October 12, 2019
The Westin Carlsbad Resort and Spa
Carlsbad, CA

Register Online Today!

Fostering Excellence in Internal Medicine
This live activity has been designated for up to 7.75 CME credits and 4.25 MOC points.
Meeting Highlights

- Keynote Presentation by Sanjiv Chopra, MD, MACP
- Two SEP Modules
- Doctor’s Dilemma®
- Updates in Hospital Medicine and General Internal Medicine
- Wearable Technology
- Review of Bedside Ultrasound
- Shoulder Management for the Internist

Dear Colleague,

Join us and your colleagues in internal medicine at the next scientific meeting of the Southern California Chapters of the American College of Physicians, being held Saturday, October 12, 2019, at the Westin Carlsbad Resort and Spa.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, Chapter leaders, and great speakers. Connect with the Chapters’ rich source of knowledge content and networking by attending our premier regional meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your Chapter. You’ll engage with people who share your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

Because October is one of the best months to enjoy the Southern California coast and Monday the 14th is a holiday, you may want to consider making this an extended weekend with your family. The Westin Carlsbad is right next to Legoland® (with a private entrance for Westin guests), across the street from the beautiful Crossings golf course, a few blocks from Carlsbad Village, and, of course, minutes from the beach. You’ll also enjoy quick access to San Diego and the world-famous Zoo and Safari Park as well as Old Town, SeaWorld®, the USS Midway, amazing restaurants, and other area attractions. For any questions regarding local attractions, please contact Ms. Kaczur at socalregion3@gmail.com.

To ensure your place at this invaluable meeting, register now by visiting us online at cachapter.acponline.org.

We look forward to seeing you in Carlsbad.

Sincerely,

Mark S. Noah, MD, FACP
ACP Governor, California Region I Chapter

Alpesh N. Amin, MD, MBA, MACP
ACP Governor, California Region II Chapter

Charles J. Hamori, MD, FACP, SFHM
ACP Governor, California Region III Chapter
Schedule at a Glance

Fostering Excellence in Internal Medicine

Saturday, October 12, 2019

7:00 a.m.
Registration and Breakfast
(Foyer, Sunset Ballroom)

8:00
Governors’ Welcome
Mark S. Noah, MD, FACP
Alpesh N. Amin, MD, MBA, MACP
Charles J. Hamori, MD, FACP, SFHM

8:15
Update in General Internal Medicine
(Sunset Ballroom A and B)
Joel C. Diamant, MD, FACP

9:00
Update in Hospital Medicine
Mahesh G. Kumar, MD, FACP
Vineet Gupta, MD, FACP, SFHM
Sharon B. Kim, MD, FACP

9:45
Break–Visit Exhibits

10:15
Microbiomes
Mark Pimentel, MD

11:00
Keynote: Dharma Happiness and Living With Purpose
Sanjiv Chopra, MD, MACP

Noon
Lunch/Awards
(Ocean Blue Lawn)

Washington Update
Shari M. Erickson, MPH

2:00 p.m.
100 Years of Medical Technology in Your Pocket and On Your Wrist
(Sunset Ballroom A)
William D. Keen, MD, FACC

3:30
Shoulder Management for the Primary Care Internist
(Del Mar Room)
Anshuman Singh, MD

Maintenance of Certification SEP Sessions*

1:45–3:30
2019–2020 Update in Hospital Medicine
(Leucadia Room)
Nathan R. Cox, MD, FACP

3:45–5:30
2019–2020 Update in Internal Medicine
(Solana Room)
Anish Desai, MD, FACP, FHM
Robert Goodman, MD, FACP, SFHM

*These modules are eligible for up to 3.5 MOC points through the American Board of Internal Medicine and require separate registration.

5:00
Poster Awards

6:15–8:00
Reception
Doctor’s Dilemma®
Meeting Information

Faculty

Sanjiv Chopra, MD, MACP, Professor of Medicine, Harvard Medical School; James Tullis Firm Chief, Department of Medicine, Beth Israel Deaconess Medical Center, Boston, MA

Nathan R. Cox, MD, FACP, Assistant Clinical Professor, University of California, Los Angeles School of Medicine, Hospitalist Program, Los Angeles

Anish Desai, MD, FACP, FHM, Cedars-Sinai Medical Center; Health Sciences Clinical Professor, David Geffen School of Medicine at University of California, Los Angeles

Joel C. Diamant, MD, FACP, Director, Scripps Clinic Medical Group, San Diego

Shari M. Erickson, MPH, Vice President, Governmental Affairs and Medical Practice, American College of Physicians, Washington, DC

Robert Goodman, MD, FACP, SFHM, Cedars-Sinai Medical Center; Health Sciences Clinical Professor, David Geffen School of Medicine at University of California, Los Angeles

Vineet Gupta, MD, FACP, SFHM, Associate Clinical Professor, Medicine/Division of Hospital Medicine, University of California, San Diego (UCSD); Director, Portfolio Development, Division of Hospital Medicine, UCSD, San Diego

William D. Keen, MD, FACC, Cardiology, Assistant Area Medical Director, Kaiser Permanente; Clinical Professor of Medicine, Voluntary, Division of Cardiology, UCSD School of Medicine, San Diego

Sharon B. Kim, MD, FACP, Hospitalist, Southern California Permanente Medical Group, Kaiser Permanente, San Diego

Mahesh G. Kumar, MD, FACP, Hospitalist, Southern California Permanente Medical Group, Kaiser Permanente, San Diego

Mark Pimentel, MD, Executive Director, Medically Associated Science and Technology (MAST) Program, Professor of Medicine, David Geffen School of Medicine at University of California, Cedars-Sinai Medical Center, Los Angeles

Anshuman Singh, MD, Department of Orthopedics, Kaiser Permanente, San Diego, Kaiser Permanente Sports Medicine and Arthroscopy Fellowship; Assistant Clinical Professor of Orthopedics, UCSD School of Medicine, San Diego

Program Committee

Alpesh N. Amin, MD, MBA, MACP
Gustavo Chavez
Vineet Gupta, MD, FACP, SFHM
Charles J. Hamori, MD, FACP, SFHM
Natalie Kaczur
Michael E. Lazarus, MBBCh, FACP, SFHM
Mark S. Noah, MD, FACP
Miguel A. Pena-Ruiz, MD
Mercedes Weston
Meeting Information

Resident/Fellow Member, Medical Student, and Early Career Physician Activities

Posters prepared by Resident/Fellow Members, Early Career Physicians, and Medical Students will be presented at the meeting. First place winners in each category for each region will receive a cash prize and be eligible for entrance into the national competition held during Internal Medicine 2020. Contact Vineet Gupta, MD, FACP, SFHM, at V1gupta@ucsd.edu for information about entering the poster competition. The deadline for abstract submissions is September 3, 2019.

Please note: Nonmember residents and medical students must become members in order to participate in the poster competition. Therefore, please contact ACP Member and Product Services at 800-ACP-1915, to become a member prior to registering for the meeting and poster competition.

Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

CME Accreditation

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates each live activity for the number of AMA PRA Category 1 Credit(s)TM listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Southern California Chapters Scientific Meeting for a maximum of 4.25 AMA PRA Category 1 Credit(s)TM.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 4.25 medical knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

The concurrent SEP modules for a maximum of 3.5 AMA PRA Category 1 Credit(s)TM.

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Apply updated knowledge of hospital medicine, microbiomes, and shoulder management to clinical practice.
- Improve clinical practice by incorporating major new developments in wearable technology.
- Understand political advocacy and reform.

Resident/Medical Student/Early Career Physician Poster Competition

8:00–11:00 a.m.  
Hang Posters (Grand Pacific Ballroom)

11:00 a.m.–1:00 p.m.  
Lunch (Ocean Blue Lawn)

1:30–4:30 p.m.  
Poster Judging (Grand Pacific Ballroom)

4:30–5:00 p.m.  
Winners Selected

5:00–5:30 p.m.  
Winners Announced (Sunset Ballroom A and B)
Hotel Accommodations
We have reserved a block of rooms at the following rates until September 11, 2019. When making your reservation, be sure to mention that you will be attending the ACP Southern California Chapters Regional Meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 760-827-2800.

Single/Double: $189
The Westin Carlsbad Resort and Spa
5480 Grand Pacific Drive
Carlsbad, CA

Directions/Parking
The Westin Carlsbad is located minutes from the I-5 freeway. Use Mapquest or any other navigation app to obtain directions from your location to the hotel. Valet parking is available at $18 per day, and self-parking is free.

Visit us online for details on hotel reservations, directions, parking, and areas of interest.

Chapter Awards
It is with distinct pleasure that the Southern California Chapters will be presenting various awards to Chapter members who have rendered distinguished service to their Chapter and community, and have upheld the high ideals and professional standards for which the College is known. These awards will be announced and presented during Saturday’s lunch.

Satisfaction Guarantee
The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Going Green
To help us go “green” we are making our presentations available online only on the Chapter Web site.

Contact Us

BY INTERNET
(Credit Card only)
Visit us on the Web
www.acponline.org/chapters

BY MAIL
Make check or money order payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

BY FAX
(Credit Cards only)
215-351-2799

BY PHONE
Call 800-ACP-1915, or
215-351-2600
(M–F, 9 a.m.–5 p.m. ET)

Follow us on Twitter @ACP_SoCal Like us on Facebook
**Southern California Chapters Registration Form**

**Carlsbad, CA ● October 12, 2019**

ACP # (found on mailing label)

Name  □ MD  □ DO  □ OTHER

Address

City   State   ZIP

Daytime Phone   Fax   E-mail

☐ Please check here to indicate a permanent change to your preferred address for all College mailings.

☐ Please exclude me from receiving mailings from the meeting exhibitors.

**Registration Fees**

Check one category that best applies. Registration fee includes continental breakfast, lunch, reception for meeting attendees, all scientific sessions and materials, and CME documentation.

<table>
<thead>
<tr>
<th>Categories</th>
<th>Registration Fee</th>
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<tbody>
<tr>
<td>□ ACP Member</td>
<td>$175</td>
</tr>
<tr>
<td>□ ACP Resident/Fellow Member</td>
<td>$60</td>
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<tr>
<td>□ ACP Medical Student Member</td>
<td>$30</td>
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<tr>
<td>□ Nonmember Physician</td>
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<tr>
<td>□ Nonmember Resident*</td>
<td>$225</td>
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<tr>
<td>□ Nonmember Medical Student**</td>
<td>$125</td>
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<tr>
<td>□ Nonmember Allied Health Professional</td>
<td>$175</td>
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<tr>
<td>□ Other (guest/spouse)</td>
<td>$50</td>
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*Nonmember residents cannot register online and must register by contacting Customer Service at 800-ACP-1915, ext. 2600, in order to get the correct registration rate. Note that nonmember residents and medical students must become members in order to participate in the poster competition.

**Nonmember Medical Students: The meeting registration fee is substantially reduced for ACP Medical Student Members. Joining is free and easy. [Join Now](#)!

Guest registration allows your guest to attend the conference as well as lunch and the reception.

**Please note:** Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

**SEP Module Registration**

(Requires separate registration. Attendance at the scientific meeting is not required.)

<table>
<thead>
<tr>
<th>Categories</th>
<th>SEP Module #1: 2019 Hospital Medicine Update (RM2032A)</th>
<th>SEP Module #2: 2019 Internal Medicine Update (RM2032B)</th>
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<tbody>
<tr>
<td>□ ACP Member</td>
<td>$50</td>
<td>$50</td>
</tr>
<tr>
<td>□ ACP Nonmember</td>
<td>$50</td>
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</tbody>
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Please indicate your attendance at the following*:

- BR01—Breakfast—7:00–8:00 a.m.
- LUN—Awards Lunch—Noon–2:00 p.m.
- REC—Reception—6:15–9:00 p.m.
- RM2032A—SEP Module, Update in Hospital Medicine—1:45–3:30 p.m.
- RM2032B—SEP Module, Update in Internal Medicine—3:45–5:30 p.m.

Please select one if you have a food restriction:

- Vegetarian  □ Vegan  □ Gluten free

Will Guest be attending:  □ Lunch  □ Reception

If so, please indicate food restriction:
- Vegetarian  □ Vegan  □ Gluten free

Guest name: ________________________________________
__________________________________________________

*Meals are not guaranteed to those who do not indicate their attendance here

Grand Total $ ________________

Payment Options

□ Check enclosed.
(Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.)

□ Charge to: □ VISA □ MasterCard □ American Express □ DISCOVER

Card # ____________________________

Exp. Date ______/______ Security Code __________
(MM/YY 3- or 4-digit number found on front or back of card)

Signature: ____________________________