STRATEGIC INITIATIVES

Clinical
- Risk Identification & Outreach
- Concurrent DUR
- Controlled Substance Integration
- Fraud Investigation Unit

Policy
- Substance Abuse
- Mental Health

Education
- Big Blue Sky Initiative
- Opioid Summit

Investment
- Like-minded nonprofits
- Social determinants of health
INTEGRATED CONTROLLED SUBSTANCE MANAGEMENT

Engagement Continuum

Utilization Management
- Step Therapy
- Prior Authorization
- Quantity Limit
- Generic Substitute

Concurrent DUR

Controlled Drug Substance Program
- Soft and Hard edits
  - Duplicate claim
  - Duplicate therapy
  - Refill Too Soon
  - Non-matched ID
  - Morphine Equivalent Dose
  - Refill Too Soon
  - Immediate Release
  - Duration Limit

Pharmacy Audits
- Soft and Hard edits

Controlled Substance Integration (CSI)

Case Management
- CSI Team collaborates with Health Advocate & prescribers to coordinate care & develop an action plan for the member.

Case Management
- Advanced fraud detection, investigation, and prevention services.
- SID also cooperates with local law enforcement and the BCBSTX pharmacy audit division.

Targeted Engagement
- Prescriber
- Pharmacies
- Prescriber and Pharmacies
- Prescriber, Pharmacy, Law Enforcement*

Special Investigations Dept (SID)
9.6% of members filled an opioid in the last year.

Acute use: CDC Guidelines recommend treatment with opioids for 3 days or less will often be sufficient. >7 days is rarely needed.

200mg is frequently used within various guidelines as the highest threshold of opioid overdose risk.

The CDC recommends caution when doses exceed 50mg MED and careful justification when dosing above 90mg MED.

*Ccommercial members. 12 Month date range (7/1/18 – 6/30/19)
2019 Legislation

- **HB86 (Ricci, R-Billings)**
  - 7-day supply limit
  - Requires providers to check Rx Drug Registry
  - Photo ID for pickup

- **SB61 (McDonald, D-Billings)**
  - Requires all licensed providers to use Rx Drug Registry

- **HB137 (Dudik, D-Missoula)**
  - Establishes annual MT Rx drug take-back day

- **SB30 (Gross, D-Billings)**
  - Allows for Medicaid coverage of mental health peer support

- **HB654 (Brown, D-Bozeman)**
  - Creates $500 licensing fee on wholesalers to expand mental health and drug treatment courts

- **HB103 (Pierson, D-Deer Lodge)**
  - Expands types of providers to diagnose chemical dependency
Big Blue Sky Initiative

HOPE

Legislative Collaboration. In the fight against opioid abuse in our community, Blue Cross Blue Shield Montana is working with our local, state, and federal lawmakers to put the pressure on those who distribute opioids illegally and finding ways to help generate more resources to those who are battling this epidemic on the front lines. We have been quietly fighting this fight for years, but now it's time to stand up and be noticed. We will do everything in our power to end the devastation illegal distribution and opioid abuse is having on our families.

Join the fight at: BigBlueSky Initiative MT.com/opioids

Blue Cross Blue Shield of Montana
Community Investments

- “Chasing the Dragon” community events
- Shodair Children’s Hospital
- Rimrock
- Intermountain Deaconess
- BCBSMT Care Van