The American College of Physicians

Working for you and with you:
Improving the Lives of Internists and their Patients
Leveraging the collective voice of our community to create a better place for ourselves, our profession, and our patients through medical education, practice transformation, advocacy, and engagement.

**How ACP Defines Internal Medicine**
Internists apply scientific knowledge and clinical expertise to the diagnosis, treatment, and compassionate care of adults across the spectrum from health to complex illness.

- Established in 1915
- A diverse global community of internists united by a commitment to excellence
- Includes internists, internal medicine subspecialists, residents and fellows in training, and medical students
ACP: A Global Community

- More than 16,000 ACP members reside outside the United States

- International chapters: Bangladesh, Brazil, Canada, Central America, Chile, Colombia, India, Japan, Mexico, Saudi Arabia, Southeast Asia, and Venezuela
ACP Member Trends

ACP Member Type

- IM Subspecialist: 25.8%
- IM Specialist: 49.0%
- Hospitalist: 25.1%

Practice Ownership

- One or more physicians: 22.9%
- Hospital/Health Care System/Academic Medical Center: 58.1%
- Government (Veterans Health Administration / Veterans Affairs, military or federal government, city/county/state government): 7.1%
- Other (private industry, community health center, HMO, insurance company, urgent care facility): 11.6%

Source: 2019 ACP Member Survey
Defining our identity: We are physicians, not ‘providers’

- We are internists and do NOT merely “provide” health care services to our patients in a transaction.

- The term “provider” is a marketplace term and undermines the role of physicians treating patients in meaningful, caring relationships.

TAKE THE PLEDGE

“I pledge not to use the word ‘provider’ when referring to physicians, and further to encourage my colleagues to do the same.”

Help spread the word: #physiciannotprovider

ACP Board of Regents Chair, Doug DeLong, MD, and ACP President, Robert McLean, MD taking the pledge.
Show Your IM Pride

Let the world know that you’re proud be an internist. Use the #IM Proud hashtag and tag ACP with @ACPIInternists on social media.

acponline.org/IM Proud
National Internal Medicine Day - October 28th

- Mark your calendars!

- October 28th of each calendar year has been officially designated as National Internal Medicine Day

- ACP will be sending out more information on ways you can help celebrate and observe National Internal Medicine Day
One of the most highly read and cited medical journals in the world; current, evidence-based science at your fingertips

- Audio on demand
  - Annals On Call, Annals Latest podcasts
- Annals Fresh Look blog
- Annals Beyond the Guidelines
- Annals Story Slam
- Web Exclusives
  - Annals Consult Guys
  - Annals Graphic Medicine
  - Annals for Educators
  - Annals for Hospitalists

Annals.org

- Download the free app for Android and iOS devices
MKSAP® 18: The go-to resource for board prep and lifelong learning

MKSAP18 gives residents and practicing physicians everything needed to stay current in medicine and prepare for board exams

- Available in print, digital, and complete formats, with regular digital format updates
- 275 CME credits and MOC points available
- Includes 11 syllabus sections, 1,200 related questions and an updated platform, dashboard, and search engine functionality; self-assessment questions with easy-access lab references

acponline.org/MKSAP18
Evidence-Based Clinical Guidance

Over the past year, ACP published the following clinical recommendations:

- Screening for breast cancer in average-risk women
- Update of methods on development of clinical guidelines and guidance statements
- Managing conflicts of interests in clinical guidelines

ACP has been named to the new Cochrane U.S. Network that consists of some of the country’s leading institutions in the research and practice of evidence-based medicine.
Podcasts by Internists, for Internists

Focusing on internal medicine-related topics, podcasts offer CME and MOC.

acponline.org/podcasts
Online Learning Center

A centralized gateway to more than 350 online learning activities

• Enhanced search and browsing functionality
• Video-based learning
• Webinars
• Interactive cases
• Quizzes
• Podcasts
  ▪ CME and MOC eligible

acponline.org/olc
Encouraging High Value Care

- Initiatives aim to improve health, avoid harms, and eliminate wasteful practices.

- Resources include online interactive High Value Care Cases that show how to eliminate unnecessary health care costs and improve patient outcomes while earning free CME and ABIM MOC patient safety and medical knowledge points.

- New Cost of Care Conversations tools help physicians and patients understand the importance of talking about costs of health care

acponline.org/HVC
ACP Publications: Online and In Print

Monthly Print Publications:
ACP Internist and ACP Hospitalist provide news and in-depth analysis of issues for inpatient and outpatient internists

ACP Publications online: ACPInternist.org, ACPHospitalist.org

E-newsletters:
ACP Internist Weekly, ACP Hospitalist Weekly, ACP Advocate, ACP Diabetes Monthly, ACP Gastroenterology Monthly

ACP Books:
ACP specializes in publishing titles for internal medicine specialists and subspecialists, medical students, residents, and other health care professionals.
DynaMed

Completely redesigned for 2019, DynaMed is an advanced clinical decision support tool that combines current clinical evidence with guidance from leading experts in a user-friendly, personalized experience.

- Your ACP member log-on credentials provide seamless access to DynaMed. Initial log-on is required at acponline.org/dynamed
- Free access for ACP members (through July 2020)
- Includes overviews and recommendations for more than 750 topics, 2,500 searchable images, and numerous calculators
- Mobile apps available for Android and iOS

acponline.org/DynaMed
ACP JournalWise: Exclusive Member Benefit

ACP JournalWise searches and filters more than 120 top journals to deliver only the most relevant content to you.

- Free access for ACP members
- Personalize your alerts by selecting specialties and clinical topics you want to know about
- Choose the rating threshold and how often you want your alerts

journalwise.acponline.org
Annals Virtual Patients is an innovative educational program that enables customized learning.

Topics include:
- Abdominal pain
- Anemia
- Obesity & Weight Management
- Hypercoagulable States
- Cellulitis & Soft Tissue Infection
- Food Allergy
- Opioid Use Disorder
- Travel Medicine
- Hepatitis C Virus
- Smoking Cessation
- Type 2 Diabetes
- Influenza

vp.acponline.org/virtualpatients
Getting It Right: Cases to Improve Diagnosis

Cases designed to encourage diagnostic decision-making:

- Understanding the Diagnostic Process
- Partnering with Patients and Families in the Diagnostic Decision-Making Process
- Physician and Patient Factors in Diagnostic Decision-Making
- Recognizing and Responding to Diagnostic Errors

aponline.org/olc
ACP’s Physician Well-being and Professional Satisfaction Initiative

Fostering Local Communities of Well-being
Trained ACP Well-being Champions supporting their ACP chapter members, practices, and organizations in combating burnout.

Advocating for Systems Changes
Policy recommendations through ACP’s Patients Before Paperwork initiative that call for simplifying, streamlining, and reducing excessive administrative tasks that detract from patient care and contribute to physician burnout.

Improving the Practice and Organizational Environment
Providing ACP members with high quality information, resources, tools, and support to help their practices thrive in the growing value-based payment environment.

Promoting Individual Well-being
Offering online resources and educational courses at ACP’s Internal Medicine Meeting and chapter meetings to help ACP members manage issues related to well-being and satisfaction.
Women in Medicine Initiative

Promoting gender equity and eliminating the inequities in compensation and career advancement that physicians face is a longstanding goal of ACP.

- ACP has joined TIME’S UP Healthcare
- ACP is also a partner in the Women’s Wellness through Equity and Leadership Project
- Diversity and Inclusion Subcommittee recommends effective strategies to assure integration of diversity and inclusion across the College

acponline.org/advocacy/where-we-stand/women-in-medicine
Patients Before Paperwork Initiative

What is Patients Before Paperwork?
ACP’s Patients Before Paperwork initiative’s goal is to reinvigorate the patient-physician relationship by reducing administrative complexities and eliminating unessential tasks that detract from patient care and contribute to physician burnout.

Policy Development
ACP policies provide a cohesive framework for identifying and evaluating administrative tasks, and offer detailed recommendations to analyze administrative tasks to determine whether they need to be challenged, revised, or eliminated entirely.

Tools You Can Use
Resources and tools help physicians put ACP’s policies into practice. They include resources that assess practice efficiencies and resources on physician well-being and professional satisfaction.

Collaborating with Stakeholders
ACP engages with key regulatory agencies and stakeholders to help streamline regulations imposed by insurers, federal regulators and other external entities to reduce administrative burdens for physicians.

Advocating for Internists
ACP has long identified reducing administrative complexities or burdens as a priority. ACP works to advocate for changes in our health care system that simplify excessive administrative burdens that put a strain on physicians and patient care.

acponline.org/patientsbeforepaperwork
Improving Physician Satisfaction and Patient Outcomes by Reducing Unnecessary Burdens

Unnecessary burdens lead to limited time with patients, too much paperwork, and work/life imbalance.

ACP addresses these issues by:

- Seeking improvement to systems and documentation requirements
- Identifying and prioritizing burdensome administrative tasks
- Assessing tasks for impact on outcomes
- Developing policy recommendations to enact change
- Engaging in ongoing outreach and stakeholder engagement
Proposed changes in Medicare payments to physicians would recognize the value of cognitive services in providing quality patient care. Improvements include:

- Increased payments for evaluation and management (E/M) services
- Retained separate payment levels for E/M codes
- Improved documentation for E/M services
- Improved accuracy in tracking time spent
- Payment for managing opioid use disorder
- Additional add-on codes
Ethical Guidance

- ACP released the Seventh Edition of *ACP Ethics Manual* with new and expanded sections this year
- Position paper “Physician Impairment and Rehabilitation: Reintegration into Medical Practice” discusses the professional duties and principles for responding to physician impairment was released
- “Issues in Delivering Patient-Centered End-of-Life Care and Responding to a Request for Physician-Assisted Suicide” toolkit released

[acponline.org/ethics](http://acponline.org/ethics)
ACP advocates for changes that will make a difference in the daily lives of internists and our patients’ health in a variety of ways

- Evidence-based policy papers
- Meetings with congressional leaders
- Collaborating with regulators
- Robust grass roots advocacy
- Working with other organizations who have similar goals
Advocating for affordable access to quality care and important public health issues

- Opioids Epidemic
- Prescription Drug Pricing
- Immigration
- Climate change
- Firearms safety
In response to ACP policy recommendations in 2018 on reducing firearm-related injuries and deaths published in *Annals*, the NRA tweeted physicians should “stay in their lane.” ACP and physicians were quick to respond...
The Future of MOC (Continuing Certification)

- ACP is pleased that ABIM is taking initial steps to develop a continuing certification option that will support lifelong learning by emphasizing education, feedback and the convenience of being self-paced.

- ABIM’s plans to develop a longitudinal assessment as an option in addition to their point-in-time examinations align with recommendations put forth by the American Board of Medical Specialties’ Continuing Board Certification: Vision for the Future Commission and with ACP’s comments submitted to the Commission.

- ACP is committed to ongoing professional development and lifelong learning and to representing our members’ needs for continuing certification programs consistent with our professional accountability principles.

- We look forward to supporting ABIM in developing options that emphasize learning, offer flexibility and choice, and that meet the needs of internal medicine specialists and subspecialists as well as the patients they serve.

For more detailed information, visit https://www.acponline.org/cme-moc/moc/learn-more-about-moc/acps-role-professional-accountability
Internal Medicine Meeting 2020
April 23-25, 2020
(Pre-Courses April 21-22, 2020)

Los Angeles Convention Center
Los Angeles, CA
Engagement opportunities with national ACP

Fellowship
- Recognizes excellence in the practice of internal medicine and is achieved through professional accomplishments

Support the Next Generation of IM
- Recommend internal medicine as career to students, residents

Member Forums
- ACP members can instantly engage with colleagues on clinical topics, education and training, and practice issues through online discussions

ACP Member Engagement Program
- Enables members to contribute to College activities while providing meaningful opportunities to use current skills and knowledge and to gain new ones
Financial Services for ACP Members

Professional Liability Insurance for ACP Members
- ACP has partnered with Mercer Health & Benefits Administration LLC (Mercer Consumer) to offer risk management and customized insurance solutions.

ACP Group Insurance Program
- Mercer Consumer offers Group Insurance options for ACP members, including life insurance, accidental death and dismemberment, long-term care, disability income, auto insurance, and homeowners insurance.

Student Debt Refinancing Program
- ACP Members can refinance existing private and federal loans through SoFi and are eligible to receive a 0.125% rate discount upon refinancing their student and Parent PLUS loans through sofi.com/ACP.
Get Connected

For ways to connect, and personalize your engagement with, visit acponline.org

MyACP
A personalized web experience, making it easier for members to access and discover pertinent ACP content and resources while visiting ACPOne.org.
Follow ACP on Social Media

facebook.com/acpinternists
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facebook.com/ACPMKSAP

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Instagram.com/annalsofim

linkedin.com/groups/867307

youtube.com/imreport
Thank you . . .

...for your continued support of ACP and your commitment to internal medicine.