

Department of Medicine



SPECIAL eLearning—Click on this Flyer to Enroll

“Well-being in the COVID Era”

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Educational Objectives

At the conclusion of this activity, the learner should better be able to:

1. Provide a framework for discussion about what those in healthcare are experiencing as consequences of COVID-19
2. Provide best practice and evidence-based resources for dealing with stress in extreme and difficult times
3. Provide a framework for operationalizing a healthy and resilient mindset as we engage with this crisis and in difficult times
4. Encourage an ongoing dialogue with your practice, department, workgroup, or greater community

May 20, 2020- December 31, 2020

Target audience: Physicians, Nurse practitioners, Nurses and other interested healthcare providers.

The speaker for today has no relevant financial relationships to disclose.

There are no fees for participating in this eLearning activity.

AMA- The University of Mississippi School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

As an organization accredited for continuing medical education, the University of Mississippi School Medicine designates this live activity for a maximum of 2.0 **AMA PRA Category 1 Credit TM** toward the AMA Physician's Recognition Award. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CHPE- The University of Mississippi Medical Center Division of Continuing Health Professional Education will award all participants a maximum of 1.0 credit hours (0.1 CEUS).