February 1–2, 2019
Turf Valley Resort and Conference Center
Ellicott City, Maryland

Register Online Today!

Mythbusters
This live activity has been designated for up to 13 CME credits and 9 MOC points.
Meeting Highlights

- Two SEP modules
- Ultrasound Workshop
- Doctor’s Dilemma®
- IronMed competition for Residents
- Case-based presentations on hyperglycemia, dieting, and outpatient imaging
- Presentation by ACP President Dr. Ana Maria Lopez
- Story Slams
- Updates in insomnia, dementia, dermatology, microbiomes, and left ventricular heart failure
- Speed mentoring breakfast for Early Career Physicians, International Medicine Graduates, and Women in Medicine

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Maryland Chapter of the American College of Physicians, being held February 1–2, 2019, at the Turf Valley Resort & Conference Center in Ellicott City.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Maryland Chapter’s rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at mdchapter.acponline.org.

I look forward to seeing you in Ellicott City.

Sincerely,

Mangla S. Gulati, MD, CPPS, FACP, SFHM
ACP Governor, Maryland Chapter
Schedule at a Glance

Mythbusters

Friday, February 1, 2019

11:30 a.m.
Registration

11:45
Welcoming Remarks
Mangla S. Gulati, MD, CPPS, FACP, SFHM
Governor, ACP Maryland Chapter
Moderator:
Stephen D. Sisson, MD, FACP
Story Slam #1

12:10 p.m.
Management of Hyperglycemia in the Clinic
Nanette I. Steinle, MD

12:55
Insomnia: It is So Common as We Age
Colleen Christmas, MD, FACP

1:40
Break
Visit the College display and exhibits

1:50
The Science of Stress and Stress Reduction
Ana Maria Lopez, MD, MPH, MACP

2:40
Fad Dieting: Is the Ketogenic Diet Safe or Effective?
John C. Allen, MD
Moderator:
Robert P. Ferguson, MD, MACP
Story Slam #2

3:35
Clinical Problem Solving: Cases From the Hospital
Daniel J. Brotman, MD, SFHM, FACP

4:20
Break
Visit the College Display & exhibits

4:30
High Value Body CT: Patient and Protocol Selection
Pamela T. Johnson, MD

5:15
Exercise and Aging
Alice S. Ryan, PhD

6:00
Adjourn

6:15
Reception
Chapter Awards Presentations
Theodore E. Woodward Award for Medical Education
Samuel P. Asper Award for Excellence in Internal Medicine
Mary Betty Stevens Award for Clinical Research
Mackowiak Student Achievement Award
Hospitalist Award
Early Career Physician Award
Saturday, February 2, 2019

7:30 a.m.
Continental Breakfast

Advancement to Fellowship Breakfast
Mangla S. Gulati, MD, CPPS, FACP, SFHM

7:15–8:00
Speed Mentoring (Early Career Physicians/Women in Medicine/International Medicine Graduates)–Terrace on the Green
Moderator:
Ali J. Afrookteh, MD, FACP
Story Slam #3

8:10
Dermatology Updates
Mark H. Lowitt, MD, FAAD

8:50
2018 1st Place Poster Research Winner–Mulholland Mohler Meeting
Blockage of Sonic Hedgehog Signaling Pathway: A Novel Preventive Approach for Esophageal Adenocarcinoma
Amir Ansari, MD

9:00
2018 1st Place Poster Clinical Vignette Winner–Mulholland Mohler Meeting
Trimethoprim-Sulfamethoxazole–Induced Hypoglycemia in a Non-Diabetic Patient with AIDS and Normal Renal Function
Puneet Ghotra, MD

9:10
Dementia: New Aspects and Treatment
Sevil Yasar, MD, PhD

9:55
Gastrointestinal Microbiome
Erik C. von Rosenvinge, MD

10:40
Break

Moderator:
Mary M. Newman, MD, MACP
Story Slam #4

11:00
How to Approach Patients with Joint Complaints and Inflammatory Arthritis
Uzma J. Haque, MBBS

11:00 a.m.–2:00 p.m.
Iron Med Competition for Residents
Presented by Chief Residents/Walter Reed Hospital

11:45
Left Ventricular Heart Failure
George Ruiz, MD

12:30 p.m.
Buffet Lunch

1:15–4:30
Doctor’s Dilemma® for Residents

Concurrent Sessions

1:15–5:15 p.m.
SEP Modules

1:15–5:15 p.m.
Point-of-Care Workshops
Ernest A. Fischer, MD
Brian T. Garibaldi, MD, FACP
Gigi Y. Liu, MD
David S. Weisman, DO, FACP

Residents’ Activities
Saturday, February 2

Moderator:
Janaki Deepak, MD, FACP

11:00 a.m.–2:00 p.m.
Iron Med Competition for Residents

1:15–4:30 p.m.
Doctor’s Dilemma® for Residents

Story Slams
We’re pleased to offer Story Slams, personal stories presented by physicians and medical students that capture and celebrate the practice of medicine. These stories, offered in 5-minute increments, will be held four times as each moderator is about to begin the next session of scientific topics. Whether an amusing or heartfelt experience shared by the presenter, it is a moving and fascinating glimpse into the practice of medicine.
Meeting Information

Faculty

Ali J. Afrookteh, MD, FACP, Co-Chair, MD ACP Program Committee; Private Practice, Frederick

John C. Allen, MD, Assistant Professor, University of Maryland School of Medicine, Baltimore

Amir M. Ansari, MD, Resident, Medstar Health Internal Medicine (MHIM), Baltimore

Daniel J. Brotman, MD, SFHM, FACP, Professor of Medicine, Director, Hospitalist Program, Member, Miller-Coulson Academy of Clinical Excellence, Johns Hopkins University School of Medicine, Baltimore

Colleen Christmas, MD, FACP, Associate Professor of Medicine, Director, Primary Care Leadership Track, The Johns Hopkins University School of Medicine, Bayview Campus, Baltimore

Janaki Deepak, MBBS, FACP, Chair, IMG Committee; Assistant Professor, Department of Pulmonary and Critical Care Medicine, University of Maryland School of Medicine, Baltimore

Robert P. Ferguson, MD, MACP, Clinical Professor, University of Maryland School of Medicine; Associate Professor, Johns Hopkins University School of Medicine; Staff Member, Department of Medicine, Greater Baltimore Medical Center, Baltimore

Ernest A. Fischer, MD, Assistant Program Director of Curriculum, Associate Professor of Medicine, Department of Internal Medicine, MedStar Georgetown University Hospital, Washington, DC

Brian T. Garibaldi, MD, FACP, Co-President, Society of Bedside Medicine; Director, Johns Hopkins Biocontainment Unit; Associate Program Director, Osler Residency Program, Assistant Professor of Medicine and Physiology, Johns Hopkins University School of Medicine, Baltimore

Puneet Ghotra, MD, Resident, Medstar Health Internal Medicine (MHIM), Baltimore

Mangla S. Gulati, MD, CPPS, FACP, SFHM, Governor, ACP Maryland Chapter; Chief Quality Officer, Associate Chief Medical Officer, Vice President Patient Safety and Clinical Effectiveness, Assistant Professor of Medicine, University of Maryland School of Medicine, Baltimore

Uzma J. Haque, MBBS, Assistant Professor of Medicine, The Johns Hopkins University School of Medicine, Bayview Campus, Baltimore

Pamela T. Johnson, MD, Associate Professor of Radiology, Oncology and Urology, Vice Chair of Quality, Safety & Value, Department of Radiology, Physician Lead, Health System High Value Care Committee, Johns Hopkins University School of Medicine, Baltimore

Gigi Yuen-Gee Liu, MD, MSc, Instructor of Medicine, Johns Hopkins University School of Medicine, Baltimore

Ana Maria Lopez, MD, MPH, MACP, President, American College of Physicians; Vice Chair, Medical Oncology, Chief of Cancer Services, Jefferson Health New Jersey, Sidney Kimmel Cancer Center, NCI Designated, Sidney Kimmel Medical College at Thomas Jefferson University, Turnersville, NJ

Mark H. Lowitt, MD, FAAD, Private Practice, Dermatology, Greater Baltimore Medical Center; Clinical Associate Professor of Dermatology, University of Maryland School of Medicine, Baltimore

Mary M. Newman, MD, MACP, Assistant Professor of Medicine, Johns Hopkins University, Baltimore; Private Practice, Lutherville

George Ruiz, MD, Chief of Cardiology, MedStar Union Memorial Hospital and MedStar Good Samaritan Hospital, Baltimore

Alice S. Ryan, PhD, Professor of Medicine, Senior Research Career Scientist, Veterans Affairs Rehabilitation Research & Development Service, University of Maryland School of Medicine, Baltimore

Nanette I. Steinle, MD, Associate Professor of Medicine, Division of Endocrinology, Diabetes & Nutrition, University of Maryland School of Medicine, Baltimore

Stephen D. Sisson, MD, FACP, Past Governor, ACP Maryland Chapter, Co-Chair, ACP Maryland Chapter Program Committee; Executive Director, Ambulatory Services, Philip A. Tumulty Professor of Medicine, Johns Hopkins University School of Medicine, Baltimore

Erik C. von Rosenvinge, MD, Chief of Gastroenterology, VA Maryland Health Care System; Associate Professor of Medicine, University of Maryland School of Medicine, Baltimore

David S. Weisman, DO, FACP, Assistant Professor of Medicine Georgetown University; Associate Program Director, Medstar Health Internal Medicine, Baltimore

Sevil Yasar, MD, PhD, Associate Professor of Medicine, Division of Neurology, Johns Hopkins University School of Medicine, Baltimore
Learning Objectives
At the conclusion of this activity, the participant will be able to:

• Apply updated knowledge of hyperglycemia, insomnia, dieting, and outpatient imaging to clinical practice.
• Improve clinical practice by incorporating major new developments in exercise and aging, dermatology, and microbiomes.
• Understand recent advances in internal medicine, clinical problem solving, and approaching patients with joint complaints.
• Diagnose and manage left ventricular heart failure and insomnia in the elderly.
• Increase confidence in performing ultrasounds.
• Provide attendees with insights to their patients through Story Slams.

Who Should Attend?
• General internists
• Subspecialty internists
• Family practitioners
• Fellows in subspecialty training
• Hospitalists
• Allied health practitioners
• Residents
• Medical students interested in internal medicine

CME Accreditation
The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of AMA PRA Category 1 Credit(s)™ listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Maryland Chapter Scientific Meeting for a maximum of 9 AMA PRA Category 1 Credit(s)™.

The SEP modules post course, for a maximum of 4 AMA PRA Category 1 Credit(s)™.

The Point-of-Care workshops, for a maximum of 4 AMA PRA Category 1 Credit(s)™.

Successful completion of this CME activity (the Maryland Chapter Scientific Meeting), which includes participation in the evaluation component, enables the participant to earn up to 9 medical knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.
ABIM SEP Modules Session for Maintenance of Certification

February 2, 2019

Noon
Buffet luncheon provided for SEP sessions participants

1:15 p.m.
2018 Update in Internal Medicine
Sara Mixter, MD, MPH
Heather F. Sateia, MD

3:15
2018 Update in Hospital Medicine
Paige H. Luneburg, MD
Lee Ann Wagner, MD

SEP Faculty
Paige H. Luneburg, MD, Hospitalist, University of Maryland School of Medicine, Baltimore
Sara Mixter, MD, MPH, Assistant Professor of Medicine, Johns Hopkins University School of Medicine, Baltimore
Heather F. Sateia, MD, Assistant Professor, Division of General Internal Medicine, Associate Program Director, Osler Residency Program, Johns Hopkins University School of Medicine, Baltimore
Lee Ann Wagner, MD, Assistant Professor of Medicine, University of Maryland School of Medicine, Baltimore

SEP Learning Objectives
• Participate in group discussion to determine answers to multiple-choice questions.
• Apply updated knowledge of internal medicine to clinical practice.
• Understand recent advances in internal medicine.
• Complete an ABIM SEP Module toward partial fulfillment of the ABIM’s Maintenance of Certification.

Who Should Attend the SEP Post-Course?
• Internists participating in the ABIM Maintenance of Certification Program
• General internists
• Family practitioners
• Subspecialty Physicians

SEP Note
The Maryland Chapter will provide you with a learner’s copy of the ABIM module(s) at the meeting.
If you are enrolled in the ABIM’s Maintenance of Certification program, you must order the module* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM’s Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit www.abim.org/online.
Additional Information

Chapter Awards
It is with distinct pleasure that the Maryland Chapter honors chapter members with chapter awards. The following awards will be presented: Theodore E. Woodward Award for Medical Education, Samuel P. Asper Award for Excellence in Internal Medicine, Mary Betty Stevens Award for Clinical Research, Philip A. Mackowiak Student Achievement Award, Hospitalist Award, and the Early Career Physicians Award. The awards will be presented during the reception on Friday.

Hotel Accommodations
We have reserved a block of rooms at the following rates until January 1, 2019. When making your reservation, be sure to mention that you will be attending the ACP Maryland Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 410-465-1500.

Single/Double: $129.00
Turf Valley Resort & Conference Center
2700 Turf Valley Road
Ellicott City, MD 21042

Satisfaction Guarantee
The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Going Green
To help us “green” we are making our presentations available online only on the Chapter Web site.

Contact Us

**BY INTERNET**
(Credit Card only)
Visit us on the Web
www.acponline.org/chapters

**BY MAIL**
Make check or money order payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

**BY FAX**
(Credit Cards only)
215-351-2799

**BY PHONE**
Call 800-ACP-1915, or
215-351-2600
(M–F, 9 a.m.–5 p.m. ET)
Maryland Chapter Registration Form

Ellicott City, Maryland ● February 1–2, 2019

ACP # (found on mailing label)

Name

□ MD □ DO □ OTHER

Address

City   State ZIP

Daytime Phone   Fax   E-mail

☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
☐ Please exclude me from receiving mailings from the meeting exhibitors.

☐ Check here if you are disabled and require assistance.

☐ Please notify the Maryland Chapter in writing before your course. We’ll be glad to help.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

<table>
<thead>
<tr>
<th>Categories</th>
<th>Scientific Meeting Registration Fee (RM1962)</th>
</tr>
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<tbody>
<tr>
<td>□ ACP Member</td>
<td>$135</td>
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<tr>
<td>□ ACP Resident/Fellow Member</td>
<td>No Fee</td>
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<tr>
<td>□ ACP Medical Student Member</td>
<td>No Fee</td>
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<tr>
<td>□ Nonmember Physician</td>
<td>$175</td>
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<tr>
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<td>No Fee</td>
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<tr>
<td>□ Nonmember Medical Student**</td>
<td>No Fee</td>
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<tr>
<td>□ Nonmember Allied Health Professional</td>
<td>$135</td>
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*Nonmember residents cannot register online and must contact Member/Customer Support at 800-ACP-1915 in order to receive the free registration rate.

**Nonmember Students: This meeting registration is free for ACP Medical Student Members. Join Now!

Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

<table>
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<tr>
<th>Additional Sessions Requiring Separate Registration</th>
<th>ACP Member</th>
<th>Nonmember</th>
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<tr>
<td>□ RM1962A—SEP Internal Medicine Module—Saturday, 1:15–3:15 p.m.</td>
<td>$35</td>
<td>$50</td>
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<tr>
<td>□ RM1962B—SEP Hospital Module—Saturday, 3:15–5:15 p.m.</td>
<td>$35</td>
<td>$50</td>
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<tr>
<td>□ RM1962C—Ultrasound Workshop—Saturday, 1:15–5:15 p.m.</td>
<td>$100</td>
<td>$125</td>
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Please indicate your attendance at the following:

☐ REC—Reception—Friday, 6:15–8:00 p.m.
☐ LUN—Buffet Lunch—Saturday, 12:30–1:15 p.m.

Grand Total $ ______________

Payment Options

☐ Check enclosed.
   (Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to:  

Card # ___________________ ________________________ ____________
   Exp. Date ______/______        Security Code __________ _____
   (3- or 4-digit number found on front or back of card)

Signature: ________________________________