March 13–14, 2020
The Hotel Roanoke and Conference Center
Roanoke, Virginia

Register Online Today!

Fostering Excellence in Internal Medicine
This live activity has been designated for 12 CME credits and MOC points.
Dear Colleague,

Join me and your colleagues at the next annual meeting of the Virginia Chapter of the American College of Physicians, being held March 13–14, 2020, at The Hotel Roanoke and Conference Center.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Virginia Chapter’s rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits and MOC points, this conference is about making personal contacts and getting involved in your chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

This year we are excited to announce our partnership with Feeding America Southwest Virginia. This food bank is dedicated to eliminating hunger in this region of the state. As part of ACP’s dedication to service, we ask that you consider bringing nonperishable food to the meeting, so that we may donate it. The most-needed items are canned goods including meats, meals, fruit, soups, and vegetables, as well as dry beans, dry rice, and peanut butter. We thank you for your participation in what we hope will become an annual tradition.

To ensure your place at this invaluable meeting, register now by visiting us online at vachapter.acponline.org.

I look forward to seeing you in Roanoke!

Sincerely,

William E. Fox, MD, FACP
ACP Governor, Virginia Chapter
Schedule at a Glance

Fostering Excellence in Internal Medicine

Friday, March 13, 2020

7:00 a.m.
Registration and Continental Breakfast

7:45
Welcome
Lisa Ellis, MD, MACP
William E. Fox, MD, FACP

Session 1
8:00
Under the Plane Tree
A. Paul Dallas, MD, FACP

8:45
Game Changers in Cardiology
Pamela K. Mason, MD, FACC, FHS

9:30
Obesity Myth Busters
Jennifer Kirby, MD, PhD

10:15
Break
Please visit the ACP display table and our exhibitors.

10:45
Travel Medicine in 2020
Michael P. Stevens, MD, MPH, FACP

11:30
Lessons from the Apollo Moon Mission for ACP Advocacy
Robert Doherty

12:15 p.m.
Lunch and Town Hall Meeting
Town Hall Participants
Robert Doherty
Lisa Ellis, MD, MS, MACP
William E. Fox, MD, FACP
Stuart Henochowicz, MD, MBA, FACP
Robert McLean, MD, MACP
John Paul Verderese, MD, FACP

Session 2
1:30
Clinical Pearls in Rheumatology
Robert McLean, MD, MACP

2:15
The Basics and Beyond of IBS
John McCarthy, MD

3:00
Break
Please visit the ACP display table and our exhibitors.

3:15
Myelodysplastic Syndromes for the Internist
Michael Keng, MD

4:00
Multiple Small Feedings of the Mind–Pulmonary
Eric Libre, MD, FACP

4:45
Physician Well-Being: Next Steps
Stephanie Call, MD, MSPH, FACP
Stewart Babbott, MD, FACP

5:30
Awards Reception
Join us for wine/appetizer reception where the Chapter’s 2020 Laureate, Paul Florentino Volunteerism, Early Career Physician, and Community Teach awards will be presented.
Schedule at a Glance

Saturday, March 14, 2020

7:00 a.m.
Registration and Breakfast
Early Career Physician Breakfast and Advancement to Fellowship

7:30
Medical Student Breakfast

Session 3
7:30
Get Ready for the New E/M Documentation Guidelines
William E. Fox, MD, FACP

8:15
Diabetes: Which Medicine? Which Patient?
David C. Lieb, MD, FACE

9:00
Challenges in Diagnostic Decision Making
Andrew Parsons, MD, FACP

9:45
Break

10:00
Lipids–Let’s Think Outside the Box
Deborah Koehn, MD, FACP

10:45
What’s New in Men’s Health?
Joshua Langston, MD

11:30
Best Papers That Changed My Practice
Jon Sweet, MD, FACP

12:15 p.m.
Adjourn
Meeting Information

Stewart Babbott, MD, FACP, Professor of Medicine, Section Head, General Medicine, University of Virginia Health System, Charlottesville

Dana Buchanan, MD, AAP, FACP, Sentara Medical Group, Virginia Beach

Stephanie Call, MD, MSPH, FACP, Professor of Medicine, Program Director, Internal Medicine Residency Program, Virginia Commonwealth University, Richmond

A. Paul Dallas, MD, FACP, Associate Professor, Internal Medicine, Carilion Virginia Tech School of Medicine, Roanoke

Robert Doherty, Senior Vice President of Governmental Affairs and Public Policy, ACP, Washington, DC

Lisa Ellis, MD, MS, MACP, Associate Clinical Professor of Internal Medicine and OB/Gyn, Executive Director of Patient/Provider Experiences, Virginia Commonwealth University, Richmond

William E. Fox, MD, FACP, Governor, ACP VA Chapter, Chair-Elect ACP Board of Governors, Private Practice, Charlottesville

Stuart Henochowicz, MD, MBA, FACP, Governor-Elect ACP VA Chapter, Clinical Professor of Medicine, Department of Medicine, Division of Allergy, Immunology and Rheumatology, Georgetown University Medical School, Washington DC; Private Practice, Burke

Michael Keng, MD, Assistant Professor of Medicine, University of Virginia, Charlottesville

Jennifer Kirby, MD, PhD, Associate Professor of Endocrinology and Metabolism, University of Virginia School of Medicine, Charlottesville

Deborah Koehn, MD, FACP, BC-ADM, Assistant Professor of Medicine and Adjunct Assistant Professor of Endocrinology, Certified: Lipid Specialist and Culinary Medicine, Department of Internal Medicine, Virginia Commonwealth University School of Medicine, Richmond

Joshua Langston, MD, Urology of Virginia, Virginia Beach

Simon Lehtinen, MD, FACP, Assistant Professor of Internal Medicine, University of Virginia School of Medicine, Charlottesville

Eric Libre, MD, FACP, Chief, Pulmonary Section, Inova Fairfax Medical Campus, Fairfax; Assistant Professor of Internal Medicine, Georgetown University, Washington, DC, and Virginia Commonwealth University, Richmond

David C. Lieb, MD, FACE, Program Director, Endocrinology and Metabolism Fellowship, Associate Professor of Medicine, Eastern Virginia Medical School, Norfolk

Pamela K. Mason, MD, FACC, FHS, Associate Professor, Director, Electrophysiology Fellowship, University of Virginia, Charlottesville

John McCarthy, MD, Major, Medical Corps, U.S. Army, Gastroenterology, Walter Reed National Military Medical Center, Bethesda, Maryland

Robert McLean, MD, MACP, President, ACP; Medical Director of Clinical Quality, Northeast Medical Group of Yale New Haven Health Associates, Clinical Professor of Medicine, Yale School of Medicine, New Haven, Connecticut

Andrew Parsons, MD, FACP, Associate Program Director, Internal Medicine Residency Program, Director, Foundations of Clinical Medicine, Assistant Professor of Medicine, University of Virginia School of Medicine, Charlottesville

Michael P. Stevens, MD, MPH, FACP, FIDSA, FSHEA, Associate Professor of Internal Medicine, Division of Infectious Diseases, VCU Health, Richmond

Jon Sweet, MD, FACP, Associate Professor of Internal Medicine, Virginia Tech Carilion School of Medicine, Roanoke

Eileen West, MD, FACP, Internal Medicine and Women’s Health; CEO, Eileen West, MD and Associates, PLLC; Associate Professor of Medicine, VCU, Fairfax, VA

Program Committee

Dana Buchanan, MD, AAP, FACP
A. Paul Dallas, MD, FACP
Lisa Ellis, MD, MS, MACP–Chair
William E. Fox, MD, FACP
Stuart Henochowicz, MD, MBA, FACP
Simon Lehtinen, MD, FACP–Co-Chair
Eileen West, MD, FACP
Resident/Fellow Members’ and Medical Students’ Activities

Our annual Caroline Osborne Medical Student Program will be held on Saturday, March 14, 2020, at The Hotel Roanoke. This is an all-day event with speakers, abstract presentations, and residency panels. The deposit for Virginia medical student members to attend this program is $25, which will be refunded on checking in at the registration desk at the meeting. The registration fee for out-of-state and nonmember medical students is $75. We invite students to attend both days of the annual meeting.

If you will be attending on Friday also, please e-mail Ann Tennett at astacp@hotmail.com and let her know you will be attending both Friday and Saturday. To ensure an accurate count for our meals and breaks, please sign up for the ones you will be attending. Lunch on Saturday will be provided for medical student program attendees. The tentative program is:

7:30 a.m.–Registration and Breakfast
8:15 a.m.–General Session—Diabetes: Which Medicine, Which Patient?
9:00 a.m.–Welcome
9:10 a.m.–How to Get the Job You Want
10:00 a.m.–Abstract Presentation
10:50 a.m.–Abstract Recognition
11:00 a.m.–Program Director Residency Panel
12:30 p.m.–Lunch
1:15 p.m.–CV Building Workshop
2:00 p.m.–How to Succeed on Rotations
2:30 p.m.–Adjourn

Early Career Physicians’ Activities

The Early Career Physicians (defined as 16 years or less out of medical school) will be getting together for a social on Friday evening following the awards reception (place TBD). Please indicate on the registration form if you would like to attend this event.

Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

CME Accreditation and MOC Points

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 12 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 medical knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.
Hotel Accommodations

We have reserved a block of rooms at the following rates until **February 9, 2020**. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by using the booking website at [https://book.passkey.com/e/49971248](https://book.passkey.com/e/49971248).

If you need to call The Hotel Roanoke, the number is 540-985-5900. Be sure to clarify that you are calling regarding the VA Chapter American College of Physicians meeting.

**Single/Double: $149**

The Hotel Roanoke and Conference Center
110 Shenandoah Ave
Roanoke, VA 24016

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a Chapter meeting, they may write and request a refund of their registration fee.

Registration Information

**Late Registration & Onsite Fees**

All registrations must be received by **March 9, 2020**, or a late registration fee of **$25** will be added. This includes onsite registrations. Save money by registering now!

Contact Us

**INTERNET**
(Credit Card only)
Visit us on the Web
www.acponline.org/chapters

**MAIL**
Make check or money order payable to ACP.
AC002
American College of Physicians
190 N Independence Mall West
Philadelphia, PA 19106-1572

**FAX**
(Credit Card only)
215-351-2799

**PHONE**
Call 800-ACP-1915 or 215-351-2600
(M–F, 9 a.m.–5 p.m. ET)
Virginia Chapter Registration Form

Roanoke, VA • March 13–14, 2020

ACP # (found on mailing label)

Name □ MD □ DO □ OTHER

Address

City   State ZIP

Daytime Phone   Fax   E-mail

□ Please check here to indicate a permanent change to your preferred address for all College mailings. □ Please exclude me from receiving mailings from the meeting exhibitors.

□ Check here if you are disabled and require assistance. Please notify the VA Chapter in writing before your course. We’ll be glad to help.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

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<thead>
<tr>
<th>Categories</th>
<th>Register by March 9</th>
<th>After March 9</th>
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<tbody>
<tr>
<td>□ ACP Member</td>
<td>$325</td>
<td>$350</td>
</tr>
<tr>
<td>□ ACP Resident/Fellow Member*</td>
<td>$25 (refunded at meeting)</td>
<td>$25 (refunded at meeting)</td>
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<tr>
<td>□ ACP VA Medical Student Member*</td>
<td>$25 (refunded at meeting)</td>
<td>$25 (refunded at meeting)</td>
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<tr>
<td>□ Nonmember Physician</td>
<td>$380</td>
<td>$405</td>
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<tr>
<td>□ Nonmember Resident/Fellow**</td>
<td>$75</td>
<td>$100</td>
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<tr>
<td>□ Nonmember or out-of-state Medical Student**</td>
<td>$75</td>
<td>$100</td>
</tr>
<tr>
<td>□ Nonmember Allied Health Professional</td>
<td>$380</td>
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*Resident/fellow members and Virginia medical students: This meeting registration is free. The registration fee will be returned to you on registration check-in at the meeting. If you are a no-show, this money will be forfeited.

**Nonmember resident/fellows and nonmember or out-of-state medical students cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600 or in order to get the correct registration rate.

Nonmember students: This meeting registration is free (after refund) for ACP Virginia Chapter Medical Student Members. [Join Now!](#)

Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

To help us go “green” we are making our presentations available online only on the Chapter Web site.
Please indicate your attendance at the following:

☐ BR-01—Breakfast—March 13, 7:00 a.m.–8:00 a.m.
☐ LN-01—Boxed Lunch—March 13, 12:15 p.m.–1:15 p.m.
☐ AR-01—Awards Reception—March 13, 5:30 p.m.–7:00 p.m.
☐ ECP-01—Early Career Physician Social Event—March 13, 7:00 p.m.–9:00 p.m.
☐ BR-02—Breakfast—March 14, 7:00 a.m.–8:00 a.m.
☐ ECPBR-01—ECP Fellowship Breakfast—March 14, 7:00 a.m.–7:30 a.m.
☐ MSP-01—Student Breakfast and Lunch—March 14, 7:30 a.m

Please select one of the below if you have a food restriction:

☐ Vegetarian  ☐ Vegan  ☐ Gluten free

If you require special assistance, please tell us how we can help.

________________________________________________________________________
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Grand Total $ ______________

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**Payment Options**

☐ Check enclosed.
   (Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐ VISA ☐ MasterCard ☐ (3- or 4-digit number found on front or back of card)

Card # ___________________ _______________________ ____
Exp. Date ______/ ______ Security Code __________ _____

Signature: _________________________________________ ___