

2019

Air Force-Army Chapter Scientific Meeting



September 5–7, 2019

Gateway Club

Lackland Air Force Base, Texas

Readiness to Resuscitation

This live activity has been designated for 12 CME and MOC credits.

 **ACP** American College of Physicians®
Leading Internal Medicine, Improving Lives

Meeting Highlights

- Resident/Fellow, and Early Career Physician (ECP) poster and podium research competition
- Doctor's Dilemma™
- Review and refine resuscitation and readiness skills
- General Internal Medicine and IM specialty breakout sessions
- Air Force and Army American College of Physicians Chapter meetings and town hall

Dear Colleague,

Join us and your colleagues in Internal Medicine at the next scientific meeting of the Army and Air Force Chapters of the American College of Physicians, being held September 5–7, 2019, at the Gateway Club, Lackland AFB.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, Chapter leaders, and great speakers. Connect with the Army and Air Force Chapters' rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your Chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

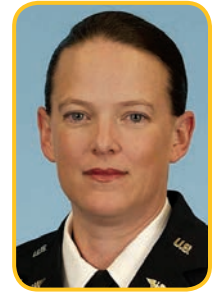
To ensure your place at this invaluable meeting, register now by visiting us online at airforcechapter.acponline.org or at armychapter.acponline.org.

We look forward to seeing you in San Antonio!

Sincerely,

Matthew B. Carroll, MD, FACP, FACR
ACP Governor, Air Force Chapter

LTC Cristin A. Mount, MD, FACP
ACP Governor, Army Chapter



Schedule at a Glance

Readiness to Resuscitation

Thursday, September 5, 2019

7:30 a.m.

Welcome

Matthew B. Carroll, MD, FACP, FACR (Air Force Governor),
and LTC Cristin A. Mount, MD, FACP (Army Governor)

7:45

Plenary Session: "Women in Medicine"

Jessica Servey, MD

8:45

Break

9:00–Noon

Simultaneous Sessions

- Resident Research and QIPS Podium Competition
- Fellow and ECP Clinical Vignette Poster Competition
- Critical Care Skills Simulation and Task Trainers
- Faculty Development Sessions 1 and 2

11:30 a.m.–12:30 p.m.

Army Chapter Meeting

LTC Cristin Mount, MD

Noon

Lunch

1:00–5:00

Simultaneous Sessions

- Hematology/Oncology
- Cardiology
- Infectious Disease—Elizabeth Schnaubelt, MD
(1 hour CME/1 MOC)
- Gastroenterology—Anish Patel, MD
(1 hour CME/1 MOC)
- Pulmonary/Critical Care—Kevin K. Chung, MD
(1 hour CME/1 MOC)

5:15

Break

5:45

Evening Reception and Social

Doctor's Dilemma™, Army Preliminary Round

6:45

End

Friday, September 6, 2019

7:15

Welcome

Matthew B. Carroll, MD, FACP, FACR,
and LTC Cristin A. Mount, MD, FACP

7:45

Plenary Session: Sports Medicine for the Internist

Mark Miller, MD

8:45

ACP Awards Presentation

9:00

Break

9:15

Simultaneous Sessions

- Fellow and ECP Research and QIPS Podium Competition
- Critical Care Skills Simulation and Task Trainers
- Faculty Development Sessions 3 and 4

10:45–11:15

Air Force Chapter Meeting



Schedule at a Glance

Noon

Lunch

Women in Medicine Luncheon

1:00 p.m.

Simultaneous Sessions

- Operational Medicine
- Rheumatology—Angelique Collamer, MD (1 hour CME/1 MOC)
- Endocrinology—Jeffrey Colburn, MD (1 hour CME/1 MOC)
- Nephrology—Jesse Wickham, DO, and Shweta Bansal, MD (2 hours CME/2 MOC)

5:00

Break

5:30

ACP Competition Awards Presentation

5:45

Evening Reception and Social

Doctor's Dilemma™ Finals (Air Force and Army)

7:00

End

Saturday, September 7, 2019

7:15 a.m.

Welcome

Matthew B. Carroll, MD, FACP, FACR,
and LTC Cristin A. Mount, MD, FACP

7:45

Plenary Session: Lifestyle Medicine

Regan Steigmann, MD

8:45

Break

9:00

Simultaneous Sessions

- Army Consultant Update
- Air Force Consultant Update

10:00

Break

10:15

ACP Awards Presentation

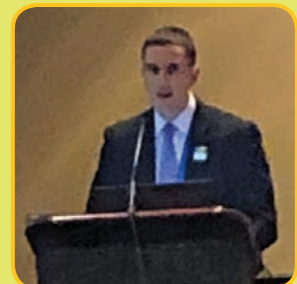
10:30

Plenary Session: Blood Far Forward

Andrew Cap, MD

11:30

Depart



Meeting Information

Faculty

Plenary Speakers

LTC Cristin Mount, MD, FACP, U.S. Army ACP Governor, Madigan Army Medical Center, Joint Base Lewis-McChord, Washington

Col (ret) Matthew B. Carroll, MD, FACP, FACR, U.S. Air Force ACP Governor, Ocean Springs, Mississippi

Col (ret) Jessica Servey, MD, MHPE, FAAFP, Associate Dean for Faculty Development, Associate Professor of Family Medicine, Uniformed Services University, Bethesda, Maryland

Mark Miller, The S. Ward Casscells Professor of Orthopaedic Surgery, Division Head for Sports Medicine at the University of Virginia

Col Andrew P. Cap, MD, PhD, Chief, Blood Research, Fort Sam Houston, Texas

Regan A. Steigmann, DO, MPH, Human Performance Optimization Medicine, 10th MDG, U.S. Air Force Academy, Colorado

Breakout Session

Shweta Bansal, MD, FASN, UTHSCSA Nephrology Fellowship Program Director, San Antonio, Texas

Jesse Wickham, DO, FACP, UTHSCSA Nephrology Fellowship Associate Program Director, San Antonio, Texas

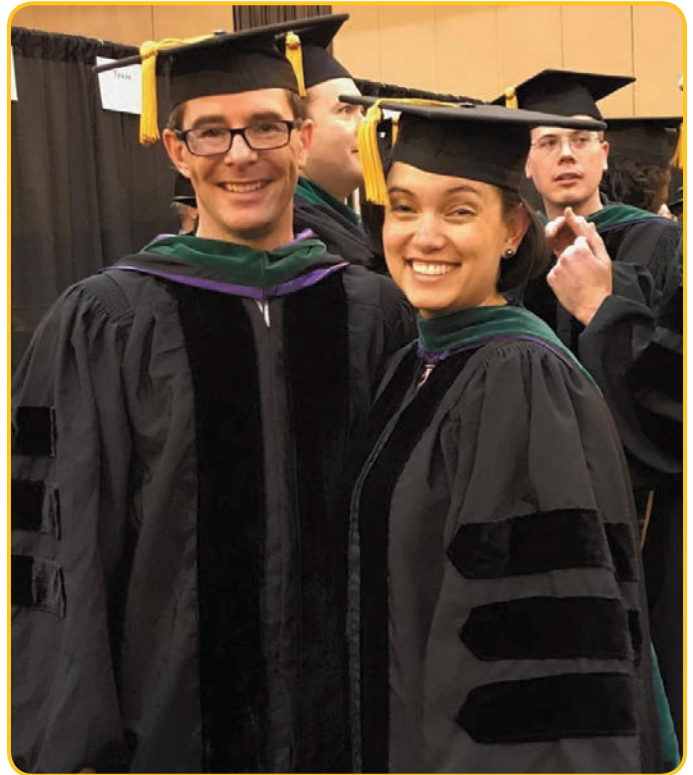
Elizabeth Schnaubelt, MD, Clinical Assistant Professor, Department of Internal Medicine, Medical Director, C-STARS, Omaha, Nebraska

Anish Patel, MD, Chief, IBD Service, Brooke Army Medical Center, San Antonio, Texas

Col Kevin K. Chung, MD, FCCM, FACP, Chair, Department of Medicine, Professor, Uniformed Services University of the Health Sciences, Bethesda, Maryland

Lt Col Angelique N. Collamer, MD, FACP, Service Chief, Rheumatology, Associate Professor, Uniformed Services University of the Health Sciences, Bethesda, Maryland

Major Jeffrey Colburn, MD, FACP, FACE, Endocrinologist, Assistant Clerkship Director for Internal Medicine, San Antonio Military Medical Center, San Antonio, Texas



Program Committee

Calvano, Tatjana P.

Carroll, Matthew B.

Chohonis, Kelly E.

Mount, Cristin A.

Skabelund, Andrew J.

Surry, Luke

Walter, Robert J.

Meeting Information

Resident/Fellow Members' Activities

Clinical vignettes, quality improvement projects, and research prepared by Resident/Fellow Members will be presented at the meeting. Resident winners are eligible for entrance into the national competition during Internal Medicine 2020 in Los Angeles, California.

Original clinical vignettes, performance improvement (PI), and research projects are eligible. Most of the work is expected to have been completed by the associate. Faculty mentors are strongly encouraged to assist with literature review, editing, and proofreading, but not rewriting the entire abstract. Clinical vignettes, PI, and research that have been submitted and/or presented at local or other regional meetings (e.g., a state ACP chapter meeting) remain eligible, provided that they did not win an award at the regional level (any local/hospital-level award remains eligible). Clinical vignettes, PI, and research that have been presented at a national meeting (national ACP or subspecialty meetings) are ineligible. Clinical vignettes, PI, and research that have been published are ineligible, except for those published only in a hospital-level publication. Publication clearance is the responsibility of the submitter.

For Residents: The first call for abstracts for the 2019 Army/Air Force ACP Conference went out to program directors and their affiliated staff in mid-March 2019. As in years past, this competition will have 3 categories: Research, Quality Improvement, and Clinical Vignette. Also, consistent with guidelines last year, we are asking that the program leadership at each institution collect abstract submissions for their respective residents and select the top abstract in each of these 3 categories. Please then submit these 3 abstracts to the following e-mail address: Army.airforce.acp.abstracts@gmail.com. The remaining abstracts from your residents will then be eligible for submission for presentation at a subspecialty breakout session (more details regarding this process will come at a later date). Please ensure that you designate to which category the abstract will be submitted. Each abstract is limited to 450 words (not including title and authors). The final deadline for submission is COB Tuesday, June 3, 2019. For any specific questions/concerns, please contact Captain (Dr.) Kelly Chohonis at Kelly.e.chohonis.mil@mail.mil or Major (Dr.) Andrew Skabelund at andrew.j.skabelund.mil@mail.mil.



For Fellows and ECPs: The first call for abstracts also went out in mid-March 2019. As in years past, each of these competitions will have 3 categories: Research, Quality Improvement, and Clinical Vignette. Please ensure that you designate to which category the abstract will be submitted. Abstracts are limited to 450 words (not including title and authors). Please submit all abstracts to the following e-mail address: Army.airforce.acp.abstracts@gmail.com. The final deadline for submission is COB Tuesday, June 3, 2019. For specific questions/concerns, please contact Captain (Dr.) Kelly Chohonis at Kelly.e.chohonis.mil@mail.mil or Major (Dr.) Andrew Skabelund at andrew.j.skabelund.mil@mail.mil.

Meeting Information

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice in the military.
- Improve clinical practice by incorporating major new developments in subspecialty medicine.
- Understand concepts important to physician wellness and avoidance of burnout.

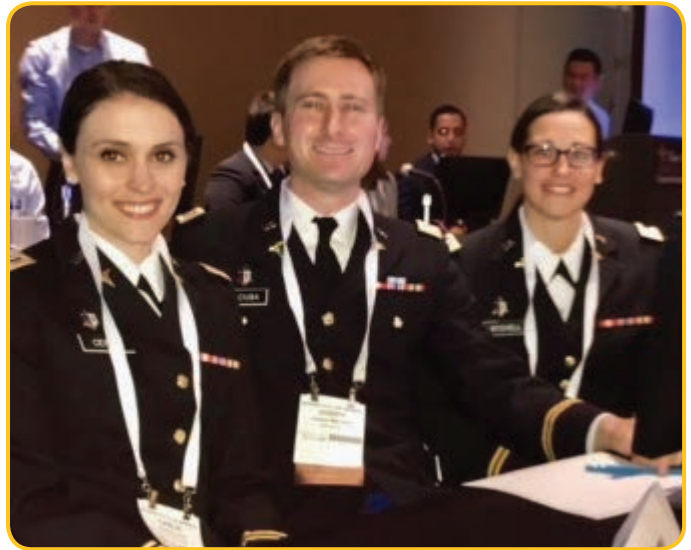
Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Residents
- Medical students interested in Internal Medicine

Chapter Awards

It is with distinct pleasure that the Air Force and Army Chapters will present recipients from their respective Chapters with Laureate Awards. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their Chapters and community and have upheld the high ideals and professional standards for which the College is known. The award will be presented during the Doctor's Dilemma™ and accompanying social hour.

Additional Chapter-specific awards also will be presented, so please congratulate our award winners at our meeting.



CME Accreditation and MOC Points

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Additional Information

Hotel Accommodations

We have reserved a block of rooms at the per diem rate of \$126/night at the Marriott Plaza San Antonio Hotel located at 555 S. Alamo Street, San Antonio, TX, right on the River Walk. When making your reservation, be sure to mention that you will be attending the Department of Defense—Army/Air Force ACP meeting. The phone number is (228) 229-1000 and the Web site is <https://www.marriott.com/events/start.mi?id=1559236699364&key=GRP>. You may also call the Marriott reservation line at (800) 228-9290.

It is recommended that reservations be made by attendees before the cutoff date of Friday, August 15, 2019. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible. Reservations after this date will be accepted for attendees on a space and rate available basis.

Transportation

A shuttle to and from the Marriott Plaza San Antonio will be available once a day, leaving 45 minutes before the first conference event of the day and returning at the end of the conference day. There is no cost for this shuttle.

Meals

Food is available at the Gateway Club Dining Hall, purchased on your own. Morning and afternoon hors d'oeuvres will be available, with other snacks during the conference. Both Thursday and Friday evening, there will be a social hour during the Doctor's Dilemma™, with presentation of Laureate and other achievement awards to distinguished members of both Chapters. Please join us for this special part of the conference to honor these prominent Chapter members..



Entry information

Attendees who do not have a DoD ID card must be able to secure their own entrance to Lackland Air Force Base. Entry requires a visitor pass through the Visitor's Control Center, a valid form of identification and sponsorship from someone who holds a DoD ID card. The Air Force and Army Chapters and the meeting organizers will not sponsor attendees onto Lackland Air Force Base.

Uniform of the Day

The uniform of the day for Thursday and Friday will be Air Battle Uniform (Air Force) or Army Combat Uniform/Operational Camouflage Pattern (Army). Army speakers should be in Army Service Uniform. Air Force speakers may be in their Air Battle Uniform.

On Saturday, attendees may wear business casual civilian attire in anticipation of travel back to duty station

Contact Us



BY INTERNET

(Credit Card only)
Visit us on the Web
www.acponline.org/chapters



BY MAIL

Make check or money order payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572



BY FAX

(Credit Cards only)
215-351-2799



BY PHONE

Call 800-ACP-1915, or
215-351-2600
(M–F, 9 a.m.–5 p.m. ET)

Air Force and Army Chapter Registration Form CMB

Gateway Club, Lackland Air Force Base, Texas • September 5-7, 2019

RM2004

ACP # (found on mailing label)

Name

MD DO OTHER

Address

City

State

ZIP

Daytime Phone

Fax

E-mail

- Please check here to indicate a permanent change to your preferred address for all College mailings.
- Please exclude me from receiving mailings from the meeting exhibitors.



- Check here if you are disabled and require assistance. Please notify the Air Force and Army Chapter in writing before your course. We'll be glad to help.

Registration Fees: Free to all attendees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	
<input type="checkbox"/> ACP Member	No Fee
<input type="checkbox"/> ACP Resident/Fellow Member	No Fee
<input type="checkbox"/> ACP Medical Student Member	No Fee
<input type="checkbox"/> Nonmember Physician	No Fee
<input type="checkbox"/> Nonmember Resident	No Fee
<input type="checkbox"/> Nonmember Medical Student**	No Fee
<input type="checkbox"/> Nonmember Allied Health Professional	No Fee
<input type="checkbox"/> Other (guest/spouse)—if applicable	No Fee

***Nonmember Students:** This meeting registration is free for ACP Medical Student Members. [Join Now!](#)