Numbness/Weakness/Gait instability

<table>
<thead>
<tr>
<th>Developed by</th>
<th>American Academy of Neurology</th>
</tr>
</thead>
<tbody>
<tr>
<td>How developed</td>
<td>A survey identified the most common reasons for referral. The templates were developed after review of the literature. In addition to a dedicated work group, multiple committees were asked to review and comment.</td>
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| Additional essential patient information | • A brief summary of the case details pertinent to the referral, including family history. Please indicate in the summary if the patient has any of the following:  
  • Rapidly evolving weakness or gait disorder  
  • Back or neck pain  
  • Headaches  
  • Current functional level  
  • Prior to the consult:  
    • Order Physical therapy for patients at risk of falls for cane, walker assessment.  
    • If concerned about a neuropathy provide:  
      • Fasting glucose  
      • Vitamin B 12  
      • SPEP with immunofixation  
    • If weak or muscle pain:  
      • Hold statin  
      • Check CK levels |
| Additional patient information, if available | • EMG (Value increased when directed to the appropriate anatomy or component of the peripheral nervous system)  
  • MRI or CT |
| Alarm symptoms/conditions | Rapidly evolving gait disorder or weakness. |
| Tests/procedures to avoid prior to consult | • EMG  
  • Imaging |
| Common rule-outs to consider prior to consults | None provided |
| Relevant “Choosing Wisely” elements | None provided |
| Healthcare professional and/or patient resources | Healthcare Professional Information:  
  Patient Information:  