March 13, 2020

Princeton Marriott Forrestal
Princeton, NJ

Pre-Conference – March 12, 2020
Register Online Today!

Fostering Excellence in Internal Medicine

This live activity has been designated for 6.0 CME credits.
Meeting Highlights

- SEP Modules
- Plenary sessions on Point of Care Ultrasound, Medical Marijuana Panel Discussion, Technology in Medicine, and, Artificial Intelligence
- Workshops on Caring for Patients with Spinal Cord Injury, Obstructive Sleep Apnea, and Diabetes Outpatient Management
- Oral Abstract Presentations
- Poster Presentations & Community Service Projects
- ACPNJ Resident and Student Challenge Bowls
- Town Hall
- Awards and ECP Reception
- Pre-Conference - Rheumatology: Joint Exam & Physical Diagnosis

Dear Colleagues,

We are so excited to be returning to the Princeton Marriott Forrestal for our 2020 Scientific Meeting and we cannot wait for you to join us on March 13, 2020 in Princeton.

Our Scientific Meeting, and our Pre-Conference Clinical Skills Workshop on March 12, are the perfect ways to leave behind the daily stressors of practice and experience the Joy, Inspiration and Technology in Medicine. After the workshop, you will have the opportunity to recharge and reconnect with your peers and engage with Chapter Leadership regarding all the opportunities and resources the College has to offer.

The meeting will provide top notch education with great speakers. You will have the opportunity to support our residents and students through the abstract poster competition and the Challenge Bowls, celebrate with our awardees, network with other physicians, and have the opportunity to share your ideas and questions with the NJACP Governors.

ACPNJ’s premier meeting for general internists, subspecialty internists, hospitalists, allied health professionals, residents and medical students provides two days of learning and fun. There is so much to learn and do, so mark your calendar now so you don’t miss out!

In addition to earning CME and MOC credits, this conference is about making personal contacts and getting involved in your chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you achieve not only your needs as a physician, but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register at: https://store.acponline.org/ebiz/events-calendar/meeting-details/productid/279897528

We look forward to seeing you in Princeton.

Sincerely,

Saba Hasan, MD, FACP - Southern Region Governor
Jonathan Shammash, MD, FACP - Northern Region Governor
Mirela Feurdean, MD, FACP - Scientific Meeting Chair
Tamie Proscia-Lieto, MD, FACP - Scientific Meeting Vice Chair
## Schedule at a Glance

### Thursday, March 12, 2020

**Pre-Conference**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:00pm – 3:00pm</td>
<td>Registration</td>
</tr>
</tbody>
</table>
| 3:00pm – 4:00pm | **Skills Workshop**  
Rheumatology: Joint Exam & Physical Diagnosis  
Nayan Kothari, MD, MACP  
Sangeetha Pabolu, MD |
| 4:00pm – 5:00pm | Point of Care Ultrasound  
Robert Monaco, MD |
| 5:00pm – 6:00pm | **Arthrocentesis (Joint Injections)**  
Sangeetha Pabolu, MD |
| 6:00pm – 6:45pm | Free Time                                                            |
| 6:45pm – 8:45pm | **Council Meeting**                                                  |

**Joy, Inspiration and Technology in Medicine**

**Friday, March 13, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00am – 7:45am</td>
<td>Registration &amp; Continental Breakfast</td>
</tr>
</tbody>
</table>
| 7:45am – 7:50am | Welcome  
Welcome from the Chairs |
| 7:50am – 8:00am | **Wellness Activity**  
Mirela Feurdean, MD, FACP  
Tamie Proscia-Lieto, MD, MBA, FACP |
| 8:00am – 8:50am | **Point of Care Ultrasound in Medicine**  
Keith Guevarra, DO  
Yonatan Greenstein, MD |
| 8:50am – 9:40am | **Medical Marijuana: What Internal Medicine Physicians Need to Know**  
Shereef Elnahal, MD, MBA  
Alex Bekker, MD, PhD, MS  
David Nathan, MD |
| 9:40am – 9:45am | Break |
| 9:45am – 10:30am | **Primary Care in Persons with Spinal Cord Injury or Disease**  
TBD |
| 10:30am - 10:40am | Break  
Visit the Exhibits and Posters |
| 10:40am – 11:40am | **Keynote: Tools of the Trade: Old and New Technologies in Medicine**  
Danielle Ofri, MD, PhD |
| 11:40am – 11:50am | **Awards Ceremony**  
Saba Hasan, MD, FACP  
Jonathan Shammash, MD, FACP  
Steven Peskin, MD, MBA, FACP |
11:50am – 12:10pm
Travel to Lunch/Lunch

12:10pm – 1:00pm
Town Hall Meeting
Saba Hasan, MD, FACP
Jonathan Shammash, MD, FACP

1:00pm – 1:30pm
Dedicated Abstract Poster Review &
Community Service Projects Showcase
Tamie Proscia-Lieto, MD, MBA, FACP

1:00pm – 4:00pm
SEP Module – Internal Medicine
Nayan Kothari, MD, MACP
Sunil Sapru, MD, FACP
Sara Wallach, MD, MACP

1:30pm – 2:15pm
Primary Care in Persons with Spinal Cord Injury or
Disease
TBD

Obstructive Sleep Apnea
Yonatan Greenstein, MD

Diabetes - Outpatient Management
Lisette Cespedes, MD

2:15pm – 2:25pm
Break

2:25pm – 3:10pm
Residents’ Oral Presentations
Tamie Proscia-Lieto, MD

3:10pm – 4:00pm
Artificial Intelligence, Machine Learning and the Future
of Medicine
Kent Bottles, MD

4:00pm – 4:10pm
Break
Visit the exhibits

4:05pm – 5:05pm
Resident Challenge Bowl
Daniel Goldsmith, MD, FACP
Daniel Matassa, MD
Ritesh Patel, MD

Medical Student Challenge Bowl
Alla Fayngersh, MD

5:05pm – 5:15pm
Awards
Resident and Student Abstract and Oral Competition,
Challenge Bowl Competition

5:30pm – 6:30pm
Early Career Physician Networking Event
Early Career Physician Council

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**Learning Objectives**

At the conclusion of this activity, the participant will be able to:

- Explain the benefits of point of care ultrasound
- Discuss the pros and cons of medical cannabis
- Discuss how to provide primary care to patients with spinal cord injury/disease
- Discuss updates in the diagnosis and management of obstructive sleep apnea
- Develop individualized management plans for patients with type 2 diabetes
- Discuss the effect of artificial intelligence and technology on the practice of medicine
Faculty

Alex Bekker, MD, PhD, MS - Professor, Department of Physiology and Pharmacology, Rutgers New Jersey Medical School, Newark

Kent Bottles, MD – Lecturer, Jefferson College of Population Health, Philadelphia, PA

Lissette Cespedes, MD - Assistant Professor of Medicine, Division of Endocrinology, Rutgers New Jersey Medical School, Newark

Shereef Elnahal, MD, MBA - President and CEO, University Hospital, Newark

Alla Fayngersh, MD - Department of Medicine, Rutgers New Jersey Medical School, Newark

Daniel Goldsmith, MD, FACP - Associate Director, Internal Medicine Residency Program, Capital Health, Trenton

Yonatan Greenstein, MD - Department of Medicine Division of Pulmonary and Critical Care Medicine and Allergy and Rheumatology, Rutgers New Jersey Medical School, Newark

Keith Guevarra, DO - Assistant Professor of Medicine, Rutgers New Jersey Medical School, Newark

Saba A. Hasan, MD, FACP – Program Director, Internal Medicine Residency Program, Capital Health, Trenton

Nayan Kothari, MD, MACP, Chair, Internal Medicine, St Peter’s Healthcare System, New Brunswick

Daniel Matassa, MD, Associate Program Director, Internal Medicine Residency, Rutgers New Jersey Medical School, Newark

Robert Monaco, MD – Physician, Atlantic Medical Group, Morristown Medical Center, Morristown

David Nathan, MD, DFAPA – Psychiatrist, Princeton Psychiatry & Consulting, LLC, Princeton

Danielle Ofri, MD, PhD - Clinical Professor, Department of Medicine, Bellevue Hospital, New York, NY

Sangeetha Pabolu, MD – Rheumatologist, Saint Peter’s University Hospital, New Brunswick

Ritesh Patel, MD, Associate Program Director, Internal Medicine Residency, Cooper University Hospital, Camden

Tamie Proscia-Lieto, MD, MBA, FACP - Clinical Associate Professor, Early Clinical Experience (Primary Care Skills and OSCE) Course Director, Touro College of Osteopathic Medicine, Middletown, NY

Sunil Sapru, MD, FACP, Program Director, Barnabas Health Medical Group, West Orange

Jonathan Shammash, MD, FACP – Director of Medical Education, Englewood Hospital, Englewood,

Sara L. Wallach, MD, MACP, Internal Medicine Residency Program Director, Chair, Department of Medicine, St. Francis Medical Center, Trenton

Program Committee

Mirela C. Feurdean, MD, FACP, Chair
Tamie Proscia-Lieto, MD, MBA, FACP, Vice Chair
Saba A. Hasan, MD, FACP, Southern Region Governor
Jonathan B. Shammash, MD, FACP, Northern Region Governor
Daniel Goldsmith, MD, FACP
  Dan Matassa, MD
  Ritesh Patel, MD
Sara Wallach, MD, MAFP
Theresa J. Barrett, PhD, CMP, CAE (Staff Liaison)
CME Accreditation – Scientific Meeting

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the New Jersey Academy of Family Physicians and the American College of Physicians New Jersey Chapter. The New Jersey Academy of Family Physicians is accredited by the ACCME to provide continuing education for physicians.

The New Jersey Academy of Family Physicians designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participants to earn up 6.0 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program.

Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participants’ completion information to ACCME for the purpose of granting ABIM MOC credit.

CME Accreditation – Pre-Conference

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The New Jersey Academy of Family Physicians designates this live activity for a maximum of 3.0 AMA PRA Category Credit(s)™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Maintenance of Certification

ABIM SEP Modules Session for Maintenance of Certification – March 12 & 13, 2020

SEP Learning Objectives

• Participate in group discussion to determine answers to multiple-choice questions.
• Apply updated knowledge of internal medicine to clinical practice
• Discuss recent advances in internal medicine
• Complete an ABIM SEP Module toward partial fulfillment of the ABIM’s Maintenance of Certification

Who Should Attend the SEP Modules

• Internists participating in the ABIM Maintenance of Certification Program
• General internists, Family Physicians, Subspecialty Physicians

SEP Note

The New Jersey Chapter will provide you with a learner’s copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM’s Maintenance of Certification program, you also must order the module* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM’s Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit www.abim.org/online.

Each module is eligible for 6 MOC points (3 per module) through ABIM.

March 12, 2020

3:00pm – 6:00pm
2019 Update in Hospital Medicine

SEP Faculty - Nayan Kothari, MD, MACP
Sunil Sapru, MD, FACP, Sara Wallach, MD, MACP

SEP CME Accreditation

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March 13, 2020

1:00pm – 4:00pm
2019 Update in Internal Medicine

SEP Faculty - Nayan Kothari, MD, MACP
Sunil Sapru, MD, FACP, Sara Wallach, MD, MACP

SEP CME Accreditation

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Questions
For registration information, contact ACP Customer Service (M–F, 9 am–5 pm ET) toll-free at 800-523-1546, ext. 2600 or direct at 215-351-2600. You may also e-mail custserv@acponline.org or fax 215-351-2799.

If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Kris Samara at (609) 454-8517, or through e-mail kris@acpnj.org.

Hotel Accommodations
We have reserved a small block of rooms at the Princeton Marriott Forrestal for the evening of March 12, 2020. When making your reservation, be sure to mention that you will be attending the ACPNJ 2020 Scientific Meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling Marriott reservations at (800) 228-9290 or the hotel directly at (609) 452-7800.

Thursday, March 12, 2020
Single/Double: $129.00 ++

Princeton Marriott Forrestal
100 College Road East
Princeton, NJ 08540

Directions/Parking
Go to http://www.marriott.com/hotels/maps/travel/ttndf-princeton-marriott-at-forrestal/ and scroll down to Driving Directions. The Princeton Marriott Forrestal is located at 100 College Road East, Princeton, NJ 08540.

Satisfaction Guarantee
The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Registration Information
Late Registration & On-site Fees
All registrations must be received by February 12th or a late registration fee will be added. This includes on-site registrations. Save money by registering now!

Cancellations/Refunds
Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. A processing fee of $25 will be deducted from the member’s refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund. No refunds will be granted after March 1, 2020.

Contact Us

BY INTERNET
(Credit Card only)
Visit us on the Web www.acponline.org/chapters

BY MAIL
Make check or money order payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

BY FAX
(Credit Cards only)
215-351-2799

BY PHONE
Call 800-523-1546, ext. 2600, or 215-351-2600
(M–F, 9 am–5 pm ET)
Pre-Conference Registration Form

Princeton, NJ ● March 12, 2019

ACP #

Last Name  
First Name  
□ MD □ DO □ OTHER

Address

City  
State  
Zip

Preferred Phone  
Fax  
Email

□ Please check here to indicate a permanent change to your preferred address for all College mailings.
□ Please exclude me from receiving mailings from the meeting exhibitors.
□ Check here if you are disabled and require assistance. Please notify the Chapter in writing before your course. We'll be glad to help.
□ Pictures will be taken during the conference. By registering for the conference, you acknowledge that there is a possibility your picture, audio or video image may be taken and that the event organizers can use the photo, audio or video for marketing purposes and that you will not be entitled to any compensation for the photo or video.

<table>
<thead>
<tr>
<th>Categories</th>
<th>Early Bird</th>
<th>Regular</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ ACP Member</td>
<td>$150 (Ends Wednesday, Feb 12, 2020)</td>
<td>$185 (After Wednesday, Feb 12, 2020)</td>
</tr>
<tr>
<td>□ ACP Resident Member</td>
<td>$150</td>
<td>$185</td>
</tr>
<tr>
<td>□ ACP Medical Student Member</td>
<td>$25</td>
<td>$25</td>
</tr>
<tr>
<td>□ Nonmember Physician</td>
<td>$200</td>
<td>$235</td>
</tr>
<tr>
<td>□ Nonmember Resident*</td>
<td>$200</td>
<td>$235</td>
</tr>
<tr>
<td>□ Nonmember Medical Student*</td>
<td>$25</td>
<td>$25</td>
</tr>
<tr>
<td>□ Nonmember Allied Health Professional</td>
<td>$200</td>
<td>$235</td>
</tr>
<tr>
<td>□ 2019 Update in Hospital Medicine (ACP Member)</td>
<td>$150</td>
<td>$185</td>
</tr>
<tr>
<td>□ 2019 Update in Hospital Medicine (Non-Member)</td>
<td>$200</td>
<td>$250</td>
</tr>
</tbody>
</table>

*Nonmember Residents and Medical Students cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600 in order to get the correct registration rate

# Attendees who register for the Hospital SEP Model are eligible for a $50 credit if they register for the Scientific Meeting as well.

NOTE: Residents and Medical Students are not eligible to register for the SEP Module.
Princeton, NJ ● March 13, 2019

ACN #

Last Name    First Name □ MD □ DO □ OTHER

Address

City    State    Zip

Preferred Phone    Fax    Email

☐ Please check here to indicate a permanent change to your preferred address for all College mailings.

☐ Please exclude me from receiving mailings from the meeting exhibitors.

☐ Check here if you are disabled and require assistance. Please notify the Chapter in writing before your course. We’ll be glad to help.

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<tbody>
<tr>
<td>□ ACP Member</td>
<td>$200</td>
<td>$235</td>
</tr>
<tr>
<td>□ ACP Resident/Fellow Member</td>
<td>$130</td>
<td>$165</td>
</tr>
<tr>
<td>□ ACP Medical Student Member</td>
<td>$25</td>
<td>$25</td>
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<tr>
<td>□ Nonmember Physician</td>
<td>$300</td>
<td>$335</td>
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<tr>
<td>□ Nonmember Resident*</td>
<td>$155</td>
<td>$190</td>
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<tr>
<td>□ Nonmember Medical Student*</td>
<td>$25</td>
<td>$25</td>
</tr>
<tr>
<td>□ Nonmember Allied Health Professional</td>
<td>$300</td>
<td>$335</td>
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<tr>
<td>□ Other (guest/spouse)—if applicable</td>
<td>$50</td>
<td>$75</td>
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<td>□ 2019 Update in Internal Medicine (ACP Member) ++</td>
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<tr>
<td>□ 2019 Update in Internal Medicine (Non-Member)^^^</td>
<td>$200</td>
<td>$250</td>
</tr>
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</table>

*Nonmember Residents and Medical Students cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600 in order to get the correct registration rate.

++ ACPNJ members must register at the member rate in order to attend a SEP module.

^ Nonmembers must register at the nonmember rate in order to attend a SEP module.

Note: Residents and students are not eligible to register for the SEP Module.
Conference Registration Form

Pre-Conference (March 12th)

☐ SEP HM: SEP Hospital Medicine – 3:00pm
☐ Skill Workshop – Rheumatology: Joint Exam and Physical Diagnosis – 3:00pm
☐ Point of Care Ultrasound – 4:00pm
☐ Arthrocentesis (Joint Injections) – 5:00pm

Conference (March 13th)

☐ BKFT: Breakfast – 7:00am
☐ GS 1: Point of Care Ultrasound in Medicine – 8:00am
☐ BO 1 AM: Spinal Cord Injury/Disease – 9:45am
☐ BO 2 AM: Obstructive Sleep Apnea – 9:45am
☐ BO 3 AM: Diabetes Update – 9:45 am
☐ GS 2 AM: Keynote – 10:40am
☐ LUN: Lunch/Town Hall – 12:10pm
☐ SEP IM: SEP Internal Medicine – 1:00pm
☐ BO 1 PM: Spinal Cord Injury/Disease – 1:30pm
☐ BO 2 PM: Obstructed Sleep Apnea – 1:30pm
☐ BO 3 PM: Diabetes Update – 1:30pm
☐ GS 3 PM: Artificial Intelligence – 3:10pm
☐ Awards – 5:05pm
☐ Early Career Physician Networking Event (must register to attend) – 5:30pm

Payment Options

☐ Check enclosed. (Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.)

Charge to: ☐ VISA ☐ MASTERCARD ☐ DISCOVER ☐ AMEX ☐ Diners

Card # ___________________________ Exp. Date ______ / ______ Security Code ______________

Signature: ____________________________________________

Grand Total $ ______

Mail to:
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572