Dear Colleagues,

I was reflecting on the recent Board of Governors Meeting and the national ACP meeting in San Diego and recognized that there are several things that we need to be very proud about in terms of what our College has accomplished.

Over the last year, the College has worked very closely with the American Board of Internal Medicine to try and revamp the recertification process for general internists. This has resulted in three pathways for the general internist. As of 2018, the general internist may still do recertification with the secure examination at ten year intervals. A second option is another examination which will be not a secure examination but have identified reference material to refer to during the examination and be at two year intervals. There is a third pathway that the ACP and ABIM are considering at this time. This pathway has not been finalized but is considering utilization of MKSAP as a method for achieving recertification. It is because of the vocal efforts of the ACP that the ABIM has undergone this restructuring. We must keep in mind that the intent is for the internist to maintain lifelong learning as well as achieve the highest standards of internal medicine without being overly burdensome or intrusive into your practice. We also continue to emphasize the added costs in terms of the fees as well as time lost from practice that the general internist incurs and there have been efforts made to reduce this financial burden.

The College also has taken a stance against the efforts to repeal the affordable care active making sure that we continue to have healthcare available for the 30 million people who have had this provided to them over the last seven years since the availability of the ACA. Our advocacy group and lobbyists in Washington have worked quite closely with our representatives to advise them about the potential harm that the repeal of the ACA would have. The American College of Physicians joined with the American Academy of Pediatrics and the American Academy of Family Physicians to voice the strongest opposition to the repeal of the ACA. We recognize that there are many differences of opinion in this area and that there are opportunities for improvement of the ACA. We will have to await to see what happens with the Senates revamping of the most recent repeal passed by the House.
Finally the American College of Physicians took a stance against the President’s initial immigration plan which would have banned immigrants from seven countries. There are many physicians from these countries who provide care as part of residency programs as well as practicing physicians in the United States. A banning of immigrants from these countries was not felt to be in the best interest of delivering healthcare for our country. We are grateful that the administration backed off on this and we are hopeful that we can continue to work within the advocacy process that will make the administration aware of how physicians from so many areas throughout the world are critical to the delivery of healthcare in the United States.

You can obtain more information at the ACP website on all of these areas. I would encourage you to go to the American College of Physicians website and take advantage of many educational resources that are available at that site.

On May 5th, we had our Residents Day Meeting which again set record attendance with over 415 at the Wyndham in Sterling Heights. There were 200 posters and 30 oral presentations. I was very proud of the performance of residents from throughout the State of Michigan in terms of their scholarly activity accomplishments. We have included the winners on our chapter website for you to review. Our meeting was highlighted by a keynote speaker, Dr. Darilyn Moyer who is the Executive Vice President and CEO for the American College of Physicians in Philadelphia. She gave an inspiring presentation about the Joy and the Challenges of Internal Medicine. In addition, Dr. Paul Kilgore gave us an update on the states immunization practices which are extremely critical to improving the quality of care and preventing illnesses for our patients.

Overall this was one of the most outstanding Residents Day Meetings that I have attended and I would like to express my appreciation to Central Michigan University Saginaw Campus and Dr. Patricia Dhar, for chairing this year’s session. Next year’s meeting will be chaired by Dr. Ben Diaczok from St. Joseph Mercy Oakland.

On the same day, we cohosted a meeting with the Society of Hospital Medicine for Medical Students Day. There were 80 posters presented by medical students from throughout the State of Michigan. These included both research and clinical vignettes. Dr. Sara Hartley chaired this meeting along with her committee that worked very hard in recruiting students and judges. In addition, Dr. Sarah Hartley’s team established the first Medical Students Day Doctor’s Dilemma. This was an exciting forum in seeing students compete in a fashion similar to what residents had during Residents Day. They were excited and inspired about internal medicine and I believe this program will continue to grow in attracting many interested students.

We look forward to seeing you in Traverse City on October 19 to the 22nd, 2017, for our annual meeting. We have a very exciting program that has been identified many outstanding speakers from Michigan as well as some out-of-state speakers. The program co-chairs Dr. Leonard Johnson, Dr. Stephanie Czarnik, and Dr. Aimee Espinosa have done an outstanding job of bringing together an excellent program. Dr. Sara Hartley and her team also worked very hard to develop the student program which we feel is very important for the future growth of our College.

I wish you all of pleasant summer and I look forward to seeing you this fall.

Louis Saravolatz
Louis D. Saravolatz, M.D., MACP
Governor
UPCOMING EVENTS
MARK YOUR CALENDARS!
2017-2018

OCTOBER 5 – 7  ACP FALL BOARD OF GOVERNOR’S MEETING, MONTREAL, QC, CANADA

OCTOBER 19 – 22  MICHIGAN CHAPTER ANNUAL FALL SCIENTIFIC MEETING, GRAND TRAVERSE RESORT

APRIL 17 – 18, 2018  ACP SPRING BOARD OF GOVERNOR’S MEETING, NEW ORLEANS, LOUISIANA

APRIL 19 – 21  NATIONAL ACP IM 2018 MEETING, NEW ORLEANS, LOUISIANA

MAY 4  RESIDENTS DAY/MEDICAL STUDENT DAY, WYNDHAM GARDENS, STERLING HEIGHTS

ABSTRACT SUBMISSION FOR RESIDENTS AND MEDICAL STUDENTS IS NOW OPEN FOR THE MICHIGAN CHAPTER ANNUAL FALL SCIENTIFIC MEETING. GO TO WWW.ACPMICHIGAN.ORG TO FIND THE LINKS TO SUBMIT AN ABSTRACT.

ABSTRACT SUBMISSIONS ENDS ON SUNDAY, JUNE 25TH AT 5:00PM
2017 RESIDENTS DAY MEETING ABSTRACT WINNERS

ORAL WINNERS

1ST PLACE CLINICAL VIGNETTE
Adrian Mercado-Alamo
Central Nervous System Vasculitis? Better Reverse the Course
Beaumont – Royal Oak

2ND PLACE CLINICAL VIGNETTE
Jasleen Kaur
'Saturation gap' - Key to Diagnosis of Rasburicase-Induced Methemoglobinemia in a Previously Unrecognized G6PD Deficient Patient
Wayne State University - DMC - Detroit

3RD PLACE CLINICAL VIGNETTE
Amjad Kanj
A Case of PR3-ANCA Positive Renal-Limited Vasculitis
Wayne State University - DMC - Detroit

1ST PLACE RESEARCH
Vivek Jayaschandran
Obesity-Acute Respiratory Distress Syndrome Paradox: Truth or Myth
Beaumont – Royal Oak

2ND PLACE RESEARCH
Shaiva Ginoya Meka
To Biopsy or not to Biopsy: Risk of Surgical Lung Biopsy in Patients with Honeycombing on Chest Imaging
Beaumont – Royal Oak

3RD PLACE RESEARCH
Jason Mouabbi
Neutrophil-to-Lymphocyte Ratio and Platelet-to-Lymphocyte Ratio as Predictive Markers for Unprovoked Deep Vein Thrombosis
St. John Hospital and Medical Center - Grosse Pointe

OVERALL WINNER – CQI/EBM Poster or Oral
Arham Barakzai
Reducing Un-Neccesary Testing: Ultrasound in Acute Kidney Injury
Wayne State University Crittenton Hospital - Rochester
POSTER WINNERS

1ST PLACE CLINICAL VIGNETTE
Qunfang Li
Extra-Hepatic Presentations as B cell NHL and Cryoglobulinemic MPGN in Hepatitis C
Allegiance Health

2ND PLACE CLINICAL VIGNETTE
Mohamad Taha
Clinical Significance and Management of Isolated Pupil-Sparing Oculomotor Nerve Palsy
Sinai Grace Hospital - DMC – Detroit

3RD PLACE CLINICAL VIGNETTE
Deepak Garg
Kindling Syndrome Exacerbated by Benzodiazepine Therapy in a Case of Alcohol Withdrawal
Allegiance Health

1ST PLACE WINNER RESEARCH
Rami Zein
The Association of Clinical and Echocardiographic Findings with New Onset Heart Failure with Reduced Ejection Fraction
St. John Hospital and Medical Center - Grosse Pointe

2ND PLACE WINNER RESEARCH
Ivan Jambor
Novel Biparametric MRI and Targeted Biopsy Improves Predictive Accuracy in Men with a Clinical Suspicion of Prostate Cancer (IMP)
Sinai Grace Hospital - DMC – Detroit

3RD PLACE WINNER RESEARCH
Malav Parikh
Inconsistency of Recording Vital Signs as it Relates to the Modified Early Warning Score (MEWS)
Henry Ford Health System – Detroit
MEDICAL STUDENT ABSTRACT WINNERS

1st PLACE – CLINICAL VIGNETTE
Alexandra Haluska
Familial MEN1 Syndrome Presenting as Vertigo Secondary to a Fourth Ventricle Ependymoma
Wayne State University School of Medicine

2ND PLACE – RESEARCH
Fred Qafiti
Efficacy of a Risk-Assessment Model for Six-Week Postpartum Exam Non-Adherence
Oakland University William Beaumont School of Medicine

3RD PLACE – CLINICAL VIGNETTE
Abdulla Nasser
A Rare Case of Leukemia: Plasma Cell Leukemia
St. George’s University School of Medicine

CONGRATULATIONS WINNERS!
ALL WINNERS HAVE AN AUTOMATIC POSTER PRESENTATION SPOT AT THE MICHIGAN CHAPTER, ANNUAL FALL SCIENTIFIC MEETING!

WINNING DOCTOR’S DILEMMA TEAMS COMPETING AT MI ACP CHAPTER ANNUAL FALL SCIENTIFIC MEETING IN GRAND TRAVERSE

St. John Providence

St. Mary Mercy Hospital - Livonia

Central Michigan University

St. Joseph Mercy – Ann Arbor
OCTOBER 19 – 22, 2017
ANNUAL CHAPTER FALL MEETING

SAVE THE DATE
REGISTRATION TO OPEN IN JULY

GRAND TRAVERSE RESORT
FROM OUR MICHIGAN CHAPTER, SOCIETY OF HOSPITAL MEDICINE PARTNERS:

Upcoming Society of Hospital Medicine (SHM) Michigan Chapter Meeting Open to ACP Michigan Family!

Every few months, the Michigan Chapter of SHM hosts meetings to promote comradery in the internal medicine community among physicians, NP/PAs, residents, and medical students, while educating internists on topics of interest.

SHM Chapter meetings are free events which typically begin with a casual networking hour from 6pm-7pm, a dinner and educational topic from 7pm-8pm, followed by an open business meeting from 8pm-9pm. Each meeting is held in a local Detroit location with web conferencing to one or two other locations in Michigan. The SHM Michigan Chapter is eager to extend an invitation to our upcoming meeting date to all colleagues from Michigan ACP:

Michigan Chapter Meeting
Thursday June 15, 2017 6:00 p.m.
Livonia
Andiamo
38703 Seven Mile Rd.
Livonia, MI 49684

Grand Rapids
Cygnus 27
187 Monroe Ave NW
Grand Rapids, MI 49503
RSVP

Reversal of Oral Anticoagulants
*1.00 AMA PRA Category 1 Credit™
Amir K. Jaffer, MD, MBA
Chief Medical Officer, New York Presbyterian

Learning Objectives:
At the conclusion of this activity, participants will be able to (or better able to):
- Recognize which patients are candidates for reversal and the potential thromboembolic consequences of discontinuing and reversing anticoagulation.
- Discuss the evidence to reverse warfarin with Vitamin K, FFP and PCC.
- Examine the role and clinical utility of reversal agents for various DOACs.
- Explore other reversal agents that are currently in development.

The SHM Michigan Chapter is eager to see our ACP partners at the upcoming meetings. Please RSVP by emailing shmmichigan@gmail.com with:
- Your name
- Hospital/Practice Name
- Email contact
- Which meeting and location you are attending

Thank you for your interest. We hope to see you at our upcoming meetings.

Peter Watson, MD, FACP, SFHM
President, SHM Michigan Chapter
RESIDENTS DAY PICTURES

Dr. Saravolatz and Residents

Dr. Patricia Dhar and CMU Team Ready to Play DD!
MEDICAL STUDENT DAY PICTURES

Medical Student Presentation

Dr. Sarah Hartley, Medical Student Chair
MI ACP AT LEADERSHIP DAY  
WASHINGTON D.C. 
MAY, 24 & 25, 2017

The Michigan Team:  
Mark Lindley, MD, FACP – Lead  
Martha Gray, MD, FACP – Governor Elect  
Michael Kern, MD, FACP – St. John Hospital & Medical Center  
Cindy Anderson, MD, ACP Member, Marquette

Residents  
Andrew Aneese, MD – Resident Member, Beaumont – Royal Oak  
Carlos Aguirre, MD – Resident Member, St. John Hospital & Medical Center

Medical Students  
Renee Dhar – Central Michigan University  
Farheen Osman – Michigan State University

From Dr. Martha Gray:  
ACP Leadership Day 2017 allowed our group of 8 (including 2 students & 2 residents) to tether patient stories to ACP sponsored legislation in Congress. Health care means patients first so speaking out against system barriers outlined by ACP measures for change proved challenging. Our students and residents led our group discussion. They found out that patient advocacy takes time and persistence. Most of the congressional staff understood us and agreed with ACP positions asking us to keep up the conversation for patients first. We were fortunate to meet Congresswoman Debbie Dingell who graciously posed for a photo and urged us to keep fighting for patients and Medicaid support.

Two days in DC went fast and reminded us how important our 'day jobs' mean to our patients and families. Kudos to all who work diligently in advocacy and let's keep focused on ACP’s forward looking agenda.
From Dr. Mark Lindley:
ACP Leadership Day 2017

Eight of your colleagues traveled to Washington DC on your behalf May 23 and 24 for ACP Leadership Day. This annual 2-day event brought 450 members together to focus on Advocacy on Capitol Hill.

Day 1 is a learning day – not your typical CME, but dense in policy and priorities, presented by the ACP Advocacy office. We are well represented by this group headed by Robert Doherty, based in Washington. They have carefully cultivated an excellent reputation for ACP. We are seen as honest brokers that keep the conversation focused on what patients and their physicians need to deliver excellent care. This sets us apart from the masses of lobbyists for other members of the health care debate.

Day 2 sees us on Capitol Hill, where we had nine meetings with key staff members of our Congressional Delegation. We met with key staff from both Senator Peters and Senator Stabenow, and Representatives Lawrence, Levin, Kildee, Dingell, Huizenga, Bergman and Trott. These staffers are energetic and bright, fully engaged in health care issues. Representative Debbie Dingell greeted us personally. A lucky schedule gap between a prior meeting, a floor vote, and us being ahead of schedule led to a 30 minute sit down meeting with Representative Bergman in his office. Member Cindy Anderson (Med-Peds Marquette) had been in touch with his staff beforehand and made the most of this chance to forge a direct relationship.

Fun Fact – District 1 – most of us think of this as the UP district. In fact it includes upper Lower Michigan as well. 40% of the landmass of Michigan is in this district, as are 30 of our 83 counties.

Take time to read the ACPs latest position paper from the Advocacy office, timed to release while we were in DC. This is “A Prescription for a Forward-Looking Agenda to Improve American Health Care.” It outlines an approach to “move away from the stale, divisive and ultimately unfruitful debate over repealing and replacing the ACA.”

This was a major focus for each meeting. We supplemented this with topics chosen to match the interests of each member of Congress, from the list of 7 key elements of an effective health care system, and our key priorities (link below):

1. Expand access and coverage
2. Bring greater value for the dollars spent
3. Reduce the crushing administrative burden on physicians and patients
4. Leverage technology to improve patient care
5. Support a well-trained physician workforce
6. Reduce barriers to care of patients with chronic diseases
7. Support scientific research and policies to improve public health

At each meeting, we asked what we could do to help move our patient focused agenda forward. Time and again, the answer was clear – call your representatives, write or email; make the effort to establish contact. We internists live in an evidence-based world, where the best evidence
makes the best clinical outcomes. The DC corollary, the evidence on which they make decisions, is what they hear from you their constituents. Fact based debate is important in making policy, but how it is playing in the district is front and center. Volume matters a lot. So my plea from Washington is to take time to make contact.

It was a unique time to be in DC. Health care is of course a hot topic, and we aimed to keep it so. The Republicans admit the AHCA was not likely to go anywhere and has issues to fix, but pitch it as a "good start." The Democrats are puzzled at "what they are thinking over there." And hanging over the meetings was the anticipated CBO scoring of the AHCA, due out that day at 4 pm. Only in DC could this be referred to as Happy Hour. But it all made for a day of varied, engaged, and relevant conversations.

You were well represented this year by veterans Drs. Martha Gray, Michael Kern and me. Dr. Cindy Anderson made her first trip, speaking loud and clear for the UP. The true energy came from our resident and student members. Drs. Andrew Aneese (Beaumont) and Carlos Aguirre (St John), and M3’s Renee Dhar (CMU) and Farheen Osman (MSU-Flint) were very passionate and articulate. As they represent the future of our profession and specialty, they, of course, have the most at stake.

This is an annual event, and a very fun, interesting and valuable one. Consider joining us next May at ACP Leadership Day 2018.

Mark Lindley MD, FACP

Links:
Key Priorities for Leadership Day 2017

A Prescription for a Forward-Looking Agenda to Improve American Health Care
Executive Summary
Full Document
https://www.acponline.org/acp_policy/policies/forward_looking_policy_agenda_2017.pdf
LEADERSHIP DAY PHOTOS

OUR MICHIGAN TEAM

WITH CONGRESSWOMAN DEBBIE DINGELL