

Please join us for our weekly
GRAND ROUNDS:
PERFORMANCE NUTRITION FOR PHYSICIANS



Presented by:

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(Healthcare PWAC)
Stanford University

Objectives:

- To learn about ways dietary factors affect short-term cognitive performance.
- To learn about ways stress, sleep deprivation, and food environments affect choices in physicians.
- To learn about evidence-based nutrition strategies to overcome these challenges and optimize physicians' cognitive performance.

Thursday, June 30th | 12:30 - 1:30 pm | Via Zoom
Meeting ID: 926 8799 8945 | Password: 544738

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