College Update

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We Need You & You Need Us

Eileen Barrett, MD, MPH, FACP
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Why are you in ACP?
Professional Development

- Enhance medical knowledge
- Scholarship locally & nationally
- Test preparation
- Mentoring and networking
- Ethics manual & case studies
- Personal development
Oral Pharmacologic Treatment of Type 2 Diabetes Mellitus: A Clinical Practice Guideline Update From the American College of Physicians

Amir Qaseem, MD, PhD, MHA; Michael J. Barry, MD; Linda L. Humphrey, MD, MPH; and Mary Ann Forciea, MD; for the Clinical Guidelines Committee of the American College of Physicians

Description: The American College of Physicians (ACP) developed this guideline to present the evidence and provide clinical recommendations on oral pharmacologic treatment of type 2 diabetes in adults. This guideline serves as an update to the 2012 ACP guideline endorsed by the American College of Physicians.

Target Audience and Patient Population: The target audience for this guideline is primary care physicians and other members of the health care team who provide care to adults with type 2 diabetes. The guideline is intended for use with adult patients who have been newly diagnosed with type 2 diabetes or who have diabetes that is inadequately controlled with lifestyle measures alone or in combination with metformin.

Methods: This guideline is based on a systematic review of the evidence to assess the strength of recommendations on oral pharmacologic treatments for type 2 diabetes in adults. The evidence base was updated through November 2016. The guideline was developed using the GRADE (Grading of Recommendations Assessment, Development, and Evaluation) approach, which rates the quality of evidence and the strength of recommendations.

Diagnosis of Acute Gout: A Clinical Practice Guideline From the American College of Physicians

Amir Qaseem, MD, PhD, MHA; Robert M. McLean, MD; Melissa Starkey, PhD; and Mary Ann Forciea, MD; for the Clinical Guidelines Committee of the American College of Physicians

Description: The American College of Physicians (ACP) developed this guideline to present the evidence and provide clinical recommendations on the diagnosis of acute gout.

Target Audience and Patient Population: The target audience for this guideline is primary care physicians and other members of the health care team who provide care to patients with suspected gout.

Methods: This guideline is based on a systematic review of the evidence to assess the strength of recommendations on the diagnosis of acute gout.

Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians

Amir Qaseem, MD, PhD, MHA; Robert M. McLean, MD; Melissa Starkey, PhD; and Mary Ann Forciea, MD; for the Clinical Guidelines Committee of the American College of Physicians

Description: The American College of Physicians (ACP) developed this guideline to present the evidence and provide clinical recommendations on noninvasive treatments for acute, subacute, and chronic low back pain.

Target Audience and Patient Population: The target audience for this guideline is primary care physicians and other members of the health care team who provide care to patients with low back pain.

Methods: This guideline is based on a systematic review of the evidence to assess the strength of recommendations on noninvasive treatments for acute, subacute, and chronic low back pain.

Treatment of Low Bone Density or Osteoporosis to Prevent Fracture in Men and Women: A Clinical Practice Guideline Update From the American College of Physicians

Amir Qaseem, MD, PhD, MHA; Mary Ann Forciea, MD; Robert M. McLean, MD; and Thomas D. Denberg, MD, PhD; for the Clinical Guidelines Committee of the American College of Physicians

Description: This guideline updates the 2008 American College of Physicians (ACP) recommendations on treatment of low bone density or osteoporosis to prevent fracture in men and women.

Target Audience and Patient Population: The target audience for this guideline is primary care physicians and other members of the health care team who provide care to patients with low bone density or osteoporosis.

Methods: This guideline is based on a systematic review of the evidence to assess the strength of recommendations on treatment of low bone density or osteoporosis to prevent fracture in men and women.
Online High Value Care Cases

- HVC curriculum for students, residents, fellows, and attendings
- *Choosing Wisely* Videos
- High Value Care Coordination Toolkit
- Pediatric to Adult Care Transitions Toolkit

Stop Back Pain Without Drugs

New guidelines recommend exercise, massage and other non-drug therapies before resorting to painkillers

By Sally Wadyka
February 14, 2017

For the first time, the American College of Physicians advising treating back pain with nondrug measures like tai chi, yoga, chiropractic, and massage before resorting to over-the-counter or prescription pain relievers.
Patients Before Paperwork

An ACP initiative to reinvigorate the patient-physician relationship by challenging unnecessary practice burdens.

ACP has long identified reducing administrative complexities or burdens as a priority. Ongoing actions to achieve this goal have included developing and maintaining related policy, participating in various efforts to work to alleviate specific regulatory and insurance requirements, and eliminating other unessential tasks that detract from patient care and contribute to physician "burn-out."

Annals of Internal Medicine

Putting Patients First by Reducing Administrative Tasks in Health Care: A Position Paper of the American College of Physicians

Shari M. Erickson, MPH; Brooke Rockwern, MPH; Michelle Koltoff, MPH; and Robert M. McLean, MD; for the Medical Practice and Quality Committee of the American College of Physicians*

This American College of Physicians (ACP) position paper, initiated and written by ACP’s Medical Practice and Quality Committee and approved by the Board of Regents on 21 January 2017, reports policy recommendations to address the issue of administrative tasks to mitigate or eliminate their adverse effects on physicians, their patients, and the health care system as a whole. The paper outlines a cohesive framework for analyzing administrative tasks through several lenses to better understand any given task that a clinician and his or her staff may be required to perform. In addition, a scoping literature review and environmental scan were done to assess the effects on physician time, practice and system cost, and patient care due to the increase in administrative tasks. The findings from the scoping review, in addition to the framework, provide the backbone of detailed policy recommendations from the ACP to external stakeholders (such as payers, governmental oversight organizations, and vendors) regarding how any given administrative requirement, regulation, or program should be assessed, then potentially revised or removed entirely.


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For author affiliations, see end of text.
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