# Cognitive/Memory Difficulties

<table>
<thead>
<tr>
<th>Developed by</th>
<th>American Academy of Neurology</th>
</tr>
</thead>
<tbody>
<tr>
<td>How developed</td>
<td>A survey identified the most common reasons for referral. The templates were developed after review of the literature. In addition to a dedicated work group, multiple committees were asked to review and comment.</td>
</tr>
</tbody>
</table>
| Additional essential patient information | • A brief summary of the case details pertinent to the referral, including family history. Please indicate in the summary if the patient has any of the following:  
  • Rapidly progressive cognitive difficulties  
  • Focal findings on examination  
  • Associated abnormal movements  
  • Use of psychotropic medications  
  • Provide:  
    • TSH  
    • Vitamin B12  
    • Folic acid  
    • CBC with differential  
    • CMP |
| Additional patient information, if available | • Images  
  • Neuropsychological testing  
  • Drug screen  
  • Urinalysis |
| Alarm symptoms/conditions | Rapidly evolving cognitive disorder |
| Tests/procedures to avoid prior to consult | Imaging, EEG, neuropsych testing |
| Common rule-outs to consider prior to consults | Depression |
| Relevant "Choosing Wisely" elements | None provided |
| Healthcare professional and/or patient resources | Healthcare Professional Information:  
  Rosenbloom MH. *The Neurologist* 2011;17:67-74  
  Patient Information:  