



# How Can We Start The Conversation About High Value Care?

Darilyn V. Moyer, MD, FACP  
South Carolina ACP Chapter Meeting  
10/29/16



---

---

---

---

---

---

---

---



STATE FLOWER  
yellow jasmine



STATE BIRD  
Carolina wren



STATE TREE  
cabbage palmetto



STATE QUARTER



---

---

---

---

---

---

---

---



## Disclosures

- I am employed by the American College of Physicians
- Thanks to Daisy Smith for supplying content for this presentation



---

---

---

---

---

---

---

---



### Learning Objectives

- Explain the rationale for High Value Care
- Describe key lessons learned from the ACP's High Value Care Initiative
- Demonstrate the value of teamwork in changing culture
- Commit to a new high value care practice

---

---

---

---

---

---

---

---



### Learning Objectives

- Describe the ACP's role in the Transforming Clinical Practice Initiative (TCPI)
- State the rationale for using ACP Practice Advisor® as a web-based practice transformation tool
- List two ways the ACP SAN offerings integrate to support the work of the practice transformation and quality networks
- Identify key knowledge gaps around MACRA legislation/proposed rule

---

---

---

---

---

---

---

---



### Teamwork

- Insert your team's photo here!

---

---

---

---

---

---

---

---





### American College of Physicians (ACP)

- A non-profit membership organization
- Over 148,000 clinician members
- Trusted source of medical information and education




---

---

---

---

---

---

---

---



### High Value Care Initiative

**Goal:** Support delivery of HVC at all levels of professional training and practice

**Foundation:**

- HVC definition
- HVC framework
- HVC competencies and skills




---

---

---

---

---

---

---

---



### High Value Care Definition

Care that balances clinical benefit of an intervention with its cost and harms with the goal of improving patient outcomes




---

---

---

---

---

---

---

---



### Topic 5: Overcome Barriers to High Value Care

- Understand the barriers to high value care in clinical practice
- Explore ways to overcome some barriers to high value care
- Communicate clear expectations to patients and other members of the healthcare team
- Negotiate a care plan with patients that incorporates their values and addresses their concerns

---

---

---

---

---

---

---

---

---

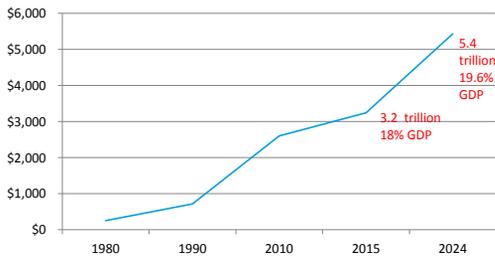
---

---

---



### US Healthcare Costs (in Billions)




---

---

---

---

---

---

---

---

---

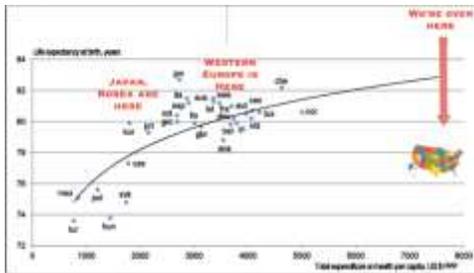
---

---

---



### Higher Spending Worse Outcomes




---

---

---

---

---

---

---

---

---

---

---

---











### Version 3.0 IM Resident Curriculum Overview

- FREE, off-the-shelf curriculum
- Based on a simple, step-wise framework
- Six, one-hour sessions
- **ALL NEW small group activities, cases and bills to engage learners!!!!**
- Facilitator’s guide accompanies each session to help faculty prepare
- Faculty toolbox




---

---

---

---

---

---

---

---

---

---



### Curriculum Dissemination

- The curriculum has been downloaded over 42,000 times since July 2012
- Over 149 IM programs have implemented some component of the curriculum as of 2/15
- 350 programs report the initiation of local high value quality improvement projects from the curriculum




---

---

---

---

---

---

---

---

---

---



### HVC Curriculum for Fellows

- Created collaboratively with ASP and AAIM
- Externally reviewed by fellows and fellowship faculty
- Seven modules including high value consultation and referral
- Released in April 2016, 243 downloads to date
- Free to all on the ACP website

---

---

---

---

---

---

---

---

---

---





### High Value Care Coordination Toolkit

- Pertinent data sets
- Referral request and response
- Care coordination agreements
- <https://www.acponline.org/clinical-information/high-value-care/resources-for-clinicians>




---

---

---

---

---

---

---

---

---

---



### Online High Value Care Cases

- Web-optimized internal medicine cases with questions
- Based on actual patients and their hospital/clinic bills
- Free to all internal medicine providers (including NP's)
- CME, CE and MOC credit
- Use for faculty development or flipped classroom




---

---

---

---

---

---

---

---

---

---



### Online High Value Care Cases (Adults)

- Introductory video
  - Five modules (30-60 minutes each)
  - Take home tools with each module to help provider incorporate modules into practice
1. Avoid Unnecessary Testing
  2. Use Emergency and Hospital Level Care Judiciously
  3. Improve Outcomes with Health Promotion and Prevention
  4. Prescribe Medications Safely and Cost Effectively
  5. Overcome Barriers to High Value Care

---

---

---

---

---

---

---

---

---

---





### Impact on physicians' self-reported behavior

- ↑ discussing the risks and benefits of tests and treatments with patients.
- ↑ discussing relative costs of tests and treatments with patients when generating a plan.
- ↑ offering patients alternatives to tests and treatments that consider the risks, benefits, patient preference and costs.
- ↓ ordering unnecessary tests and treatments because they were requested by patients.
- ↓ ordering tests and treatments out of fear of malpractice.




---

---

---

---

---

---

---

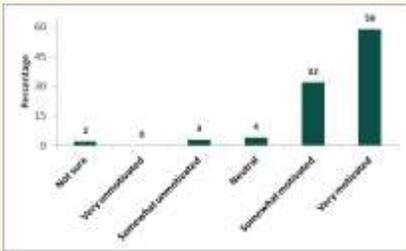
---

---

---



### Impact on Motivation to Incorporate Principles into Daily Practice




---

---

---

---

---

---

---

---

---

---



### High Value Care Pediatrics Cases

- Cases and questions written by Med-Peds faculty
- Funded by ACP and UCSF
- FREE CME

**Topics include:**

- High Value Communication
- High Value Diagnostic Testing
- High Value Management Across Settings




---

---

---

---

---

---

---

---

---

---







### Environment for team co-learning

- Define the team and the roles of all team members with flexibility to adjust to patient complexity/needs
- Every member of the team is a learner and should be motivated to enhance existing knowledge and skills to obtain mastery, autonomy and purpose
- A sense of belonging and relatedness combined with shared vision and goals strengthen the team

---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---



\*Team members granted permission to participate







### ACP SAN Partners

- National Partnership for Women and Families (NPWF)
- Institute for Patient and Family Centered Care (IPFCC)
- Stanford's Clinical Excellence Research Center (CERC)

---

---

---

---

---

---

---

---



### ACP Practice Advisor®

- Web-based tool to improve process and structure of care
- Practice biopsy
- Links to tools based on biopsy results
- Spotlighted practices
- CME and MOC




---

---

---

---

---

---

---

---



### ACP Practice Advisor® Integrates

- PTN dashboard helps networks track the progress of enrolled practices
- Links to tools from other support networks (ACEP and ACR)
- Builds evidence base

**New Modules**

- Avoid Unnecessary Testing
- Improve Patient Access
- Improve Care Coordination
- Improve Medication Adherence
- Patient Experience
- Patient Engagement
- Advanced Care Planning

---

---

---

---

---

---

---

---









### Social Support Influences Perception



---

---

---

---

---

---

---

---

---

---



### High Value Lessons Learned

- Build on a solid foundation
- Integrate High Value principles
- Expand beyond the classroom
- Collaborate with other specialties
- Engage trainees and patients



---

---

---

---

---

---

---

---

---

---



### HVC Resources

- <https://hvc.acponline.org/>
- <https://www.practiceadvisor.org/>
- <https://www.acep.org/equal/>
- <https://rscan.org/>
- [www.guroo.com](http://www.guroo.com)
- [www.healthcarebluebook.com](http://www.healthcarebluebook.com)
- [www.clearhealthcosts.com](http://www.clearhealthcosts.com)
- [www.goodrx.com](http://www.goodrx.com)
- [www.choosingwisely.org](http://www.choosingwisely.org)

---

---

---

---

---

---

---

---

---

---





---

## Acknowledgements

- The Richmond Family
- California Healthcare Foundation
- American Board of Internal Medicine Foundation
- Macy Foundation
- Centers for Medicare and Medicaid Innovation

---

---

---

---

---

---

---

---

