

## MARCH NEWS

February may be the shortest month of the year, but the Chapter was not short on activity! Kicking off the month, Elizabeth Paine invited Richard Wardrop and Josh Mann to speak at the Annual Gastroenterology Society Meeting. Dr. Paine is a Chapter Member and the Society President. Drs. Wardrop and Mann enjoyed a great reception to their joint Wellness presentation. Wardrop's talk, "Beyond Surviving in Medicine: Strategies to Thrive, Be Well and Find Joy in Practice" focused on individual wellness strategies, while Mann discussed the Wellness Initiatives being implemented at UMMC.

Meredith Cobb celebrated being invited to give an oral presentation during the 2020 Physiologic-Omics Group Meeting, which is a group within the American Physiological Society. Congratulations!

The student Internal Medicine Interest Group at UMMC, ClubMed, hosted Richard Wardrop during noon conference February 12<sup>th</sup>. Dr. Wardrop spoke to the group about life-work integration. He shared his insights on overcoming barriers, finding gratitude, time management and overall wellness as important facets towards successful integration of work into life.

Our Chapter was very well represented at the Society of Clinical Investigation Annual Meeting and the Southern Regional Meeting of the Society of General Internal Medicine, which were both held in mid February in New Orleans, LA. Members Himmat Brar, Drew Daniels, Paul Dotherow, Daniel Kelly, Martha Magnuson, Anindita Mahmud, Shola Obafemi, Kaitlyn Renfrow, Amor Royer, Dana Smith and Peyton Treutel all participated in poster sessions. Savannah Duckworth, Calvin Thigpen and Richard Wardrop were invited to give workshops during the meetings and numerous other members attend. It was a great weekend of teaching, learning and sharing.

Capitol Day was held at the State Capitol on February 19<sup>th</sup>. Wesley Aldred, Campbell Behlen and William Denney were all present to participate in a busy day advocating in partnership with the Mississippi State Medical Association. At the forefront of this year's agenda was the scope of practice bills which have been proposed.

Brandon Lennep, Calvin Thigpen and Richard Wardrop spent Noon Conference on February 27<sup>th</sup> discussing professionalism and communication with the UMMC Fellows.

Chapter Members Savannah Duckworth and Mindy Talley extended the reach of our physician group well beyond the borders of Mississippi. They joined a team on a medical mission to

Honduras during the last week of the month. The team provided care for a variety of conditions, ranging from headaches and parasites to fetal ultrasounds and heart failure. The team provided dental and visions care and in total were able to see over 600 patients.

Throughout this month everyone has been inundated with information and updates on novel coronavirus disease (COVID-19). The ACP, The World Health Organization and The Center for Disease Control, to name a few, are working around the clock to keep the public up to date. The ACP has added a page on its website, <a href="www.acponline.org">www.acponline.org</a>, with links to all of the most up to date information for clinicians from all sources. There are numerous resources available and members are encouraged to take advantage of the access to this information.

IM 2020 is taking place April 23-25, 2020, in Los Angeles, CA. Though early bird specials have expired, there is still time to register! All registration materials, links to book hotels and airfare can be found on the ACP website, acponline.org. All members are cordially invited to attend the Chapter Reception on Friday, April 24<sup>th</sup>, at 5:30pm. The Chapter will co-host the reception along with the Alabama, Louisiana and Arkansas Chapters. Members from the MS chapter who are participating in the meeting as faculty include Richard M. Wardrop, who will be speaking as a guest of the ACP National Council of Student Members during a session entitled "I Failed. It's Okay: Challenges During Medical School and How to Overcome Them;" Lillian Lien, who will be a panelist in the pre-course "Diabetes for the Internist;" and Calvin Thigpen, who will be moderating a session entitled "Ethical Case Challenges: Precision Medicine and Genetics in Primary Care." Numerous resident and fellows from UMMC will be presenting their work on the national stage as well during the IM 2020 Resident and Student Poster Sessions, including the Abstract Day Winners: Bijalben Patel, Amor Royer, Peyton Treutel and Elliot Varney. If you are participating in or presenting at the IM 2020 meeting, please email the Chapter so your good news can be shared with our members. We look forward to seeing you at IM 2020 in Los Angeles.

The Alabama/Mississippi Chapters Scientific and Educational Meeting will be held at The Renaissance Ross Bridge Golf Resort & Spa in Birmingham June 5-7. 2020. Use this link to Reserve your room today! and take advantage of the special meeting room rate. The meeting Brochure is also available through this link to review the course offerings. Lastly, use this link to Register for the meeting. All of these links can also be found on the Chapter website, mschapter.acponline.org. Please share these links with friends and colleagues who may be interested in attending the June Meeting!