

Chronic Pain Management and the Use of Opiate Medications: The CDC Guideline and Beyond

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Odds Ratio of Overdose by Opiate Dosage (relative to 1-19 MME/day)		
Opiate Dosage Ranges (MME/day)	OR of Any OD Event	OR of OD Death
20-49	1.44	1.32
50-99	3.73	1.92
100-199	8.87	2.04
>200		2.88

Call to Action:

- Recommendations vs Mandatory Limits
- Dosage limits (# pills vs MME/d)
- Documentation requirements
- No refills without an appointment
- Dedicated refill appointments
- Use of CSDB every time
- UDS
- Medication specifics
- Provide support resources as much as possible

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