Fall Oklahoma Chapter  
ACP Meeting 2013

For the Fall 2013 meeting, we plan to honor our 20-25 year members. This is my invitation to each of you....

You are invited to a reception beginning at 5:30 on Friday evening, October 18 at the end of the 2013 Oklahoma Chapter meeting. This will be a special time where we will remember Eldon V. Gibson, MD, FACP former President of OSIM and Governor of ACP.

In addition, there will be Chapter awards given out to members and residents.

- Two new Masters of the College
- Resident Poster Winners in Research and Clinical Vignettes.
- Excellence in Medical Humanities
- Edward R. Loveland Memorial Award for a distinguished contribution in the health field will be given to the Cherokee Nation

Our current officers and Council members will be your hosts. In addition, we hope that you will attend the meeting on Friday.

James Baker, MD, FACP - Oklahoma Chapter Governor
MEETING INFORMATION
The 2013 ACP Annual Chapter meeting will be held at the University of Oklahoma–Samis Education Center Oklahoma City, Oklahoma

Directions
The meeting site is located at 1200 Children’s Avenue, OKC on the OUHSC Campus, south of the State Capitol and east of Lincoln Boulevard.

The reception site is located on the 4th floor Deck in the Samis Center.

ACP Council Long Range Planning — October 17
1:00 — 4:00.
Office of Michael Bronze, MD, FACP
OUHSC
## ACP Oklahoma Chapter Scientific Meeting

### Schedule of Events

**October 18, 2013**

### Morning Session

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<th>Time</th>
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<th>Presenter(s)</th>
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| 8:00 a.m. | Welcome                                                              | James Baker, MD, FACP  
ACP Governor, OK Chapter          |

8:15 – 9:00 a.m.

Your Difficult Patient with Recurrent Spells Has Migraine


Professor, The  
Kathryn G. & Doss Owen Lynn, MD,  
Chair in Neurology, Department of  
Neurology; Director of Medical Student  
Education, OU Medical System;  
Chief of Neurosciences Service,  
OUHSC – OKC

9:00 – 9:45 a.m.

The New Oral Anticoagulants – Handle with Care

*Philip C. Comp, M.D., Ph.D., F.A.C.P.*

Associate Chief of Staff for Research,  
Oklahoma City VA Medical Center;  
Professor of Medicine, Hematology  
Section, Adjunct Professor of Pathology,  
OUHSC – OKC.

9:45 – 10:15 Break/Visit exhibits

10:15 - 11:00 a.m.

Update in Osteoporosis

*Mary Zoe Baker, M.D.*

David Ross Boyd Professor of Medicine, Director of  
Clinical Services, Section of  
Endocrinology and Diabetes, OUHSC -- OKC

11:00 – 12:00

Doctors Dilemma Competition

### Afternoon Session

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<th>Time</th>
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| 12:00 pm | Awards Luncheon/  
Business Meeting/Town Hall                                           |

1:00 – 2:00 pm

Choose Wisely: High Value, Cost Conscious Care

*James Baker, MD, FACP*  
ACP Governor, OK Chapter

2:00 – 2:45 pm

Advances in Cardiovascular Interventions that an Internist Should Know About

*Mazen Abu-Fadel, M.D., F.A.C.C., F.S.C.A.I.*  
Oklahoma City VA Medical Center, Oklahoma City

2:45 – 3:30 pm

2013 Antimicrobial Update

*Michelle Salvaggio, M.D., F.A.C.P.*

Program Director, Infectious Diseases Fellowship Training Program, Infectious Diseases Section, The University of Oklahoma, Oklahoma City

3:30 – 4:30 Associates' Oral Presentations

*Matlock Jeffries, MD - Moderator*  

4:30 – 5:30

Poster Presentations

5:30 – 8:00 Reception/ Award Presentations
Dr. John Kalbfleisch

is a patriarch of internal medicine/cardiology in Tulsa. He was the American College of Physician’s (ACP) Oklahoma Governor during my medical school years and he was a mentor his medical students. He taught us that cardiologists were first general internists. His legacy still lives in the Tulsa medical community despite his retirement as a great teacher, researcher, businessman, and physician.

Dr. Kalbfleisch was deeply committed to his teaching in public health/science and medical education. He always made himself available to teach and educate in public health and science in the Tulsa Community, where he was a voice of reason. He was a volunteer teacher to medical students and residents at the University of Oklahoma College of Medicine-Tulsa. His cardiology service at Cardiology of Tulsa, Saint Francis Hospital was an unmatched learning experience. His fund of knowledge and his research complimented the community-based medical education that he taught away from the high-powered university setting.

As a researcher, Dr. Kalbfleisch, published a large number of papers. His publications reflect a wide spectrum of internal medicine, and not just cardiology. He passionately pursued interventional cardiology during its infancy. He was involved in early trials with thrombolytics. The diversity of his publications reflect the knowledge and interest of this renaissance physician.

Dr. Kalbfleisch founded and built Cardiology of Tulsa (COT). His devotion and diligence helped make his group one of the premier cardiology groups in eastern Oklahoma. Practicing “state of the art” cardiology, Dr. Kalbfleisch never forgot his internal medicine roots. He treated the total patient. Recognizing the need for aggressive treatment of atherosclerosis pathophysiology, he recruited and developed COT into a multispecialty with expertise in nutrition, metabolism, endocrinology, and lipid studies.

His devotion to ACP and internal medicine was iconic. He devoted hours and hours to ACP committee and council work. As the Oklahoma ACP Governor, he was one of the giants of Oklahoma internal medicine that made ACP the prestigious internal medicine organization to join. Annual Oklahoma Fall Scientific Sessions became the best-recognized continuing medical education for internal medicine in the state during his tenure.

As a patient advocate, Dr. Kalbfleisch was a physician with high ethical standards and professional demeanor. Countless sick and suffering patients found respite when he arrived at their bedside. He brought a comfort, confidence, and hope to many patients in their hours of need.

When I consider the short list of ACP masterships in the state of Oklahoma, I see John Kalbfleisch MD, FACP as having been overlooked. This award should have been bestowed years ago. Many of Oklahoma’s finest internists were tutelaged and mentored under Dr. Kalbfleisch. I was privileged to have excellent mentors in my medical education. John was one of the best.

The Oklahoma Chapter is proud to announce that John Kalbfleisch MD has been elected to Mastership in the American College of Physicians.
Dr. Mike Weisz

is a revered teacher, mentor, and physician. His attributes extend beyond the administration, academic, research, scholastic, teaching, volunteerism and service credentials of his career. Mike Weisz represents the heart and soul of ACP in Oklahoma.

Dr. Weisz has held many positions at OUHSC/Tulsa requiring talents in administration and academics. Positions that he has held include chief resident, clinical instructor, program director, medical director, Assistant Professor, Interim Internal Medicine Chair, and Residency Program Director. His administrative and academic talents have been brilliantly displayed in these academic and administrative positions.

Mike’s research with headache has made him an Oklahoma “Go To” consultant. Mike served in roles as both Principal and Co-investigator for Merck, the National Headache Foundation, and NIH/AHRQ in his projects. Building quality and effectiveness into his headache research was a natural for Mike. His headache research also facilitated the development of teaching materials for both medical students and residents.

Dr. Mike Weisz, Oklahoma ACP Chapter Governor championed the ACP “Closing the Gap in Diabetes and Cardiovascular Risk Reduction” for the state. Dr. Weisz embraced the program and used it for faculty teaching of OU residents and clinic staff. Publications of books and papers as well as multiple oral and poster presentations represent Mike’s dedication to “See one, do one, teach one” mantra.

Leaving and teaching at Journal Clubs, Core Curriculum conferences, Board Reviews, Grand Rounds and Invited Lectures are the norm for Mike, and not the exception. Mike is always receptive to teaching opportunities. OUHSC students, residents, and faculty have awarded Mike several well deserved, teaching awards. ACP has also honored Mike for his teaching endeavors.

Dr. Weisz’s ACP involvement has been unmatched in Oklahoma. Mike has attended ACP Annual Session/Internal Medicine yearly since 1990, the last twenty-three years. He has had an overwhelming presence at our Oklahoma Fall Scientific Sessions since 1988, the last twenty-five years. He has been a Fellow of the college since 1996, seventeen years ago, and an Oklahoma ACP Council member since 1989, twenty-four years.

Mike has served on numerous hospital and community committees volunteering countless hours to serve Tulsa and Oklahoma citizens. His volunteer service also includes being an attending physician for the last ten years in a free evening patient care clinic, collaborative effort by OU/OSU for medical students and residents.

Mike was elected Governor –Elect and Governor for 2002-2007 and is obviously very well respected by his peers, eight hundred plus Oklahoma internist. During his ACP governorship, Mike served as Vice Chair of the ACP Membership committee. Mike is always active in ACP, touting its attributes to all residents.

The Oklahoma Chapter is proud to announce that Mike Weisz MD has been elected to Membership in the American College of Physicians.
The Cherokee Nation

was nominated by the Oklahoma Chapter of the American College of Physicians for the coveted Edward R. Loveland Memorial Award for a distinguished contribution in the health field. The Cherokee Nation has been a health champion for years in Oklahoma. The statistics speak for themselves. Cherokee Nation is a leader and worthy to have its name along side previous Loveland Award winners.

Cherokee Nation’s vision is to achieve optimal health and healthy communities for this and future generations. Since 2002, the Cherokee Nation Health Services have performed over four million patient visits with eight health centers and one hospital. Working on one of the sickest populations in the country, programs include emergency medical services, diabetes, community health, cancer, behavior health, elder care, and youth/substance abuse services. The Cherokee Nation operates the largest tribal operated health care system in the United States.

The Cherokee Nation has received countless awards including eighteen awards from the Indian Health Services through the Government Performance and Results Act. The tribe is the first tribe to achieve accreditation by Det Norske Veritas. The Cherokee Nation EMS is the first tribe and first EMS service in Oklahoma to achieve the Commission on Accreditation of Ambulance Services (CAAS), meeting the highest national standards for the medical transport industry.

The W.W. Hastings Hospital, a sixty-bed hospital, located on the reservation averages 4,600 admissions, 13,000 inpatient days, 1,000 newborn admissions, and 350,000 visits annually. The scope of services include acute/chronic care, inpatient hospital, pediatric care, podiatry, nursing, radiology, laboratory, physical therapy, pharmacy, dental, nutrition, optometry, contract health, diabetes prevention, cancer prevention, WIC (women, infants, and children), behavioral health, public health nursing, residential adolescent treatment center, and a healthy nation program (physical activity, healthy eating, and tobacco free). The hospital boast professional affiliations with Northeastern State University for nursing and optometry, Southwestern State University for pharmacy, Bacone College for nursing and radiology, as well as partnerships with the University of Oklahoma and Oklahoma State University.

Of the eight health centers, the Three Rivers Health Center is the flagship. In a joint venture with the Indian Health Services (IHS), it is the largest health center with more than 100,000 square feet. In 2009, there were 70,764 outpatient visits. The scope of practice for the Three Rivers Health Center matches that of W. W. Hastings minus the inpatient services. It has services of mammography, rheumatology, and Cherokee language translation services, not offered at Hastings.

The other seven health clinics are located in Bartlesville, Jay, Nowata, Salina, Sallisaw, Stilwell, and Vinita. These clinics have totaled 328,159 outpatient visits a year. This regional coverage allows healthcare access of close proximity.

Cherokee Nation is the only tribe in the United States with a cancer registry. The registry is a National Cancer Institute’s (NCI) collaboration geared toward Surveillance, Epidemiology and End Results (SEER). The registry collects information on the type of cancer, the stage of disease, and how and when the cancer is diagnosed and treated.

The Behavioral Health Services of Cherokee Nation offer programs including mental health services, substance abuse treatment, and community-based mental programs. A chemically-dependent Indian adolescents program for ages 13-18 years of age deals with serious substance abuse in a residential setting. The program serves Native American youth with substance abuse by promoting educational, mental, spiritual, emotional, and physical growth.

Most importantly, the Cherokee Nation Healthy Nation provides outreach services to schools and communities in wellness, health fairs, tobacco cessation, running clubs, recreation centers, fitness camps, and culturally appropriate education. Through these services and efforts, the population is striving to be healthier.

The Oklahoma Chapter of the American College of Physicians is proud of Cherokee Nation and its healthcare efforts, a model for others. The Loveland Award represents a distinguished contribution in the health field, Cherokee Nation truly fulfills this criteria. Cherokee Nation continues to provide high quality, low cost, high value health care to many of Oklahoma citizens.
Dr. Eldon Van Gibson — (December 25, 1940 - April 20, 2013)

Oklahoma Lifetime Achievement Award
We pay tribute to a very special physician and friend. Dr. Gibson has been a member of the Oklahoma Chapter of the Oklahoma Society of Internal Medicine (OSIM) and ACP since the early 1980s. He served 6 years on the OSIM Council in the late 80s and early 90s -- during that time, he chaired the OSIM Member Services Committee and served on the ASIM Health Insurance Benefit Committee for 6 years. He served as President of OSIM from 1993 - 1994 and Governor of ACP-ASIM from 1999 to 2003. In 2003, he was presented with the Laureate Award for his contributions to the profession of medicine and to the Oklahoma Chapter. This is the highest honor that is given to a member of the Chapter.

After his terms as President and Governor, Dr. Gibson continued to serve on the Oklahoma Council in whatever capacity he was asked — Chair of the 3rd Party relations committee and most recently as treasurer. After he retired from practice, Dr. Gibson examined several boxes of historical papers from the earlier days of OSIM.

This year he was nominated for Master of the American College of Physicians.

Eldon Gibson was a native of Tahlequah receiving his BS degree from NE Oklahoma University and his Medical degree from OUHSC. He was Board certified in IM and Geriatric medicine and worked as a General Internist at Shawnee Medical Center Clinic since 1971. He was a Trustee for OSMA for 10 years and a Member of the Physician Advisory Committee to the Medicare carrier of Oklahoma. He was also a volunteer in the community: Board of Trustees at OBU; Camp Fire volunteer; Shawnee Chamber of Commerce. He and his wife Pat have 3 children: Mark, Marsha, Cynthia and are members of University Baptist Church in Shawnee, OK.

He is an all around good guy with a quiet but effective leadership style. (my opinion)

Dr. Hanna Saadah

Award for Excellence in Medical Humanities
An Emeritus Clinical Professor of Internal Medicine at the OU Medical Center, Dr. Saadah has been in the private practice of Internal Medicine and Infectious Disease since 1977. While also being a superb clinician and a great teacher, it has come to our attention starting in 1980 that he is a very sensitive poet and author. His prolific literary output is heavy in philosophy, history and ethics content.


He has also written poems, one of which was published in the Lancet but also short stories which are published in a Lebanese magazine called Al-Jadid and another periodical called Al-Hakeem. Al-Jadid stands for "the new" and Al-Hakeem stands for "the physician".

He has published some of his poems in the Oklahoma County Medical Society Bulletin and, most recently, he published a superb short history in the Oklahoma State Medical Association Journal entitled "Good Morning Professor Columbamb". In it, he chronicles the slow progression of a patient with Parkinson’s disease to her death.

He frequently quotes his and others’ poetry at social and medical encounters with his patients. He also eulogizes some of his patients with touching Sonnets which are read and distributed at the funerals or memorial services of his patients.

The proceeds from these books have always gone to charity and, as a result, he has been recognized by our community based hospital, the main recipient of his charity, and by the Governor of the State of Oklahoma in 1988. His books talk about love and show an immense knowledge of classic poetry as well. For the past twenty-eight years, Dr. Saadah has attended a writing class at the University of Central Oklahoma, both in the fall and winter semesters, where he served as a mentor for young, aspiring writers, and where he regularly shares his writings with the class.

“Choosing sides is easy when we don’t know that we do not know;

The fact that time proves most of our choices wrong should cause us to choose skepticism over certainty.”

By Hanna Saadah
Summing it up – from the Fall meeting 2012

This large of a meeting does not just happen. To paraphrase, “it takes a chapter”. Many of you have heard me get sappy when I speak of “The Giants”, our Oklahoma IM predecessors. Many times we wait too long to say thank you. Thursday night September 27 prior to the 2012 Fall Scientific Session the ACP Council hosted a reunion of our twenty-five year (and plus) members. Many former ACP governors and OSIM presidents from the Tulsa area attended the reception. We informally gathered over a pasta bar and discussed the past, the present, the future and the ACP Centennial.

Two ACP Masters, Dan Duffy MD, MACP and William Smith MD, MACP were present. Dr. Duffy is a former governor of our chapter and Dr. Smith is a former president of ASIM prior to the merger with ACP. John Kalbfleisch MD, FACP, Michael Weisz MD FACP, and Dean Drooby MD, FACP, all former Oklahoma ACP Governors, were also present. Boyd Whitlock MD, FACP, Bartis Kent MD, FACP, and Dala Jarolim MD, FACP are former OSIM Presidents for our state, again prior to the merger with ACP. Ann Kent MD, FACP trained many of us at the Muskogee VA. Our lives and our careers have been touched and changed by these mentors, these teachers. Knowing our past helps us with our future. We may or may not like where we are, but at least we know where we are. To better direct where we are going, it is best to know where we have been.

WE ARE LOOKING FORWARD TO A SIMILAR GATHERING AT THE 2013 OKLAHOMA CITY MEETING ON OCTOBER 18.