

SHORT LIST OF BEST RESOURCES FOR PATIENTS

Many patients and their families struggle with the various costs of health care. Luckily, there are many resources available to help you pay for these costs. Here are some

of the best. To find even more, you can go to the Web site shown at the end of this document.

Category	Resource	Web Site	Phone Number	Description
Best overall resource	AAFP Neighborhood Navigator (AAFP is the American Association of Family Physicians)	aafp.org/patient-care/social-determinants-of-health/everyone-project/neighborhood-navigator.html or just search for AAFP Neighborhood Navigator	N/A	You can put in your ZIP code and find help related to physical and mental health, food, transportation, work, finances, and education.
<i>Drugs and Medicines</i>	GoodRx	goodrx.com	N/A but mobile app available	You can use this online or download it to your phone. It searches for the lowest price of a prescription and also provides links to relevant patient assistance programs or available coupons.
	PharmacyChecker	pharmacychecker.com	N/A	Lists drug prices from online pharmacies in the United States and other countries.
<i>Copayments</i>	HealthWell Foundation	healthwellfoundation.org	800-675-8416	Nonprofit organization helps uninsured patients with copays, premiums, deductibles, and other out-of-pocket expenses.
	Patient Advocate Foundation Co-Pay Relief	copays.org	N/A	Helps qualified patients pay for prescription drug and treatment copays.
	Good Days	mygooddays.org	877-968-7233	Nonprofit organization helps patients with qualifying medical conditions pay for treatments and medical care.
<i>Medical Supplies</i>	Good Health Will	goodhealthwill.org	970-624-6002 970-515-6935	Provides used medical equipment at reduced prices.
<i>Transportation</i>	Mercy Medical Angels	mercymedical.org	757-318-9174	Provides ground and air transportation to patients in need.

For a much longer list of resources in multiple categories, please visit acponline.org/costofcare and click on the

document called Cost-of-Care Resources for Clinicians and Patients.