

Earn up to 11.0 CME
credits AND
11.0 MOC points!
Includes one hour
toward the new
Opioid Prescribing
CME requirement!

"Given all of the opportunities for CME and MOC available, the NC ACP provides the BEST opportunity in the southeast. National experts, ACP leaders and some of the best training programs highlight the program. And the fellowship and camaraderie cannot be matched anywhere!"

"NC ACP was a wonderful experience. The focused updates in Hospital Medicine provided multiple changes to my practice that I plan to put into use right away."

"Every time I come to the ACP meetings I feel reconnected to my colleagues and become excited again about what ACP does on my behalf and what they offer as resources."

2019 ANNUAL SCIENTIFIC SESSION

• February 22-23, 2019 •

Raleigh Marriott Crabtree Valley Hotel • Raleigh, NC

2019 ANNUAL SCIENTIFIC SESSION Overview

Invitation, Activity Description and Target Audience

North Carolina Chapter Governor Peter R. Lichstein, MD, FACP, joins Program Co-chairs Sharon Rubin, MD, FACP and Noel Ivey, MD, FACP in inviting all Chapter members to our 2019 Annual Scientific Session! This meeting is designed for general internists, subspecialty internists, family physicians, fellows in subspecialty training, allied health practitioners, residents, and medical students interested in internal medicine. The purpose is to improve diagnosis and treatment skills and provide updates on inpatient and outpatient medicine. This is the only forum for internal medicine physicians in the state to convene, confer with colleagues, and update knowledge and skills. Back by popular demand: Earn MOC credits!

Educational Objectives

At the conclusion of this educational activity, participants should be able to:

- Apply updated knowledge of recent relevant articles in internal medicine to clinical practice.
- Improve clinical practice by using clinical images to help diagnose common internal medicine conditions.
- Utilize techniques learned in workshops to improve physical exams and physician communication.
- Assess ways to prescribe opioids safely for patients in internal medicine.

CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 11.0 *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MOC Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11.0 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

Disclosure

The American College of Physicians adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental drugs or devices are incorporated in their presentations.

Here's what your colleagues said about the 2018 Annual Scientific Session:

"This is my first time at the NC ACP Chapter and I was impressed by the level of the presentations and the information I received that is clinically relevant. I will be coming back!"

"ACP meeting is a special combination of clinically relevant topics and professional networking."

Meeting Highlights

Program Co-chairs Sharon Rubin, MD, FACP and Noel Ivey, MD, FACP have assembled an outstanding group of speakers who will address current topics of interest.

- Back by popular demand: Dual-track, **parallel hospital medicine and outpatient medicine sessions** will be offered Friday afternoon, with sessions located side by side so participants can go between them;
- Also back by popular demand: **Maintenance of Certification (MOC) credits** will be provided;
- **American College of Physicians Regent Thomas Cooney, MD, MACP**, will give a presentation during the Governor's Awards Dinner, at which the 2019 **Laureate and Volunteerism and Community Service Awards** will be presented;
- See the latest from the training programs at the Residents and Students Poster Competition;
- Posters by Early Career Physicians will again be on display;
- Internal medicine residency training programs will compete in a Doctor's Dilemma;
- Select your choice of special interest group lunch roundtables;
- Enjoy breakfast and breaks in the exhibit area which will feature products and services of interest to physicians and their practices.

The attire is business casual for the meeting and social events.

Meeting Registration: Register by January 30 and Save!

The registration fee for ACP member physicians is \$175. The fee for non-member physicians is \$250, and for allied health professionals fees are \$125-\$150. Emeritus or retired members, residents and medical students may attend free of charge. Registration fees include the two days of meeting sessions, the Friday evening reception, continental breakfast, lunch and breaks, as well as the CME certificate and electronic copy of the course handouts. The fee for dinner, which includes 0.5 hour of CME credit, is \$40 for registered physicians and allied health professionals and their guests, and \$25 for registered residents and students and their guests. Register securely online at <http://www.cvent.com/d/rbqpdn>, or complete the form in this brochure and return it via fax or mail. After January 30, registration fees will increase. Please note that refunds of registration fees will not be made after Friday, February 15. Refunds, less \$25, will be made for cancellations received prior to that date. No-shows will be billed.

Accommodations: Just \$129!

The Raleigh Marriott Crabtree Valley Hotel recently completed a multimillion dollar renovation and expansion. Conveniently located across the street from Crabtree Valley Mall, with a multitude of shopping and dining options, the hotel features free parking, free WiFi, and a fitness center. For reservations, call the Marriott at (800) MARRIOTT and mention NC Chapter - American College of Physicians to receive the special group rate of just \$129 single or double occupancy, plus tax.

Reservations must be made prior to January 31.

Questions

If you have any questions about the 2019 Annual Scientific Session, or need assistance, please contact the NC-ACP office at (919) 833-3836 or (800) 722-1350, or nlowe@ncmedsoc.org.

"A top notch CME course. Great value!"

"Consistently well-organized with practical topics that help you in the clinic or bedside."

"This meetup continues to be my favorite CME event." –Daniel Gottovi, MD

2019 ANNUAL SCIENTIFIC SESSION Schedule

Friday, February 22

| | |
|----------------|--|
| 12:00pm-6:30pm | Registration |
| 1:00pm-1:10pm | Welcome, Introductions and Conference Overview - Peter R. Lichstein, MD, FACP, Chapter Governor, and Sharon Rubin, MD, FACP and Noel Ivey, MD, FACP, Program Co-chairs |
| 1:10pm-1:15pm | Move to Breakout Sessions |
| | <u>Inpatient Medicine</u> |
| 1:15pm-2:00pm | Inpatient Management of COPD Exacerbations - Tim Scialla, MD |
| 2:00pm-2:45pm | Sepsis - Cara O'Brien, MD |
| 2:45pm-3:15pm | Break and Networking |
| 3:15pm-3:45pm | Top Articles for Hospital Medicine - Laura Caputo, MD |
| 3:45pm-4:25pm | Perioperative Medicine - David Boyte, MD, MBA |
| 4:25pm-5:00pm | Inpatient Management of Diabetes - Tracy Setji, MD, MHS |
| | <u>Outpatient Medicine</u> |
| 1:15pm-1:50pm | Top Articles for Outpatient Medicine - Jeffrey Clough, MD, MBA, FACP and Audrey Metz, MD |
| 1:50pm-2:25pm | Outpatient Diabetes Treatments - Diana McNeill, MD, MACP |
| 2:25pm-3:00pm | What's New in Osteoporosis - Thomas Weber, MD |
| 3:00pm-3:30pm | Break and Networking |
| 3:30pm-4:00pm | Indications for Rheumatological Medications - Lisa Criscione-Schreiber, MD, MEd |
| 4:00pm-4:30pm | Dementia for the Busy Internist - Mitch Heflin, MD, MHS |
| 4:30pm-5:00pm | High Yield Dermatology: Evaluating and Treating Rashes - Janet Tcheung, MD, FAAD |
| 5:00pm-7:30pm | Governor's Reception and Resident/Student Poster Session Viewing |
| 7:30pm-9:30pm | Governor's Awards Dinner (pre-registration required) Recognition of New Fellows and Masters Awarding of Prizes for Resident/Student Poster Competition Laureate Award and Volunteerism and Community Service Award Presentations Dinner Presentation: Diagnostic Error and Clinical Reasoning: What Do We Know and Where Do We Go from Here? - Thomas Cooney, MD, MACP |

Saturday, February 23

| | |
|----------------|--|
| 7:00am-3:00pm | Registration |
| 7:00am-8:00am | Continental Breakfast and Networking |
| 8:00am-10:15am | Resident and Student Doctors' Dilemma |
| 8:00am-8:05am | Introductions - Sharon Rubin, MD, FACP and Noel Ivey, MD, FACP, Program Co-chairs |
| 8:05am-10:00am | Chief Resident Presentations |
| 8:05am-8:20am | All That Flutters is Not the Heart: When the Chief Symptom Leads You Astray - Mary C. DeVane, DO (CMC) |
| 8:20am-8:35am | Lethal Liquor: A Mistaken Identity of Paraquat - Grant Oakley, DO (NHRMC) |
| 8:35am-8:50am | Hide and Go Shake - Benjamin Robey, MD (UNC) |
| 8:50am-9:05am | Medical Alert, Code Stroke - Laura Ross, MD (ECU) |
| 9:05am-9:20am | New Onset Seizures: Searching for the Cause - Megan Arnett Schultz, MD (WFU) |
| 9:20am-9:35am | A MAHA Moment - Jenny Van Kirk, MD (Duke) |
| 9:35am-10:00am | Questions and Discussion |

Saturday, February 23, cont.

| | |
|-----------------|---|
| 10:00am-10:15am | Break and Networking |
| 10:00am-1:15pm | Early Career Physician Poster Session Viewing |
| 10:15am-11:00am | NC-ACP Story Slam: Stories on Our Profession and Lives as Physicians - Richard Wardrop, III, MD, PhD, FAAP, FACP and Rimma Osipov, MD, PhD |
| 11:00am-11:25am | Legislative Update - Chip Baggett, JD |
| 11:30am-12:30pm | Small Group Workshops (select one) Ultrasound Course - Cara O'Brien, MD and Elizabeth Hankollari, MD Techniques for Musculoskeletal Joint Injection - Lisa Criscione-Schreiber, MD, MEd and Ryan Jessee, MD Heart Murmurs with Harvey Stethoscope - Anna Lisa Crowley, MD Handoff to SNF - Aubrey Jolly Graham, MD and Heidi White, MD, MHS, MEd Effective Communication Strategies to Make the Most of Each Patient Encounter - Peter R. Lichstein, MD, FACP |
| 12:30pm-1:30pm | Lunch Options (select only one; pre-registration required) 1. Residents/Students (moderated by Kavya Kannan, MD and Angela Vuong) 2. Early Career Physicians (moderated by Duncan Vincent, MD, FACP) 3. Advocacy (moderated by Chip Baggett, JD) 4. Differing MOC Testing Intervals (moderated by Bruce Peyser, MD and Mitch Heflin, MD) 5. Mentoring to Fellowship in the ACP (moderated by Peter R. Lichstein, MD, FACP) 6. General Networking (no program; for those not attending a roundtable lunch) |
| 1:30pm-2:15pm | NC Chapter Business Meeting - Peter R. Lichstein, MD, FACP, Chapter Governor |
| 1:30pm-2:30pm | Program Directors' Panel for Medical Students: "How to Ace a Residency Interview" |
| 2:15pm-2:30pm | Break and Networking |
| 2:30pm-3:15pm | How to Pick the Right Antibiotic Course for Common Infections: A Case-Based Approach - Thomas Holland, MD, MSc-GH |
| 3:15pm-4:15pm | Images Clinical Problem Solving - Paul Aronowitz, MD, MACP |
| 4:15pm-5:15pm | Safe Opioid Prescribing 2019: Meeting Current Standards of Care - Larry Greenblatt, MD, FACP |
| 5:15pm-5:30pm | Wrap Up, Awarding of Prizes for ECP Poster Competition and Doctor's Dilemma Competitions, and Final Comments - Peter R. Lichstein, MD, FACP |
| 5:30pm | Adjourn |

Americans with Disabilities Act

The NC-ACP is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please call the NC-ACP at (919) 833-3836 no later than ten business days before the date of the activity.

2019 ANNUAL SCIENTIFIC SESSION

Program Faculty

Noel Ivey, MD, FACP - Program Co-chair

Medical Instructor, Dept. of Medicine, Hospital Medicine
Duke University School of Medicine

Sharon Rubin, MD, FACP - Program Co-chair

Associate Professor; Practice Medical Director
Duke University School of Medicine, Duke Pickett Road Clinic

Paul Aronowitz, MD, MACP

Health Sciences Clinical Professor of Medicine, Vice Chair Internal
Medicine for Student, Resident and Faculty Development, Clerkship
Director Internal Medicine, Academy of Master Clinical Educators
University of California Davis

Chip Baggett, JD

Senior Vice President of Advocacy and Associate General Counsel
North Carolina Medical Society

David Boyte, MD, MBA

Assistant Professor of Medicine, Duke University Health System
Director of Perioperative Medicine, Duke Regional Hospital

Laura M. Caputo, MD

Assistant Professor of Medicine
Durham VA Medical Center, Duke University School of Medicine

Jeffery Clough, MD, MBA, FACP

Assistant Professor of Medicine
Duke Primary Care Pickett Road; Duke Clinical Research Institute
Duke University School of Medicine

Special Guest Speaker: Thomas Cooney, MD, MACP

ACP Board of Regents
Vice Chair, Education, Professor of Medicine
Oregon Health Science University

Lisa Criscione-Schreiber, MD, MEd

Associate Professor of Medicine, Rheumatology Training Program
Director; Associate Vice Chair for Faculty Development and Diversity
Duke University School of Medicine

Anna Lisa Crowley, MD

Associate Professor of Medicine, Dept. of Cardiology
Duke University School of Medicine

Aubrey Jolly Graham, MD

Assistant Professor, Hospital Medicine Program
Duke University School of Medicine

Larry Greenblatt, MD, FACP

Professor of Medicine
Duke University Medical Center and Duke Outpatient Clinic

Elizabeth Hankollari, MD

Assistant Professor of Medicine, Hospital Medicine Program
Duke University School of Medicine

Mitch Heflin, MD, MHS

Associate Professor of Medicine, Dept. of Geriatric Medicine
Division of Infectious Diseases
Duke University School of Medicine

Thomas L. Holland, MD, MSc-GH

Assistant Professor of Medicine, Division of Infectious Diseases
Duke University School of Medicine

Ryan Jessee, MD

Rheumatologist, Dept. of Rheumatology and Immunology
Duke University Medical Center

Peter R. Lichstein, MD, FACP - Chapter Governor

Professor of Medicine
Wake Forest School of Medicine

Diana McNeill, MD, MACP

Professor of Medicine, Division of Endocrinology, Metabolism and
Nutrition, Duke AHEAD
Duke University School of Medicine

Audrey Metz, MD

Clinical Associate, Dept. of General Internal Medicine
Duke University School of Medicine; Duke Signature Care

Cara L. O'Brien, MD

Assistant Professor; Associate Medical Director
Duke University School of Medicine

Rimma Osipov, MD, PhD

Resident Physician, University of North Carolina School of Medicine

Tim Scialla, MD

Assistant Professor of Medicine, Division of Pulmonary, Allergy and
Critical Care Medicine
Duke University School of Medicine

Tracy Setji, MD, MHS

Associate Professor
Duke University School of Medicine

Janet Tcheung, MD, FAAD

Dermatologist, Triangle Dermatology Associates

Richard Wardrop, III, MD, PhD, FAAP, FACP

Associate Professor of Medicine and Pediatrics
UNC School of Medicine

Thomas Weber, MD

Associate Professor of Medicine, Division of Endocrinology, Metabolism
and Nutrition
Duke University School of Medicine

Heidi White, MD, MHS, MEd

Professor of Medicine, Division of Geriatrics
Duke University School of Medicine

*Chief Resident Presenters***Mary C. DeVane, DO**

Carolinas Medical Center, Atrium Health

Grant Oakley, DO

New Hanover Regional Medical Center

Benjamin Robey, MD

University of North Carolina School of Medicine

Laura Ross, MD

Vidant/East Carolina University Brody School of Medicine

Megan Arnett Schultz, MD

Wake Forest School of Medicine

Jenny Van Kirk, MD

Duke University School of Medicine

NC-ACP REGISTRATION FORM

Register securely online! Go to <http://www.cvent.com/d/rbqpdn>

Name _____ Degree(s) (include FACP/MACP) _____
First Name for Badge _____
Practice Name/Affiliation _____
Address _____
City/State/Zip _____
Daytime Phone _____ E-mail _____
Mobile Phone (required, for emergency only) _____
Emergency Contact Name _____ Phone _____
Dietary Restrictions / Accessibility Needs _____

1. Registration (Check one category that best applies.)

| ACP Categories | Prior to 1/30 | After 1/30 |
|--|---------------|------------|
| <input type="checkbox"/> Master/Fellow/Member Physician | \$175 | \$225 |
| <input type="checkbox"/> Resident/Medical Student Member | \$0 | \$0 |
| <input type="checkbox"/> Emeritus/Retired Physician Member | \$0 | \$0 |
| <input type="checkbox"/> Affiliate Member (Allied Health Professional) | \$125 | \$175 |
| Non-ACP Categories | | |
| <input type="checkbox"/> Nonmember Physician | \$250 | \$300 |
| <input type="checkbox"/> Nonmember Resident/Medical Student | \$0 | \$0 |
| <input type="checkbox"/> Nonmember Allied Health Professional | \$150 | \$200 |

2. Activities (Pre-registration required for catering and seating purposes; check all that apply.)

Friday Activities included in registration fee:

Breakout Session (select one) Hospital Medicine or Outpatient Medicine

Governor's Reception: Number attending _____

Governor's Awards Dinner - Fees as noted. (Includes 0.5 hour of CME credit.)

Physician/Allied Health Professional (\$40)

Spouse/Adult Guest of Physician/Allied Health Professional (\$40) Name: _____

Resident/Medical Student (\$25)

Spouse/Guest of Resident/Medical Student (\$25) Name: _____

Saturday Activities included in registration fee:

Small Group Workshops (select only one) Ultrasound Course Techniques for Musculoskeletal Joint Injection

Heart Murmurs with Harvey Stethoscope Handoff to SNF Effective Communication Strategies

Lunch Options (Participants only; select only one.)

Residents/Students Roundtable Lunch

Advocacy Roundtable Lunch

Early Career Physicians* Roundtable Lunch

Mentoring to Fellowship in the ACP Roundtable Lunch

(* within 16 years of graduating from medical school) Differing MOC Testing Intervals Roundtable Lunch

OR

General Networking Lunch (no program)

Optional Activity for Medical Students Only Program Directors' Panel: "How to Ace a Residency Interview"

TOTAL FEES: \$ _____ No refunds after February 15.

Enclosed is check # _____ for \$ _____ payable to NC-ACP, or Visa MasterCard American Express

Name as it appears on Credit Card _____

Account # _____ - _____ - _____ Security Code _____ Exp Date ____/____

Billing Address, if different from above _____

City/State/Zip _____

NC-ACP
PO Box 27167
Raleigh, NC 27611

IMPORTANT! REGISTRATION INFORMATION



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