Early Career Physician Update

On January 26th, the national ACP Council of Early Career Physicians (CECP) hosted a webinar for Chapter ECP leaders and early career physicians from all around the country.

Several important new programs were explored, including ECP-focused webinars open to all early career physicians from around the country supported by the Southern Illinois Chapter of the ACP. Also discussed was a new video series that will soon be posted on the ACP website called Masters and Mentors. In these videos, Masters and ACP mentors from across the country will be featured in short and focused interviews on topics relevant to early career physicians. Please follow the webinar recording link to see a sample featuring NC member, Dr. Richard Wardrop (Chapel Hill). Dr. Wardrop will be involved in leading the Masters and Mentors program next year along with others on the CECP.

- Webinar recording
- Webinar series slide presentation
- Masters and Mentors slide presentation

The webinar also featured an update on the ACP Wellness Champions program, a national initiative focused on eliminating physician burnout and fostering personal resiliency in practice. For this update please feel free to listen to the webinar. The NC Chapter is happy to announce that there will be a Wellness Champions update at the upcoming NC Chapter 2016 Annual Scientific Session (February 26-27 in Greensboro), as well as a workshop on Wellness and Burnout in order to start this conversation and better support our internal medicine community.

The webinar also includes resources for starting ECP councils with state chapters, something that does not currently exist in NC but is a Governor’s Advisory Council priority and will be a point of discussion in the ECP luncheon at the upcoming state meeting.
Finally, the national CECP was happy to welcome a second NC physician onto the group. **Dr. Lacy Hobgood** (Greenville) will join Dr. Richard Wardrop and the other nine members on the national CECP. His three year term will start in May. Given the size of the national council and the scope of its work, the Chapter is grateful to have this level of representation in the program. Congratulations and welcome Dr. Hobgood!

For more information about CECP or Chapter ECP and wellness activities, please contact Dr. Richard Wardrop at richard_wardrop@med.unc.edu, or Denna Suko with our NC Chapter staff at dsuko@ncmedsoc.org.