

2019

# Indiana Chapter Scientific Meeting



**November 21–23, 2019**

Renaissance Indianapolis North Hotel  
Carmel, IN

[Register Online Today!](#)

*Fostering Excellence in Internal Medicine*

This live activity has been designated for 11.5 CME credits.



**ACP**<sup>®</sup>

American College of Physicians  
Leading Internal Medicine, Improving Lives

Indiana  
Chapter

# Meeting Highlights

- How to Better Advocate for Your Patients and Your Practice
- Updates in Medication-Assisted Treatment of Opioid Addiction, Tele-Health, and Well-Being in Your Practice
- 8 Most Influential Articles in Inpatient/ Outpatient Internal Medicine
- Update in Congestive Heart Failure
- Ultrasound Workshop and Two SEP Modules

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Indiana Chapter of the American College of Physicians, being held November 21–23, 2019, at the Renaissance Indianapolis North.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, Chapter leaders, and great speakers. Connect with the Indiana Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, family practitioners, fellows in subspecialty training, hospitalists, allied health practitioners, residents, and medical students interested in internal medicine.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your Chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at [INchapter.acponline.org](http://INchapter.acponline.org).

I look forward to seeing you in Carmel.

Sincerely,

Bradley Allen, MD, PhD, FACP, FIDSA



# Schedule at a Glance

## *Fostering Excellence in Internal Medicine*

Thursday, November 21, 2019

**2:00–5:30 p.m.**

Poster Setup

**5:00–6:00 p.m.**

Reception

**6:00–8:00 p.m.**

Poster Judging

Friday, November 22, 2019

**6:45–7:50 a.m.**

Registration/Continental Breakfast/Mentoring  
Breakfast (WIM, ECP, Hospitalists)

**8:00–8:15 a.m.**

**Welcome and Introductions**

Bradley Allen, MD, PhD, FACP, FIDSA

**8:15–9:15 a.m.**

**Medication-Assisted Treatment; Saving Lives  
and Reducing Harm in Our Communities**

Amy LaHood, MD, MPH, FAAFP

**9:15–10:15 a.m.**

**Want to Be in the Room Where It Happens? It  
Starts With Standing for Something**

Robert B. Doherty

**10:15–10:30 a.m.**

Break

**10:30–11:15 a.m.**

**Breakout 1: An Update on Digestive Disease  
for 2019**

Shan Cheng, MD

**Breakout 2: Telehealth**

Jordan Schmitt, MD

Bree Ashley Weaver, MD

**11:15–Noon**

**Breakout 1: Modern Management of Thrombosis:  
The Era of Direct Oral Anticoagulants (DOACs)**

Magdalena Lewandowska, MD, CACP

**Breakout 2: What's Hot in Vaccines**

Saira Butt, MD

Lana Dbeibo, MD

**Noon–12:45 p.m.**

Lunch, Presentation of Awards

**12:30–1:30 p.m.**

**Update in Management of Congestive Heart Failure**

Roopa A. Rao, MD

**1:30–2:30 p.m.**

**Breakout 1: Endocrinology Update**

J. Matthew Neal, MD, MBA, CPE, FACP, FACE, FAAPL

**Breakout 2: Insomnia: Medication and Treatment**

Kunwar Vohra, MD, FAASM

**2:30–3:30 p.m.**

**8 Most Influential Articles in IM**

Stephanie Martin, MD

James Hotz, MD, FACP

**3:30–3:45 p.m.**

Break

**3:45–4:45 p.m.**

**Prioritizing Well-Being in Your Practice**

Michelle Solik, MD, MS

**4:45–5:15 p.m.**

**Business Meeting and Town Hall**

**5:00–6:00 p.m.**

Story Slam

**6:00 p.m.**

Adjourn



# Schedule at a Glance

Saturday, November 23, 2019

**7:00–8:00 a.m.**

**Registration and Continental Breakfast**

**8:00–10:00 a.m.**

**Ultrasound Workshop**

Adam Smalley, MD

**SEP Module 1 (IM Update)**

Randall A. Lee, MD, FACP

**10:00–10:15 a.m.**

**Break**

**10:15–12:15 p.m.**

**SEP Module 2 (Hospital Update)**

Brandon Dickey, MD, FACP

**12:15–1:30 p.m.**

**Lunch and Student, Resident, and Early Career Physician Awards**

**1:30–2:00 p.m.**

**Student, Resident, and Early Career Physician Presentations**

**2:00–3:00 p.m.**

**Student, Resident, and Early Career Physician Activities**

**3:30–3:45 p.m.**

**Break**

**3:45–5:00 p.m.**

**Doctor's Dilemma® and Reception**



# Meeting Information

## Faculty

**Bradley Allen, MD, PhD, FACP, FIDSA**, ACP Governor, Indiana Chapter; Associate Professor of Clinical Medicine and Infectious Diseases, Indiana University School of Medicine; Richard L. Roudebush VA Medical Center, Indianapolis

**Saira Butt, MD**, Assistant Professor, Program Director, Indiana University Adult ID Fellowship, Indianapolis

**Shan Cheng, MD**, Partner and Vice President, Indianapolis Gastroenterology and Hepatology, Indianapolis

**Lana Dbeibo, MD**, Assistant Professor of Clinical Medicine, Infectious Diseases, Indiana University School of Medicine, Indianapolis

**Brandon Dickey, MD, FACP**, Associate Program Director, Indiana University Health Ball Memorial Internal Medicine Residency; President, ACP Indiana Services, Muncie

**Robert B. Doherty**, Senior Vice President, Governmental Affairs and Public Policy, American College of Physicians, Philadelphia, PA

**James Hotz, MD, FACP**, Ambulatory Care Rotation Director, Lead Mentor; Key Clinical Educator, Indiana University; Faculty, Internal Medicine, Richard L. Roudebush VA Medical Center, Indianapolis

**Amy LaHood, MD, MPH, FAAFP**, Family Medicine Faculty, St. Vincent Ascension, Indianapolis

**Randall A. Lee, MD, FACP**, Senior Vice President, South Region Physician Executive, Community Health Network, Indianapolis

**Magdalena Lewandowska, MD, CACP**, adult hematologist, Indiana Hemophilia and Thrombosis Center, Indianapolis

**Stephanie Martin, MD**, Hospitalist, Beacon Health System, Southbend

**J. Matthew Neal, MD, MBA, CPE, FACP, FACE, FAAPL**, Executive Medical Director, Academic Affairs, Chair, Department of Medicine, Indiana University Health Ball Memorial Hospital; Assistant Dean for Educational Affairs and Faculty Development, Professor of Clinical Medicine, Indiana University School of Medicine, Muncie

**Roopa A. Rao, MD**, Assistant Professor of Medicine, Department of Cardiology, Indiana University School of Medicine, Indianapolis

**Jordan Schmitt, MD**, Medical Oncology Section Chief, Assistant Clinical Professor, Richard L. Roudebush VA Medical Center, Indiana University School of Medicine, Indianapolis

**Adam Smalley, MD**, Medical Progressive Care Unit Director, Academic Hospitalist, St. Vincent Indianapolis, Indianapolis

**Michelle Solik, MD, MS**, Associate Program Director, Transitional Year Residency Program, Chair of Resident Recruitment, Internal Medicine Residency Program, St. Vincent Hospital and Health Care Center, Indianapolis

**Bradley M. Sutter, MD, FACP**, Service Line Leader, Indiana University Health Physicians Hospitalist Program; Associate Professor of Clinical Medicine, Indiana University School of Medicine; Governor-Elect, ACP Indiana; Co-Chair, ACP Indiana Chapter Meeting 2019, Indianapolis

**Kunwar Praveen Vohra, MD, FAASM**, Medical Director, St. Vincent Heart Center Sleep Center, Indianapolis

**Bree Ashley Weaver, MD**, Assistant Professor, Clinical Medicine and Clinical Pediatrics, Indiana University School of Medicine, Indianapolis

## Program Committee

**Amna Anees, MD**, Co-Chair

**Bradley M. Sutter, MD, FACP**, Co-Chair

**Bradley Allen, MD, PhD, FACP, FIDSA**

**James Hotz, MD, FACP**

**Randall A. Lee, MD, FACP**

**Kapil Mehta, MD, MBA, FACP**

**J. Matthew Neal, MD, MBA, CPE, FACP, FACE, FAAPL**

# Meeting Information

## Early Career Physician, Resident/ Fellow Member, and Medical Student Activities

Clinical vignettes and posters prepared by Early Career Physicians, Resident/Fellow Members, and Medical Student Members will be presented at the meeting.

Check out the activities geared towards our younger members on Saturday, including bedside ultrasound training, the Resident Awards luncheon, and sessions on residency, fellowship, and career planning. To cap off the afternoon, cheer for our residency program and student teams competing in the Doctor's Dilemma competition and closing reception.

Contact Colleen Keeku at [ColleenKeekuACP@gmail.com](mailto:ColleenKeekuACP@gmail.com) for information about the competition. Deadline for submissions is September 15, 2019.



## Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Improve clinical practice by incorporating major new developments in subspecialty medicine.
- Increase confidence in performing clinical skills.
- Understand recent advances in internal medicine.

## Who Should Attend?

- General Internists
- Subspecialty Internists
- Family Practitioners
- Fellows in Subspecialty Training
- Hospitalists
- Allied Health Practitioners
- Residents
- Medical Students Interested in Internal Medicine

## CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates this live activity for the number of *AMA PRA Category 1 Credit(s)*<sup>™</sup> listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Indiana Chapter Scientific Meeting for a maximum of **7.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>**

The SEP modules and ultrasound workshop post-courses, for a maximum of **4 *AMA PRA Category 1 Credit(s)*<sup>™</sup>**

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.5 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Ultrasound Workshop

Join your colleagues for a workshop including 3 ultrasound stations. Topics covered will be basics/physics, lung/blue protocol, and basic cardiac.

# Maintenance of Certification

## ABIM SEP Modules Session for Maintenance of Certification

November 23, 2019

**8:00–10:00 a.m.**

**Internal Medicine SEP Module (IM Update)**

**10:15 a.m.–12:15 p.m.**

**Hospital Medicine SEP Module**

### SEP Learning Objectives

- Participate in group discussion to determine answers to multiple-choice questions.
- Apply updated knowledge of internal medicine to clinical practice.
- Understand recent advances in internal medicine.
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM's Maintenance of Certification.

### Who Should Attend the SEP Course?

- Internists Participating in the ABIM Maintenance of Certification Program
- General Internists
- Family Practitioners
- Subspecialty Physicians

### SEP Note

The Indiana Chapter will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module\* directly from the ABIM by visiting [www.abim.org/online](http://www.abim.org/online). After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM's Maintenance of Certification program, visit [www.abim.org/moc](http://www.abim.org/moc) or call ABIM at 800-441-ABIM (2246).

\*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit [www.abim.org/online](http://www.abim.org/online).

# Additional Information

## Questions?

For registration information, contact Member and Product Support (M–F, 9 a.m.–5 p.m. ET) at 800-ACP-1915 (800-227-1915) or direct at 215-351-2600. You may also e-mail [help@acponline.org](mailto:help@acponline.org) or fax 215-351-2799.

If you have questions about the Chapter or meeting program or if you have a disability or any special dietary needs, please contact Colleen Keeku by telephone at 312-618-5839 or e-mail at [colleenkeekuacp@gmail.com](mailto:colleenkeekuacp@gmail.com).

## Hotel Accommodations

We have reserved a block of rooms at the following rates until October 30, 2019. When making your reservation, be sure to mention that you will be attending the ACP Indiana Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 317-816-0777 or registering online at [www.marriott.com/event-reservations/reservation-link.mi?id=1559579848160&key=GRP&app=resvlink](http://www.marriott.com/event-reservations/reservation-link.mi?id=1559579848160&key=GRP&app=resvlink).

Single/Double: \$139.00

Renaissance Indianapolis North Hotel  
11925 N. Meridian Street  
Carmel, IN 46032



Visit us online for details on hotel reservations, directions, parking, and areas of interest.

## Directions/Parking

[www.marriott.com/hotels/maps/travel/indbr-renaissance-indianapolis-north-hotel](http://www.marriott.com/hotels/maps/travel/indbr-renaissance-indianapolis-north-hotel)

## Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

## Cancellation Information

Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. A processing fee of \$25.00 will be deducted from the member's refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.

## Contact Us



### BY INTERNET

(Credit Card only)  
Visit us on the Web  
[www.acponline.org/chapters](http://www.acponline.org/chapters)



### BY MAIL

Make check or money order payable to ACP.  
AC002  
American College of Physicians  
190 N. Independence Mall West  
Philadelphia, PA 19106-1572



### BY FAX

(Credit Cards only)  
215-351-2799



### BY PHONE

Call 800-ACP-1915, or  
215-351-2600  
(M–F, 9 a.m.–5 p.m. ET)



# Indiana Chapter Registration Form

CMB

**Carmel, IN • November 21–23, 2019**

**RM2040**

ACP # (found on mailing label)

Name

MD  DO  OTHER

Address

City

State

ZIP

Daytime Phone

Fax

E-mail

- Please check here to indicate a permanent change to your preferred address for all College mailings.
- Please exclude me from receiving mailings from the meeting exhibitors.



- Check here if you are disabled and require assistance. Please notify the Indiana Chapter in writing before your course. We'll be glad to help.

## Registration Fees

Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Fee Category	Before November 7, 2019	After November 7, 2019
<input type="checkbox"/> ACP Member	\$80	\$105
<input type="checkbox"/> ACP Resident/Fellow Member	\$0	\$0
<input type="checkbox"/> ACP Medical Student Member	\$0	\$0
<input type="checkbox"/> ACP Affiliate Member	\$75	\$100
<input type="checkbox"/> Nonmember Physician	\$125	\$150
<input type="checkbox"/> Nonmember Resident*	\$20	\$25
<input type="checkbox"/> Nonmember Medical Student*	\$0	\$0
<input type="checkbox"/> Nonmember Allied Health Professional	\$95	\$110

\*Nonmember Residents and nonmember Medical Students cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600, in order to get the correct registration rate.

Fee Category	RM200A Internal Medicine SEP Module	RM2040B Hospital Medicine SEP Module	RM2040C Ultrasound Workshop
<input type="checkbox"/> ACP Master, Fellow, Member, Allied Health Professional	\$50	\$50	\$50
<input type="checkbox"/> Nonmember Physician or Nonmember Allied Health Professional	\$50	\$50	\$50

After November 8, 2019, a \$20 late fee will be added for these three events.

To help us go "green," we are making our presentations available online only on the Chapter Web site.

Please indicate your attendance at the following:

- RM2040A—Internal Medicine SEP Module (IM Update)—November 23, 2019—8:00–10:00 a.m. \$50
- RM2040B—Hospital Medicine SEP Module—November 23, 2019—10:15 a.m.–12:15 p.m. \$50
- RM2040C—Ultrasound Workshop—November 23, 2019—8:00–10:00 a.m. \$50

Will you serve as a judge for the abstract competition on Thursday, November 21?

- YES  NO

Will you attend lunch on Saturday?

- YES  NO

Food options (check which will be available):

- Vegetarian  Vegan  Gluten free  
 Other (specify) \_\_\_\_\_

If you need special assistance, please tell us how we can help.

---

---

---

---

---

---

---

---

---

---

Grand Total \$ \_\_\_\_\_

## Payment Options

- Check enclosed.  
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

- Charge to:        

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ / \_\_\_\_\_ Security Code \_\_\_\_\_  
MM/YY (3- or 4-digit number found on front or back of card)

Signature: \_\_\_\_\_