ACP supports this measure, however; the United States Preventive Services Task Force (USPSTF) recommends offering behavioral interventions for patients labeled as obese (BMI of 30 kg/m²), not overweight individuals (BMI of 25.-29.9 kg/m²). Additionally, there is no evidence about appropriate intervals for screening. As written, the measure would pressure physicians to spend a disproportionate amount of time on a patient’s weight, when other conditions should take precedence. Therefore, we advocate for annual versus biennial screening.

Date Reviewed: November 7, 2015