Control Rates and Data Submission:

Understanding the importance of your control rates:

- Allows for assessment of current management of their patients with hypertension (baseline for improvement)
- Allows practice sites or health systems to compare themselves against a national standard (benchmarking)
- Enables practice sites within a health system to compare performance against one another (benchmarking to peers)

How do we Recognize Clinics through Control rates?

- The key metric in the recognition program is the blood pressure control rate.
  - Our recognition program uses the most commonly used quality measure for BP control PQRS #236, which is the same as NQF 0018
  - Data can be submission can be for Total Health Systems & Practice Sites
- Denominator inclusions
  - Age 18-85
  - Diagnosis of HTN occurred in 1st six months of the year (or prior)
- Numerator inclusions
  - Most recent values of systolic and diastolic blood pressure
    - Systolic BP is < 140 mm Hg and diastolic BP < 90 mm Hg
  - In-office measurement (not during a diagnostic test or procedure)
  - If multiple measurements occur on the same day, the lowest systolic and diastolic BP are used
- Exclusions for both numerator and denominator:
  - Pregnancy, AND/OR
  - Chronic Kidney Disease, AND/OR
  - No BP in measurement period
Recognition Levels and Data Submission:

- **The Recognition levels are:**
  - Participation= Registered on Target: BP and submit required data
  - Silver, ≥ 70% control rate= Register on Target: BP, submit required data and meet minimum control rate

- **What kind of data will have to be submitted**
  - Denominator
  - Numerator
  - Validation data

To Ensure Integrity of the Recognition Program:

- **Validation Data**
  - We’ve incorporated a validation step to ensure that the data submitted accurately represents the number of people with hypertension in a population of patients

- **CDC Million Hearts Prevalence Estimator**
  - Tool is designed to calculate, with a high degree of reliability, the number of patients with HTN among a practice’s or a health systems eligible population.
  - **Data Submission Elements**
    - All adult patients in health system or site
    - Count of patients within age categories, by race/ethnicity if available
    - 18-44 years, 45-64 years, 65-74 years, 75-85 years

1. Total number of patients with hypertension – 560
2. Validation tool data

![Validation tool data table]

3. Compare results between 1 (560) and 2 (558-598)
   - The input value is within the estimator results range, therefore data are valid