The American College of Physicians

Working *for you* and *with you*: Improving the lives of internists and your patients
154,000 Members Strong

- Established in 1915
- A diverse global community of internists united by a commitment to excellence
- Includes internists, internal medicine subspecialists, residents and fellows in training, and medical students

Leveraging the collective voice of our community to create a better place for ourselves, our profession, and our patients through medical education, practice transformation, advocacy, and engagement.
Internal Medicine & ACP Member Trends

ACP Member Type

- IM Specialist: 52%
- IM Subspecialist: 21%
- Hospitalist: 21%
- Non-IM Specialist: 2%

Source: 2017 ACP Member Survey

Internal Medicine Career Satisfaction

- Very Satisfied: 42.6%
- Somewhat Satisfied: 44.4%
- Neither Satisfied nor Dissatisfied: 3.5%
- Somewhat Dissatisfied: 8.4%
- Very Dissatisfied: 1.1%

Source: 2017 ACP Member Survey
Working *for you* and *with you*: Changing the Landscape of Healthcare for the Better
ACP’s Physician Well-being and Professional Satisfaction Initiative

**Fostering Local Communities of Well-being**
Trained ACP Well-being Champions supporting their ACP chapter members, practices, and organizations in combating burnout.

**Advocating for Systems Changes**
Policy recommendations through ACP’s Patients Before Paperwork initiative that call for simplifying, streamlining, and reducing excessive administrative tasks that detract from patient care and contribute to physician burnout.

**Improving the Practice and Organizational Environment**
Providing ACP members with high quality information, resources, tools, and support to help their practices thrive in the growing value-based payment environment.

**Promoting Individual Well-being**
Offering online resources and educational courses at ACP’s Internal Medicine Meeting and chapter meetings to help ACP members manage issues related to well-being and satisfaction.

https://www.acponline.org/physician-well-being
Improving Physician Satisfaction and Patient Outcomes by Reducing Unnecessary Burdens

Unnecessary burdens lead to limited time with patients, too much paperwork and work/life imbalance.

ACP address these issues by:

- Seeking improvement to systems and documentation requirements
- Identifying and prioritizing burdensome administrative tasks
- Assessing tasks for impact on outcomes
- Developing policy recommendations to enact change
- Engaging in ongoing outreach and stakeholder engagement
Patients Before Paperwork Initiative

What is Patients before Paperwork?
ACP’s Patients Before Paperwork initiative’s goal is to reinvigorate the patient-physician relationship by reducing administrative complexities and eliminating unessential tasks that detract from patient care and contribute to physician burnout.

Policy Development
ACP policies provide a cohesive framework for identifying and evaluating administrative tasks, and offer detailed recommendations to analyze administrative tasks to determine whether they need to be challenged, revised, or eliminated entirely.

Tools You Can Use
Resources and tools help physicians put ACP’s policies into practice. They include resources that assess practice efficiencies and resources on physician well-being and professional satisfaction.

Collaborating with Stakeholders
ACP engages with key regulatory agencies and stakeholders to help streamline regulations imposed by insurers, federal regulators and other external entities to reduce administrative burdens for physicians.

Advocating for Internists
ACP has long identified reducing administrative complexities or burdens as a priority. ACP works to advocate for changes in our health care system that simplify excessive administrative burdens that put a strain on physicians and patient care.

www.acponline.org/patientsbeforepaperwork
Working for you and with you: Addressing issues of importance
## ACP’s “Big Tent” Advocacy Agenda

**COLUMN A**
- Expand access and coverage
- Improve public health
- Support research and science
- Oppose discrimination
- Reduce health care disparities
- Support primary care workforce
- Lower Rx drug prices

*The issues in column A affect the overall health and well-being of patients and the public.*

**COLUMN B**
- Improve EHRs
- Reform and improve payments
- Improve Medicare’s Quality Payment Program
- Improve quality measures
- Reform medical liability system
- Reduce crushing administrative burden

*The issues in column B affect the health, well-being, professional and career satisfaction of our members.*
ACP advocates for changes that will make a difference in the daily lives of internists and our patients’ health

- Advocacy efforts
- Public policy development
- Collaboration with allied organizations and coalitions
Public Policy Papers: Addressing Timely Issues

- Patient Safety in the Office-Based Practice Setting
- Promoting Transparency and Alignment in Medicare Advantage
- Improving Health Care Efficacy and Efficiency Through Increased Transparency
- Compensation Equity and Transparency in the Field of Medicine
- Gender Equity in Compensation and Career Advancement
- Social Determinants of Health
- Women’s Health Policy
Working *for you* and *with you*: Collaborating with others for positive change
ACP’s goal is to create a pathway for maintaining certification that reflects a continuous process of learning and evaluation and would be an alternative to ABIM’s programs.

- Ongoing discussions
- Memorandum of Understanding
- Working with ABIM/IM societies
Update on work Towards a Collaborative Maintenance Pathway

ACP is part of the American Board of Medical Specialties (ABMS) initiative: “Continuing Board Certification: Vision for the Future”

- Recommendations about the future of continuing board certification.
- A final report to ABMS in February 2019.
ACP advocates for policy changes that will make a difference in the daily lives of internists and ultimately our patients’ health through:

- Policy papers
- Meetings on Capitol Hill
- Communications & collaborations with other organizations
ACP collaborates with other physician organizations representing over 560,000 physicians and medical students:

- American Academy of Family Physicians
- American Academy of Pediatrics
- American College of Obstetricians and Gynecologists
- American Osteopathic Association
- American Psychiatric Association
Providing feedback and input on Regulatory Issues

ACP represents internists’ views to regulatory agencies, including CMS and the Office of the National Coordinator for Health Information Technology

- Suggest changes to regulations and policies to reduce excessive administrative tasks/Quality Payment Program
- Help ACP members and internists in the shift in focus from volume to value, and to the new reporting requirements impacting reimbursement
- Recent activity includes participation on a Congressional Red Tape Round Table and a meeting with CMS Administrator Seema Verna
Working *for you* and *with you*: Involvement, Engagement and Opportunities to Connect
Engagement opportunities with ACP Chapters

86 Chapters and Regions across the U.S. and the world:

• Help influence state legislation
• Network with peers
• Mentor medical students, residents and early career
• Committees
• Influence ACP Policy
• Volunteerism
Join Advocates for Internal Medicine Network (AIMn)

- Grassroots advocacy network designed to help ACP members engage with federal lawmakers on policy issues important to internists

- AIMn members receive legislative updates and alerts as key policy issues unfold, including sample messages to members of Congress

- Enroll at https://cqrcengage.com/acplac/
Enhance Professional Development

- ACP Leadership Academy
- Mentoring and networking
  - at the chapter and national levels
- ACP Academic Advisory Board
- ACP Young Achievers Program
- Career Connection
  - a comprehensive listing of career opportunities for physicians
Get Connected

For ways to connect, and personalize your engagement with visit www.acponline.org

- **MyACP**
  A personalized web experience, making it easier for members to access and discover pertinent ACP content and resources while visiting ACPOnline.org.

- **ACP Member Forums**
  ACP Member Forums allow ACP members to instantly participate in discussions on a range of clinical, professional, and practice-related topics.

- **Follow ACP, Annals and MKSAP on social media**

![Social Media Icons]
Get Involved, Make an Impact

- Join your local Internal Medicine community through ACP Chapters
- Develop skills through the ACP Engagement Program
Thank you . . .

...for your continued support of ACP and your commitment to internal medicine.