

Preoperative Evaluation

Developed by	Society of General Internal Medicine (SGIM)
How developed	Literature was reviewed and recommendations were established by consensus. There is little literature to support most routine preoperative testing.
Additional essential patient information	<ul style="list-style-type: none"> • Diagnosis, proposed procedure, and date of the procedure • Urgency of the proposed surgery • Anesthetic plan • Proposed peri-procedure anticoagulation plan • Anticipated length of recovery or post-procedure rehabilitation • Tests that are required by the planned facility
Additional patient information, if available	<ul style="list-style-type: none"> • Previous anesthetic complications • Anticoagulants or history of bleeding or coagulopathy • Cardiac disease, coronary syndromes, or valvular heart disease • Pacer or implantable cardioverter-defibrillator • Cervical spine or airway disease • Pulmonary disease including pulmonary hypertension and sleep apnea • History of thromboembolic disease • Recent electrolytes, blood urea nitrogen, creatinine, complete blood count, prothrombin time/international normalized ratio • Electrocardiogram and chest x-ray
Alarm symptoms/conditions	None provided
Tests/procedures to avoid prior to consult	None provided
Common rule-outs to consider prior to consult	None provided
Relevant "Choosing Wisely" elements	None provided
Healthcare professional and/or patient resources	<p>Healthcare Professional Information:</p> <p>Poldermans D, Bax JJ, Boersma E, De Hert S. et al. Guidelines for pre-operative cardiac risk assessment and perioperative cardiac management in non-cardiac surgery. Task Force for Preoperative Cardiac Risk Assessment and Perioperative Cardiac Management in Non-cardiac Surgery, European Society of Cardiology (ESC), Eur Heart J. 2009;30 (22):2769.</p>