Oregon Chapter
Scientific Meeting
2015

November 12–14, 2015
Salem Convention Center
Salem, Oregon

Fostering Excellence in Internal Medicine
This live activity has been designated for 14 CME credits.
Meeting Highlights

- HP Lewis Speaker David Scrase, MD, FACP—Thieves’ Market: Fascinating Internal Medicine Cases
- Iron Deficiency Anemia
- Updates: Geriatric Medicine, Immunization, COPD, Hospital Medicine, Low Back Pain, and Outpatient Medicine
- Care of the Transgendered Patient
- The Ups and Downs of Testosterone Therapy
- Colon Cancer Screening
- Substance Use Disorders and Primary Care Providers
- Hypertension Management

Dear Colleague,

I invite you to join me and your colleagues in internal medicine at the next scientific meeting of the Oregon Chapter of the American College of Physicians, being held November 12–14, 2015, at the Salem Convention Center.

This meeting is not just for ACP members. I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning 14 CME credits, by attending this meeting you will:

• Gain insight into recent medical advances.
• Discuss local and national issues affecting the practice and teaching of internal medicine.
• Greet old friends, meet new friends, and develop a network of colleagues in your area.

Between scientific sessions, please visit the College table. You will find information on new ACP programs, products, and services. There's always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, please visit the ACP website at www.acponline.org/about_acp/chapters/or/news_meet.htm and register online, or mail in your registration form with payment. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

I look forward to seeing you in Salem.

Sincerely,

Thomas Cooney, MD, MACP
ACP Governor, Oregon Chapter
Fostering Excellence in Internal Medicine

Thursday, November 12, 2015

Residents’ and Students’ Competition

4:00 p.m.
Poster Judging and Viewing Posters

7:00
Buffet Dinner

7:30
Residents’ Clinical Vignette Oral Presentations
Moderators: Council of Residents & Fellows

Friday, November 13, 2015

Scientific Program

7:00 a.m.
Registration/Continental Breakfast
View Exhibits/College Display/Posters

8:00
Welcome
Thomas Cooney, MD, MACP, Governor
Sima Desai, MD, FACP, Chair, Program Planning Committee

8:15
HP Lewis Speaker
Thieves’ Market: Fascinating Internal Medicine Cases
David Scrase, MD, FACP

9:15
Alternatives to Chronic Pain Management
Thomas Schrattenholzer, MD

10:00
Break
View Exhibits/College Display/Posters

10:30
Update in Geriatric Medicine
Elizabeth Eckstrom, MD, MPH, FACP

11:15
Iron Deficiency Anemia
Thomas DeLoughery, MD, MACP

Noon
Lunch
Chapter Awards/Business Meeting/Town Hall

1:15 p.m.
Immunization Update
Jennifer Marfori, MD

2:00
Care of the Transgendered Patient
Melinda Muller, MD, FACP, and Christina Milano, MD

2:45
Break
View Exhibits/College Display/Posters

3:15
Update on COPD Diagnosis and Treatment
David Hotchkin, MD, MSc

4:00
Atrial Fibrillation and Stroke Prevention
Thomas Dewland, MD

4:45
Reception & Trivia Pursuit

Saturday, November 14, 2015

Scientific Program

7:00 a.m.
Continental Breakfast
College Display/Posters

7:00
Yoga and Physician Wellness
Kellie Littlefield, DO

8:00
Update In Hospital Medicine
Kevin Breger, MD, PhD

8:45
The Ups and Downs of Testosterone Therapy
Elizabeth Stephens, MD, FACP

9:30
Break
College Display/Posters

9:45
Outpatient Medicine Update
Robert Gluckman, MD, FACP

10:30
Heart Failure and Preserved EF
Jacob Abraham, MD

11:15
Low Back Pain Update
Richard Deyo, MD, MPH, FACP

Noon
Lunch
College Display/Posters

1:15 p.m.
Colon Cancer Screening Updates
David Lieberman, MD

2:00
Female Sexuality
Audrey Curtis, MD

2:45
Break

3:00
Hypertension Management: Lessons From Goldilocks
Tonja Dirkx, MD

3:45
Substance Use Disorders: What Does The Primary Care Provider Need To Know?
Rachel Solotaroff, MD, MCR

4:30
Adjourn
Meeting Information

Faculty

Jacob Abraham, MD, Cardiologist and Medical Director, Center For Advanced Heart Disease, Providence St. Vincent Medical Center, Portland

Kevin Breger, MD, PhD, Medical Director and Hospitalist, Legacy Internal Medicine Service, Legacy Health System, Portland

Audrey Curtis, MD, Staff Physician, Urogynecology Group Practice, Legacy Health System, Portland

Thomas DeLoughery, MD, MACP, FAWM, Professor of Medicine, Pathology, and Pediatrics, Knight Cancer Institute, Division of Hematology/Medical Oncology & Laboratory Medicine, Oregon Health & Science University, Portland

Thomas Dewland, MD, Assistant Professor of Medicine/Cardiology, Knight Cardiovascular Institute, Oregon Health & Science University, Portland

Richard Deyo, MD, MPH, FACP, Professor of Medicine, Family Medicine, Oregon Health & Science University, Portland

Tonja Dirkx, MD, Associate Professor of Medicine, Department Medicine, Division Nephrology & Hypertension, Oregon Health & Science University, Portland

Elizabeth Eckstrom, MD, MPH, FACP, Associate Professor of Medicine and Director of Geriatrics, Oregon Health & Science University, Portland

Robert Gluckman, MD, FACP, Chief Medical Officer, Providence Health Plans, Portland

David Hotchkin, MD, MSc, Associate Medical Director, ICU, Medical Director, Tele-Critical Care Medicine, Providence Portland Medical Center; Staff Physician, Division Pulmonary, Critical Care, and Sleep Medicine, The Oregon Clinic, Portland

David Lieberman, MD, Professor of Medicine, Chief, Division of Gastroenterology and Hepatology, Oregon Health & Science University, Portland

Kellie Littlefield, DO, Resident, Department Internal Medicine, Oregon Health & Science University, Portland

Jennifer Marfori, MD, Staff Physician, Infectious Disease Consultants West/The Travelers Clinic, Providence St. Vincent Medical Center, Portland

Christina Milano, MD, Assistant Professor of Medicine, Family Medicine, Oregon Health & Science University, Portland

Melinda Muller, MD, FACP, Clinical Vice-President, Legacy Medical Group Primary Care Division, Legacy Health System, Portland

Thomas Schrattenholzer, MD, Legacy Pain Management Centers, Legacy Health System, Portland

David Scrase, MD, FACP, Associate Professor of Medicine, Presbyterian Hospital; Staff Physician, Internal Medicine & Geriatrics Practice, Presbyterian Medical Group, Albuquerque, NM

Rachel Solotaroff, MD, MCR, Affiliate Assistant Professor of Medicine, General Internal Medicine & Geriatrics, Oregon Health & Science University; Chief Medical Officer, Central City Concern, Portland

Elizabeth Stephens, MD, FACP, Endocrinology Chief, Department of Medical Education, Associate Director, Continuing Medical Education, Providence Portland Medical Center; Affiliate Associate Professor of Medicine, Division of Endocrinology, Oregon Health & Science University, Portland

Program Committee

Sima Desai, MD, FACP (Chair), Oregon Health & Science University, Portland

Lynn Benton, MD, FACP, Albany Internal Medicine, Albany

Thomas Cooney, MD, MACP, VA Medical Center, Portland

Linda Humphrey, MD, MACP, VA Medical Center, Portland

Laura Loertscher, MD, Providence St. Vincent Medical Center, Portland

Leonard Mankin, MD, FACP, Legacy Health System, Portland

Scott Marsal, MD, FACP, Providence Portland Medical Center, Portland

Melinda Muller, MD, FACP, Legacy Health System, Portland

Basil Pittenger, MD, FACP, North Bend Medical Center, Coos Bay

Alexander Schafir, MD, FACP, Providence St. Vincent Medical Center, Portland

Richard Wernick, MD, Providence Portland Medical Center, Portland
Meeting Information

Learning Objectives
At the conclusion of this activity, the participant will be able to:

• Apply updated knowledge of internal medicine to clinical practice.
• Apply updated knowledge of heart failure, iron deficiency, lower back pain, hypertension management, colon cancer screening, care of transgendered patients, COPD, geriatric medicine, substance use, and testosterone therapy to clinical practice.
• Gain insight about updates in outpatient medicine and hospital medicine.
• Understand recent advances in internal medicine.

Chapter Awards
It is with distinct pleasure that the Oregon Chapter honors individuals for distinguished teaching and service to the profession. These individuals uphold the high ideals and professional standards of the ACP. These awards will be presented during the luncheon on Friday, November 13.

Resident/Fellow Members’ Activities
Posters prepared by Resident/Fellow Members and Medical Students will be presented at the meeting. Winners will receive prizes and be eligible for entrance into the national competition held during Internal Medicine Meeting 2016. Contact Mary Olhausen at omary52@comcast.net for more information about entering the Resident/Fellow Members’ Competition.

Who should attend?
• General internists
• Subspecialty internists
• Family practitioners
• Fellows in subspecialty training
• Hospitalists
• Allied health practitioners
• Residents
• Medical students interested in internal medicine

CME Accreditation
The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Questions?

- For registration information, contact ACP Customer Service (M–F, 9 a.m.–5 p.m. ET) toll-free at 800-523-1546, ext. 2600, or direct at 215-351-2600. You may also e-mail custserv@acponline.org or fax 215-351-2799.
- If you have questions about the Chapter, the meeting program, or have a disability or any special dietary needs, please contact Mary Olhausen by telephone at 360-892-1814, or e-mail omary52@comcast.net.

Hotel Accommodations

We have reserved a block of rooms at the following rates until October 1, 2015. When making your reservation, be sure to mention that you will be attending the ACP Oregon Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 877-540-7800. Please note that the Grand Hotel is connected to the Salem Convention Center.

- Deluxe King: $119
- Deluxe Double Queen: $129
- Suite King: $139
- Suite Double Queen: $149

The Grand Hotel–Salem
201 Liberty Street, SE
Salem, OR 97301

Directions/Parking

Parking at Salem Convention Center is complimentary.

Registration Information

For questions about the meeting schedule or location, please contact:

Mary Olhausen–Executive Director, ACP Oregon Chapter
360-892-1814

No late registration fee or on-site fee will be charged.

Cancellations/Refunds

Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. A processing fee of $35.00 will be deducted from the member’s refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Other

Infectious Diseases Society of Oregon Annual Meeting

The IDSO meeting will be held Thursday, November 12, at the Salem Convention Center. For more information about this meeting, please call 503-215-6088.

Friday Evening Reception/Trivia

Please join us for the 3rd Annual Chapter Trivia Night, led by Dr. Leonard Mankin (trivia guru), where you can enjoy the reception, mingle with colleagues, and participate on a trivia team. Teams are assigned randomly on site, and questions are from a broad variety of categories (nonmedical). Prizes for the winning team members!

Dietary Restrictions

Please contact Mary Olhausen by telephone at 360-892-1814, or e-mail omary52@comcast.net for any dietary restrictions.

Contact Us

**BY INTERNET**

(Credit Card only)
Visit us on the Web
www.acponline.org/chapters

**BY MAIL**

Make check or money order payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

**BY FAX**

(Credit Cards only)
215-351-2799

**BY PHONE**

Call 800-523-1546, ext. 2600,
or 215-351-2600
(M–F, 9 a.m.–5 p.m. ET)
ACM # (found on mailing label)

Name □ MD □ DO □ OTHER

Address

City State ZIP

Daytime Phone Fax E-mail

☐ Please exclude me from receiving mailings from the meeting exhibitors.

☐ Check here if you are disabled and require assistance. Please notify the Oregon Chapter in writing before your course. We’ll be glad to help.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

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<tr>
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The Oregon Chapter will hold our Annual Resident & Medical Student Competition on Thursday, November 12. This will take place at the Salem Convention Center with posters on display, followed by dinner and oral presentations. We invite meeting attendees as well as others to join us for this competition. Please check the box below if attending the buffet dinner on Thursday:

☐

4:00 p.m. Poster Judging and Viewing Posters

7:00 p.m. Buffet Dinner

7:30 p.m. Residents’ Clinical Vignette Oral Presentations

**Please mail all registration forms to 190 N. Independence Mall West Philadelphia, PA 19106-1572**
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Register Online Today!

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