ADVANCING PATIENT CARE
American College of Physicians Annual Meeting
March 13 & 14, 2020
Intercontinental Hotel
San Juan, PR
GOVERNOR’S WELCOME MESSAGE

Dear colleagues and friends:

Welcome to the premier educational activity for internists in Puerto Rico, the American College of Physicians' 2020 Annual Meeting: Advancing Patient Care. The program committee has carefully planned a balanced scientific program where participants will have the opportunity to update their knowledge in the current practice of outpatient and inpatient care in Internal Medicine. The course will be offered by local and Mayo Clinic faculty. At the end of the formal program, we will have the opportunity of an informal exchange of ideas on the important issue of prevention of physician burnout.

The meeting will be truly innovative, as we will have the Mayo faculty giving their lectures via internet. The Chair of the ACP Board of Regents, Dr. Douglas M DeLong, will not be able to attend our Business Meeting as scheduled. These last minute changes in travel plans are due to the CORONA virus crisis, posing travel restrictions by several institutions in the mainland.

During March 13 to 14, 2020, we will also have the opportunity of greeting and celebrating the most recent Laureate awardees, Dr. Edwin Alicea and Dr. José Gutiérrez. A relaxed social gathering will give us the chance for networking with peers, too.

The meeting will proceed, having in mind our safety and wellness. It promises to bring enrichment in our knowledge and well-being. Please join me and enjoy our annual meeting!

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2020 AWARDS

Edwin Alicea-Colón, MD FACP • LAUREATE AWARD

Doctor Edwin Alberto Alicea Colón was born in Ponce in October 31, 1965. His parents are Cándido Alicea and Carmen Haydée Colón Pérez. He was raised though in Coamo, Puerto Rico, which he considers his birthplace. His elementary, middle and high school years were at the public schools of Coamo. In 1983 he graduated with high honors from the José I Quintón high school. From there, he went to the University of Puerto Rico, Rio Piedras Campus, where he completed his undergraduate degree in Biology in 1988. Furtherly, was admitted to the University of Puerto Rico, School of Medicine, graduating in 1992. Afterwards, he pursues Internal Medicine internship and residency training at the University District Hospital. From 1996 up to 1998 he completes his subspecialty training in Pulmonary Diseases at the VA Caribbean Healthcare System. At the moment, he is certified in Internal Medicine and Sleep Medicine and recertified in Pulmonary Diseases, all under the auspices of the American Board of Internal Medicine.

Dr. Alicea’s work in administering the VA Home Oxygen Program has been praised after Joint Commission inspections many times. In addition, his organizational and administrative help is valued at the Pulmonary and Critical Care Medicine Training Program. An American Thoracic Society and American Academy of Sleep Medicine member, he has been for many years board member of the Puerto Rico Lung Association.

Within the ACP Puerto Rico Chapter and its directory board, doctor Alicea has been a truly responsible and dependent worker. He has been the Chapter treasurer helping five governors in having updated records and expenses. He has kept an eye on what could be done and where we should, as a Chapter target financially, that is, not exceedingly but also what do we want to achieve. This record keeping has been paramount for the Puerto Rico Chapter having been recognized at a national level as one of excellence by the national office. But not only that, he has oversighted the logistics of the Chapter receptions at a national and regional meeting, has helped in getting winners of the Chapter Jeopardy contest to the national meeting. He has participated, in many occasions, as part of the Scientific Committee. For this and many other initiatives that he has had an active role, in an occasion during that long journey of service, the Chapter also was bestowed three Evergreen awards, the highest recognition an ACP Chapter could have.

In 1996 he got married with Maria Elena Chirino-Socias. Their offspring, Natalia Michelle Alicea Chirino and Edwin Andrés Alicea Chirino are their main blessings. Thanks for your service and dedication to the ACP Puerto Rico Chapter. Congratulations on a well-deserved honor!
2020 AWARDS

José Gutiérrez-Núñez, MD FACP • LAUREATE AWARD

Dr. José Gutiérrez-Núñez obtained his medical degree from the University of Puerto Rico School of Medicine and trained in Internal Medicine and in Infectious Disease in the UPR programs at its affiliated hospitals. Following his fellowship training he joined the US Air Force Medical Corps, where he served as Chief of Inpatient Service at Carswell AFB Regional hospital, Chief of Infectious Diseases, Associate Chair and then Chair of the Department of Medicine at Malcolm Grow USAF Medical Center, Director of the Transitional Year Program, Chair and Program Director of Medicine at Wright-Patterson Medical Center. From the military, he joined the Veteran's Administration Medical Center in San Juan as a full-time staff member and was named Associate Program Director. Three years later he became the Program Director, a position held for fifteen years. He has held the rank of Associate Professor of Medicine at the Uniformed Services University of the Health Sciences, the University of Puerto Rico School of Medicine, Universidad Central del Caribe and San Juan Bautista School of Medicine.

During his years as a military physician, he received many recognitions for his teaching and professional achievements, was elected to Alpha Omega Alpha honor society, and received the Laureate Award from the Society of Air Force Physicians/ACP chapter in 2005. His involvement in the ACP has been life-long, first in the military and more recently in the ACP Puerto Rico chapter. He has served as Treasurer of the Puerto Rico chapter. As program director of one of the largest Internal Medicine residencies on the island, Dr. Gutiérrez' influence in recruiting associate members and motivating their involvement on the ACP is well known. His leadership has been a source of growth and enrichment for the chapter. He has been role model and mentor to many students, residents, fellows and faculty members.

Dr. José Gutiérrez-Núñez has a rich and exemplary career as a humane and proficient internist, teacher, colleague, leader and role-model. He has served the American College of Physicians wherever he has found himself and, in many ways, and still serves. For all his dedication and achievements, we are convinced that he is worthy of being recognized with the Puerto Rico chapter's Laureate Award.
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SCIENTIFIC PROGRAM
FRIDAY, MARCH 13, 2020
MODERATOR: RUTH SACASA, MD
7:50 AM Welcome - Myriam Allende-Vigo, MD
HOSPITAL MEDICINE
8:00 AM Inpatient Congestive Heart Failure Evaluation and Management - S. Allen Luis, MD
8:30 AM Hospital Update in Infectious Diseases - Daniel C. De Simone, MD
9:00 AM Acute Delirium in the Hospitalized Patient - Neel B. Shah, MD
AMBULATORY MEDICINE
9:30 AM What should I Do with a Positive ANA or RF Test? - Elena Myasoedova, MD
10:00 AM Genomic Testing for the Internist - Neel B. Shah, MD
10:30 AM Q & A Faculty
10:40 AM Break
12:05 PM Antibiotic Stewardship in Primary Care - Daniel C. De Simone, MD
12:35 PM Lunch
MODERATOR: SUHEIRY MARQUEZ, MD
1:30 PM Venous Thromboembolic and Pulmonary Embolism: Evaluation and Management at Emergency Room - Alice Gallo De Moraes, MD
2:00 PM A Practical Approach to a Patient with Cough & Shortness of Breath in your Office Alice Gallo De Moraes, MD
2:45 PM Outpatient Prevention and Management of Declining Renal Function - Mireille El Ters, MD
2:45 PM Break
3:15 PM Suspecting and Treating Inflammatory Polyarthritis - Elena Myasoedova, MD
3:45 PM The Essential Role of Primary Care in the Diagnosis, Assessment and Co-management of SLE - Richard Sadovsky, MD
4:45 PM Q & A Faculty
5:00 PM Adjourn & Welcome Reception
SATURDAY, MARCH 14, 2020
MODERATOR: VANESSA VANDO, MD
8:00 AM Abnormal LFTs and Nonalcoholic Steatohepatitis: Assessing Severity and Optimizing Management - José Rivera, MD
8:40 AM Evaluating and Managing Electrolytes Misbalance in the Outpatient Setting - Carlos Cortés, MD
9:20 AM Continuous Glucose Monitoring for the Internist - Ernesto Solá, MD
10:00 AM Q & A Faculty
10:15 AM Break
10:45 AM Psychiatry for the Practicing Internist - Ileana Fumero, MD
11:25 AM Pharmacologic Challenges in Geriatric Medicine - Daisy Báez, MD
12:05 PM Individualizing the Glycemic Goals in Subjects with Diabetes Mellitus - Michelle Mangual, MD
12:50 PM Q & A Faculty
1:00 PM Business Meeting & Lunch / Awards Ceremony
MODERATOR: PEDRO GIL DE RUBIO, MD
2:00 PM Effects of Immune Checkpoint Inhibitors that you should be aware - Oscar Arill-Torres, MD
2:30 PM Physicians Burnout Syndrome, Opportunity and Challenges - Yohana de Jesús, MD
3:30 PM Meeting Adjourn
We would like to recognize the following exhibitors:

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