Southern California Chapters
Regions I, II, and III Scientific Meeting
2018

October 27, 2018
Hyatt Regency Huntington Beach Resort & Spa
Huntington Beach, CA

Register Online Today!

Healing the Healer: Updates in Internal Medicine and Physician Wellbeing
This live activity has been designated for up to 9 CME credits.
Meeting Highlights

• Two SEP modules in General Internal Medicine and Hospital Medicine
• Tilles Memorial Lecture on Global Health
• Workshops in Integrative Health, Joint Injections, and Skin Biopsy
• Career Workshops for Students and Residents
• Separate Attending, Resident, and Student Educational Sessions
• Doctor’s Dilemma®

Dear Colleague,

Join us and your colleagues in internal medicine at the upcoming scientific meeting of the Southern California Chapters of the American College of Physicians, being held October 27, 2018 at the Hyatt Regency Huntington Beach Hotel & Spa.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Southern California Chapters’ rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at: cachapter.acponline.org.

We look forward to seeing you in Huntington Beach.

Sincerely,

Mark S. Noah, MD, FACP
ACP Governor, Southern California Region I Chapter

Alpesh N. Amin, MD, MBA, MACP
ACP Governor, Southern California Region II Chapter

Charles J. Hamori, MD, FACP
ACP Governor, Southern California Region III Chapter
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:00-8:00 AM</td>
<td>Breakfast and Registration</td>
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<tr>
<td>8:00-8:15 AM</td>
<td>Governors’ Opening Remarks</td>
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<tr>
<td>8:15-9:00 AM</td>
<td><strong>PLENARY: GIM Update</strong> – Joel Diamant, MD, FACP</td>
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<td>9:00-9:30 AM</td>
<td>Tilles Memorial Lecture: <strong>Global Health Initiative in Primary Immune Deficiency</strong> – Sudhir Gupta, MD, MACP</td>
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<tr>
<td>Concurrent Sessions</td>
<td>Medical Student Poster Session 9:30-11:30AM</td>
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<tr>
<td></td>
<td>How to write a Case Report</td>
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<td>Vineet Gupta, MD</td>
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<td>11:30-12:00PM</td>
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<td>12:00-1:00 PM</td>
<td>Lunch: Chapter Awards</td>
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<tr>
<td>1:00-1:30 PM</td>
<td><strong>PLENARY: Physicians &amp; Future Physicians Wellbeing &amp; Burnout</strong> – Rimal Bera, MD</td>
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<tr>
<td>Concurrent Sessions</td>
<td>How to write a CV</td>
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<td>Afshan Baraghoush, MD</td>
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<td>1:30-2:00PM</td>
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<td></td>
<td>Pointers for Residency Interviews, Dan Kim, MD, Corey Garrison, DO, Augustine Hong, MD, Robby Gulati, MD</td>
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<td>2:00-3:00PM</td>
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<td></td>
<td>Resident Poster Session 2:00-4:00PM</td>
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<td></td>
<td>Visit Resident Posters 3:00-4:00PM</td>
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<td></td>
<td>Career Options: Outpatient, Inpatient and Fellowship 4:00-5:30PM</td>
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<tr>
<td>5:30-6:15 PM</td>
<td>Poster Awards</td>
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<td>6:15-8:00 PM</td>
<td>Reception: <strong>Doctor’s Dilemma/Medical Jeopardy</strong> – Raj Dasgupta, MD, FACP, FCCP, Miguel Pena-Ruiz, MD</td>
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Faculty

Alpesh N. Amin, MD, MBA, MACP, Governor, ACP Southern California Chapter Region II; Chair, Department of Medicine and Executive Director, Hospitalist Program, University of California, Irvine (UCI)

Sarkis Arabian, DO, FACOI, FCCP, Director, Pulmonary/Critical Care Fellowship Program. Associate Program Director, Internal Medicine Residency Program. Director, Medical ICU, Arrowhead Regional Medical Center (ARMC)

Afshan Baraghoush, MD, Associate Program Director, Internal Medicine Residency and Site Director, Long Beach Memorial Medical Center

Rimal B. Bera, MD, Clinical Professor of Psychiatry, Department of Psychiatry & Human Behavior, UCI

Ashley Busuttil, MD, Associate Director, UCLA Department of Medicine, Hospital Section, Physician Supervisor, Hospitalist Nurse Practitioner Service UCLA-SM, Director Quality Improvement, Department of Medicine, Hospital Section

Debra D. Craig, MD, MA, FACP, Program Director, Internal Medicine Residency Program, ARMC. Assistant Professor of Medicine, Loma Linda University, Loma Linda

Rajkumar R. Dasgupta, MD, FACP, FCCP, FAASM, Assistant Professor of Clinical Medicine, Keck School of Medicine of USC, Department of Medicine, Division of Pulmonary, Critical Care and Sleep Medicine

Joel C. Diamant, MD, FACP, Director, Internal Medicine Residency Program, Scripps Clinic and Scripps Green Hospital. Executive Vice President, Scripps Clinic Medical Group. Attending Physician, Primary Care & Consultative Practice, Scripps Clinic, La Jolla

Roger Courtney Garrison, DO, FACP, Medical Director, Inpatient Services, Riverside County Regional Medical Center, HS Associate Clinical Professor of Internal Medicine, University of California Riverside, California (UCR); Clinical Associate Professor of Internal Medicine, Western University of Health Sciences, Pomona CA; Associate Program Director Internal Medicine Residency Program, UCR

Johnathan D. Grein, MD, Director, Hospital Epidemiology, Cedars-Sinai Medical Center; Associate Clinical Professor, UCLA Department of Medicine, Los Angeles

Rajesh Gulati, MD, FACP, Vice Chair of Medicine, Internal Medicine Clerkship Director and Program Director, Riverside Community Hospital/UCR

Sudhir Gupta, MD, MACP, Chief, Basic & Clinical Immunology, Department of Medicine, Professor of Medicine, UCI

Vineet Gupta, MD, Associate Clinical Professor of Medicine, University of California San Diego, Director, Publication and Portfolio Development, Division of Hospital Medicine, UCSD

Charles J. Hamori, MD, FACP, Governor, ACP Southern California Chapter Region III; Partner, Southern California Permanente Medical Group, La Mesa

Augustine Hong, MD, Internal Medicine Resident, Case Western Reserve Metro Health Medical Center, Cleveland, Ohio

Danny G. Kahn, MD, UCLA Supervising Clinician, Partners in Hope Medical Center, Health Sciences Assistant Clinical Professor, UCLA Hospitalist Service, Associate Program Director, Internal Medicine Global Health Pathway

Robert Kaplan, MD, Chief, Infectious Disease Section, VA Long Beach Healthcare System Long Beach, CA, Program Director, Preliminary Medicine Residency, UCI School of Medicine, Chair, Medicine Residency Competence Committee, UCI School of Med, Assistant Chief for Education, Medical Health Care Group, VA Long Beach Healthcare System, Long Beach, CA, Health Sciences Clinical Professor of Medicine, UC Irvine School of Medicine, Senior Associate Program Director, Medicine Residency, UCI School of Medicine
<table>
<thead>
<tr>
<th>Name</th>
<th>Position and Affiliations</th>
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<tbody>
<tr>
<td>Emmanuel P. Katsaros, DO, FACP, FACP, FACR</td>
<td>Associate Professor of Medicine, Chair, Department of Internal Medicine, Western University of Health Sciences College of Osteopathic Medicine of the Pacific, Pomona</td>
</tr>
<tr>
<td>Sherif F. Khalil, MD, FACP, Chief of Staff</td>
<td>San Gorgonio Memorial Hospital. Internal Medicine Attending, Beaver Medical Group</td>
</tr>
<tr>
<td>Daniel S. Kim, MD, MBA, FACP, Vice Chair</td>
<td>Department of Medicine, Director, Internal Medicine Residency Program, UCR</td>
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<tr>
<td>Karen Lamp, MD</td>
<td>Associate Medical Director, Venice Family Clinic, Special projects: PCMH, Addiction Service Integration, Volunteer Services</td>
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<tr>
<td>Shin Lin, PhD</td>
<td>Laboratory for Mind/Body Signaling and Energy Research, University of California, Irvine, Faculty member, Susan Samuel Center for Integrative Medicine, UCI, Professor Emeritus of Developmental and Cell Biology, UCI, Visiting Professor, Shanghai University of Traditional Chinese Medicine</td>
</tr>
<tr>
<td>Dawn Lombardo, DO</td>
<td>Health Sciences Clinical Professor, UCI, Medical Director, Advanced Heart Failure Program, Cardiovascular Fellowship Program Director, Director Cardiology-Oncology Clinical Program, Transplant Cardiology Consultant, UCI Pancreas &amp; Kidney Transplant</td>
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<tr>
<td>Shaun Miller, MD, MBA</td>
<td>Associate Chief Medical Information Officer, Cedars-Sinai Health System, Physician Hospitalists, Inpatient Specialty Program (ISP)</td>
</tr>
<tr>
<td>Mark S. Noah, MD, FACP</td>
<td>Governor, ACP Southern California Chapter Region I; The Melvin Brody, MD Endowed Chair in Medical Education, Associate Dean of Medical Education, Professor of Medicine, Cedars-Sinai Medical Center, Health Sciences Clinical Professor, David Geffen School of Medicine at UCLA Cedars-Sinai Medical Center, Los Angeles</td>
</tr>
<tr>
<td>Ramdas G Pai, MD, FACC, FRCP (Edin)</td>
<td>Professor and Chair of Medicine, Director Cardiovascular Fellowship Program, Chair of Clinical Sciences, UCR School of Medicine</td>
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<tr>
<td>Nimisha Parekh, MD</td>
<td>HS Clinical Professor of Medicine, Division of Gastroenterology, Department of Medicine, Director of Inflammatory Bowel Disease Program, H.H. Chao Comprehensive Digestive Diseases Center, Fellowship Program Director, Division of Gastroenterology, UCI</td>
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<tr>
<td>Miguel Pena-Ruiz, MD</td>
<td>Attending Internist, Southern California Kaiser Permanente Medical Group</td>
</tr>
<tr>
<td>Alina S. Popa, MD, FHM</td>
<td>Health Sciences Associate Clinical Professor, University of California Riverside School of Medicine. Associate Program Director, RCH/UCR-SOM Internal Medicine Residency Program</td>
</tr>
<tr>
<td>Maher A. Roman, MD, MBA, FACP</td>
<td>Past President, California Chapter, ACP services; Health Sciences Associate Clinical Professor, University of California Riverside School of Medicine</td>
</tr>
<tr>
<td>Gregory H. Shimizu, MD, MPH, FACP</td>
<td>Health Sciences Assistant Clinical Professor of Medicine, University of California Riverside School of Medicine. RCH/UCR-SOM Internal Medicine Residency Program Attending</td>
</tr>
<tr>
<td>Andrew Siskind MD</td>
<td>Teaching Hospitalist Long Beach Veterans Administration Hospital, Full Clinical Professor UCI</td>
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<tr>
<td>Satinder Swaroop, MD</td>
<td>President, Swaroop Medicine Corporation; Cardiologist, Internal Medicine and Cardiology Attending, Swaroop Medical Corporation, Orange</td>
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<tr>
<td>Nicole Wakim, MD</td>
<td>Anesthesiologist, Integrative Pain Management; Mindfulness-Based Stress Reduction Teacher, Susan Samuel Center, University of California, Irvine</td>
</tr>
<tr>
<td>Tisha Wang, MD</td>
<td>Associate Professor of Clinical Medicine, Division of Pulmonary and Critical Care Medicine, David Geffen School of Medicine at UCLA</td>
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<tr>
<td>James Jen-Chi Yeh, MD</td>
<td>Program Director, Fellowship Program in Medical Oncology and Hematology, and Clinic Medical Director, Division of Medical Oncology and Hematology, Harbor-UCLA Medical Center</td>
</tr>
<tr>
<td>Adrienne Youdim, MD, FACP</td>
<td>Associate Clinical Professor of Medicine, David Geffen School of Medicine at UCLA, Cedars-Sinai Medical Center, Los Angeles</td>
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<tr>
<td>Pearl Zimmerman, MD, MPH</td>
<td>Attending Physician, University of California Irvine Susan Samuei Integrative Health Institute, Costa Mesa; Assistant Professor, Preventive Medicine, Loma Linda University, Loma Linda</td>
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Meeting Information

Resident/Fellow Members’ and Medical Students’ Activities
Clinical vignettes and posters prepared by Resident/Fellow Members and Medical Students will be presented at the meeting. Winners will be eligible for entrance into the national competition held during ACP Internal Medicine Meeting 2019. Contact Mercedes Weston at mweston@uci.edu for information about entering the Abstract Competitions. Deadline for submissions is September 7, 2018.

Learning Objectives
At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Improve clinical practice by incorporating major new developments in subspecialty medicine.
- Understand recent advances in internal medicine.
- Increase confidence in performing clinical skills.
- Increase confidence in medical computing.
- Understand political advocacy and reform.
- Increase confidence in medical computing
- Understand political advocacy and reform.

Who should attend?
- General internists
- Subspecialty internists
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

CME Accreditation
The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 9**AMA PRA Category 1 credit[s]**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

SEP Note
The Southern California Chapter Region II will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you must also order the module* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM's Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

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*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit www.abim.org/online.
Additional Information

Hotel Accommodations

We have reserved a block of rooms at the following rate until September 27, 2018. When making your reservation, be sure to mention that you will be attending the ACP Southern California Chapters meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 714-845-4886 or booking online.

Single/Double: $269

Hyatt Regency Huntington Beach Resort & Spa
21500 Pacific Coast Highway
Huntington Beach, CA 92648

Visit us online for details on hotel reservations, directions, parking, and areas of interest.

Going Green

To help us go “green,” we are making our presentations available online only on the Chapter Web site.

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.
ACP # (found on mailing label)

Name □ MD □ DO □ OTHER

Address

City State ZIP

Daytime Phone Fax E-mail

☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
☐ Please exclude me from receiving mailings from the meeting exhibitors.

☐ Check here if you are disabled and require assistance. Please notify the Southern California Chapter Region II in writing before your course. We’ll be glad to help.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, reception, all scientific sessions and materials, and CME documentation.

<table>
<thead>
<tr>
<th>Categories</th>
<th>Registration Fee</th>
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<tbody>
<tr>
<td>□ ACP Member</td>
<td>$175</td>
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<tr>
<td>□ ACP Resident/Fellow Member</td>
<td>$60</td>
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<tr>
<td>□ ACP Medical Student Member</td>
<td>$30</td>
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<tr>
<td>□ Nonmember Physician</td>
<td>$350</td>
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<tr>
<td>□ Nonmember Resident*</td>
<td>$225</td>
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<tr>
<td>□ Nonmember Medical Student**</td>
<td>$125</td>
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<tr>
<td>□ Nonmember Allied Health Professional</td>
<td>$175</td>
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*Nonmember Residents* cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600 in order to get the correct registration rate.

**Nonmember Students:** This meeting registration is only $30 for ACP Medical Student Members. [Join Now for Free!](#)

Please note: Members whose dues were not paid by July 1 for the current fiscal year will receive the nonmember registration rate.

Payment Options

**BY INTERNET**
(Credit Card only)
Visit us on the Web www.acponline.org/chapters

**BY MAIL**
Make Check or money order payable to ACP AC002 American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

**BY FAX**
(Credit Cards only)
215-351-2799

**BY PHONE**
Call 800-ACP-1915
or 215-351-2600
(M-F, 9 AM – 5 PM ET)
Please indicate your attendance at the following:

☐ BR01—Breakfast
   7:00–8:00AM

☐ LUN—Awards Lunch
   Noon–1:00PM

☐ REC—Reception
   6:15–8:00PM

☐ SEP1—SEP Module, Update in Internal Medicine
   1:30–3:15PM

☐ SEP2—SEP Module, Update in Hospital Medicine
   3:45–5:30PM

☐ WKSHP1—Integrative Health Workshop
   1:30–3:15PM

☐ WKSHP2—Joint and Tender Points Workshop
   3:45–4:45PM

☐ WKSHP3—Skin Biopsy Workshop
   4:45–5:30PM

Please select your food restriction for the Awards Lunch if applicable:

☐ Vegetarian

☐ Vegan

☐ Gluten Free

Payment Options

☐ Check enclosed.
   (Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to:
   □ □ □ □

Card # ____________________________

Exp. Date _____/_____ Security Code ________
   MM YY 3 or 4 digits on front or back of card

Signature _______________________

Grand Total $______________