## Altered Mental State

<table>
<thead>
<tr>
<th>Developed by</th>
<th>American Academy of Neurology</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>How developed</strong></td>
<td>A survey identified the most common reasons for referral. The templates were developed after review of the literature. In addition to a dedicated work group, multiple committees where asked to review and comment.</td>
</tr>
</tbody>
</table>
| **Additional essential patient information** | • A brief summary of the case details pertinent to the referral, including family history. Please indicate in the summary if the patient has any of the following:  
  • Acute or subacute progressive altered consciousness  
  • Focal findings on exam  
  • Evidence of infection  
  • Provide:  
    • CBC with differential  
    • CMP  
    • **TSH**  
    • U/A  
    • Drug screen  
    • Culture if necessary  
    • MRI or CT including actual images  
    • EEG |
| **Additional patient information, if available** | None provided |
| **Alarm symptoms/conditions** | • Consider urgent assessment if the patient has the following:  
  • Acute or subacute progressive altered consciousness  
  • Focal findings on exam  
  • Evidence of infection |
| **Tests/procedures to avoid prior to consult** | Imaging and EEG |
| **Common rule-outs to consider prior to consults** | None provided |
| **Relevant “Choosing Wisely” elements** | None provided |

**Healthcare professional and/or patient resources**

- Healthcare Professional Information:
  - [http://www.ucdenver.edu/academics/colleges/medicalschool/education/degree_programs/MDProgram/clinicalcore/emergencycare/Documents/Altered%20mental%20status%20module.pptx](http://www.ucdenver.edu/academics/colleges/medicalschool/education/degree_programs/MDProgram/clinicalcore/emergencycare/Documents/Altered%20mental%20status%20module.pptx)
- Patient Information: