The American College of Physicians

Fostering Excellence

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Regent, Board of Regents, ACP
ACP Mission

- To enhance the quality and effectiveness of health care by fostering excellence and professionalism in the practice of medicine
ACP

- Working for you and with you
- Improving the lives of Internists and their patients
ACP At a Glance
154,000 Members Strong

Leveraging the collective voice of our community to create a better place for ourselves, our profession, and our patients through medical education, practice transformation, advocacy, and engagement.

How ACP Defines Internal Medicine
Internists apply scientific knowledge and clinical expertise to the diagnosis, treatment, and compassionate care of adults across the spectrum from health to complex illness.

- Established in 1915
- A diverse global community of internists united by a commitment to excellence
- Includes internists, internal medicine subspecialists, residents and fellows in training, and medical students
- More than 152,000

ACP
American College of Physicians
Leading Internal Medicine, Improving Lives
ACP Membership: Part of Every Stage of Your Professional Life

- Medical Student Member
- Resident/Fellow Member
- Member
- Fellow
- Physician Affiliate Member
- Non-Physician Affiliate Member *(available in the U.S. only)*
ACP: A Global Community

- Over 15,000 ACP members reside outside the United States
- International chapters: Bangladesh, Brazil, Caribbean, Canada (6), Central America, Chile, Colombia, India, Japan, Mexico, Saudi Arabia, Southeast Asia, and Venezuela
Internal Medicine & ACP Member Trends

ACP Member Type

- IM Specialist: 52%
- IM Subspecialist: 21%
- Hospitalist: 21%
- Non-IM Specialist: 2%

Internal Medicine Career Satisfaction

- Very Satisfied: 42.6%
- Somewhat Satisfied: 44.4%
- Neither Satisfied or Dissatisfied: 3.5%
- Somewhat Dissatisfied: 8.4%
- Very Dissatisfied: 1.1%

Source: 2017 ACP Member Survey
Working for you and with you: Changing the Landscape of Healthcare for the Better
ACP’s Physician Well-being and Professional Satisfaction Initiative

**Fostering Local Communities of Well-being**
Trained ACP Well-being Champions supporting their ACP chapter members, practices, and organizations in combating burnout.

**Advocating for Systems Changes**
Policy recommendations through ACP’s Patients Before Paperwork initiative that call for simplifying, streamlining, and reducing excessive administrative tasks that detract from patient care and contribute to physician burnout.

**Improving the Practice and Organizational Environment**
Providing ACP members with high quality information, resources, tools, and support to help their practices thrive in the growing value-based payment environment.

**Promoting Individual Well-being**
Offering online resources and educational courses at ACP’s Internal Medicine Meeting and chapter meetings to help ACP members manage issues related to well-being and satisfaction.

https://www.acponline.org/physician-well-being
Improving Physician Satisfaction and Patient Outcomes by Reducing Unnecessary Burdens

Unnecessary burdens lead to limited time with patients, too much paperwork and work/life imbalance.

ACP address these issues by:

- Seeking improvement to systems and documentation requirements
- Identifying and prioritizing burdensome administrative tasks
- Assessing tasks for impact on outcomes
- Developing policy recommendations to enact change
- Engaging in ongoing outreach and stakeholder engagement
Patients Before Paperwork Initiative

What is Patients before Paperwork?
ACP’s Patients Before Paperwork initiative’s goal is to reinvigorate the patient-physician relationship by reducing administrative complexities and eliminating unessential tasks that detract from patient care and contribute to physician burnout.

Policy Development
ACP policies provide a cohesive framework for identifying and evaluating administrative tasks, and offer detailed recommendations to analyze administrative tasks to determine whether they need to be challenged, revised, or eliminated entirely.

Tools You Can Use
Resources and tools help physicians put ACP’s policies into practice. They include resources that assess practice efficiencies and resources on physician well-being and professional satisfaction.

Collaborating with Stakeholders
ACP engages with key regulatory agencies and stakeholders to help streamline regulations imposed by insurers, federal regulators and other external entities to reduce administrative burdens for physicians.

Advocating for Internists
ACP has long identified reducing administrative complexities or burdens as a priority. ACP works to advocate for changes in our health care system that simplify excessive administrative burdens that put a strain on physicians and patient care.

www.acponline.org/patientsbeforepaperwork
Encouraging High Value Care

- Initiatives aim to improve health, avoid harms, and eliminate wasteful practices

- Updated HVC Curriculum for Educators and Residents, jointly developed with the Alliance for Academic Internal Medicine
  - Train physicians to be good stewards of limited health care resources
  - New cases, small group activities, and expanded discussions of medical decision-making and high value quality improvement
Supporting Patient and Family Partnerships in Healthcare

- ACP’s Center for Patient Partnership in Healthcare provides programs and resources that support patient and family partnerships to improve care and outcomes
  - Published *ACP Principles for Patient and Family Partnerships*
- Selects advocates to represent patients on national committees and councils

[www.ACPOnline.org/Patient_Ed](http://www.ACPOnline.org/Patient_Ed)
Working for you and with you: Excellence in Educational Resources
Annals of Internal Medicine

One of the most widely cited medical journals in the world; current, evidence-based science at your fingertips.

- “Online first” articles - New content every week
- The Annals Fresh Look blog
- Annals Story Slam events and videos
- Annals campaign on firearm safety: go.annals.org/commit-now

www.annals.org
MKSAP ® 18: Now available

- **MKSAP 18** is completely new-from the ground-up; offers 275 CME credits
- **NEW**: Residency Tracker, a monitoring tool for Program Directors to assess the progress and proficiency of residents as they answer MKSAP 18 Digital questions
- **NEW**: refreshed with adaptive learning technology
- **NEW**: platform, dashboard and search engine functionality
- Available in both print, digital and complete formats

[www.acponline.org/MKSAP18](http://www.acponline.org/MKSAP18)
ACP Publications: Online and In Print

ACP Publications Websites:
- ACPInternist.org
- ACPHospitalist.org

Monthly Print Publications:
ACP Internist and ACP Hospitalist provide news and in-depth analysis of issues for inpatient and outpatient internists

E-newsletters:
ACP Internist Weekly, ACP Hospitalist Weekly, ACP Advocate, ACP Diabetes Monthly, ACP Gastroenterology Monthly
DynaMed Plus™

Clinical content that is current, concise, and easy to search:

- Free access for members (through December 2018)
- Includes overviews and recommendations for more than 750 topics, 2,500 searchable images, and numerous calculators
- Mobile apps available for Android and iOS

[www.ACPOnline.org/DynamedPlus](http://www.ACPOnline.org/DynamedPlus)
Online Learning Center

A new centralized gateway for online learning activities

- Over 350 activities including:
  - Video-based learning
  - Webinars
  - Interactive cases
  - Quizzes

- CME and MOC eligible

www.acponline.org/olc
Interactive Learning Module on Opioids

- First in a series of interactive learning modules
- Free to ACP members
- CME and MOC eligible
The Curbsiders Podcast

- ACP partnering with The Curbsiders, a podcast hosted by internists
- Monthly series offers CME; focuses on internal medicine-related topics
- The Curbsiders is available on iTunes and other podcast platforms

www.acponline.org/curbsiders
Getting It Right: Cases to Improve Diagnosis

Cases designed to encourage diagnostic decision-making:

- Understanding the Diagnostic Process
- Partnering with Patients and Families in the Diagnostic Decision-Making Process
- Physician and Patient Factors in Diagnostic Decision-Making
- Recognizing and Responding to Diagnostic Errors

www.acponline.org/olc
Resources for Lifelong Learning Needs

ACP members enjoy free or substantially discounted resources to help members meet their educational goals:

**Board Basics 3**
- Dozens of classic images, core content, and tips on how to take the ABIM exam

**Courses**
- MOC Exam Prep Courses and Internal Medicine Board Review Courses
- Live review courses and recordings
Resources for Educators

- Teaching Medicine Series
  *(Theory and Practice of Teaching Medicine, Teaching Methods, Teaching in the Hospital, Teaching in the Clinic, Teaching Clinical Reasoning, Mentoring in Academic Medicine, and Leadership in Medical Education)*

- Annals of Internal Medicine teaching tools

- Internal Medicine In-Service Training Examination for residents

- ACP Board Prep Curriculum for residents

- High Value Care Curriculum for trainees at all levels

- IM Essentials for medical students
Working for you and with you: Addressing issues of importance
Evidence-Based Clinical Guidance

ACP continues to be a leader in developing evidence-based resources that help our members and the entire internal medicine community deliver the best possible care for patients.

Recent topics addressed include:

- Hepatitis B screening vaccination and care
- Guidance on glycemic control for patients with type 2 diabetes
Ethical Guidance

- Optimizing clinical learning around ethics and professionalism
- Providing guidance on important ethical issues
  - Physician-assisted suicide
  - Obligations regarding short-term global health experiences
  - Hidden curricula in Medical School
- Creating helpful case studies
  - Addressing a Colleague’s Unprofessional Behavior During Sign-Out
  - Secret Recordings of Office Visits by Patients
Addressing Performance Measures

- ACP’s Performance Measurement Committee collaborated on “Time Out — Charting a Path for Improving Performance Measurement”

- ACP advocated for an improved measure development process to help physicians provide the best possible care without creating unintended adverse consequences
ACP Public Policy Development Process

**IDEA GENERATION**
- **BOARD OF REGENTS (BOR)**
  Propose public policy issues/topics based on ACP Strategic Priorities
- **ACP members’ suggestions**
- **CHAPTERS**
  Propose chapter resolutions
- **COMMITTEES & COUNCILS**
  Propose public policy issues/topics and resolutions
- **BOARD OF GOVERNORS (BOG)**
  Review and comment

**POLICY DEVELOPMENT**
- **COMMITTEES, COUNCILS, STAFF**
  - **Review**
    - Conduct rigorous review of the evidence
    - Conduct literature search
  - **Draft**
    - Prepare materials for committee review
    - Draft proposed policy
  - **Circulate**
    - Circulate for comment to ACP BOG, ACP Councils, outside experts
  - **Revise**
    - Incorporate comments and draft revised policy
  - **Submit**
    - Submit for approval at Committee level
    - Submit to BOR for final approval

**APPROVAL**
- **BOARD OF REGENTS**
  - Review
  - Vote
  - Approve
  - Implement
ACP’s “Big Tent” Advocacy Agenda

COLUMNS A
✓ Expand access and coverage
✓ Improve public health
✓ Support research and science
✓ Oppose discrimination
✓ Reduce health care disparities
✓ Support primary care workforce
✓ Lower Rx drug prices

The issues in column A affect the overall health and well-being of patients and the public.

COLUMNS B
✓ Improve EHRs
✓ Reform and improve payments
✓ Improve Medicare’s Quality Payment Program
✓ Improve quality measures
✓ Reform medical liability system
✓ Reduce crushing administrative burden

The issues in column B affect the health, well-being, professional and career satisfaction of our members.
ACP advocates for changes that will make a difference in the daily lives of internists and our patients’ health

- Expanding access to affordable, high-quality care
- Prohibiting discrimination that results in health care disparities
- Reducing prescription drug costs
- Addressing the opioid crisis
Public Policy Papers: Addressing Timely Issues

- Patient Safety in the Office-Based Practice Setting
- Promoting Transparency and Alignment in Medicare Advantage
- Improving Health Care Efficacy and Efficiency Through Increased Transparency
- Compensation Equity and Transparency in the Field of Medicine
- Gender Equity in Compensation and Career Advancement
- Social Determinants of Health
- Women’s Health Policy
Working for you and with you: Practice Resources
Helping You Transform Your Practice

- **ACP Practice Transformation Resources:**
  Information, resources, tools to successfully care for patients in the value-based payment environment

- **Quality Payment Advisor:**
  Online tool to assist in determining the best path to take—MIPS or APM.

- **ACP Practice Advisor:**
  Online tool to help analyze and improve patient care, organization and workflow
Resources for the Quality Payment Program

- Information on the QPP rules & ACP’s comments
- Basics on the QPP – what is it, what are the tracks, what is pick your pace? Also, Glossary and
- Latest Updates/News
- Links to further information – 10 Things You Should Know, FAQs, Additional Tools
- Member Forum for MACRA/QPP: https://www.acponline.org/forums/macra-and-the-quality-payment-program
- Questions: macra@acponline.org
  www.acponline.org/QPP
Other Value-Based Payment Information

- ACP’s Support and Alignment Network Grant
- High Value Care Resources
  - HVC Care Coordination Toolkit
- Practice Redesign Support
- Quality Improvement and Registries
- Engaging Patients and Families

https://www.acponline.org/practice-resources/business-resources/practice-transformation
Working for you and with you: Collaborating with others for positive change
Update on work toward a Collaborative Maintenance Pathway

ACP’s goal is to create a pathway for maintaining certification that reflects a continuous process of learning and evaluation and would be an alternative to ABIM’s programs.

- Ongoing discussions
- Memorandum of Understanding
- Working with ABIM/IM societies
Update on work toward a Collaborative Maintenance Pathway

ACP is part of the American Board of Medical Specialties (ABMS) initiative: “Continuing Board Certification: Vision for the Future”

- Recommendations about the future of continuing board certification.
- A final report to ABMS in February 2019.
ACP advocates for policy changes that will make a difference in the daily lives of internists and ultimately our patients’ health through:

- Policy papers
- Meetings on Capitol Hill
- Communications & collaborations with other organizations
ACP collaborates with other physician organizations representing over 560,000 physicians and medical students:

- American Academy of Family Physicians
- American Academy of Pediatrics
- American College of Obstetricians and Gynecologists
- American Osteopathic Association
- American Psychiatric Association
Providing feedback and input on Regulatory Issues

ACP represents internists’ views to regulatory agencies, including CMS and the Office of the National Coordinator for Health Information Technology

- Suggest changes to regulations and policies to reduce excessive administrative tasks/ Quality Payment Program
- Help ACP members and internists in the shift in focus from volume to value, and to the new reporting requirements impacting reimbursement
- Recent activity includes participation on a Congressional Red Tape Round Table and a meeting with CMS Administrator Seema Verna
Working for you and with you: Involvement, Engagement and Opportunities to Connect
Internal Medicine Meeting 2019: ACP’s Annual Scientific Meeting

Internal Medicine Meeting 2019
April 11-13, 2019
Philadelphia, PA
Register online at https://annualmeeting.acponline.org/

Marking ACP's 100th annual meeting and its excellence in clinical education.
Engagement opportunities with ACP Chapters

86 Chapters and Regions across the U.S. and the world:

• Help influence state legislation
• Network with peers
• Mentor medical students, residents and early career
• Committee
• Influence ACP Policy
• Volunteerism: Be on the lookout for an upcoming email will be sent encouraging you to volunteer
**Become an ACP Fellow**

**ACP Fellowship:** Fellowship in the College is an honor. Being an FACP® is a distinction earned from colleagues who recognize your accomplishments and achievements in the practice of internal medicine.

*Election to Fellowship recognizes excellence in the practice of internal medicine and is achieved through professional accomplishments within one, or across multiple pathways.*

*For information and criteria:*

[ACPOnline.org/FACP](http://ACPOnline.org/FACP)
Join Advocates for Internal Medicine Network (AIMn)

- Grassroots advocacy network designed to help ACP members engage with federal lawmakers on policy issues important to internists

- AIMn members receive legislative updates and alerts as key policy issues unfold, including sample messages to members of Congress

- Enroll at [https://cqrcengage.com/acplac/](https://cqrcengage.com/acplac/)
Support the Next Generation of IM

- Promote the rewards of internal medicine as a career
- Recommend General IM to residents
- Invite internists to join ACP
- Sponsor a Member for Fellowship (FACP)
Get Connected

For ways to connect, and personalize your engagement with visit www.acponline.org

- **MyACP**
  A personalized web experience, making it easier for members to access and discover pertinent ACP content and resources while visiting ACPOnline.org.

- **ACP Member Forums**
  ACP Member Forums allow ACP members to instantly participate in discussions on a range of clinical, professional, and practice-related topics.

- **Follow ACP, Annals and MKSAP on social media**

Get Involved, Make an Impact

- Join your local Internal Medicine community through ACP Chapters
- Develop skills through the ACP Engagement Program
Thank you . . .

...for your continued support of ACP and your commitment to internal medicine.