

2016 Washington State Award Winners

Internist of the Year

We seek to honor a community-based internist considered to be a role model by his or her peers. Nominees should possess excellent clinical skills, dedication to patients, enthusiasm for medical practice, leadership, and the ability to maintain humanity and a healthy balance between professional and personal interests that we can all strive to emulate. Internists who have championed innovations in practice to promote healthy patient behaviors will be given special consideration.

Winner: Emily Savage MD



Emily is well known to her colleagues and patients as an empathetic, skilled clinician--particularly adept at managing a chronic disease. She has also emerged as a young leader for the clinic, leading efforts to develop care models that lower costs while increasing quality. Recently, Providence appointed her as a director of their hospice, recognizing her devotion to palliative care issues. She always brings an upbeat attitude to her work and a clear headed approach to patient evaluations. She is what a super internist is all about.

Golden Apple Award Winner(s)

We seek to honor volunteer teachers who have made a substantial contribution to the education of medical or other health profession students in his/her community. Balancing teaching with all the other demands of our profession is an important contribution to the future of internal medicine.

1. Tara Nysoe MD



Tara is a Hospitalist for The Everett Clinic at Providence Regional Medical Center Everett, and the Site Director for the University of Washington School of Medicine third-year internal medicine clerkship at Providence Everett. Tara has been the leader of the teaching service at Providence Everett since its inception. Her understanding of student learning, and conscientious feedback and encouragement of students is what legends are made of.

2. Stephen Weinberger MD



“Dr. Weinberger is an Internal Medicine-Pediatrics physician. Dr. Weinberger has set an excellent example in his ability to strike a chord with patients of all ages with his kind and friendly demeanor, while at the same time employing excellent diagnostic skills. His non-judgmental, supportive approach to teaching made me feel confident in my skills and also made me aware of the progress that I was making over time. Dr. Weinberger has spent extended periods of time abroad working in Peru and had training at the Gorgas Memorial Institute of Tropical and Preventive Medicine in Lima. Locally, he supports the Reach Out and Read program and was featured in a Seattle Times article on how to get kids back on schedule after school breaks.”

Laureate Award Winner

The Laureate Award honors Fellows and Masters of the College who have demonstrated by their

example and conduct an abiding commitment to excellence in medical care, education, or research and in service to their community, their Chapter, and the American College of Physicians. The awardee is a senior physician and Fellow or Master of long-standing, with acknowledged excellence and peer approval in the field of internal medicine.

Dr. Paul A. Smith MD, MACP



Paul A. Smith, MD, MACP, is Associate Program Director and director of primary care in the Internal Medicine residency program at Virginia Mason Medical Center and practices general internal medicine. “Paul was chosen for his dedication and caring for his patients that fuel his passion for practicing medicine. He is skilled at communicating with his patients and listening to understand their goals and perspectives, and he uses that information to develop personalized care plans that reflect their preferences. His open dialogue-based approach to providing care is having a powerful ripple effect, inspiring his colleagues to provide the best care experience to their patients as well.”

Student Of the Year Award



Emily Bulley - MD Candidate, University of Washington School of Medicine

Emily Bulley was born and raised in Puyallup, Washington, and graduated in 2013 from Scripps College in Claremont, California with a degree in Neuroscience. She is a current fourth year student at the University of Washington School of Medicine and spent her first and third years in Spokane as part of the UW's Spokane track. She will be receiving her medical degree in the spring of 2017. She is currently applying to internal medicine residency programs in pursuit of a career in primary care.