2018 Massachusetts Chapter Scientific Meeting

Your Health Matters: Transformation of Physician Well-Being and Practice

November 17, 2018

Massachusetts Medical Society
860 Winter Street
Waltham, Massachusetts

REGISTER ONLINE NOW!
Massachusetts Chapter Meeting Highlights

• Special Guest — Ana Maria Lopez, MD, FACP, President, ACP, will present Personalized Medicine for the Internist

• PCP versus Hospitalist Dilemma, a Unifying Perspective? (Point/Counterpoint)

• “Patients before Paperwork” — presented by Shari Erickson, Vice President, Governmental Affairs and Medical Practice ACP

• “Enough about Burnout! Let’s Change the Conversation to Well-Being and Thriving” — presented by Kerri L. Palamara, MD, FACP, followed by a panel discussion sponsored by the Council of Early Career Physicians

• Town Hall Meeting and National ACP Update from President Ana Maria Lopez, MD, FACP

• Mentoring/Networking during lunch

• Resident/Fellow Oral Presentations

• Doctor’s Dilemma and Poster Competition in the morning

• Chapter Awards presentation

This educational activity has been designated for 6.25 CME credits.
# Program Schedule

"YOUR HEALTH MATTERS: TRANSFORMATION OF PHYSICIAN WELL-BEING AND PRACTICE"

**Saturday, November 17, 2018**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>7:30 a.m.</td>
<td>Poster Competition</td>
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<tr>
<td>9:00 a.m.</td>
<td>Doctor’s Dilemma (1.5 CME)</td>
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<td>10:25 a.m.</td>
<td>Welcome</td>
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<td>Elisa I. Choi, MD, FACP, Governor, ACP Massachusetts Chapter</td>
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<tr>
<td>10:30 a.m.</td>
<td>PCP versus Hospitalist Dilemma, a Unifying Perspective? (1.25 CME)</td>
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<td><strong>Moderator:</strong> Karen M. Freund, MD, MPH</td>
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<td></td>
<td><strong>Panelists:</strong> Sarita Bajracharya, MD, ACP Member</td>
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<td>Booker T. Bush, MD</td>
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<td>Jonathan D. Goldman, MD, ACP Member</td>
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<td>Bogdan Nedelescu, MD</td>
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<tr>
<td>11:45 a.m.</td>
<td>Personalized Medicine for the Internist (.5 CME)</td>
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<td>Ana Maria Lopez, MD, FACP, President, ACP</td>
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<td>12:15 p.m.</td>
<td>Lunch and Networking Tables</td>
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<tr>
<td>12:45 p.m.</td>
<td>Fostering Excellence in Internal Medicine — ACP Update (.25 CME)</td>
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<td>Ana Maria Lopez, MD, FACP, President, ACP</td>
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<tr>
<td>1:00 p.m.</td>
<td>MA ACP Business Meeting and Awards</td>
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<td>Elisa I. Choi, MD, FACP</td>
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<tr>
<td>1:30 p.m.</td>
<td>Resident Presentations</td>
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<td>2:00 p.m.</td>
<td>ACP Health Policy Update — Patients before Paperwork Initiative (.75 CME)</td>
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<td>Shari Erickson, MPH, Vice President, Governmental Affairs and Medical Practice, ACP</td>
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<tr>
<td>2:45 p.m.</td>
<td>Break</td>
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<td>3:00 p.m.</td>
<td>Enough about Burnout! Let’s Change the Conversation to Well-Being and Thriving (1 CME)</td>
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<td>Kerri L. Palamara, MD, FACP</td>
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<td>4:00 p.m.</td>
<td>ECP Panel Discussion (1 CME)</td>
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<td><strong>Moderator:</strong> Kerri L. Palamara, MD, FACP</td>
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<td><strong>Panelists:</strong> Lauren B. Doctoroff, MD, ACP Member</td>
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<td>Kevin T. Hinchev, MD, FACP</td>
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<td>Aisha James, MD, MS, ACP Member</td>
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<td>Asad Khan, MD, ACP Member</td>
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<td>Valerie E. Stone, MD, MPH, MACP</td>
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<tr>
<td>5:00 p.m.</td>
<td>Governor’s Reception and Story Slam</td>
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Meeting Information

Faculty

Sarita Bajracharya, MBBS, MD, ACP Member
Cape Cod Hospital

Booker T. Bush, MD
Primary Care-Internal Medicine, High Street Health Center, Baystate Medical Center, UMass Medical School

Elisa I. Choi, MD, FACP
Chief, Internal Medicine, Harvard Vanguard — Somerville; Faculty, Harvard Medical School

Lauren B. Doctoroff, MD, ACP Member
Hospitalist and Assistant Professor, Harvard Medical School; Beth Israel Deaconess Medical Center

Shari Erickson, MPH
Vice President, Governmental Affairs and Medical Practice, American College of Physicians

Karen M. Freund, MD, MPH
Interim Chair of Medicine and Physician-in-Chief, Tufts Medical Center; Professor of Medicine, Tufts University School of Medicine; American Cancer Society — Harry and Elsa Jiler Clinical Research Professor

Jonathan D. Goldman, MD, ACP Member
Hospitalist, Department of Medicine, Beth Israel Deaconess Hospital-Needham; Instructor in Medicine, Harvard Medical School; Adjunct Instructor of Medicine, Boston University School of Medicine

Kevin T. Hinchevy, MD, FACP
Senior Associate Dean for Education, Chief Education Officer, Baystate Health Systems; Associate Professor of Medicine, UMMS — Baystate

Aisha James, MD, MS, ACP Member
Co-Chair, ACP Health and Public Policy Committee, Massachusetts Chapter; Assistant in Medicine and Pediatrics, Massachusetts General Hospital; Clinical Instructor, Harvard Medical School

Asad Khan, MD, ACP Member
Chief Medical Resident, UMMS — Baystate Internal Medicine Residency Programs

Ana Maria Lopez, MD, FACP
Vice-Chair of Medical Oncology, Sidney Kimmel Cancer Center, Thomas Jefferson University; Chief of Cancer Services at Jefferson Health — New Jersey

Bogdan Nedelescu, MD
Private Practice, Worcester Internal Medicine; Teaching Attending at UMass Memorial Medical Center and St. Vincent Hospital; Medical Director at Skilled Nursing Facilities and Rehabilitation Centers

Kerri L. Palamara, MD, FACP
Director, Center for Physician Well-being for the MGH Dept. of Medicine; Assistant Professor of Medicine, Harvard Medical School

Valerie E. Stone, MD, MPH, MACP
Chair, Department of Medicine, Mount Auburn Hospital; Charles S. Davidson Professor of Medicine, Harvard Medical School

Planning Committee

Elisa I. Choi, MD, FACP — Program Chair
George M. Abraham, MD, MPH, FACP
Linda Habeeb, MD, FACP
Kathryn Jobbins, MD, ACP Member
Gene Lambert, MD, FACP
Mary Lee, MD, FACP
Joseph Li, MD, FACP
Michael Rosenblum, MD, FACP
Anita Vanka, MD, FACP

Laureate Award

It is with distinct pleasure that the Massachusetts Chapter will present the Laureate Award again this year. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The award will be presented during lunch.

Residents’ and Medical Students’ Activities

The selected posters, prepared by resident and medical student members from Poster Day, will be presented and judged at the meeting for final awards. Oral presentations prepared by residents will also be presented. Winners will receive cash prizes and be eligible for entrance into the national competition held during Internal Medicine 2019 in Philadelphia.

Doctor’s Dilemma will be held in the morning of the Annual Chapter Meeting beginning at 9:00 a.m. For more information and to submit your residency program teams, contact Lynda Layer at llayer@mms.org by October 3.
Who Should Attend
- General internists
- Subspecialty internists
- Family practitioners
- Hospitalists
- Fellows in subspecialty training
- Allied health practitioners
- Residents (internists in training)
- Medical students interested in internal medicine

Learning Objectives
At the conclusion of this activity, participants will be able to:
- Understand the contributors to and the assessment of physician burnout
- Understand systemic approaches to address and reduce physician burnout in health care organizations and environments
- Understand the impact of administrative tasks on physicians, their patients, and the health care system overall
- Understand recent updates in Personalized Medicine

CME Accreditation
The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MOC Statement
Successful completion of this CME activity enables the participant to earn up to 6.25 medical knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points."

Directions
Massachusetts Medical Society, 860 Winter Street, Waltham

From Boston
Head west on the Massachusetts Turnpike/90 to Exit 15. Keep right beyond the tollbooth and follow the signs for I-95/128 North. Follow 95/128 North for approximately two miles to Exit 27A–27B (Winter Street). Off exit ramp, keep right and go over 128 and follow Winter Street for approximately one mile. You’ll pass the reservoir on your right, and the road will curve sharply to the right. Immediately after the curve, you’ll see the Waltham Woods sign on the left. See below for further directions.

From Points West
Head east on the Massachusetts Turnpike/90 to Exit 14. Keep left beyond the tollbooth and follow the signs for I-95/128 North. Follow 95/128 North for approximately two miles to Exit 27A–27B (Winter Street). Off exit ramp, keep right and go over 128 and follow Winter Street for approximately one mile. You’ll pass the reservoir on your right, and the road will curve sharply to the right. Immediately after the curve, you’ll see the Waltham Woods sign on the left. See below for further directions.

From Points North
Head south on Route 128/I-95 to Exit 27B (Winter Street). Off exit ramp, keep right and follow Winter Street for approximately one mile. You’ll pass the reservoir on your right, and the road will curve sharply to the right. Immediately after the curve, you’ll see the Waltham Woods sign on the left. See below for further directions.

From Points South
Head north on Route 128/I-95 to Exit 27A–27B (Winter Street). Off exit ramp, keep right, go over 128, and follow Winter Street for approximately one mile. You’ll pass the reservoir on your right, and the road will curve sharply to the right. Immediately after the curve, you’ll see the Waltham Woods sign on the left. See below for further directions.

At Waltham Woods
Take a left at the Waltham Woods sign on Winter Street and follow the road up the hill (approximately 1/3 mile). The MMS headquarters building will be directly in front of you. (Note that parking and the main entrance are at the back of the building.)
How to Register

Online

Mail
To register by mail, complete the registration form at the back of this brochure and mail it to ACP at the address below. Be sure to list your daytime phone number in case we need to notify you of any changes. Please reproduce the form for additional registrations (one form per registrant).

AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

Fax
Register 24 hours a day via fax at (215) 351-2799.

Fax forms must include credit card number, expiration date, security code number, and signature. Do not mail a copy of the form because it may result in a duplicate registration and you will be charged twice.

Phone
Call 800-ACP-1915 or (215) 351-2600 (Monday–Friday, 9 a.m.–5 p.m. ET).

Be sure to have your credit card number, expiration date, and security code number available before calling.

Payment Options
Payment in full is required. Make check or money order payable to ACP. Must remit in US funds drawn on a US bank. If paying by credit card, please provide the credit card number, expiration date, security code, and authorizing signature.

Cancellations/Refunds
All cancellation requests must be received by Member and Customer Service in writing (email custserv@acponline.org). Cancellations will not be accepted by telephone.

Satisfaction Guarantee
We offer a satisfaction guarantee — if meeting attendees are not satisfied with their experience at the meeting, they may write for a refund of their registration fee.

Special Needs
If you have a disability or any special dietary needs, please contact Lynda Layer by phone at (781) 434-7317 or email llayer@mms.org.

Questions?
For registration information, contact ACP Member and Customer Service (Monday–Friday, 9 a.m.–5 p.m. ET) toll-free at 800-ACP-1915. You may also email custserv@acponline.org or fax (215) 351-2799.

If you need more information on the meeting schedule or location, please contact Lynda Layer by phone at (781) 434-7317 or email llayer@mms.org.

For more information about ACP or the Massachusetts Chapter, contact Elisa I. Choi, MD, FACP, by email at elisamdfacp@gmail.com.

If you are interested in becoming a member of the College, please contact the Member and Customer Service Department at 800-ACP-1915 or (215) 351-2600 (Monday–Friday, 9 a.m.–5 p.m. ET).

Attendance at chapter meetings can help all ACP members meet the qualifications for advancement to fellowship. It is especially important for those applying under the pathway that calls for five years of activity as a member.
Registration Form
American College of Physicians Massachusetts Chapter Scientific Meeting November 17, 2018

This form may be photocopied.

ACP # (found on mailing label) _____________________________________________________

Name ____________________________________________ MD DO

Address _________________________________________________________________________
_________________________________________________________________________________
City _____________________________________  State___________  ZIP ___________________

Daytime Phone____________________________ Fax ___________________________________

Email  ___________________________________________________________________________

☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
☐ Please exclude me from receiving mailings from the meeting exhibitors.

Payment Options:
Please refer to the next page for all of your registration and payment options. Don’t forget you can register and pay online at http://bit.ly/2vlPo6j. If you are mailing or faxing this form, please indicate your payment preference and complete the form below.

GRAND TOTAL (from below) $___________

☐ Check enclosed. (Payable to ACP. Must remit in US funds drawn on US bank.)
Charge to: ☐ Visa ☐ MasterCard ☐ American Express ☐ Discover

Exp. Date ____/____  Security Code____________
MM / YY (3- or 4-digit number found on front or back of card)

Signature:  _______________________________________________________________________

Email your questions to custserv@acponline.org

☐ Please check here if you have any special dietary needs, and be sure to contact the chapter. We encourage participation by all individuals. Check here if you are disabled and require assistance. Advance notification is essential for us to serve you better. Please notify the Massachusetts Chapter in writing at least 30 days before your course. We’ll be glad to help.

Registration Fees:  RM 1952

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

ACP Categories
☐ Member ........................................................................................................................ $50
☐ Resident/Fellow Member ............................................................................................. $25
☐ Medical Student Member ........................................................................................... No Fee
☐ Affiliate Member (Allied Health Professional) .............................................................. $50

Nonmember Categories
☐ Nonmember Physician ............................................................................................ $100
☐ Nonmember Resident* ................................................................................................ $50
☐ Nonmember Medical Student† ................................................................................ No Fee
☐ Nonmember Allied Health Professional ....................................................................... $100

*Nonmember Residents: Call Member and Customer Service at 800-ACP-1915 to get the correct registration rate. Please reference course code RM1952.

†Nonmember Students: This meeting registration is free for ACP Medical Student Members. Join Now!

☐ I will attend the Governor’s Reception in honor of the ACP President

GRAND TOTAL (enter on previous page) $___________

Questions? If you have trouble registering for the meeting online, please contact Member and Customer Service at 800-ACP-1915 or direct at (215) 351-2600 (M–F, 9 a.m.–5 p.m. ET). Course code: RM1952.
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