

# Northern California Chapter Scientific Meeting 2018



**November 2–3, 2018**

Marriott Santa Clara  
Santa Clara, California

[Register Online Today!](#)

*Holistic Approach to Health: Biologic, Psychologic, Social*

This live activity has been designated for 8.5 CME credits and 8.5 MOC points.  
An additional 4 CME credits can be obtained by attending the SEP precourse.



California  
Northern Region

# Meeting Highlights

- Two SEP Modules
- Doctor's Dilemma®
- Resident/Student Abstract Poster Competition
- Internal Medicine Update
- Patient Engagement
- Physician Wellness
- Images in Clinical Medicine
- Perioperative Medicine
- Women in Medicine

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Northern California Chapter of the American College of Physicians, being held November 2–3, 2018, at the Marriott Santa Clara. The theme chosen for this year's meeting is Holistic Approach to Health: Biologic, Psychologic, Social. Based upon feedback, this year's meeting will be conducted over 2 days rather than our traditional 3-day schedule.



Our annual meeting is an opportunity for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Northern California Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

We are honored to be joined by Jack Ende, MD, MACP, the Immediate Past President of the American College of Physicians, who will give the keynote address. Previously he was Editor of the ACP's Medical Knowledge and Self-Assessment Program (MKSAP). He also authored and edited a groundbreaking series of texts called Teaching Medicine, published by ACP. His presentation centers around the topic of professionalism.

In addition to earning CME credits, this conference is about making personal contacts, giving me a chance to meet members of our chapter, and can help you to get involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at [cchapter.acponline.org](http://cchapter.acponline.org).

I look forward to seeing you in Santa Clara.

Sincerely,

Raminder S. Gill, MD, FACP  
ACP Governor, Northern California Chapter

# Schedule at a Glance

## *Holistic Approach to Health: Biologic, Psychological, Social*

### Friday, November 2, 2018

#### Noon

#### Registration

#### 1:00 p.m.

#### ABIM SEP Module: Hospital Medicine Update

#### 3:00

#### Break

#### 3:20

#### ABIM SEP Module: Internal Medicine Update

### Saturday, November 3, 2018

#### 7:00 a.m.

#### Registration/Breakfast

#### 7:50

#### Welcome

Raminder S. Gill, MD, FACP

Governor, ACP Northern California Chapter

#### 8:00

#### Patient Engagement: The New Triple Threat

Christopher Lillis, MD, FACP

#### 9:00

#### Keynote Speaker: Professionalism as the Foundation of Holistic Care

Jack Ende, MD, MACP

#### 9:45

#### Break

#### 10:00

#### American Women in Medicine

Joan C. Lo, MD, FACP

#### 11:00

#### Images in Clinical Medicine Problem Solving

Paul B. Aronowitz, MD, MACP

Jeff Kohlwes, MPH, MD

Tamsin H. Levy, MD

#### Noon

#### Awards Luncheon/California Services Update

#### Concurrent Mentoring Lunch for Residents/ Medical Student

#### 1:30 p.m.

#### Perioperative Medicine Talk

Yile Ding, MD

Maggie So, MD, FACP

Robert M. Taylor, MD

#### 1:30

#### Poster Judging/Viewing

#### 2:30

#### Attending to the Most Important Instrument in the Practice of Medicine

Mickey Trockel, MD, PhD

#### 3:30

#### Update in Medicine Session I

Moderator: Baldeep Singh, MD FACP

Kurt Hafer, MD, FACP

Kathleen A. Kenny MD, FACP

#### 4:15

#### Update in Medicine Session II

Moderator: Baldeep Singh, MD, FACP

Heather C. Henri, MD, FACP

Bryant Lin, MD

#### 5:00

#### Doctor's Dilemma®

Moderator: Eugene Lee, MD, FACP

#### 6:00

#### Reception

#### Poster Winners Announced



# Meeting Information

## Faculty

**Raminder S. Gill, MD FACP**, Governor, ACP Northern California Chapter; Clinical Professor, Internal Medicine/ Section of Hospital Medicine, UC Davis Health, Sacramento

**Paul B. Aronowitz, MD, MACP**, Clinical Professor, Department of Internal Medicine, UC Davis Health, Sacramento

**Yile Ding, MD**, Hospitalist, Sutter Health, San Francisco

**Jack Ende, MD, MACP**, Immediate Past President, American College of Physicians; The Schaeffer Professor of Medicine, Perelman School of Medicine at the University of Pennsylvania, Philadelphia, PA

**Kurt M. Hafer, MD, FACP**, Clinical Assistant Professor of Medicine, Division of Primary Care and Population Health, Stanford University, Palo Alto

**Heather C. Henri, MD, FACP**, Assistant Professor, Division of Primary Care and Population Health, Stanford, Palo Alto

**Kathleen A. Kenny, MD, FACP**, Associate Clinical Professor, Division of Primary Care and Population Health, Stanford University, Palo Alto

**Jeff Kohlwes, MPH, MD**, Professor of Medicine, Prime Residency Director, University of California, San Francisco

**Eugene Lee, MD, FACP**, Associate Program Director, Internal Medicine Residency, California Pacific Medical Center, San Francisco

**Bryant Lin, MD**, Associate Clinical Professor, Division of Primary Care and Population Health, Stanford University, Palo Alto

**Tamsin H. Levy, MD**, Associate Program Director, Department of Internal Medicine, Alameda Health System, Oakland

**Christopher Lillis, MD, FACP**, Department of Internal Medicine, UC Davis Health, Sacramento

**Joan C. Lo, MD, FACP**, Senior physician and Research Scientist, Kaiser Permanente Northern California, Division of Research, Associate Clinical Professor of Medicine at the University of California, San Francisco, San Francisco

**Baldeep Singh, MD, FACP**, Clinical Professor, Department of Medicine, Division of Primary Care and Population Health, Stanford, Palo Alto

**Maggie So, MD, FACP**, Associate Program Director, California Pacific Medical Center; Hospitalist, Sutter Health, San Francisco

**Robert M. Taylor, MD**, Hospitalist, Sutter Health, San Francisco

**Mickey Trockel, MD, PhD**, Clinical Associate Professor, Psychiatry and Behavioral Sciences, Stanford University, Palo Alto

## Program Committee

**Megha Garg, MD**

**Raminder S. Gill, MD, FACP**

**Brendan Kim**, Medical Student

**Neelardi Misra, MD**

**Carmelina Raffetto**, Executive Director

**Annica Stull-Lane**, Medical Student

# Meeting Information

## Resident/Fellow Members' and Medical Students' Activities

Clinical vignettes, posters, and research papers prepared by Resident/Fellow Members and Medical Students will be presented at the meeting. Winners will receive monetary prize and be eligible for entrance into the national competition held during Internal Medicine Meeting 2019. Contact Carmelina Raffetto at [acpcano@gmail.com](mailto:acpcano@gmail.com) for information about entering the Resident/Fellow Members' Competition. Deadline for submissions is **September 21, 2018**.

There will be a mentoring lunch on Saturday for residents and medical students, as well as a Doctor's Dilemma® and poster competition. Poster winners will be acknowledged at the reception on Saturday.



## Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Understand political advocacy and reform.
- Gain an appreciation of some strategies for patient engagement.
- Better identify some reasons for physician burnout and what can be done to avoid this.
- Apply updated knowledge in the care of perioperative patients.

## Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

## CME Accreditation

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of **AMA PRA Category 1 Credit(s)**<sup>™</sup> listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Northern Chapter Scientific Meeting for a maximum of **8.5 AMA PRA Category 1 Credit(s)**<sup>™</sup>.

The SEP modules, for a maximum of **4 AMA PRA Category 1 Credit(s)**<sup>™</sup>.

Successful completion of this CME activity (the Northern California Chapter Scientific Meeting), which includes participation in the evaluation component, enables the participant to earn up to 8.5 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

# Maintenance of Certification

## ABIM SEP Modules Session for Maintenance of Certification

Friday, November 2, 2018

**1:00 p.m.**

**Hospital Medicine Update**

**3:20**

**Internal Medicine Update**

### SEP Faculty

**Raminder S. Gill, MD FACP**, Governor, ACP Northern California Chapter; Clinical Professor, Internal Medicine/Section of Hospital Medicine, UC Davis Health, Sacramento

**Pouria Kashkoui, MS, MD, FACP**, Associate Clinical Professor, Internal Medicine/Section of Hospital Medicine, Lead, UCD Home Based Palliative Care, UC Davis Health, Sacramento

**John F. MacMillan, Jr., MD, FACP**, Medical Director, UC Davis Medical Center Palliative Care Program & Hospice Program, Clinical Professor, Internal Medicine/Section of Hospital Medicine, UC Davis Health, Sacramento

**Mithu S. Molla, MD, FACP**, Associate Clinical Professor, Internal Medicine/Section of Hospital Medicine, Chief, Section of Hospital Medicine, UC Davis Health, Sacramento

**Voltaire R. Sinigayan, MD, FACP**, Vice Chief, Section of Hospital Medicine, Internal Medicine/Section of Hospital Medicine, UC Davis Health, Sacramento

### SEP Learning Objectives

- Participate in group discussion to determine answers to multiple-choice questions.
- Apply updated knowledge of internal medicine and hospital medicine to clinical practice.
- Understand recent advances in internal medicine and hospital medicine.
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM's Maintenance of Certification.

### Who Should Attend the SEP Course?

- Internists participating in the ABIM Maintenance of Certification Program
- General internists
- Family practitioners
- Subspecialty physicians

### SEP Note

The Northern California Chapter will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module\* directly from the ABIM by visiting [www.abim.org/online](http://www.abim.org/online). After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM's Maintenance of Certification program, visit [www.abim.org/moc](http://www.abim.org/moc) or call ABIM at 800-441-ABIM (2246).

\*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit [www.abim.org/online](http://www.abim.org/online).

# Additional Information

## Hotel Accommodations

We have reserved a block of rooms at the following rates until Friday, October 12, 2018. When making your reservation, be sure to mention that you will be attending the ACP Northern California Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by **calling the hotel directly at 800-228-9290**.

Single/Double: \$159.00

Marriott Santa Clara  
2700 Mission College Boulevard  
Santa Clara, CA 95054-1218

Book your group rate for the ACP [Annual Scientific Prospectus](#)

## Parking

Parking is available at the Marriott Santa Clara at the below rates:

Self-Parking: \$15/day

Valet Parking: \$25/day



[Visit us online for details on hotel reservations, directions, parking, and areas of interest.](#)

## Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

## Contact Us



### BY INTERNET

(Credit Card only)  
Visit us on the Web  
[www.acponline.org/chapters](http://www.acponline.org/chapters)



### BY MAIL

Make check or money order payable to ACP.  
AC002  
American College of Physicians  
190 N. Independence Mall West  
Philadelphia, PA 19106-1572



### BY FAX

(Credit Cards only)  
215-351-2799



### BY PHONE

Call 800-ACP-1915, or  
215-351-2600  
(M-F, 9 a.m.-5 wp.m. ET)

# Northern California Chapter Registration Form CMB

Santa Clara, California • November 2–3, 2018

RM1944

ACP # (found on mailing label)

Name  MD  DO  OTHER

Address

City State ZIP

Daytime Phone Fax E-mail

- Please check here to indicate a permanent change to your preferred address for all College mailings.
- Please exclude me from receiving mailings from the meeting exhibitors.



- Check here if you are disabled and require assistance. Please notify the Northern California Chapter in writing before your course. We'll be glad to help.

## Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Registration Fee
<input type="checkbox"/> ACP Member	\$125
<input type="checkbox"/> ACP Resident/Fellow Member	No Charge
<input type="checkbox"/> ACP Medical Student Member	No Charge
<input type="checkbox"/> Nonmember Physician	\$300
<input type="checkbox"/> Nonmember Resident*	\$100
<input type="checkbox"/> Nonmember Medical Student**	\$25
<input type="checkbox"/> Nonmember Allied Health Professional	\$100

\*Nonmember Residents cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600, in order to get the correct registration rate.

\*\***Nonmember Students:** This meeting registration is free for ACP Medical Student Members. [Join Now!](#)

**Please note:** Members whose dues were not paid by July 1 for the current fiscal year will receive the nonmember registration rate.

Categories	SEP Module #1: 2018 Hospital Medicine Update (RM1944A)	SEP Module #2: Internal Medicine 2018 Update (RM1944B)
<input type="checkbox"/> ACP Member	\$50	\$50
<input type="checkbox"/> ACP Nonmember	\$150	\$150

Will you serve as a judge for the abstract competition?

Guest name \_\_\_\_\_

Dietary Restrictions:  Vegetarian  Vegan  Other (specify) \_\_\_\_\_



# Northern California Chapter Registration Form CMB

Please indicate your attendance at the following:

- BR01—Registration/Breakfast—November 3, 7:00–8:00 a.m.
- LUN01—Awards Luncheon—November 3, Noon–1:15 p.m.
- LUN02—Resident/Student Luncheon—November 3, Noon–1:15 p.m.
- LUN01G—Awards Luncheon Guest—November 3, Noon–1:15 p.m. \$30.00  
Guest name \_\_\_\_\_
- REC—Reception—November 3, 6:00–7:30 p.m.

Grand Total \$ \_\_\_\_\_

## Payment Options

- Check enclosed.  
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

- Charge to:        

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ / \_\_\_\_\_ Security Code \_\_\_\_\_  
MM/YY (3- or 4-digit number found on front or back of card)

Signature: \_\_\_\_\_