
and Fellows' Vignettes

*Kurt J. Pfeifer, MD, FACP and
Rachel M. Hawker, MD, FACP*

5:00 - 5:15pm

Break and Visit Exhibits

5:15 - 6:15pm

Scott Sprtel Doctor's Dilemma
Residents' Competition

Rachel M. Hawker, MD, FACP

6:30 - 8:30pm

Displayed Poster Presentations
Welcome Reception, Visit
Exhibits and View Posters

8:00 - 11:00pm

Hospitalists', Council of
Early Career Physicians' and
International Medical Graduates'
Reception (Open to All)

SATURDAY, SEPTEMBER 7, 2019

7:00 - 8:15am

Women's Forum/ Networking
Breakfast: Caring for Women

Veterans in the Community
*Madelyn Alvarez, MD and
Christine Kolehmainen, MD, MS*

7:25 - 8:25am

Raise the Rate: Let's Vaccinate
Improving Adult Immunizations

Noel N. Deep, MD, FACP

8:25 - 8:30am

Comments from the Governor

Noel N. Deep, MD, FACP

SCHEDULE AT A GLANCE *continued*

8:30 - 9:00am

The Well-Being Paradox

Margaret R. Paulson, DO, FACP

9:00 - 9:30am

Mediterranean Diet, Low Fat Diet, Low Carb Diet, Ketogenic Diet and Other Diets

Kavita Poddar, PhD, RD, CD

9:30 - 9:45am

Break and Exhibits

9:45 - 10:15am

Pecha Kucha on Updates in: Primary Care, Hospital Medicine, Perioperative Medicine

Kurt J. Pfeifer, MD, FACP;

Umesh M. Sharma, MD, FACP;

Thomas D. Shiffler, MD, FACP

10:15 - 10:45am

Rheumatology

Robert M. McLean, MD, FACP

10:45 - 11:00am

Break and Exhibits

11:00 - 11:30am

Effective Communication Strategies to Make the Most of Each Patient Encounter

MaryAnn C. Gilligan, MD, MPH

11:30am - 12:00pm

Clinical Pearls: Endocrinology

Maxfield P. Flynn, MD, PhD

12:00 - 1:30pm

George Magnin Wisconsin Chapter Awards Luncheon

1:30 - 2:00pm

Middleton Memorial Lecture

Kesavan Kutty, MD, FCCP, MACP

2:00 - 2:30pm

Wait, What Did You Say? (Adult ADHD)

Heather C. Huang, MD

2:30 - 3:00pm

How to Pick the Right Antibiotic Course for Common Infections: A Case-Based Approach

Joyce L. Sanchez, MD, FACP

3:00 - 3:15pm

Break and Exhibits

3:15 - 3:45pm

Greatest Hits: 5 Studies Guaranteed to Rock Your World!!

Jeremy P. Smith, MD, FACP

3:45 - 4:15pm

Social Determinants of Health Care

Brenda L. Rooney, PhD, MPH

4:15 - 4:30pm

Break and Exhibits

4:30 - 5:30pm

Town Hall

5:30pm

Adjourn

(Governor's Council Meeting immediately following the adjournment of the meeting.)

MEETING INFORMATION

FACULTY

**Noel N. Deep, MD, FACP,
Governor**

Wisconsin Chapter,
American College of
Physicians
Clinical Assistant Professor
Medical College of
Wisconsin
General Internist
Aspirus Clinic
Antigo, Wisconsin

Maxfield P. Flynn, MD, PhD

Assistant Professor (CHS)
Division of Endocrinology,
Diabetes, and Metabolism
- Department of Medicine
University of Wisconsin
School of Medicine and
Public Health
Madison, Wisconsin

**MaryAnn C. Gilligan, MD,
MPH**

Course Director,
Ambulatory Internal
Medicine
Faculty, Kern Institute for
the Transformation of
Medical Education
Associate Professor of
Medicine
Division of General Internal
Medicine
Medical College of
Wisconsin
Milwaukee, Wisconsin

**Rachel M. Hawker, MD,
FACP**

Clinical Assistant Professor
of Medicine
Gundersen Health System
La Crosse, Wisconsin

Heather C. Huang, MD

Clinical Associate Professor
Department of Psychiatry
Department of Internal
Medicine
University of Wisconsin
School of Medicine and
Public Health
Madison, Wisconsin

**Theresa Maatman, MD,
FACP**

Assistant Professor
Medical College of
Wisconsin
Milwaukee, Wisconsin

**Ann M. Maguire, MD, MPH,
FACP**

Staff Physician
Sargeant Internal Medicine
Froedtert and the Medical
College Community
Physicians
Milwaukee, Wisconsin

**Robert M. McLean, MD,
FACP**

President, American
College of Physicians
Medical Director of Clinical
Quality, Northeast Medical
Group of Yale New Haven
Health
Associate Clinical Professor
of Medicine, Yale School of
Medicine
New Haven, Connecticut

**Margaret R. Paulson, DO,
FACP**

Internal Medicine
Mayo Clinic Health System
- Red Cedar
Menomonie, Wisconsin

Kurt J. Pfeifer, MD, FACP

Professor of Medicine
Medical College of
Wisconsin
Milwaukee, Wisconsin

Kavita Poddar, PhD, RD, CD

Clinical Nutritionist
University of Wisconsin
Health
Madison, Wisconsin

Brenda L. Rooney, PhD, MPH

Epidemiologist
Medical Director,
Community and Preventive
Care Services
Gundersen Health System
La Crosse, Wisconsin

Joyce L. Sanchez, MD, FACP

Assistant Professor of
Medicine
Director, Travel Health
Clinic
Division of Infectious
Diseases
Department of Medicine
Milwaukee, Wisconsin

Ankur Segon, MD

Associate Professor
Medical College of
Wisconsin
Milwaukee, Wisconsin

Yogita Segon, MD

Assistant Professor
Medical College of
Wisconsin
Milwaukee, Wisconsin

**Umesh M. Sharma, MD,
FACP**

Hospital Medicine
Mayo Clinic Health System
Albert Lea, Minnesota

**Thomas D. Shiffler, MD,
FACP**

Internal Medicine
University of Wisconsin
School of Medicine and
Public Health
Madison, Wisconsin

Jeremy P. Smith, MD, FACP

Associate Professor (CHS)
Director of Educator
Development
Department of Medicine,
University of Wisconsin
Madison, Wisconsin

MEETING INFORMATION

PROGRAM COMMITTEE

Abigail Bales, MD, FACP

Dean Medical Group, Middleton, WI

Richard Battiola, MD, FACP

Aurora Health Care, Milwaukee, WI

Mark K. Belknap, MD, FACP

Memorial Medical Center, Ashland, WI

David F. Bleidorn, MD, FACP

Gundersen Health, La Crosse, WI

Mark K. Chelmowski, MD, FACP

Aurora Health Care, Milwaukee, WI

Richard A. Dart, MD, MACP

Marshfield Clinic, Marshfield, WI

Noel N. Deep, MD, FACP

Aspirus Health, Antigo, WI

Kathlyn E. Fletcher, MD, FACP

Medical College of Wisconsin,
Milwaukee, WI

Ian H. Gilson, MD, FACP

Medical College of Wisconsin,
Milwaukee, WI

Sharon L. Haase, MD, MACP

UW Health, Beaver Dam, WI

Juanita J. Halls, MD, FACP

UW Health, Madison, WI

Rachel M. Hawker, MD, FACP

Gundersen Health, La Crosse, WI

Matthew J. Jansen, MD, FACP

Marshfield Clinic, Marshfield, WI

Kesavan Kutty, MD, FCCP, MACP, FRCP (L)

Medical College of Wisconsin,
Milwaukee, WI

Jeff D. Larsen, MD, FACP

River Falls Medical Clinics, River Falls, WI

Don S. Lee, MD, FACP

Ascension, Milwaukee, WI

Martin D. Muntz, MD, FACP

Medical College of Wisconsin,
Milwaukee, WI

Ann B. Nattinger, MD, MACP

Medical College of Wisconsin,
Milwaukee, WI

Sean M. O'Neill, MD, FACP

UW Health, Madison, WI

Margaret R. Paulson, DO, FACP

Mayo Clinic Health System,
Menomonie, WI

Steven B. Pearson, MD, MACP

Gundersen Health, La Crosse, WI

Kurt J. Pfeifer, MD, FACP

Medical College of Wisconsin,
Milwaukee, WI

Rupesh Prasad, MD, FACP

Aurora Health Care, Milwaukee, WI

Katherine E. Reimer, MD, FACP

Marshfield Clinic, Marshfield, WI

Christine S. Seibert, MD, FACP

UW Health, Madison, WI

Thomas D. Shiffler, MD, FACP

UW Health, Madison, WI

Bipin Thapa, MD, MS, FACP

Medical College of Wisconsin,
Milwaukee, WI

**Adrian P. Umpierrez de Reguero, MD,
FACP**

Medical College of Wisconsin,
Milwaukee, WI

MAINTENANCE OF CERTIFICATION

PRE-COURSE: ABIM SEP MODULES AND ACP SELF-ASSESSMENT MODULE SESSION FOR MAINTENANCE OF CERTIFICATION

Friday, September 6, 2019

8:00-10:00 a.m.

Self-Evaluation Process (SEP) Module:

2019 Update in Hospital Medicine

Ankur Segon, MD; Yogita Segon, MD

10:15 a.m.-12:15 p.m.

Self-Evaluation Process (SEP) Module:

2019 Update in Internal Medicine

Ann M. Maguire, MD, MPH, FACP;

Theresa Maatman, MD

12:30-2:30 p.m.

Getting it Right: Cases to Improve Diagnosis

Ann M. Maguire, MD, MPH, FACP;

Theresa Maatman, MD

PRE-COURSE FACULTY

Theresa Maatman, MD, FACP

Assistant Professor

Medical College of Wisconsin

Milwaukee, Wisconsin

Ann M. Maguire, MD, MPH, FACP

Staff Physician, Sargeant Internal Medicine,

Froedtert and the Medical College Community

Physicians

Milwaukee, Wisconsin

Ankur Segon, MD

Associate Professor

Medical College of Wisconsin

Milwaukee, Wisconsin

Yogita Segon, MD

Assistant Professor

Medical College of Wisconsin

Milwaukee, Wisconsin

PRE-COURSE LEARNING OBJECTIVES

1. Apply updated knowledge of internal medicine to clinical practice
2. Understand recent developments in internal medicine
3. Improve clinical practice by incorporating major new developments in subspecialty medicine
4. Increase competence in performing effective communication

PRE-COURSE CME ACCREDITATION

The American College of Physicians designates each live activity for a maximum of the number of **AMA PRA Category 1 Credit(s)TM** listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- The 2019 Update in Hospital Medicine
Precourse: **2 AMA PRA Category 1 Credit(s)TM**
- The 2019 Update in Internal Medicine
Precourse: **2 AMA PRA Category 1 Credit(s)TM**
- Getting it Right: Cases to Improve Diagnosis
Precourse: **2 AMA PRA Category 1 Credit(s)TM**

WHO SHOULD ATTEND THE PRE-COURSE?

- Internists participating in the ABIM Maintenance of Certification Program
- General internists
- Family practitioners
- Subspecialty physicians

PRE-COURSE NOTE

The Wisconsin Chapter will provide you with a learner's copy of the ABIM SEP module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit.

For more information about the ABIM's Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

"Getting it Right: Cases to Improve Diagnosis" is eligible for ABIM MOC points through the ACP. *Note that in order to access the cases, you will be asked to provide your ACP username and password. Non-members will be required to create a free account.*

*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit www.abim.org/online.

MEETING INFORMATION

WHO SHOULD ATTEND

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine
- Other

CME ACCREDITATION

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of **AMA PRA Category 1 Credit(s)TM** listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Wisconsin Chapter Scientific Meeting for a maximum of **9.5 AMA PRA Category 1 Credit(s)TM**

The Pre-Course modules pre/post course, for a maximum of **6.0 AMA PRA Category 1 Credit(s)TM**

ADDITIONAL INFORMATION

QUESTIONS?

If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Scott Mattson by telephone at 414-488-3910 or e-mail scott@svinicki.com.

To register for the meeting, complete the attached registration form and return it with your fee made payable to:

ACP Wisconsin Chapter
6737 W. Washington Street
Suite 4210
Milwaukee, WI 53214

HOTEL ACCOMMODATIONS

We have reserved a block of rooms at the following rates until August 6,

2019. When making your reservation, be sure to mention that you will be attending the ACP Annual Scientific Meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by **calling the hotel directly at 800-867-9453**. Our Group Reservation number is **741908**.

Single/Double:

Thursday, 9/5-\$99.99

Friday, 9/6 and Saturday, 9/7-\$109.99

Wilderness Hotel and Glacier Canyon Conference Center
45 Hillman Road
Wisconsin Dells, WI 53965

Visit www.wildernessresort.com for details on directions, parking and areas of interest.

REGISTRATION FORM (side 1)

Wisconsin Dells, WI • September 6-7, 2019

RM2005

ACP #

Name MD DO OTHER

Address

City State ZIP

Daytime Phone Fax Email

- Please exclude me from receiving mailings from the meeting exhibitors
- Check here if you are disabled and require assistance. Please notify the Wisconsin Chapter in writing before your course. We'll be glad to help.

Please indicate guest attendance at the following:

- George Magnin Wisconsin Chapter Awards Luncheon - Saturday, September 7 - \$25
Number of additional guests attending: _____ Subtotal: \$ _____

Please list guest names: _____

Please indicate if you would like to serve as Annual Meeting judge or presenter. The Annual Meeting Planning Committee will contact you, if selected.

- Yes, I would like to serve as a judge for the displayed poster and/or oral presentations at the 2019 Annual Scientific Meeting.
- Yes, I am interested in presenting at the 2020 ACP-WI Annual Scientific Meeting or a future meeting on:

_____ (print desired topic).

Payment

Amount Due:

- My check is enclosed

Please make your check payable to **ACP-Wisconsin Chapter** and mail to:
ACP-Wisconsin Chapter
6737 W. Washington Street, Suite 4210
Milwaukee, WI 53214

- Pay By Credit Card:

Visa MasterCard Discover American Express

Name on Card: _____

Card Number: _____ Exp. Date: _____ CVC: _____

Authorized Signature: _____

REGISTRATION FORM *(side 2)*

Registration Fees

Check one category that best applies and circle the price that corresponds with your selection. Chapter Meeting registration fee includes breakfast, lunch, all scientific sessions and materials, and CME documentation. Please list the corresponding amount on the reverse side in the "Amount Due" box.

ONLINE REGISTRATION

<https://fs8.formsite.com/GBcCIP/nym4rvv3la/index.html>

Categories	2019 Update in Hospital Medicine	2019 Update in Internal Medicine	Getting it Right: Cases to Improve Diagnosis	2 Pre-Course Sessions	3 Pre-Course Sessions
<input type="checkbox"/> ACP Member, FACP, MACP	\$175	\$175	\$175	\$275	\$300
<input type="checkbox"/> Nonmember Physician	\$225	\$225	\$225	\$325	\$350

Categories	Chapter Meeting Only	Chapter Meeting & 2019 Update in Hospital Medicine	Chapter Meeting & 2019 Update in Internal Medicine	Chapter Meeting & Getting it Right: Cases to Improve Diagnosis	Chapter Meeting & 2 Pre-Course Sessions	Chapter Meeting & 3 Pre-Course Sessions
<input type="checkbox"/> ACP Member, FACP, MACP	\$200	\$300	\$300	\$300	\$350	\$375
<input type="checkbox"/> ACP Resident/Fellow Member	No Fee	N/A	N/A	N/A	N/A	N/A
<input type="checkbox"/> ACP Medical Student Member	No Fee	N/A	N/A	N/A	N/A	N/A
<input type="checkbox"/> ACP Affiliate Member	\$200	N/A	N/A	N/A	N/A	N/A
<input type="checkbox"/> Nonmember Physician	\$250	\$350	\$350	\$350	\$400	\$425
<input type="checkbox"/> Nonmember Resident*	No Fee	N/A	N/A	N/A	N/A	N/A
<input type="checkbox"/> Nonmember Medical Student	No Fee	N/A	N/A	N/A	N/A	N/A
<input type="checkbox"/> Nonmember Allied Health Professional	\$250	N/A	N/A	N/A	N/A	N/A

*Non Member Residents must register by contacting chapter staff at 414-488-3910 in order to get the correct registration rate.

If registering for two pre-course sessions, please list the courses you would like to register for below:

MEETING INFORMATION

RESIDENT/FELLOW MEMBERS' ACTIVITIES

Clinical vignettes, posters, and research papers prepared by Resident/Fellow Members and Medical Students will be presented at the meeting. Winners will receive travel expenses to Internal Medicine 2020, recognition and be eligible for entrance into the national competition held during Internal Medicine 2020. Contact Rachel Hawker, MD, FACP at rmhawker@gundersenhealth.org with questions.

LEARNING OBJECTIVES

1. Apply updated knowledge of internal medicine to clinical practice
2. Understand recent developments in internal medicine
3. Improve clinical practice by incorporating major new developments in subspecialty medicine
4. Increase competence in performing effective communication

CHAPTER AWARDS

The other awards that will be presented to illustrious and deserving members of our chapter include:

ADDIS COSTELLO INTERNIST OF THE YEAR AWARD

William J. Listwan, MD, FACP

COMMUNITY BASED PHYSICIAN AND MENTOR AWARD

Bret Linzer, MD and Albert Musa, MD

DISTINGUISHED INTERNIST OF THE YEAR AWARD

Ann M. Schmidt, MD, FACP

EARLY CAREER INTERNIST OF THE YEAR AWARD

Sanjay Bhandari, MD and Sriram Darisetty, MD, FACP

HELEN DICKIE WOMAN PHYSICIAN OF THE YEAR AWARD

Pinky Jha, MD, FACP

LIFETIME INTERNAL MEDICINE ACHIEVEMENT AWARD

Kesavan Kutty, MD, FCCP, MACP, FRCP (L)

The awards will all be presented during the George Magnin Wisconsin Chapter Awards Luncheon.



6737 W. Washington Street, Suite 4210
Milwaukee, WI 53214