October 25, 2019
Connecticut Convention Center
Hartford, CT
Register Online Today!

Emergence of Innovation in Internal Medicine
This live activity has been designated for 5 CME credits.
Dear Colleagues,

I invite you to join me and our colleagues in Internal Medicine at the next scientific meeting of the Connecticut Chapter of the American College of Physicians, being held Friday, October 25th at the Connecticut Convention Center in Hartford, CT.

This meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Benefits of attending include high quality educational content, opportunities to obtain CME and Maintenance of Certification credits, time for networking opportunities, and content available for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition, this conference is about making personal contacts and getting involved in your chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at https://www.acponline.org.

I look forward to seeing you on October 25th.

Sincerely,

Rebecca A. Andrews, MD, FACP
Governor, Connecticut Chapter
Friday, October 25, 2019

With the exception of the Women in Medicine Breakfast, attendees are welcome to join any session. Color coding indicates the sessions geared to a specific audience.

ABIM Modules begin at 8:30am

8:30 – 10:00am
- ABIM SEP Module: Internal Medicine
  *Stephen Atlas, MD, FACP; Angela Kang, MD, MPH*
  Room 12-13
- ABIM SEP Module: Hospital Medicine
  *Barry Wu, MD, FACP; Pia Dogbey, MBChB, FACP*
  Room 14-15

Main Sessions Begin

6:30 – 8:15am
- Registration/Continental Breakfast/Exhibits
  Grand Ballroom Foyer

7:00 – 10:00am
- Poster Session/Judging for Resident Abstracts
  Ballroom A
  *Marilyn Katz, MD, FACP*

8:30 – 10:00am
- Women in Medicine Networking Breakfast
  Ballroom B
  *Naseema Merchant, MD, FACP*

10:00 – 10:10am
- Break and Exhibits
  Grand Ballroom Foyer

10:10 – 11:10am (Concurrent Sessions Continued)
- Yes You Can! Successful QI with Limited Time and Budget (Inpatient Track)
  Room 14-15
  *Naseema Merchant, MD, FACP; Scott Sussman, MD, FHM, FACP*

11:10 – 11:20am
- Break and Exhibits
  Grand Ballroom Foyer

11:20am – 12:20pm (Concurrent Sessions)
- How to Read a Clinical Research Article to Inform Clinical Decision Making – An Editor’s Perspective
  Room 16-17
- *Joseph Ross, MD, MHS*

Main Sessions Begin

10:00 – 10:10am
- Break and Exhibits
  Grand Ballroom Foyer

10:10 – 11:10am (Concurrent Sessions)
- Doctors Dilemma
  Room 16-17
  *Rebecca Andrews, MD, FACP; Marilyn Katz, MD, FACP; Robert Nardino, MD, MACP*

- ENT for the Internist (Outpatient Track)
  Room 12-13
  *Denis Lafreniere, MD*

- Pharmaceutical Perils (Outpatient Track)
  Room 12-13
  *Robert Nardino, MD, MACP*

- Vaccines in 2019: What’s New and What’s Old is New Again (Outpatient Track)
  Room 16-17
  *David Banach, MD, MPH*

12:20 – 1:45pm
- Lunch, Awards, Presentation
  Ballroom B
  Welcome and Awards
  - *Rebecca Andrews, MD, FACP*
  ACP President’s Address:
  - *Robert McLean, MD, MACP*
  Legislative Update:
  - *State Representative Sean Scanlon*
  Keynote Speaker
  - *Sanjiv Chopra, MD, MACP*

1:45 – 2:45pm (Concurrent Sessions)
- Update on Hospital Medicine Related Guidelines (Inpatient Track)
  Room 14-15
  *Alfred Burger, MD, MSc, SFHM, FACP*

- Effective Medical Management for Obesity (Outpatient Track)
  Room 12-13
  *Wajahat Mehal, MD*

- How to Read a Clinical Research Article to Inform Clinical Decision Making – An Editor’s Perspective (Inpatient Track)
  Room 16-17
  *Joseph Ross, MD, MHS*

- Update on Hospital Medicine Related Guidelines (Inpatient Track)
  Room 14-15
  *Alfred Burger, MD, MSc, SFHM, FACP*
1:45 – 2:45pm (Concurrent Sessions)
- Update on Pulmonary Embolism (Inpatient Track)
  - Peter Marshall, MD, MPH; Raymond Foley, DO, FCCP
  - Rooms 14-15

2:45 – 2:55pm
- Break and Exhibits
  - Grand Ballroom Foyer

2:55 – 3:55pm (Concurrent Sessions)
- Myth Busting Health Fads (Outpatient Track)
  - Rebecca Andrews, MD, FACP
  - Rooms 12-13

- Update on Stroke Management (Inpatient Track)
  - Joseph Schindler, MD
  - Rooms 14-15

3:55 – 4:00pm
- Break and Exhibits
  - Grand Ballroom Foyer

4:00 – 5:00pm (Concurrent Sessions)
- Wellness World Café
  - Auguste Fortin, VI, MD, MPH, MACP
  - Seema D’souza, MD
  - Rooms 12-13

- The Many Faces of Blood in the Urine: An Algorithmic Approach to Hematuria
  - Brooke Harnisch, MD
  - Rooms 14-15

Main Sessions Conclude | Annual Business Meeting Begins

5:05 – 5:35pm
- Annual Business Meeting
  - Room 12-13
Meeting Information

Faculty

Rebecca Andrews, MD, FACP, Governor, ACP Connecticut Chapter; Associate Program Director, Associate Professor of Medicine, UCONN Health Center, Farmington, CT

Stephen Atlas, MD, FACP, Yale Primary Care Residency Program, Department of Medicine, Yale New Haven Hospital, New Haven, CT

David B. Banach, MD, MPH, Associate Professor of Medicine, Head of Infection Prevention, Hospital Epidemiologist, UCONN Health Center, Farmington, CT

Alfred Burger, MD, MSc, SFHM, FACP Associate Professor, Medicine, Hospital Medicine, Mount Sinai Health System, NY

Pia Dogbey, MBChB, FACP, Firm Chief, Yale School of Medicine, Waterbury, CT

Seema D’souza, MD, Director, Internal Medicine Residency, Griffin Hospital, Derby, CT

Raymond Foley, DO, FCCP, Associate Professor of Medicine, UCONN Health Center, Farmington, CT

Auguste Fortin, VI, MD, MPH, MACP, Professor of Medicine, Yale School of Medicine, New Haven, CT

Brooke Harnisch, MD, Assistant Professor of Surgery, UCONN Health Center, Farmington, CT

Marilyn Katz, MD, FACP, Assistant Professor of Medicine, Faculty Co-Director, Student Affairs, UCONN Health Center, Farmington, CT

Angela Kang, MD, MPH Internist, Yale New Haven Hospital, New Haven, CT

Denis Lafreniere, MD, Professor of Surgery, UCONN Health Center, Farmington, CT

Peter Marshall, MD, MPH, Clinical Associate Professor of Medicine, Keck School of Medicine, USC, CA

Wajahat Mehal, MD, Professor of Medicine, Yale School of Medicine, New Haven, CT

Naseema Merchant, MD, FHM, FACP, VA Connecticut Healthcare System, Assistant Professor of Medicine, Yale School of Medicine, New Haven, CT

Robert Nardino, MD, MACP, Assistant Professor of Medicine, UCONN Health Center, Farmington, CT

Joseph Ross, MD, MHS, Associate Professor of Medicine, Yale School of Medicine, New Haven, CT

Joseph Schindler, MD, Associate Professor of Neurology and Neurosurgery, Yale School of Medicine, New Haven, CT

Scott Sussman, MD, FHM, FACP, Sr. Medical Director, Clinical Operations, Yale New Haven Health, New Haven, CT

Barry Wu, MD, FACP, Director, Clinical Tutor Program, Clinical Professor of Medicine, Yale School of Medicine, New Haven, CT

Program Committee

Kavita Advani, MD
Rebecca Andrews, MD, FACP
Ethan Bernstein, MD
Jaclyn Cox, DO, FACP
David Fraulino, DO
Simran Gupta
Marilyn Katz, MD, FACP
Eric Mazur, MD, MACP
Naseema Merchant, MD, FACP – Committee Chair
David Miner, MD, FACP
Robert Nardino, MD, MACP
Ellen Nestler, MD, FACP
Douglas Olson, MD, FACP
Sujata Prasad, MD, FACP
Sarita Soares, MD
Diana Sewell, MD, FACP – Committee Co-Chair
Rebecca Slotkin, MD
Daniel G. Tobin, MD, FACP
Theresa Barrett, PhD, CMP, CAE – Staff Liaison
Kris Samara - Staff Liaison

Distinguished Speakers – Lunch Session

Rebecca Andrews, MD, FACP – Governor, ACP Connecticut Chapter, Associate Program Director, Associate Professor of Medicine, UCONN Health Center, Farmington, CT

Robert McLean, MD, MACP – ACP President, Practicing Rheumatologist and Medical Director of Clinical Quality with Northeast Medical Group, Yale New Haven Health; Associate Clinical Professor of Medicine, Yale School of Medicine, CT

State Representative Sean Scanlon – Legislator of the Year, Connecticut House District 98 representing Branford and Guilford, CT

Sanjiv Chopra, MD, MACP – Keynote Speaker - Professor of Medicine and former Faculty Dean for Continuing Medical Education at Harvard Medical School; James Tullis Firm Chief, Department of Medicine, Beth Israel Deaconess Medical Center
Sanjiv Chopra, MD, is professor of medicine and former faculty dean for Continuing Medical Education at Harvard Medical School. He’s also the James Tullis Firm Chief, Department of Medicine, at Beth Israel Deaconess Medical Center. For 12 years he led the most robust academic Continuing Medical Education enterprise in the world, reaching out to 80,000 clinicians in 150 countries each year. Dr. Chopra is also editor-in-chief of the hepatology section of UpToDate, an online resource used by more than 600,000 physicians worldwide for clinical decision-making at point of care.

Dr. Chopra was designated a Master of the American College of Physicians in 2009, and has earned a number of awards, including the American Gastroenterological Association’s Distinguished Educator Award. In 2012, he was awarded the Ellis Island Medal of Honor for “Exemplifying outstanding qualities in both one’s personal and professional lives while continuing to preserve the richness of one’s particular heritage.”

Dr. Chopra is a best-selling author and sought-after motivational speaker throughout the United States and abroad.
Resident and Medical Student Events

These events have been planned with students, interns and residents in mind but all are welcome to attend.

Abstract Competition

Residents across the state present scientific posters at the annual meeting. Awards are given for the most outstanding abstracts in two categories: Clinical Vignettes and Research. Winners will be eligible for entrance into the national competition held at Internal Medicine Meeting 2020 in Los Angeles, CA.

To submit a poster, go to: https://forms.acponline.org/webform/connecticut-chapter-abstract-form

Doctors Dilemma

In this session, teams of residents compete against each other in a test of their medical knowledge in this Jeopardy-style competition.

How to Read a Clinical Research Article to Inform Clinical Decision Making – An Editor’s Perspective

During this session, you will learn how to read a manuscript and understand what constitutes a well written scientific paper.

Physician Wellness – World Café

In this session, Dr. Auguste Fortin will share best practices for physician wellness. He will discuss how to create a support community of colleagues and why it’s so important.

Chapter Awards

Join your CTACP colleagues in celebrating the accomplishments of our members at the Awards Lunch. During this event, the chapter will present the Laureate Award, Thornton Teaching Award, Henry Gift Distinguished Internist Award, Early Career Physician Teaching Award, Legislator of the Year Award and the Volunteerism Award. The winners of the abstract poster presentations will also be announced.

Women in Medicine Networking Breakfast

This session is sponsored by the Diversity Committee of the CTACP. Meet and network with fellow women colleagues from academic, community and private settings. Hear their perspective in their respective practices and exchange ideas in an informal gathering. In this session, we will hear from our women physicians from diverse backgrounds and explore ways to address their interests and concerns. This session is open to all women including trainees and attending physicians. Please register for this great networking opportunity.

ABIM SEP Modules Session for Maintenance of Certification

Update in Internal Medicine ● Update in Hospital Medicine

SEP Learning Objectives

- Participate in group discussion to determine answers to multiple-choice questions.
- Apply updated knowledge of internal medicine to clinical practice
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM’s Maintenance of Certification.

SEP Note

The Connecticut Chapter will provide you with a learner’s copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM’s Maintenance of Certification program, you also must order the module directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM’s Maintenance of Certification program, visit www.abim.org/moc.

Who Should Attend the SEP Modules

- Internists participating in the ABIM Maintenance of Certification Program
- General internists
- Family practitioners
- Subspecialty physicians

*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit www.abim.org/online.
Learning Objectives
At the conclusion of this activity the learner should be able to:
• Effectively counsel patients with hematuria about possible etiologies and their significance;
• Apply information learned from a clinical research article to clinical decision-making;
• Avoid common mistakes in obesity management;
• Introduce newly recognized or lesser known drug side effects and interactions;
• Discuss the relevance of hospital related medical guidelines to the practice of inpatient medicine;
• Discuss best practices for physician wellness;
• Identify current fads in healthcare;
• Effectively diagnose and manage the most common ENT disorders;
• Apply information learned about stroke management;
• Identify key components of a successful quality improvement project;
• Recognize the warning signs and symptoms of a possible pulmonary embolism.

CME Credits and MOC Points
The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of AMA PRA Category 1 Credit(s)TM listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Connecticut Chapter Scientific Meeting for a maximum of 5 AMA PRA Category 1 Credit(s)TM

The SEP modules pre-course, for a maximum of 1.5 AMA PRA Category 1 Credit(s)TM

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program and additional MOC Points. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Who Should Attend?
• General internists
• Subspecialty internists
• Family practitioners
• Fellows in subspecialty training
• Hospitalists
• Allied health practitioners
• Residents
• Medical students interested in internal medicine

Meeting Location
The meeting will be held at the Connecticut Convention Center in Hartford, Connecticut. To obtain a map, visit the Center’s website at https://www.ctconventions.com.

Parking
Attached to the Convention Center is a covered parking garage with 2,600 parking spaces. There are 125 outdoor spaces for oversized vehicles in the surface lot (ceiling height for Level 1 is 8’2” and all other levels are 7’6”). The parking garage also has an area dedicated to a charging station where customers with electric-powered vehicles can plug in and charge for free. The garage is open 24/7. Rates are as follows: $3.00 first hour, $2.00 each additional hour, $19 Daily Maximum. CTACP has negotiated an all-day fee of $11 provided you complete and return the evaluation form to the registration desk. Vouchers can be picked up at registration.
### Meals
Vegetarian meals are a standard menu option. If you require a Kosher, Vegan, or other specific meal, please contact Kris Samara at least two weeks prior to the meeting. Kris can be reached at ksamara@ctacp.org.

### Satisfaction Guarantee
The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

### Registration Information
For registration information, contact ACP Customer Service (M–F, 9:00 a.m. – 5:00 p.m. ET) toll-free at 800-523-1546, ext. 2600 or direct at 215-351-2600. You may also e-mail custserv@acponline.org or fax 215-351-2799.

### Late Registration & On-site Fees
All registrations must be received by October 1, 2019 or a late registration fee of $35.00 will be added. This includes on-site registrations. Save money by registering now!

### Cancellations/Refunds
Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. A processing fee of $25 will be deducted from the member’s refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.

### Annual Meeting App
Get the 2019 Meeting App! We’re making your Scientific Meeting experience simple, easy and paperless. Look for information on how to download our custom meeting app and use your device or computer to maximize your meeting experience. Review conference schedule, claim CME credits, submit evaluations, view conference map, view the list of exhibitors and more!

### Questions
If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Kris Samara at 860-365-2400 or email ksamara@ctacp.org.

### Payment Methods

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<td>Visit us on the Web to pay with a credit card, go to:</td>
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<td>Send us your registration to pay by check or credit card and make check/money order payable to ACP and send to:</td>
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<td>Send us a Fax at: 215-351-2799 (Credit Cards Only) Include your registration form and credit card information</td>
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<td>Give us a call to register by phone:</td>
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<td><a href="http://www.acponline.org/chapters">www.acponline.org/chapters</a></td>
<td></td>
<td>American College of Physicians AC002 190 N. Independence Mall West Philadelphia, PA 19106-1572</td>
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<td>Call 800-523-1546, ext. 2600, or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET)</td>
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Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, SEP modules, and CME documentation.

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<th>Categories</th>
<th>Register by October 1, 2019</th>
<th>After October 1, 2019</th>
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<tr>
<td>□ ACP Member</td>
<td>$75</td>
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<td>□ ACP Resident/Fellow Member</td>
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<td>□ ACP Medical Student Member</td>
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<td>□ Affiliate Member/Allied Health Professional</td>
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<td>□ Non-Member Physician</td>
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<td>□ Non-Member Resident*</td>
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<td>□ Non-Member Student*</td>
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<td>□ Non-Member Allied Health Professional</td>
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<tr>
<td>□ Other (guest/spouse) – if applicable</td>
<td>$85</td>
<td>$120</td>
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*Non-member Residents and Students cannot register online and must register by contacting Customer Service at 800-523-1546, Ext. 2600 in order to get the correct registration rate.
Please indicate your attendance at the following:

**Meals (*required fields)*
- BR1 Continental Breakfast – 6:30am
- BR2 Women in Medicine Breakfast – 8:30am* (Qty. ___)
- LUN Lunch – ACP President's Address/Awards – 12:20pm* (Qty. ___)

**Sessions**
- S01 Doctor’s Dilemma – 10:10am
- S02 ENT for the Internist – 10:10am
- S03 Successful QI with Limited Time/Budget – 10:10am
- S04 How to Read Clinical Research Articles to Inform Clinical Decision Making – 11:20am
- S05 Effective Medical Management of Obesity – 11:20am
- S06 Hospital Medicine Related Guidelines – 11:20am
- S07 Pharmaceutical Perils – 1:45pm
- S08 Update on Pulmonary Embolism – 1:45pm
- S09 Myth Busting Health Fads – 2:55pm
- S10 Update on Stroke Management – 2:55pm
- S11 Physician Wellness – 4:00pm
- S12 Many Faces of Blood in the Urine: An Algorithmic Approach to Hematuria – 4:00pm

**SEP Modules**
- SEP1 Update in Internal Medicine – 8:30 – 10:00am
- SEP2 Update in Hospital Medicine – 8:30 – 10:00am

**Other**
- JUD Volunteering to be a judge for the poster competition
- BUS Attending CTACP Business Meeting – 5:05pm

Mail this form to:
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

Or Fax to: 215-351-2799