

Growth Hormone Deficiency

Developed by:

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 American Academy of Pediatrics
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 Pediatric Endocrine Society*

How Developed: Chronic endocrine conditions like growth hormone deficiency can be complex and challenging for patients to successfully manage—and especially when transitioning to a new health care team. Recognizing the need to improve this transition process and to enhance care coordination between practices, the Endocrine Society spearheaded an initiative to develop pediatric-to-adult transitions of care tools for a variety of endocrine conditions. Partnering with a broad coalition of stakeholder organizations, condition-specific working groups were established with experts in the field to evaluate gaps in care coordination and to begin addressing needs in these areas. The resulting toolkits provide a comprehensive approach to successfully managing transitions for patients with various endocrine conditions.

Tool Name	Description of Tool	How to Use Tool
<u>Transition Readiness Assessment for Youth (Pediatric)</u>	An assessment tool intended to be utilized by the pediatric care team or other clinicians caring for youth to begin the conversation about the youth’s needed skills to manage his/her health and health care. This tool indicates the elements specifically related to the clinical condition that should be assessed and documented by the transferring pediatric practice.	This <u>form</u> is suggested to help assess the teen/emerging young adult’s knowledge and skills regarding growth hormone deficiency and its management. The tool is intended as an aide to help assess the readiness of older teens/emerging young adults in the transition and to be transferred from pediatric to adult care providers.
<u>Patient Self-Care Assessment for Young Adults (Adult)</u>	An assessment tool to be utilized by the adult care team to assess any remaining gaps in self-care knowledge and skills or additional issues that need to be addressed to ensure optimal management of the medical condition(s).	Adult care team should direct the patient to consider the statements in the <u>patient self-assessment tool</u> and note how important it would be to discuss the item with your healthcare team as you are moving on from pediatric to adult diabetes care.

<p><u>Clinical Summary/Transfer Record (Essential Clinical Information)</u></p>	<p>A medical record summary that indicates essential clinical information specifically related to the clinical condition that is to be included in the patient’s medical record upon transfer to the adult practice.</p>	<p>The <u>clinical summary/transfer record form</u> should be completed, signed, and dated on last page by referring provider and patient. Patient and family to review and give completed form to new adult health care provider.</p>
<p><u>Dosing Guide</u></p>	<p>This guide provides an overview of dosing strategies for patients with growth hormone deficiency.</p>	<p>This <u>guide</u> should be used by the pediatric and adult providers to gain a better understanding of how dosing changes throughout the transition period.</p>
<p><u>Recommended Approach for Receiving Patients in New Patients</u></p>	<p>This resource serves as a receiving guideline for the adult provider and includes information on how to begin the final phase of the transition.</p>	<p>This <u>recommended approach</u> is intended for adult care practices as they plan for receiving emerging adults with growth hormone deficiency into the adult care setting.</p>