

Hyperthyroidism

Developed by	Endocrine Society (ES)
How developed	<p>The Endocrine Society utilized a task force made up of 5 members with special interest in the area of care coordination and referral process. The task force proposed the conditions for which pertinent data sets would be developed. These were then approved by the Clinical Affairs Core Committee (CACC) with oversight by a member of our Council (Board of Directors).</p> <p>The task force members were each assigned one or more of the conditions and developed the items for the PDS. The task force members reviewed these by email and by conference call, discussed as a group and modified them as needed. They were then submitted to the CACC for review and approval.</p> <p>As part of the process, the task force referred to the published guidelines on the selected conditions as well as any pertinent choosing wisely recommendations.</p>
Additional essential patient information	<ul style="list-style-type: none"> • TSH • Free T4
Additional patient information, if available	<ul style="list-style-type: none"> • CBC • Liver Function Test • Any additional thyroid function tests • Chemistry Panel • Thyroid Antibodies • Thyroid Imaging (Ultrasound, Thyroid Nuclear Medicine Scan)
Alarm symptoms/conditions	<ul style="list-style-type: none"> • Pregnancy • Persistent tachycardia • Significant change in Weight • New onset Atrial Fibrillation • Cardiovascular Disease • New onset or Exacerbation of Congestive Heart Failure • Myopathy (difficulty getting up from sitting position or ambulating) • Ophthalmopathy with vision changes • Thyroid pain • Amiodarone therapy • IV contrast
Tests/procedures to avoid prior to consult	Radiocontrast Studies (iodine load can exacerbate some forms of hyperthyroidism/interfere with imaging and therapy; please note if needed for another critical condition)
Common rule-outs to consider prior to consults	None provided
Relevant "Choosing Wisely" elements	None provided

Hyperthyroidism (*continued*)

<p>Healthcare professional and/or patient resources</p>	<p>Healthcare Professional Information:</p> <p>http://thyroidguidelines.net/sites/thyroidguidelines.net/files/file/THY_2010_0417.pdf</p> <p>https://www.endocrine.org/~media/endosociety/Files/Publications/Clinical%20Practice%20Guidelines/Thyroid-Exec-Summ.pdf</p> <p>Patient Information</p> <p>http://www.hormone.org/diseases-and-conditions/thyroid/hyperthyroidism</p> <p>http://www.hormone.org/questions-and-answers/2012/radioactive-iodine-treatment-for-hyperthyroidism</p> <p>http://www.hormone.org/patient-guides/2012/hyperthyroidism-in-pregnancy</p> <p>http://www.thyroid.org/what-is-hyperthyroidism/</p> <p>http://www.thyroid.org/what-is-graves-disease/</p>
---	---