College Update

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Our Mission

To enhance the quality and effectiveness of health care by fostering excellence and professionalism in the practice of medicine.
Our Goals

• To establish and promote the highest clinical standards and ethical ideals
• To be the foremost comprehensive education and information resource for all internists
• To advocate responsible positions on individual health and public policy relating to health care for the benefit of the public, our patients, the medical profession and our members
• To serve the professional needs of the membership, support healthy lives for physicians and advance internal medicine as a career
• To promote and conduct research to enhance the quality of practice, the continuing education of internists and the attractiveness of internal medicine to physicians and the public
• To recognize excellence and distinguished contributions to internal medicine
• To unify the many voices of internal medicine and its subspecialties for the benefit of our patients, our members and our profession
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Why are we here?

- Evidence-based clinical information and educational resources
- Board certification & MOC resources
- Continuing medical education
- Advocacy
- Practice support
- Peer support
- Professional development
Annals of Internal Medicine
Celebrating its 90th Anniversary

- Online first articles
- Annals for Hospitalists
- Inpatient Notes
- Consult Guys
- Forthcoming ECP blog
MKSAP 17

- Use for board study and updating medical knowledge
- Use for MOC
**IM Essentials for students**

- For 3rd year students during their clerkship
- Helps 4th year students study for the UMSLE Step 2 CK exams
Clinical Guideline

Oral Pharmacologic Treatment of Type 2 Diabetes Mellitus: A Clinical Practice Guideline Update From the American College of Physicians

Amir Qaseem, MD, PhD, MHA; Michael J. Barry, MD; Linda L. Humphrey, MD, MPH; and Mary Ann Forciea, MD; for the Clinical Guidelines Committee of the American College of Physicians

Description: The American College of Physicians (ACP) developed this guideline to present the evidence and provide clinical recommendations on oral pharmacologic treatment of type 2 diabetes in adults. This guideline is an update to the 2012 ACP guideline on the dosing by the American Academy of Family Physicians.

Methods: This guideline is based on a systematic review of randomized trials and a search of clinical trial registries. The evidence was graded using the GRADE (Grading of Recommendations Assessment, Development, and Evaluation) system.

Target Audience and Patient Population: The target audience includes primary care physicians, internists, and endocrinologists who manage patients with type 2 diabetes.

Clinical Guideline

Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians

Amir Qaseem, MD, PhD, MHA; Timothy J. Wilt, MD, MPH; Robert M. McLean, MD; and Mary Ann Forciea, MD; for the Clinical Guidelines Committee of the American College of Physicians

Description: The American College of Physicians (ACP) developed this guideline to present the evidence and provide clinical recommendations on noninvasive treatment of low back pain.

Methods: Using the ACP grading system, these recommendations are based on a systematic review of randomised controlled trials and a search of clinical trial registries from 1966 to 2015. The evidence was graded using the GRADE (Grading of Recommendations Assessment, Development, and Evaluation) system.

Target Audience and Patient Population: The target audience includes primary care physicians, internists, and pain management specialists who manage patients with low back pain.

Clinical Guideline

Treatment of Low Bone Density or Osteoporosis to Prevent Fractures in Men and Women: A Clinical Practice Guideline Update From the American College of Physicians

Amir Qaseem, MD, PhD, MHA; Mary Ann Forciea, MD; Robert M. McLean, MD; and Thomas D. Denberg, MD, PhD; for the Clinical Guidelines Committee of the American College of Physicians

Description: This guideline updates the 2008 American College of Physicians (ACP) recommendations on treatment of low bone density and osteoporosis to prevent fractures in men and women. This guideline is endorsed by the American Academy of Family Physicians.

Recommendation 1: ACP recommends that clinicians treat osteoporotic women with pharmacologic therapy for 5 years. (Grade: weak recommendation; low-quality evidence)

Recommendation 2: ACP recommends that clinicians treat osteoporotic men with pharmacologic therapy for 5 years. (Grade: weak recommendation; low-quality evidence)

Recommendation 3: ACP recommends that clinicians offer pharmacologic treatment with bisphosphonates to reduce the risk for vertebral fracture in men who have clinically recognized osteoporosis. (Grade: weak recommendation; low-quality evidence)
Online High Value Care Cases

HVC curriculum for students, residents, fellows, and attendings

Choosing Wisely Videos

High Value Care Coordination Toolkit

Pediatric to Adult Care Transitions Toolkit

Stop Back Pain Without Drugs

New guidelines recommend exercise, massage and other non-therapies before resorting to painkillers

By Sally Wadyka
February 14, 2017

For the first time, the American College of Physicians advising treating back pain with nondrug measures like tai chi, yoga, chiropractic, and massage before resorting to over-the-counter or prescription pain relievers.
DynaMed Plus

• Free access for members (through 12/2017)
• Overviews and recommendations, images, & calculators
• Mobile apps available
ACP Publications

**Monthly Print Publications:**

- ACP Internist
- ACP Hospitalist

**E-newsletters:**

- ACP Internist Weekly
- ACP Hospitalist Weekly
- ACP Advocate
- ACP Diabetes Monthly
- ACP Gastroenterology Monthly
• Improve process and structure of care
• Practice ‘biopsy’ tools
• Links to tools based on biopsy results
Quality Payment Advisor℠ (QPA) is a resource to help clinicians navigate CMS' new value-based payment system, the Quality Payment Program (QPP).

Learn more about QPA

The Quality Payment Advisor℠ will help you understand QPP and choose the right pathway by asking a series of questions based on an algorithm. Each question provides education and leads to a report and resources to help implement QPP within your practice.
ACP Public Policy & Advocacy

Our advocacy themes:

• Improving population and public health
• Increasing access to care
• Making healthcare affordable
• Improving health care delivery to achieve greater value
ACP Public Policy & Advocacy

Our advocacy themes:

• Ensuring there are enough well-trained internists
• Reducing administrative complexities and burdens
Putting Patients First by Reducing Administrative Tasks in Health Care: A Position Paper of the American College of Physicians

Shari M. Erickson, MPH; Brooke Rockwern, MPH; Michelle Koltov, MPH; and Robert M. McLean, MD; for the Medical Practice and Quality Committee of the American College of Physicians*

This American College of Physicians (ACP) position paper, initiated and written by ACP’s Medical Practice and Quality Committee and approved by the Board of Regents on 21 January 2017, reports policy recommendations to address the issue of administrative tasks to mitigate or eliminate their adverse effects on physicians, their patients, and the health care system as a whole. The paper outlines a cohesive framework for analyzing administrative tasks through several lenses to better understand any given task that a clinician and his or her staff may be required to perform. In addition, a scoping literature review and environmental scan were done to assess the effects on physician time, practice and system cost, and patient care due to the increase in administrative tasks. The findings from the scoping review, in addition to the framework, provide the backbone of detailed policy recommendations from the ACP to external stakeholders (such as payers, governmental oversight organizations, and vendors) regarding how any given administrative requirement, regulation, or program should be assessed, then potentially revised or removed entirely.

For author affiliations, see end of text.
This article was published at Annals.org on 28 March 2017.
Advocacy efforts to prevent ACA repeal without comparable replacement

- ACP remains committed to sustaining the gains made by the Affordable Care Act (ACA)

- Updates on how the federal health care law affects internists, our practices, and our patients, as well as our advocacy to oppose repeal of the ACA:
  - Recent statements
  - Letters to Congress
  - Coalition activity
Recent ACP Policies/Position Statements

• Health and Public Policy to Facilitate Effective Prevention and Treatment of Substance Use Disorders Involving Illicit and Prescription Drugs
• Putting Patients First by Reducing Administrative Tasks in Health Care
• Position Statement on Funding for Women’s Health Clinics
Recent ACP Policies/Position Statements

- Comprehensive Statement on U.S. Immigration Policy
- Position Statement on Gender Pay Gap in Medicine
- Position Paper on Addressing the Increasing Burden of Health Insurance Cost Sharing
- Recognizing Hate Crimes as a Public Health Issue
Join the Advocates for Internal Medicine Network

https://cqrcengage.com/acplac/
Center for Patient Partnership in Healthcare

- Partner with patient and consumer groups to bring the patients’ voice to ACP activities
- Identifying opportunities for patients and families to participate in healthcare professional education
- Development of patient education resources to support patient self-management, enhanced communication, and shared decision-making
Center for Patient Partnership in Healthcare

Make It Happen!
HELPFUL WAYS TO LOSE WEIGHT
An Everyday Guide for You and Your Family

What You Should Know About Blood Clots
Risk Factors, Prevention, and Treatment

Living with Diabetes
An Everyday Guide for You and Your Family
Professional Development

- Be a mentor
- Leadership development
- Ethics manual & case studies
- Mentoring and networking
- Personal development
Become an ACP Fellow, or Support a Colleague’s Pursuit of Fellowship
Support the Next Generation

ACP Health Policy Internship Program

The 2018 Health Policy Internship application cycle is open. Applications will be accepted through October 31, 2017.

The American College of Physicians is pleased to offer the Health Policy Internship for Residents/Fellows and Medical Student Members. This internship represents a unique opportunity for one Resident/Fellow Member and one Medical Student Member to develop legislative knowledge and advocacy skills by working directly with ACP's Washington, D.C., staff and participating in ACP's annual Leadership Day.
Professional & Financial Benefits

- Mercer Consumer
  - Life, disability, long-term care, auto, homeowners insurance

- Mercer Professional Liability Insurance

- SoFi
  - Discounted student loan refinancing
ACP: A Global Community

- Over 14,000 ACP members reside outside the United States

International chapters:
- Bangladesh, Brazil, Caribbean, Canada (6), Central America, Chile, Colombia, India, Japan, Mexico, Saudi Arabia, Southeast Asia, and Venezuela
Thank you!
Thank you!

American College of Physicians
Leading Internal Medicine, Improving Lives