American College of Physicians
Leading Internal Medicine, Improving Lives
Celebrating 100 Years
1915 - 2015
Sir William Osler (1849-1919)

- considered by many to be the father of internal medicine, was a Canadian physician and one of the four founding professors of The Johns Hopkins Hospital. He created the first residency program for specialty training of physicians and he was the first to bring medical students out of the lecture hall for bedside clinical training. His most famous work, *Principles and Practice of Medicine*, was first published in 1892.
ACP founded by Dr. Heinrich Stern

- Dr. Heinrich Stern (1867-1918) was a German-born physician who came to the United States at age 20 to study medicine. He later became a US citizen and practiced internal medicine in New York City. After attending the 1913 conference of the Royal College of Physicians of London, he returned to the states determined to establish a similar society in the US.

In January 1915, the American Congress of Internal Medicine was incorporated for the purposes of holding an annual clinical congress to facilitate scientific intercourse among physicians interested in internal medicine. In May 1915, the American College of Physicians was incorporated as an educational institution with a broader scope of purpose.
Dr. Anna Weld, first woman admitted to ACP

- Few women practiced medicine in the early 1900s. Dr. Anna Weld was a member of that select group. She graduated from the University of Michigan's medical school in 1906 and studied abroad before returning to Rockford, Illinois where she practiced medicine for 50 years. She helped Rockford get its tuberculosis sanitarium; was the first woman eligible for the county medical society’s 50-year service award; and in 1920, was the first woman admitted to the American College of Physicians.
First issue, *Annals of Clinical Medicine*

- *Annals of Clinical Medicine* was the second journal launched by the College. (The first, *Annals of Medicine*, was discontinued after four issues due to the printer’s financial difficulties.)
  - The first issue appeared in July 1922.
  - It was published bimonthly by the Williams and Wilkins Company of Baltimore, but was designated “the official publication of the American College of Physicians and the American Congress of Internal Medicine.”
1922: ACP Board of Regents/Board of Governors established

- From the beginning, ACP had a democratic style of governance, with a Council for determining policy and a small Board of Directors. It reorganized in 1922, with the Board of Regents as its governing body and the Board of Governors representing the membership in their respective regions. State chapters were not organized until 1974.
First ACP Master

- Dr. James Meschter Anders of Philadelphia was the second president of the College, serving two consecutive terms in 1921 and 1922. In 1923 Dr. Anders was named the first Master of ACP.
ACP's first Annual Session

- By 1917, ACP had sponsored its first two annual meetings, known as Clinical Sessions, to facilitate scientific discussion among internists. The first official Annual Session took place in 1924 in St. Louis.
First edition, *Annals of Internal Medicine*

- In 1927, the Board of Regents began publishing the journal under the direct control of the College, giving it the name, *Annals of Internal Medicine*. Dr. Aldred Scott Warthin, who had been appointed Editor of *Annals of Clinical Medicine* in 1924 continued as Editor of the new journal. Interesting fact: “An ‘unseen editor’ of the journal’s early years was Dr. Warthin’s wife, Katherine, who was also a physician. According to her son, Dr. Thomas A. Warthin, MACP, she provided inestimable help reviewing manuscripts and doing the galley and page proofs.”
1967: ACP launched MKSAP

In 1967, ACP launched its Medical Knowledge Self-Assessment Program (MKSAP), a precedent-setting educational program developed by the Education Committee, chaired by Hugh R. Butt, MD. Designed to help physicians prepare for recertification, its success exceeded all expectations.

Now in its 16th edition, with translations in Japanese and Spanish, and available in digital format, it is a continuing education model that has been adopted by many medical and nonmedical professional societies. MKSAP 17 is scheduled for release in July 2015.
1984: Doctor's Dilemma, a competition for medical residents

- ACP Doctor's Dilemma began in 1984 and is held each year at ACP’s annual meeting. Also known as Medical Jeopardy, it brings together some of the brightest residents from around the world in a friendly, but highly competitive, environment. The competition tests the medical knowledge of up to 40 teams, each representing an ACP chapter. After three days of competition, the winning team is awarded the coveted "Osler Cup" and is granted a place in ACP history.
In 1993 ACP held its first ACP Leadership Day and members of the Health and Public Policy committee discussed issues with legislators. The focus of Leadership Day, which is an annual two-day event in Washington DC, is to increase the visibility of internal medicine issues and share with lawmakers how policy affects physicians, their practices and their patients. Today, Leadership Day has grown to include several hundred physicians and medical students from almost every state.
ACP membership

In 1920 ACP membership totaled 597

In 2014 ACP membership totaled 141,000