



US Navy  
Chapter



**CAPT Michael P. Keith, MC USN FACP, Governor**

## **Spring Newsletter April 2017**

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### Governor's Corner

Having just returned from Internal Medicine 2017, I'd like to share with you highlights of my meeting experience. For governors, the spring meeting begins with a combined business meeting for the Board of Governors (BOG) and the Board of Regents (BOR). Business meetings with governors from the same year group allow for networking and sharing of best practices, for example how to run a chapter. We are updated on membership from the college level and given insights from the Washington DC office on how the ACP is working to influence national health care policy. Interspersed are talks on topics that many of you may be thinking about in your current practice including patient communication, the opioid crisis, and how the college is working with the American Board of Internal Medicine to change the maintenance of certification (MOC) process for its members.

The first evening of each Internal Medicine meeting concludes with Convocation. This elaborate ceremony features the presentation of new masterships, fellowships, and college level awards. It was my distinct honor to see past governor, regent, and my program director **Angeline Lazarus** awarded the Jane F. Desforges Distinguished Teacher Award.



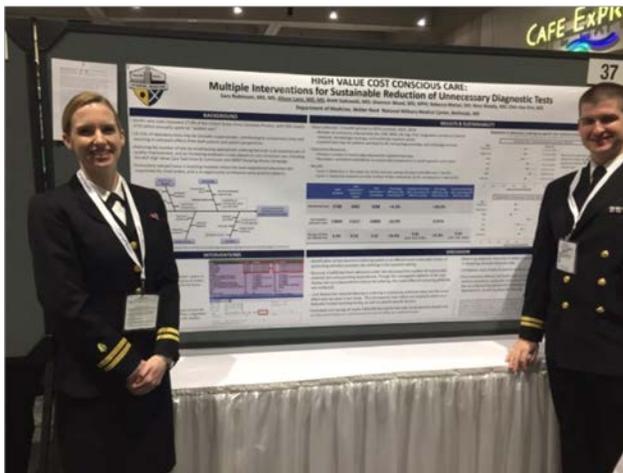
This award was established by the Board of Regents on April 5, 1968, as the American College of Physicians Distinguished Teacher Award and was renamed for Dr. Desforges on January 27, 2007. The award is bestowed upon a Fellow or Master of the College who has demonstrated the ennobling qualities of a great teacher as judged by the acclaim and accomplishments of former students who have been inspired and have achieved positions of leadership in the field of medical education, primarily as teachers.

Congratulations Dr. Lazarus!

With the conclusion of IM 2017, I am half-way through my tenure as your chapter governor. As I look back on the past 2 years it has been my pleasure advocating on your behalf both at the college level and with the Corps Chief's office to gain approval of our chapter meeting. Navy Medicine is currently considering nominations for my successor who will officially be designated the Governor-elect following Internal Medicine 2018.

## Chapter Members in Action at Internal Medicine 2017

Internal Medicine 2017 was held at the San Diego Convention Center March 30 through April 1, 2017. The chapter was well-represented at the meeting with 37 registrants from across Navy medicine. It was great to see so much Navy blue at the meeting!



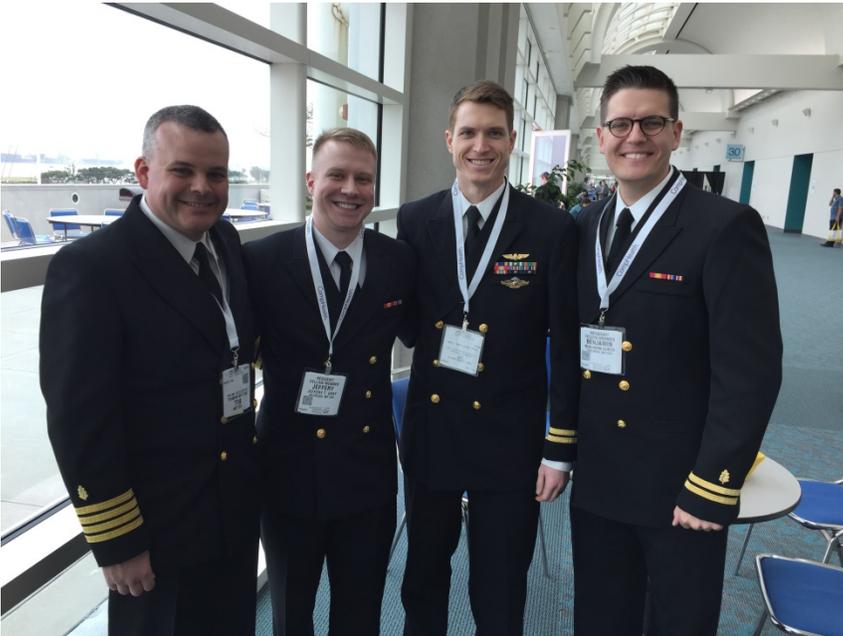
I had the opportunity to observe our members in action at the meeting. **Joyce Hall** and **Patti Pepper** judged resident and fellow member posters in the abstract competition. **Pat Young** was in attendance as chair of the scientific committee to start planning Internal Medicine 2019 which will take place in Philadelphia, PA. **Brent Lacey** once again served as the emcee for the Doctor's Dilemma competition.

**Alison Lane** (WRNMMC) represented **Sara Robinson** on their poster entitled "High Value Cost-Conscious Care: Multiple Interventions for

Sustainable Reduction of Unnecessary Diagnostic Tests". Alison is pictured at her poster with **Bret Sadowski**, WRNMMC's Navy Chief Resident.



**Daniel Rausa** (NMCP) presented his vignette on “Atypical Hemolytic Uremic Syndrome: An Important Zebra in the Herd.” Here’s Dan discussing his poster and with a member from Jamaica.



The Doctor’s Dilemma competition began on the afternoon of Thursday, March 30<sup>th</sup>. The field included 50 teams from across the college. The competition has become so large, the elimination round has been divided into 2 rooms running simultaneously. The Navy Chapter was represented by the WRNMMC team consisting of (R to L) **Ben Kurth**, **Paul Happel**, and **Jeff Gray**, pictured here with Program Director **Bill Shimeall**. The team came from behind to win their bracket in the first round and advance to the semifinals held on Friday the 31<sup>st</sup>. Luck was not as kind to them on Friday when they were eliminated in their semifinal match. Ultimately it was the team from

the Texas Southern Chapter who won the competition, getting into the ‘Final Five’ on a wildcard berth. Team WRNMMC will defend the Admiral’s Cup at the next chapter meeting which will also take place in San Diego.

## Membership, Dues, and Fellowship Update

It's been a good year for **membership**. Our chapter was recognized by the college for its recruitment and retention efforts in the Recruit a Colleague Program. As of April 11, 2017 the chapter has 8 masters, 239 fellows, 195 members, and 142 resident/fellow members. There are also over 150 student members associated with our chapter.

It is **dues** renewal season! You should have already received a notification from ACP about paying dues for the next fiscal year which runs from July 1, 2017 through June 30, 2018. You may renew by phone at 800-ACP-1915 or [online](#) using your ACP Online username and password.

At present 100% of our members billed national dues are current. Chapter dues payment is also high but with room for improvement at 89%. As a friendly reminder, your chapter dues are the primary source of funds for the chapter meeting, the bulk of which is spent on the chapter's meeting. Thank you for your continued support of the chapter and the ACP.

An important career milestone is election to **fellowship** in the college. Fellowship elections for the next year will occur on the first day of the month in July, September, November, January, and March so there are plenty of chances to nominate a qualified member. Congratulations to all our fellows elected in the last 6 months and a hearty thank you to their sponsors for their nominations and letters of support:

LCDR Nathan Cutler sponsored by CAPT Joe Sposato and LCDR Justin Lafreniere  
Robert Holmes DO sponsored by LCDR James Fletcher and CAPT Nancy Delaney  
CAPT Gilbert Seda sponsored by CDR Greg Matwiyoff and CAPT John Parrish

If you know of a member deserving of advancement to fellowship, please reach out to [me](#) or [Manish Singla](#) so we may assist you with the process.

## News from the College

### **MOC Updates**

The American College of Physicians (ACP) is pleased to have been invited to work with the American Board of Internal Medicine (ABIM) to develop a society MOC pathway. The college hopes to create an additional MOC option that is valuable to physicians and patients, is convenient and flexible for busy physicians, and integrated with ongoing life-long learning that is relevant to daily practice.

Senior leaders and senior staff from ACP and ABIM have had recent meetings and made progress in working through the details of a potential society pathway and are hopeful that this progress continues.

The new society maintenance pathway would be an alternative to other MOC pathways offered by ABIM, such as the current 10-year secure exam or the 2-year approach that ABIM is developing. It would be anchored in the principles of continuous learning (an ACP core value), and would include guided independent study, self-assessment, and evaluation – all based on ACP's Medical Knowledge and Self-Assessment Program (MKSAP).

The society MOC pathway that ACP and ABIM are working together to explore would be offered

by ACP, but ABIM would continue to be the certifier. ACP would attest to ABIM that a member has successfully completed the ACP pathway, which would satisfy ABIM's requirements for maintaining certification. I will provide more information on the possibility of an alternate pathway as it becomes available.

### **New Paper Examines the Ethical Use of EHRs and Health IT**

A new ACP paper "Ethical Implications of the Electronic Health Record: In the Service of the Patient," addresses how EHRs can best serve the patient-physician relationship and patient care; patient autonomy, privacy, and confidentiality; and professionalism, clinical reasoning, and training.

The paper asserts that electronic health records should facilitate high value patient-centered care, strong patient-physician relationships, and effective training of future physicians. EHR use should assist and enhance clinical reasoning and the development of cognitive and diagnostic skills. Features such as copy-and-paste should be employed judiciously, reflect thought processes about the current patient encounter, and meet the ethical requirements for an accurate and complete medical record. The paper also addresses confidentiality issues and the risk of unauthorized disclosure and use of protected health information.

The paper was developed by ACP's Ethics, Professionalism, and Human Rights Committee, and was published in in the [\*Journal of General Internal Medicine\*](#).

### **ACP Releases New Blood Clot Patient Education Resources**

Blood clots claim over 100,000 lives annually in the United States. Many at-risk patients often do not understand or are even aware of their risks for developing blood clots. ACP has developed NEW patient-centered education resources about Deep Venous Thrombosis (DVT) and Pulmonary Embolism (PE) blood clots, including:

A free [web-based tool](#) for patients to assess their personal blood clot risk

A What You Should Know about Blood Clots [guidebook](#)

Patient [information sheets](#) about DVT and PE

### **ACP Launces MyACP**

ACP's newly launched MyACP, a personalized web experience, makes it easier for members to access and discover pertinent ACP content and resources while visiting ACPOne.org.

The new MyACP experience provides logged-in members with streamlined access to the content and features they value and use the most, starting with a menu of options based on the user's membership class (e.g., residents or physicians) and his or her history of purchases with ACP.

Members will now be able to customize their MyACP information to directly add or remove resources and valued features, providing quick and easy access to the content, products, and services that are

most relevant to them. Members can also continue to update account information and view their CME transcripts.

In addition, logged-in members and transactional users will be able to easily access products that they've previously purchased from ACP, including MKSAP and registration for the Internal Medicine Meeting.

Explore the [new MyACP's features](#).

### **New Section at ACP Online: Sharing Our Stories**

A new page on ACP's website, "[Sharing our Stories](#)", features a collection of personal perspectives, anecdotes, and reflections about internal medicine, career paths, and achieving professional satisfaction from ACP members and other internists. Additionally, the page features "My Kind of Medicine Profiles," an ongoing series of physician profiles, highlighting physicians who chose internal medicine as a career path and have had fulfilling and successful lives based on that choice.

### **Announcements**

Our next Chapter Meeting will be hosted by Naval Medical Center San Diego 12 and 13 January 2018. Planning is already underway for poster competitions, CME talks and, of course, Doctor's Dilemma.

Internal Medicine 2018 will be held in New Orleans, Louisiana, from April 19-21, 2018. For more information visit: [Internal Medicine 2018](#)

Finally, it is my pleasure to announce the Uniformed Services University 2017 winner of the Navy ACP Lazarus Award for Excellence in Internal Medicine. The Lazarus Award goes to the graduating Navy student who has selected internal medicine as a career and who demonstrated the most outstanding performance in internal medicine as a medical student. This year's winner is **ENS Robert Geis**. Congratulations!

### **Contact Information**

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