

GOVERNOR'S NEWSLETTER - FEBRUARY 2020

GOVERNOR'S MESSAGE

**Marianne Parshley, MD, FACP - Governor – Oregon Chapter
WINTER 2019-2020 Governor's Newsletter**

Happy New Year all!!!

Hope the holidays was joyous and peaceful for you all and that flu has not touched down on you or yours.

For me the last 3 months have been full of wonderful things: a daughter's wedding in Tamil Nadu, India (we discovered southern India is an amazing place full of color, great food and lovely people) and another daughter's wedding outside in the snowy Green Mountains of Vermont (22 degrees and snowing). Great food, wonderful people and hospitality, and now I am glad to be back in Oregon. Two daughters married in 2 months is enough and the third says she is biding her time, for now.

My travels were preceded by wonderful Chapter Meeting in Salem with our two keynote speakers, Susan Hingle, MD MACP past Chair of the Board of Regents and Anne Schuchat, MD FACP, Principle Deputy Director of the Centers for Disease Control. We also had an inspiring Saturday morning breakfast panel of women physicians sharing moments of courage in their lives moderated by Sue Hingle. Their courage in sharing sparked lots of conversations then and throughout the rest of the day.

This year there were a record number of posters at the Thursday student and resident poster competition, and an evening of fascinating and fun oral presentations. My non-physician husband loves to attend that dinner, gathering stories to tell friends about the weird and wonderful ideas of doctors. Our Silent Auction, which helps our students and residents travel to the national ACP competitions raised more money than ever before and we collected donations for Boost Oregon, a vaccination outreach organization, as well as promoted the ACP initiative, *I Raise The Rates!*

Congratulations are in order for three people this new year!

First and foremost, is a congratulations to Thomas Cooney, MD, MACP, who was elected as Chair-elect of the Board of Regents. His term as Chair-elect is April 2020-2021, and Chair 2021-2022. Many of you remember that Tom was also Chair of the Board of Governors a few years ago; the College is lucky to have him continue in leadership.

Second, we now have a voice on the national ACP Council of Resident and Fellow Members, as Joel Burnett, MD, PGY3 at OHSU and rising Chief Resident has been elected to serve a two-year term, beginning April 2020, ending 2022, as a Representative of this Council (CRFM). Congratulations Joel!! Finally, congratulations to Jenny Silberger, MD FACP a general internist with Kaiser Permanente who is our new Governor-elect for Oregon. She will be spending the next 16 months as GE, learning the ropes, attending Board of Governor meetings and then step up to Governor in Orlando in April 2021 at the end of the Internal Medicine annual meeting.

With these elections, Oregon now has members serving on the Board of Regents, the Board of Governors, the Council of Early Career Physicians and the Council of Resident and Fellow Members. Not bad for a small state in the far west.

On a larger scale, and an exciting one for the College--We've been in the news! and deservedly so. Our four major new visionary papers by the College have been released. Leadership and ACP's extraordinary staff have been working on these papers for over 16 months. This is truly a monumental work of evidence-based policy which lays out a path forward toward better health care for all.

The "[Better is Possible: American College of Physicians Vision for the U.S. Health Care System](#)"

provides an ambitious new vision for better health care for all and offers an interconnected, comprehensive plan and expansive policy recommendations for how to achieve it.

Many of the major news and media outlets have been keeping Darilyn Moyer, Bob Doherty, Robert McLean, Douglas DeLong and other leaders of the College busy.

Our papers were even given a Tweet by one of the Presidential candidates. Oregon has had a voice in the creation of these papers. I feel privileged to have had a small part in the process as a member of the Medical Practice and Quality Committee, which was responsible for the Healthcare Delivery and Payment Reform paper. Members of our Governors Council were asked to give feedback on the papers in the development phase and submitted thoughtful, cogent comments which were helpful.

Most of all, we are so very proud of our Oregon colleague, former Governor Thomas Cooney, MD MACP, Chair of ACP's Health and Public Policy Committee, who was a co-author on the papers and instrumental in creating the vision.

Finally, on Wednesday February 26th, we will have the opportunity at McMenamins Kennedy School to hear from and discuss the papers in person with our guest, Shari Erickson, MPH, Vice President, Governmental Affairs and Medical Practice for the American College of Physicians. Shari is a great speaker and also was one of the co-authors of the New Vision Papers. Please do read the papers, at the very least the executive summary, and then join us on Twitter, on the Webinar or in person on Wednesday February 26th, for discussion on the papers and how we can use them as we answer the call to action.

Marianne Parshley, MD FACP
Governor- Oregon Chapter of American College of Physicians

PS: if you have not received the email from the College or seen the Annals, here is the link to the new papers:

<https://annals.org/aim/fullarticle/2759528/envisioning-better-u-s-health-care-system-all-call-action>

ACP Calls for Comprehensive Reform of U.S. Health in a Series of Papers Offering a New Vision of Health Care

ACP has released a comprehensive series of policy papers that outline ACP's vision of a better health care system for all, published as a supplement in *Annals of Internal Medicine*. "[Better is Possible: The American College of Physicians Vision for the U.S. Health Care System](#)" issues a bold call to action, challenging the U.S. to implement systematic reform of the health care system, and provides an ambitious new vision for better health care for all and expansive policy recommendations for how to achieve it.

ACP's "Envisioning a Better Health Care System for All" series of policy papers addresses issues related to [coverage and cost of care](#), [health care delivery and payment system reform](#), and [reducing barriers to care and social determinants of health](#). They offer specific recommendations supported by evidence about ways the U.S. can change the status quo and improve the health care system for all.

ACP developed the papers based on examination and analysis of the strengths and weaknesses of the current U.S. health care system and ACP's analysis of the major problems with American health care. Using the best available data and evidence and a comprehensive review of the literature and recommendations as their foundation, potential solutions outlined in the papers build on ACP's day-to-day advocacy to support the daily practice and well-being of its members and health of patients.

ACP invites all members to join the conversation:

- Engage on social media by using #ACPVision4HealthCare.
- E-mail your thoughts, questions, and suggestions to us at newvision@acponline.org

OREGON CHAPTER ACP PRESENTS

Better Is Possible: The ACP's Vision For The U.S. Health Care System

Shari Erickson, MPH

Vice-President of Governmental Affairs and Medical Practice – ACP
Open to ACP Members / Oregon & Washington Chapters

Wednesday - February 26th, 2020 / 6:00pm - 8:30pm

McMenamins Kennedy School

5736 NE 33rd Avenue, Portland, OR 97211

In Gymnasium - Light Food & Beverages Provided

Please RSVP to Mary Olhausen at: omary52@comcast.net

ACP provides an ambitious new vision for better health care for all and offers an interconnected, comprehensive plan and expansive policy recommendations for how to achieve it.

Shari is one of the authors of the New Vision Papers.

Questions: Mary Olhausen, Executive Director, Oregon ACP:
omary52@comcast.net / 503-880-7383

OREGON CHAPTER DOCTOR'S DILEMMA - 2020

Doctor's Dilemma	Immunize This	Picture = 1000 Words	Best of Annals 2018	So So Sarcoid	Trials and Tribulations
	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>
	<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>
	<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>
	<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>
	<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>

Congratulations to our 2020 Oregon Doctor's Dilemma Team – from OHSU
Zack Dale, MD; Logan Jones, MD; and Thomas Kartika, MD.

They will represent Oregon Chapter at the upcoming National ACP Doctor's Dilemma Competition in Los Angeles, CA, April 2020.



ACP COMPETITION WINNERS – November 2019

Resident Oral Presentation

1. **Dr. Stephanie Frana – “Calciophylaxis: A Misdiagnosed Case Of Recurrent Cellulitis - Legacy”**
2. Dr. Jacqueline Levene – “*When Flushing Leaves You Flustered*” - OHSU
3. Dr. Jonathan Taylor – “*The Temple Of Doom*” - OHSU

Resident Clinical Vignette

1. **Dr. Hayden Smith – “A Perplexing Case Of Episodic Abdominal Pain And The Role Of Mast Cells Gastroenteritis” – Providence-Portland**
2. Dr. Manuel Lewis – “*A Case Of Seizure-Associated Code-Switching*” - Legacy
3. Dr. Jenna Petersen – “*NSAID-Induced Acute liver Failure: A Forgotten Culprit*” - OHSU

Resident Clinical Research

1. **Dr. Daniel Henery – “Further Validation Of The HEART Score As An ACS Risk Stratification Tool For Patients Presenting With Chest Pain At A Community Emergency Dept” – Samaritan Health**
2. Dr. Esther Wright – “*Awareness Of Expedited Partner Therapy (EPT) And Barriers To EPT Utilization In Outpatient Pharmacies In Oregon*” – Samaritan Health
3. Dr. Hiromichi Park – “*Comparative Detection Of Airway MRSA In Patients With Community-Acquired Pneumonia (CAP)*” – Providence-Portland

Resident Quality Improvement

1. **Dr. Michael Silvas – “DELIRIUM: Delirious Elders, Implementing Reduction Interventions Using Mobility” – Providence St. Vincent**
2. Dr. Larissa Sharma – “*Addressing The Social Determinants Of Health In The Clinic Setting*” – Providence-St. Vincent
3. Dr. Kathryn Brim – “*Impact Of Cardiology Consultation And Clinic Follow Up On Readmission Rates For HFrEF Patients*” – Samaritan Health

Resident Basic Research

1. **Dr. Jeffrey Smith – “Drugging Chemokine Receptors: Biased CXCR3 Agonists Differentially Regulate Chemotaxis And Inflammation” – Providence-Portland**
2. Dr. Simone Dekker – “*Modulation Of Brain Transcriptome By Combined Histone Deacetylase Inhibition And Plasma Treatment Following Traumatic Brain Injury And Hemorrhagic Shock*” - OHSU

Student Clinical Vignette

1. **Zoe Glick – “From Out Of The Blue: Systemic Emboli In The Setting Of Polycythemia Vera And Underlying Peripheral Artery Disease” - OHSU**
2. Tajwar Taher – “*An Infectious Disease Mystery In Rural Practice*” - OHSU
3. Justin Jacobs – “*Hypersensitivity Pneumonitis Diagnosed With Broad-Range PCR Testing After Exposure To Battarrea Mushroom Spores*” – COMP-NW

Student Clinical Research

1. **Jessica Blank – “Prior Palliative Care In Children With Complex Chronic Conditions Admitted To The PICU” - OHSU**
2. Jessica Ribkoff – “*Flourishing In Medical School: An Investigation Into Who Finds Happiness In Medical School*” - OHSU
3. Audrey Tran – “*The Shifting, Overlapping, And Expanding Use Of Precision Oncology Terminology*” - OHSU

Student Quality Improvement

1. **Kevin Paternostro – “Behavioral Migration Among Shared Housestaff Of Affiliated Academic Institutions Leading To Increased Documentation Of Surrogate Decision Makers In Hospitalized Patients” - OHSU**
2. David Adler – “*Buprenorphine Therapy: A Comprehensive Guide For New Medication-Assisted Treatment Patients*” - OHSU
3. Andrew Helming – “*The Quality Of Self-Retrieved YouTube Videos As An Educational Tool For Medical Students And Physicians*” – OHSU

Student High Value Cost Conscious Care

1. Taylor Vega – “Understanding How Hospitalization Changes The Relationship Between Substance Use Disorder, Hepatitis C Viral Infection, And Personal Identity” - OHSU

2. Sara Hays – “Provider Experience Of Collaborative Care In Rural Primary Care Clinics: A Comparative Analysis” - OHSU

Student Basic Research

1. Tricia Chau – “High Efficacy Of High-Dose Nitric Oxide And Its Synergistic Effect With Antibiotics Against Mycobacterium Abscessus” - OHSU

2. Rachel Gantz – “Cycad Toxins Effect On Human Neural Stem Cells And Mature Neurons” - OHSU

3. Ashley Reese – “Pyoderma Gangrenosum Underrepresentation In Non-Dermatological Literature” - OHSU

OREGON CHAPTER AMERICAN COLLEGE OF PHYSICIANS **INTERNAL MEDICINE SCIENTIFIC MEETING** **November 5-7, 2020 - Salem, Oregon**

The Oregon Chapter ACP Annual Scientific Meeting is a place to recharge, reflect, and reconnect with your peers, chapter leaders, and great speakers / current topics. Make your connection to the Oregon Chapter’s rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, family practitioners, hospitalists, residents, medical students, and other professional health care professionals.

TOPICS & MEETING HIGHLIGHTS

*Equity-Diversity-Inclusion; Women’s Health; Migraine Headaches; Palliative Care;
Diabetes Management; ENT Common Cases; Chronic Diarrhea; Men’s Health;
Update Outpatient Medicine; Things We Do For No Reason; Health Care Education Apps;
Behavioral Disturbance In Dementia; Update In Inpatient Medicine;
High Tech Interventional Devices*

100+ Poster Competition, Reception & Trivia Game, Awards, Town Hall, Exhibitors,
Silent Auction, Networking, Story Slam.

LODGING: The Grand Hotel-Salem (201 Liberty Street, SE – Salem, OR). Call them at 1-877-540-7800 to make a room reservation. Please mention the Oregon ACP Meeting. Note the hotel is connected to the Salem Convention Center.

The Infectious Diseases Society of Oregon will hold their Annual Meeting, Thursday, November 5, 2020 at the Salem Convention Center. For more information, please contact IDSO at 503-215-6088.

MORE INFORMATION:

Contact: Mary Olhausen, Executive Director / Oregon Chapter ACP
Office: 360-892-1814 / Cell: 503-880-7383. omary52@comcast.net



CHAPTER AWARDS

The Chapter has developed a new Award –

OREGON ACP DIVERSITY AWARD

FOR OUTSTANDING CONTRIBUTIONS TO FOSTERING DIVERSITY, EQUITY, and INCLUSION IN THE COMMUNITY

Established: 2020-2021

For outstanding contributions to fostering diversity, equity, and inclusion in the community. This award recognizes those who have fostered diversity and inclusion with outstanding achievements in mentoring, leadership development, and role modeling of physicians or students from diverse and/or underrepresented populations. This award can be given to both ACP members and non-members.

NEW FELLOWS OF THE COLLEGE

Congratulations to our new Fellows of the College - elected for their contributions to internal medicine and their service to community and patients.

Philippe Champagne, M, FACP
Neha Naik, MD, FACP
David Shute, MD, FACP
Caroline Hurd, MD, FACP
Vipul Mahajan, MD, MBBS, FACP

Lisa Miura, MD, FACP
Divya Sharma, MD, FACP
Todd Winter, MD, FACP
Kathleen Drago, MD, FACP

CHAPTER SOCIAL MEDIA

Find us on Twitter and Facebook!

TWITTER: @OregonACP (<http://twitter.com/OregonACP>)

FACEBOOK: <https://www.facebook.com/OregonACP/>

Twitter for chapter related news, including highlights of policy and advocacy work at the National ACP level, as well as photos of chapter activities and news about chapter members.

ACP---ADVOCATES FOR INTERNAL MEDICINE NETWORK

Join more than 15,000 colleagues in the Advocates for Internal Medicine Network (AIMn) in advocating for the interests of internal medicine in Washington, D.C. The AIMn program is for ACP members interested in participating in federal advocacy. It is designed to help members engage with their federal lawmakers on policy issues important to ACP and internal medicine.

Follow @AdvocatesIM <https://www.acponline.org/advocacy/advocates-for-internal-medicine-network>

The Foundation For Medical Excellence

33rd ANNUAL CHRONIC PAIN MANAGEMENT

March 6-7, 2020

In cooperation with: The College of Physicians and Surgeons of British Columbia
Simon Fraser University Wosk Conference Centre Vancouver, British Columbia
Chronic Pain Management Conference

Opioid and Psychoactive Prescribing in Clinical Practice

Addressing the Challenges through Multiple Lenses: Patient, Self and Society



Registration is available online at www.tfme.org

SAVE-THE-DATE!!!
Raising Vaccination Rates
In A Climate Of Vaccine-Hesitancy

Presented by Gretchen LaSalle, MD, FAAFP

Wednesday, March 25, 2020 / 6:00pm - 8:30pm
OMA Event Center, 11740 SW 68th Parkway, #100 – Portland, OR 97223
Light Food and Beverages Served / Earn 1.0 Hours CME

This Event Is Open To ACP Members and Non-Members
Registration Opens March 1, 2020



FUNDRAISER FOR BOOST OREGON

Informed Parents for Healthy Kids. A Parent-led community that educates Oregonians about the safety and benefit of childhood vaccinations. Giving every child in Oregon the best shot at a healthy life! In conjunction with this presentation, we will continue our fundraiser for Boost Oregon. Bring A Small Donation of Office Supplies AND/OR Make Cash Donations.

Items Really Needed by BOOST OREGON:

2-Pocket Folders	College Ruled Notepads
1-Subject Spiral Notebooks	Multicolored Highlighters
Plain Printer Paper	Printer Ink (HP 952)
Whiteboards	Whiteboard Markers & Erasers
Computer Speakers	Computer Monitors (24-inch)
USB Flash Drives	Letter-Sized Envelopes
File Envelopes (9x12 inches)	Stamps

Cash Donation Information: www.boostoregon.org or Donation Envelopes Available at The Event

ACP INTERNAL MEDICINE MEETING - 2020
ACP's Internal Medicine Meeting – Los Angeles, CA
April 23-25, 2020
Los Angeles Convention Center
Pre-Courses April 21-22
<https://annualmeeting.acponline.org/>



Northwest Regional Reception at IM 2020 in Los Angeles
Oregon, Alaska, Montana, Idaho, Utah, and Washington Chapters

You and your guest are cordially invited to the Friday, April 24, 2020 / 6:00pm – 8:00pm
First Draft Taproom & Kitchen / 1230 South Olive Street, Los Angeles, CA
Enjoy a hosted beverage and light hors d'oeuvres

UPCOMING EVENTS / MEETINGS / CONFERENCES

OREGON ACP – ACP Policy Papers & New Vision For US Healthcare

February 26, 2020. McMenamins Kennedy School – Portland, OR

Shari Erickson, MPH from ACP Governance Office Will Present. oregonacp@comcast.net

OREGON ACP – Advocacy & Training Event

February 27, 2020. Salem Grand Theater – Salem, OR. oregonacp@comcast.net

OHSU – 27th Annual Internal Medicine Review

March 5-6, 2020. Sentinel Hotel – Portland, OR. www.ohsu.edu/cme

TFME - The Foundation For Medical Excellence – 33rd Annual Pain Management Conference

March 6-7, 2020. Simon Fraser University – Vancouver BC. www.tfme.org

OHSU – 4th Annual Adult Mental Health Update: Strategies For Primary Care

March 13, 2020. OMEF Event Center – Portland, OR. www.ohsu.edu/cme

OHSU – 4th Annual Adult Mental Health Update: Strategies For Primary Care

March 13, 2020. Oregon Med Assoc Event Center – Portland, OR. www.ohsu.edu/cme

PNHP & OHF – How Healthcare Policy Impacts Local Business

March 18, 2020. Aladdin Theater – Portland, OR. Tickets: www.aladdin-theater.com

Sponsored by Oregon Physicians for a National Health Program and Oregon Health Forum

OREGON ACP - Raising Vaccination Rates In A Climate Of Vaccine-Hesitancy

March 25, 2020. OMB Event Center – Portland, OR. oregonacp@comcast.net

AMDA – Society For Post-Acute & Long-Term Care Annual Conference

April 2-5, 2020. Chicago, IL.

ACP - American College of Physicians – Internal Medicine Meeting

April 23-25, 2020. Los Angeles, CA www.acponline.org

AAFP – Oregon Academy of Family Physicians – Annual Meeting

April 23-25, 2020. Embassy Suites – Portland, OR. www.oraafp.org

OHSU – When Things Go Wrong In The Outdoors

April 24, 2020. Best Western Hood River Inn – Hood River, OR. www.ohsu.edu/cme

AGS – American Geriatrics Society Annual Meeting

May 7-9, 2020. Long Beach, CA. May 13-15, 2021. Chicago, IL. www.ags.org

MSMP – Medical Society of Metropolitan Portland Annual Meeting

Date in May TBD. Portland, OR. www.msmp.org

OHSU – Sommer Memorial Lectures /

May 7-8, 2020. Multnomah Athletic Club – Portland, OR. www.ohsu.edu/cme

OHSU – 4th Annual Forum On Aging In Rural Oregon

May 27-29, 2020. Riverhouse on The Deschutes – Bend, OR. www.ohsu.edu/cme

OHSU – Infectious Diseases For The Non-Specialist

May 28-29, 2020. Timberline Lodge – Mt. Hood, OR. www.ohsu.edu/cme

OHSU – Managing Autism And Other Developmental Disabilities: An Update For Primary Care

June 19, 2020. Lane Community College – Eugene, OR. www.ohsu.edu/cme

OHSU – Ashland Endocrine Conference

June 25-27, 2020. Ashland Hills Hotel & Suites – Ashland, OR. www.ohsu.edu/cme

OHSU – 15th Annual NW Regional Hospital Medicine Conference

September 24-25, 2020. Sentinel Hotel – Portland, OR. www.ohsu.edu/cme

OMA – Annual Meeting

September 26, 2020. Hilton Hotel Downtown Portland – Portland, OR. www.theoma.org

OGS – 21st Annual Oregon Geriatrics Society Conference

October 2-4, 2020. Sunriver Resort – Sunriver, OR. www.oregongeriatricsociety.org

OHSU – Oregon Rural Health Conference

October 7-9, 2020. Riverhouse on The Deschutes – Bend, OR. www.ohsu.edu

OHSU – 44th Annual Pacific NW Update OB/Gyn & Women's Health

October 15-16, 2020. Sentinel Hotel – Portland, OR www.ohsu.edu/cme

ACP - Oregon ACP – Oregon Chapter American College of Physicians – Annual Scientific Meeting

November 5-7, 2020. Salem Convention Center – Salem, OR. www.acponline.org/chapters