

Dear Colleagues:

The ACP has become very interested in physician well-being and has invested in the development of the Physician Well-being and Professional Satisfaction initiative. The ACP website has a number of helpful resources devoted to this issue. In addition they have developed a "wellness champions" program with the goal of training internists within each of the chapters to help with educational programs for the chapters and individual coaching for Chapter members. The goal is to move past the awareness of burnout to the development of programs and interventions to improve the problem. Dr Mark Linzer, who has published extensively in this field and has been actively involved in the training process of the chapter wellness champions, has developed a survey tool that attempts to better define the specific stressors that lead to burnout within organizations or specialties.

In order to evaluate the needs of ACP members in South Carolina, please complete the anonymous survey through the survey monkey link noted below. We will be reporting on this data at the South Carolina scientific meeting of ACP held October 26-28 in Charleston, SC and will also plan to distribute through the chapter newsletter. This information can be used to help us communicate better with our employers and payors about the frustrations in our practices and also help the ACP in its development of programs at the state and national level.

Thank you for your participation!

Anne Cook, MD, FACP  
Wellness Chair, South Carolina Chapter, American College of Physicians

Mary Beth Poston, MD, FACP  
Governor, South Carolina Chapter, American College of Physicians

<https://www.surveymonkey.com/r/P8F7JBV>