

Type 1 Diabetes

Developed by:

- Endocrine Society*
- American Academy of Pediatrics*
- American Association of Diabetes Educators*
- American College of Physicians*
- American Diabetes Association*
- Hormone Health Network*
- Juvenile Diabetes Research Foundation*
- International Society of Pediatric and Adolescent Diabetes*
- Pediatric Endocrine Society*

How Developed: Chronic endocrine conditions like type 1 diabetes and growth hormone deficiency can be complex and challenging for patients to successfully manage—and especially when transitioning to a new health care team. Recognizing the need to improve this transition process and to enhance care coordination between practices, the Endocrine Society spearheaded an initiative to develop pediatric-to-adult transitions of care tools for a variety of endocrine conditions. Partnering with a broad coalition of stakeholder organizations, condition-specific working groups were established with experts in the field to evaluate gaps in care coordination and to begin addressing needs in these areas. The resulting toolkits provide a comprehensive approach to successfully managing transitions for patients with various endocrine conditions.

Tool Name	Description of Tool	How to Use Tool
<u>Transition Readiness Assessment for Youth (Pediatric)</u>	An assessment tool intended to be utilized by the pediatric care team or other clinicians caring for youth to begin the conversation about the youth’s needed skills to manage his/her health and health care. This tool indicates the elements specifically related to the clinical condition that should be assessed and documented by the transferring pediatric practice.	This <u>form</u> is suggested to help assess the teen/emerging young adult’s knowledge and skills regarding diabetes and its management. The tool is intended as an aide to help assess the readiness of older teens/emerging young adults in the transition and to be transferred from pediatric to adult diabetes care providers. Note that some questions may not apply to patients with type 2 diabetes or other forms of diabetes.

<p><u>Patient Self-Care Assessment for Young Adults (Adult)</u></p>	<p>An assessment tool to be utilized by the adult care team to assess any remaining gaps in self-care knowledge and skills or additional issues that need to be addressed to ensure optimal management of the medical condition(s).</p>	<p>Adult care team should direct the patient to consider the statements in the <u>patient self-assessment tool</u> and note how important it would be to discuss the item with your healthcare team as you are moving on from pediatric to adult diabetes care.</p>
<p><u>Clinical Summary/Transfer Record (Essential Clinical Information)</u></p>	<p>A medical record summary that indicates essential clinical information specifically related to the clinical condition that is to be included in the patient’s medical record upon transfer to the adult practice.</p>	<p>The <u>clinical summary/transfer record form</u> should be completed, signed, and dated on last page by referring provider and patient. Patient and family to review and give completed form to new adult health care provider.</p>
<p><u>Welcome to the Practice Guide</u></p>	<p>The “Welcome to the Practice” guide should be service oriented, such as the service guide provided in hotel rooms to inform guests of services and policies.</p>	<p>This <u>guide</u> should be given to the patient as a resource on first visit to adult practice.</p>
<p><u>Recommended Approach to Planning for Pediatric Practices</u></p>	<p>This tool provides pediatric practices with a guide for how to begin the transition process for patients with type 1 diabetes.</p>	<p>The <u>recommended approach</u> is to be used by pediatric practices as they plan for transitioning patients with type 1 diabetes into adult care.</p>
<p><u>Recommended Approach for Receiving Patients in New Patients</u></p>	<p>This resource serves as a receiving guideline for the adult clinician and includes information on how to begin the final phase of the transition.</p>	<p>This <u>recommended approach</u> is intended for adult care practices as they plan for receiving emerging adults with type 1 diabetes into the adult care setting.</p>